

# CANNONBALL COOPER - 5/27/2006

Age Group Championships 2006  
Manchester High School, Midlothian, VA  
Results

## 100 Meter Dash Sub Bantam Girls

Name	Year Team	Seed	Finals	H#	Points
1 Coles, Trezure	Hampton Blaz		16.33	1	10
2 Williams, Victoria	Track Seriou		16.39	4	8
3 Jenkins, Nia	Unattached		16.48	1	6
4 Brockington, Aysha	Technique TC		16.50	4	5
5 Leonard, Jaelan	Norfolk Real		16.56	5	4
6 Rountree, Kiera	Suffolk Star		16.76	4	3
7 Knight, Vieera	Suffolk Star		17.05	4	2
8 Ward, Destiny	Indian River		17.27	5	1
9 Hinton, Joyner	Track Seriou		17.85	3	
10 Hopkins, Avianna	Indian River		18.19	1	
11 Sultan, Nailah	Flying Angel		18.27	3	
12 Clarke, Indiana	Faith In Act		18.29	3	
13 Sabbakhan, Sahna	Richmond Virgini		18.38	2	
14 Graves, Kennedy	Hotchkiss Ea		18.39	2	
15 Lewis, Nadia	West End Strider		19.02	5	
16 Gardner-Hunter, India	Hotchkiss Ea		19.41	5	
17 Hardy, Porchia	Henrico Pace		19.52	3	
18 Embe, Kimberly	Henrico Pace		19.59	1	
19 Boyd, Kenya	Track Seriou		19.79	5	
20 Brockington, Dasia	Technique TC		19.84	3	
21 Edwards, Arykha	West End Strider		20.05	5	
22 Hess, Katie	Richmond Lig		20.10	2	
23 Lightfoot, Brianna	West End Strider		20.14	1	
24 Shelton, Brittany	Hotchkiss Ea		20.92	4	
25 Brown, Neecole	Suffolk Star		21.01	5	
26 Hinton, Jade	Track Seriou		21.05	5	
27 Hill, Simone	Technique TC		21.45	4	
28 Taylor, Brandi	Henrico Pace		23.42	1	
29 Harrison, Danaria	Freedom Stri		24.41	3	

## 400 Meter Dash Sub Bantam Girls

Name	Year Team	Seed	Finals	H#	Points
1 Brockington, Aysha	Technique TC		1:19.70	2	10
2 Leonard, Jaelan	Norfolk Real	1:18.00	1:20.54	3	8
3 Williams, Victoria	Track Seriou		1:21.19	2	6
4 Coles, Trezure	Hampton Blaz		1:21.78	1	5
5 Johnson, Ashley	Technique TC	1:24.00	1:25.90	3	4
6 Williams, Nyra	Technique TC		1:29.87	5	3
7 Keith, Asia	Richmond Lig	1:20.00	1:29.93	3	2
8 Edwards, Nia	Technique TC	1:20.00	1:30.41	3	1
9 Watts, Michiah	West End Strider		1:30.60	5	
10 Council, Jacquazja	Suffolk Star	1:40.00	1:31.98	5	
11 Lewis, Nadia	West End Strider		1:32.39	1	
12 Knight, Vieera	Suffolk Star		1:34.48	1	
13 Buster, Jasmine	Boys And Gir		1:35.81	2	
14 Ward, Destiny	Indian River		1:36.16	4	
15 Clarke, Indiana	Faith In Act	1:33.00	1:36.17	3	
16 Hardy, Porchia	Henrico Pace	1:43.00	1:37.22	5	
17 Aduma, Amira	Hampton City	1:35.00	1:37.64	3	
18 Harrison, Danaria	Freedom Stri	1:30.00	1:38.07	3	
19 Brockington, Dasia	Technique TC		1:39.61	2	
20 Watts, Ashlie	West End Strider		1:39.77	5	
21 Hannab, Zyaira	West End Strider		1:42.72	2	
22 Hinton, Joyner	Track Seriou		1:43.36	1	
23 Boyd, Kenya	Track Seriou		1:52.03	2	
24 Hinton, Jade	Track Seriou		1:58.88	4	

## 1500 Meter Run Sub Bantam Girls

Name	Year Team	Seed	Finals	Points
1 Johnson, Ashley	Technique TC		6:31.83	10
2 Keith, Asia	Richmond Lig	6:25.00	6:47.28	8
3 Edwards, Nia	Technique TC		6:59.73	6
4 Buster, Jasmine	Boys And Gir		7:00.55	5
5 Embe, Kimberly	Henrico Pace	7:00.00	7:07.06	4
6 Williams, Nyra	Technique TC		7:16.57	3
7 Hardy, Porchia	Henrico Pace	6:59.00	7:48.25	2
8 Sultan, Nailah	Flying Angel		8:02.08	1

#### 4x100 Meter Relay Sub Bantam Girls

Team	Seed	Finals	Points
1 Technique TC 'A' 1) Brockington, Aysha 3) Johnson, Ashley	1:00.00	1:08.63	10
2 Suffolk Stars 'A' 1) Brown, Neecole 3) Goodman, Raven	1:12.00	1:09.07	8
3 West End Striders 'A' 1) Lightfoot, Brianna		1:14.04	6
2) Edwards, Nia 4) Williams, Nyra			
2) Council, Jacquazja 4) Knight, Vieera			
2) Lewis, Nadia			

#### Long Jump Sub Bantam Girls

Name	Year Team	Seed	Finals	Points
1 Jenkins, Nia	Unattached		11-09.25	10
2 Williams, Victoria	Track Seriou		9-11.25	8
3 Council, Jacquazja	Suffolk Star	6-00.00	9-10.00	6
4 Rountree, Kiera	Suffolk Star	9-08.00	9-05.75	5
5 Leonard, Jaelan	Norfolk Real	9-00.00	9-03.75	4
6 Hinton, Joyner	Track Seriou		8-08.75	3
7 Hopkins, Avianna	Indian River		8-02.75	2
8 Ward, Destiny	Indian River		7-11.50	1
9 Keith, Asia	Richmond Lig	10-00.00	7-09.25	
10 Harrison, Danaria	Freedom Stri	8-08.00	7-01.25	
11 Hinton, Jade	Track Seriou		6-07.75	
12 Aduma, Amira	Hampton City		6-03.50	
-- Clarke, Indiana	Faith In Act	11-00.00	ND	
-- Hill, Simone	Technique TC		ND	

#### 100 Meter Dash Bantam Girls

Name	Year Team	Seed	Finals	H#	Points
1 Wedlock, Pencil	Norfolk Real		13.59	3	10
2 Clarke, Kristiana	Faith In Act		14.20	3	8
3 Coleman, Sydney	Norfolk Real		14.39	2	6
4 Clark, Niya	Norfolk Real		14.47	3	5
5 Rountree, Tori	Suffolk Star		14.54	1	4
6 Wesson, Talia	East End Fly		15.02	5	2.5
6 Mallory, Taylor	Suffolk Star		15.02	4	2.5
8 Ferebee, Drew	Lazers TC		15.09	2	1
9 Arrington, Tearra	East End Fly		15.10	4	
10 Skinner, Shay	Indian River		15.26	3	
11 Ianna, Brown	Track Seriou		15.50	1	
12 Dickerson, April	Hotchkiss Ea		15.52	2	
13 Jones, Aleisha	Indian River		15.55	3	
14 Scott, Khala	Track Seriou		15.82	3	
15 Greenlee, Ashley	Hampton Blaz		15.88	3	
16 McClellan, Alexis	N-Motion TC		15.94	1	
17 Johnson, Yaneek	West End Strider		15.96	2	
18 Garland, Sierrra	Richmond Virgini		16.04	3	
19 Weaver, Taylor	Indian River		16.05	2	
20 White, Jahniece	Boys And Gir		16.08	5	
21 Marsh, Shania	Speed City C		16.28	4	
22 Good, Abigail	Richmond Lig		16.36	1	
23 Wilson, Cameron	Lazers TC		16.40	4	
24 Jenkins, Sydney	West End Strider		16.72	1	

25	Boissow, Monet	West End Strider	16.78	2
26	Bunch, Ashaila	East End Fly	16.94	5
27	Davis, Sydney	Norfolk Real	17.35	4
28	Daniel, Sydney	Richmond Lig	18.22	4
29	Brown, Kayla	Track Seriou	18.52	4

200 Meter Dash Bantam Girls

Name	Year Team	Seed	Finals	H#	Points
1	Wedlock, Penchell	Norfolk Real	30.59	30.42	2 10
2	Wesson, Talia	East End Fly	30.04	30.43	2 8
3	Winfield, Eshay	Henrico Pace	29.00	31.54	2 6
4	Arrington, Tearra	East End Fly	32.34	31.81	1 5
5	Coleman, Sydney	Norfolk Real	32.50	31.86	1 4
6	Hunter, Ciara	Hotchkiss Ea		32.93	5 3
7	White, Ebony	Indian River		33.58	3 2
8	Mansion, Mia	East End Fly		33.69	5 1
9	Jackson, Tia	Richmond Lig	36.00	34.82	4 4
10	Marsh, Shania	Speed City C	32.00	35.19	2 2
11	Bunch, Ashaila	East End Fly	35.11	35.61	4 4
11	Olds, Jamilla	Track Seriou		35.61	4 4
13	Embe, Maricela	Henrico Pace	34.00	36.22	1 1
14	Robertson, Camille	Richmond Lig	30.70	36.38	2 2
15	Scott, Khala	Track Seriou		36.99	3 3
16	Skinner, Shay	Indian River		37.00	3 3
17	Boissow, Monet	West End Strider		38.54	5 5
18	Davis, Sydney	Norfolk Real	35.62	39.47	4 4
19	Brown, Kayla	Track Seriou		40.17	5 5

400 Meter Dash Bantam Girls

Name	Year Team	Seed	Finals	H#	Points
1	Wesson, Talia	East End Fly	1:10.57	1:10.16	3 10
2	Lyles, Kara	Lazers TC	1:12.00	1:10.37	3 8
3	Arrington, Tearra	East End Fly		1:12.57	1 6
4	White, Ebony	Indian River		1:12.80	2 5
5	Wedlock, Penchell	Norfolk Real	1:12.36	1:13.01	3 4
6	Winfield, Eshay	Henrico Pace	1:06.00	1:13.51	3 3
7	Hunter, Ciara	Hotchkiss Ea		1:13.65	4 2
8	Coleman, Sydney	Norfolk Real	1:15.14	1:13.98	3 1
9	Clark, Niya	Norfolk Real	1:12.00	1:14.05	3 3
10	Greenlee, Ashley	Hampton Blaz		1:14.60	2 2
11	Morris, Ilissa	Henrico Pace	1:29.00	1:14.85	5 5
12	Prather, Khaila	Lazers TC	1:12.00	1:16.16	3 3
13	Carter, Eriyana	West End Strider		1:17.32	4 4
14	Brown, Taylor	Faith In Act	1:30.00	1:17.49	2 2
15	Goldsboro, Kennedy	West End Strider		1:21.08	4 4
16	White, Jahniece	Boys And Gir		1:21.99	5 5
17	Embe, Maricela	Henrico Pace	1:42.00	1:22.31	2 2
18	Ferebee, Drew	Lazers TC		1:25.29	5 5
19	Parris, Emily	Richmond Lig	1:24.00	1:28.34	5 5
20	Hess, Samantha	Richmond Lig	1:26.00	1:29.05	5 5
21	Patterson, Desiree	Suffolk Star	1:20.00	1:29.60	3 3
22	Bunch, Ashaila	East End Fly		1:30.42	4 4
23	Mattocks, Khiya	Suffolk Star		1:33.48	4 4
24	Price-Clear, Myasia	West End Strider		1:33.78	1 1

800 Meter Run Bantam Girls

Name	Year Team	Seed	Finals	H#	Points
1	White, Ebony	Indian River		2:52.59	1 10
2	Clark, Niya	Norfolk Real	2:48.00	2:57.07	2 8
3	Bond, Briah	Henrico Pace	3:06.00	3:04.94	2 6
4	Girona, Alexis	East End Fly	3:08.60	3:06.55	2 5
5	Morris, Ilissa	Henrico Pace	3:10.00	3:10.83	2 4
6	Gary, Ieisha	Speed City C	3:13.00	3:11.92	2 3
7	Wibberly, Alaina	Richmond Lig	3:20.00	3:12.18	1 2
8	Dunwoodie, Ricki	East End Fly	3:17.48	3:16.49	1 1

9	Winfield, Eshay	Henrico Pace	2:58.00	3:17.70	2
10	Embe, Maricela	Henrico Pace	3:33.00	3:18.69	1
11	Hess, Samantha	Richmond Lig	3:21.00	3:19.13	1
12	Parris, Emily	Richmond Lig	3:23.00	3:21.69	1
13	Molloy, Jessica	Richmond Lig	3:15.00	3:22.52	2

1500 Meter Run Bantam Girls

Name	Year Team	Seed	Finals	Points
1	Girona, Alexis	East End Fly	6:08.83	10
2	Gary, Ieisha	Speed City C	6:19.26	8
3	Morris, Ilissa	Henrico Pace	6:20.03	6
4	Wibberly, Alaina	Richmond Lig	6:21.50	5
5	Bond, Briah	Henrico Pace	6:39.98	4
6	Molloy, Jessica	Richmond Lig	6:47.74	3
7	Levengood, Isabel	Richmond Lig	7:39.21	2

4x100 Meter Relay Bantam Girls

Team	Seed	Finals	Points
1 Lazers TC 'A'	1:02.00	1:03.07	10
1) Johnson, Kiara			
2) Lyles, Kara			
3) Prather, Khaila			
4) Wilson, Cameron			
2 West End Striders 'A'		1:04.59	8
1) Boissow, Monet			
2) Jenkins, Sydney			
3) Johnson, Yaneek			
4)			
3 Suffolk Stars 'A'	1:10.00	1:08.64	6
1) Mallory, Taylor			
2) Mattocks, Khiya			
3) Patterson, Desiree			
4) Thomas, Sharia			
4 Richmond Lightning TC 'A'	1:10.00	1:09.29	5
1) Jackson, Tia			
2) Kuhfahl, Gabrielle			
3) Robertson, Camille			
4) Valasek, Kristen			
5 Richmond Lightning TC 'B'	1:15.00	1:13.90	4
1) Daniel, Sydney			
2) Good, Abigail			
3) Lowe, Reilly			
4) Moriarty, Kathleen			

4x400 Meter Relay Bantam Girls

Team	Seed	Finals	Points
1 Speed City Chargers TC 'A'	5:30.00	5:42.00	10
1) Gary, Ieisha			
2) Marsh, Shania			

High Jump Bantam Girls

Name	Year Team	Seed	Finals	Points
1	Mansion, Mia	East End Fly	3-02.00	10
2	Dunwoodie, Ricki	East End Fly	3-00.00	8
--	Groves, Ashley	VA Beach Fla	NH	
--	Gerald, Janelle	VA Beach Fla	NH	

Long Jump Bantam Girls

Name	Year Team	Seed	Finals	Points	
1	Wilson, Cameron	Lazers TC	11-00.00	13-00.00	10
2	Prather, Khaila	Lazers TC	11-00.00	12-10.25	8
3	Lyles, Kara	Lazers TC	13-00.00	12-05.50	6
4	Johnson, Yaneek	West End Strider		11-03.00	5
5	Dickerson, April	Hotchkiss Ea		10-06.50	4
6	Parris, Emily	Richmond Lig	12-00.00	10-06.00	3
7	Davis, Sydney	Norfolk Real		10-05.00	2
8	Dunwoodie, Ricki	East End Fly		10-04.00	1
9	Honore, Danyelle	Norfolk Real	9-00.00	10-03.00	
10	Brown, Taylor	Faith In Act	11-05.00	10-00.00	
11	Weaver, Taylor	Indian River		9-11.00	
12	Wibberly, Alaina	Richmond Lig	12-00.00	9-10.75	
13	Boissow, Monet	West End Strider		9-05.00	

14	Girona, Alexis	East End Fly	6-08.00	9-04.50
15	Price-Clear, Myasia	West End Strider		9-02.75
16	Skinner, Shay	Indian River		8-11.00
17	Jenkins, Sydney	West End Strider		8-08.00
18	Rountree, Tori	Suffolk Star	9-00.00	8-00.50
19	Clarke, Kristiana	Faith In Act	11-06.00	6-00.75
--	Hunter, Ciara	Hotchkiss Ea		ND
--	Mattocks, Khiya	Suffolk Star	10-00.00	FOUL

#### Shot Put Bantam Girls

Name	Year Team	Seed	Finals	Points	
1	Valasek, Kristen	Richmond Lig	10-00.00	12-02.00	10
2	Molloy, Jessica	Richmond Lig	9-00.00	11-09.00	8
3	Levengood, Isabel	Richmond Lig	7-00.00	7-11.00	6
4	Johnson, Mckenzie	East End Fly	9-08.00	7-10.00	5
--	Norman, Alexsis	Suffolk Star	20-00.00	ND	
--	Harris, Aja	VA Beach Fla		ND	
--	Anderson, Preshus	DelFive	20-00.00	ND	
--	Hicks, Rayshawna	DelFive	25-00.00	ND	
--	Mcclellan, Alexis	N-Motion TC		ND	

#### Javelin Throw 400g Bantam Girls

Name	Year Team	Seed	Finals	Points	
1	Mcclellan, Alexis	N-Motion TC	37-03	10	
2	Thomas, Sharia	Suffolk Star	25-00	24-04	8
3	Rountree, Tori	Suffolk Star	30-00	19-07.50	6

#### 100 Meter Dash Midget Girls

Name	Year Team	Seed	Finals	H#	Points	
1	Ellick, Tiffany	Norfolk Real	13.10	13.58	4	10
2	Jones, Triana	Indian River		13.88	2	8
3	Blackwell, Cayla	Boys And Gir		14.20	4	6
4	Smith, Gabrielle	Norfolk Real		14.24	3	5
5	Smith, Fatasia	Technique TC		14.42	2	4
6	Forester, Yasmine	Norfolk Real	13.55	14.46	4	3
7	Hogan, Tyasia	West End Strider		14.64	2	2
8	Bivins, Kiana	Boys And Gir	14.50	14.85	3	1
9	Barrett, Kyiesha	Suffolk Star	15.45	14.89	3	
10	Daniles, Brehanna	Track Seriou		15.10	1	
11	Thompson, Diyea	DelFive	13.00	15.24	4	
12	Jones, Chalrise	DelFive		15.32	3	
13	Tate, Chelsey	Technique TC		15.45	1	
14	Burney, Kimani	Freedom Stri	14.80	15.46	3	
15	Bowers, Bria	Suffolk Star	14.50	15.54	4	
16	Salter, Savannah	Richmond Lig	15.00	15.55	3	
17	Lewis, Precious	West End Strider		15.80	2	
18	Mcnair, Taylor	DelFive	13.80	15.81	4	
19	Graham, Tamira	Indian River	14.00	15.86	4	
20	Plaskett, Kiante	West End Strider		15.98	1	
21	Brown, Dnea	Speed City C	14.00	16.01	4	
22	Jones, Tnai	East End Fly		16.06	2	
23	Wooten, Queen	Hampton Blaz		16.10	1	
24	Williams, Summer	Richmond Lig	15.23	16.27	3	
25	Butler, Tania	Track Seriou		16.38	2	
26	Beamon, Sarah	Richmond Lig	16.23	16.40	1	
27	Joseph, Destiny	Hotchkiss Ea		16.42	1	
28	Daniel, Ashley	Richmond Lig	16.10	16.55	1	
29	Bryant, Twanja	Track Seriou		16.90	1	
30	Holloway, Niyah	Norfolk Real		17.97	2	
31	Johnson, Kamri	Suffolk Star	15.60	18.13	3	
32	Johnson, Tayzda	Hotchkiss Ea		18.20	2	

#### 200 Meter Dash Midget Girls

Name	Year Team	Seed	Finals	H#	Points
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1	Ellick, Tiffany	Norfolk Real	27.00	27.27	1	10
2	Bryant, Twanja	Track Seriou		28.44	4	8
3	Williams, Brianna	East End Fly	30.49	29.57	3	6
4	Taylor, Taranisha	Norfolk Real	28.95	30.04	1	5
5	Patterson, Markelle	Suffolk Star	33.40	30.16	3	4
6	Burney, Kimani	Freedom Stri	33.00	30.72	3	3
7	Riddick, Asia	VA Beach Fla		30.81	4	2
8	Bivins, Kiana	Boys And Gir	29.00	30.93	1	1
9	Washington, Aliyah	Hampton Blaz		32.51	4	
10	McNair, Taylor	DelFive	28.20	32.80	1	
11	Plaskett, Kiante	West End Strider		32.93	4	
12	Jones, Thnai	East End Fly	33.86	34.92	3	
13	Williams, Dejanay	DelFive	28.80	35.51	1	
14	Thompson, Diyea	DelFive		36.17	4	
15	Fitzgerald, Feyonda	VA Beach Fla		36.51	4	
16	Thomas, Jayme	Hampton Blaz		43.19	4	

#### 400 Meter Dash Midget Girls

Name	Year Team	Seed	Finals	H#	Points	
1	Moore, Maya	Technique TC	1:03.00	1:02.55	1	10
2	Edwards, Jnai	Technique TC	1:04.00	1:02.56	1	8
3	Taylor, Taranisha	Norfolk Real	1:05.21	1:08.43	1	6
4	Smith, Fatasia	Technique TC	1:05.00	1:08.55	1	5
5	Brown, Dnea	Speed City C	1:15.00	1:09.02	4	4
6	Thomas, Jayme	Hampton Blaz		1:10.75	2	3
7	Patterson, Markelle	Suffolk Star	1:17.00	1:12.11	4	2
8	Wooten, Queen	Hampton Blaz		1:12.14	3	1
9	Tate, Chelsey	Technique TC	1:08.00	1:12.23	4	
10	Thompson, Diyea	DelFive	1:01.00	1:13.31	1	
11	Riddick, Asia	VA Beach Fla		1:14.01	2	
12	Salter, Savannah	Richmond Lig	1:18.00	1:14.51	4	
13	Russell, Shamara	Hampton Blaz		1:15.40	3	
14	Jones, Chalrise	DelFive	1:03.00	1:16.12	1	
15	Washington, Aliyah	Hampton Blaz		1:21.05	3	
16	Salter, Katie	Richmond Lig	1:23.00	1:22.60	4	
17	McNair, Taylor	DelFive	1:03.00	1:22.85	1	
18	Burney, Angelina	East End Fly		1:24.68	2	
19	Johnson, Morgan	East End Fly		1:24.72	2	
20	Holloway, Niyah	Norfolk Real	1:25.00	1:25.50	4	
21	Williams, Dejanay	DelFive	1:05.00	1:30.18	1	
22	Anderson, Tori	Richmond Lig	1:25.00	1:34.68	2	
23	Endozah, Hannah	West End Strider		1:34.81	2	

#### 800 Meter Run Midget Girls

Name	Year Team	Seed	Finals	H#	Points	
1	Gregory, Jade	N-Motion TC	2:39.00	2:46.60	3	10
2	Wright, Chelsea	Norfolk Real	2:48.13	2:47.44	3	8
3	Good, Alissa	Richmond Lig	2:45.00	3:11.82	3	6
4	Russell, Shamara	Hampton Blaz		3:13.37	3	5
5	Holloway, Niyah	Norfolk Real	3:29.00	3:21.87	1	4
6	Miller, Katy	Richmond Lig	3:25.00	3:22.95	3	3
7	Johnson, Asheli	East End Fly	3:25.77	3:25.08	1	2
8	Grim, Anna	Richmond Lig	3:32.00	3:28.58	1	1
9	Burney, Angelina	East End Fly	3:40.24	3:33.10	1	

#### 1500 Meter Run Midget Girls

Name	Year Team	Seed	Finals	Points	
1	Peterson, Heidi	Team Flash	5:25.36	5:26.45	10
2	Gregory, Jade	N-Motion TC	5:32.00	5:38.73	8
3	Wright, Chelsea	Norfolk Real	5:26.87	5:54.89	6
4	Butler, Emily	Track Seriou		6:16.70	5
5	Good, Alissa	Richmond Lig	6:23.00	6:19.84	4
6	Lindsey, Asia	Track Seriou		6:35.23	3
7	Dintaman, Mary	Richmond Lig	6:47.00	6:37.07	2

8	Price-Clear, Shameeka	West End Strider		6:47.58	1
9	Miller, Katy	Richmond Lig	6:50.00	6:53.95	
10	Johnson, Asheli	East End Fly		6:56.16	
11	Grim, Anna	Richmond Lig	7:00.00	6:56.19	

1500 Meter Race Walk Midget Girls

Name	Year Team	Seed	Finals	Points
1 Hunt, Crystal	Hampton City		10:30.52	10
2 Viney, Imani	Technique TC		12:20.85	8

80 Meter Hurdles Midget Girls

Name	Year Team	Seed	Finals	Points
1 Beamon, Sarah	Richmond Lig	17.30	18.44	10
2 Peterson, Heidi	Team Flash		20.70	8

4x100 Meter Relay Midget Girls

Team	Seed	Finals	Points
1 Norfolk Real Deal 'A' 1) Ellick, Tiffany 3) Taylor, Taranisha	54.46	53.55	10
2 Technique TC 'A' 1) Edwards, Jnai 3) Shufford, Jenira	52.00	53.81	8
3 Suffolk Stars 'A' 1) Barrett, Kyiesha 3) Patterson, Markelle	55.00	58.99	6
4 Track Serious T F Club 'A' 1) Butler, Emily 3) Daniles, Brehanna		1:01.78	5
5 West End Striders 'A' 1) Hogan, Tyasia 3) Woodson, Katie		1:04.80	4

4x800 Meter Relay Midget Girls

Team	Seed	Finals	Points
1 Richmond Lightning TC 'A' 1) Anderson, Tori 3) Dintaman, Mary	13:00.00	13:20.05	10
2) Cutlip, Berkley 4) Salter, Katie			

High Jump Midget Girls

Name	Year Team	Seed	Finals	Points
1 Daniles, Brehanna	Track Seriou		4-04.00	10
2 Beamon, Sarah	Richmond Lig	4-02.00	4-02.00	8
-- Riddick, Asia	VA Beach Fla		NH	

Long Jump Midget Girls

Name	Year Team	Seed	Finals	Points
1 Smith, Gabrielle	Norfolk Real	14-00.00	13-08.25	10
2 Cutlip, Berkley	Richmond Lig	12-00.00	13-04.25	8
3 Wright, Chelsea	Norfolk Real	13-03.50	12-04.00	6
4 Plaskett, Kiante	West End Strider		11-03.50	5
5 Gregory, Jade	N-Motion TC	13-00.00	11-03.00	4
6 Burney, Kimani	Freedom Stri	13-00.00	11-02.00	3
7 Roberts, Chantel	Suffolk Star		11-00.00	2
8 Mosberg, Caroline	Richmond Lig	12-00.00	10-11.00	1
9 Bowers, Bria	Suffolk Star	13-00.00	10-09.00	
10 Jones, Tnai	East End Fly	7-05.00	10-08.75	
11 Anderson, Tori	Richmond Lig	11-00.00	10-08.50	
12 Johnson, Morgan	East End Fly	7-10.00	10-07.25	

13 Butler, Emily	Track Seriou		10-03.25
13 Lindsey, Asia	Track Seriou		10-03.25
-- Thompson, Diyea	DelFive	13-09.00	FOUL
-- Vonner, Alexia	Norfolk Real	14-00.00	FOUL

Shot Put Midget Girls

Name	Year Team	Seed	Finals	Points
1 Gray, Kierra	Hampton Blaz		29-06.00	10
2 Shufford, Jenira	Technique TC		25-11.00	8
3 Washington, Aliyah	Hampton Blaz		24-11.50	6
4 Jones, Triana	Indian River		23-02.00	5
5 Mosberg, Caroline	Richmond Lig	11-00.00	19-10.00	4
6 Viney, Imani	Technique TC		14-03.50	3
-- Bell, Cameron	East End Fly	18-10.50	ND	
-- Gironimi, Natasha	VA Beach Fla		ND	

Discus Throw Midget Girls

Name	Year Team	Seed	Finals	Points
1 Gray, Kierra	Hampton Blaz		56-08	10
2 Jones, Triana	Indian River		54-11	8
3 Johnson, Morgan	East End Fly	42-02	36-07	6
-- Gironimi, Natasha	VA Beach Fla		ND	
-- Bell, Cameron	East End Fly	50-00	ND	

Javelin Throw 500g Midget Girls

Name	Year Team	Seed	Finals	Points
1 Shufford, Jenira	Technique TC		79-02	10
2 Williams, Dejanay	DelFive	35-00	51-03	8
3 Gray, Kierra	Hampton Blaz		35-08.50	6
4 Viney, Imani	Technique TC		28-07	5

100 Meter Dash Youth Girls

Name	Year Team	Seed	Finals	H#	Points
1 Smithwick, Shanice	Track Seriou		13.10	4	10
2 Mccants, Brittney	Phase II		13.17	4	8
3 Pannell, Courtney	Technique TC	12.20	13.18	3	6
4 Dennis, Breanna	Track Seriou		13.29	2	5
5 Hailes, Brittany	Suffolk Star	12.98	13.36	3	4
6 Payne-Roebuck, Piarrah	Norfolk Real	13.12	13.44	3	3
7 Hinton, Jalen	Track Seriou		13.56	2	2
8 Poteat, Mishae	Indian River		13.71	4	1
9 Dales, Jasmine	Mustang Trac	12.50	13.90	3	
10 Combs, Rashaun	Technique TC	12.80	13.91	3	
11 Wise, Katherine	Central V		13.92	3	
12 Ewing, Jessica	Track Seriou		13.93	4	
13 Williams, Monica	Track Seriou		14.24	2	
14 Scoggins, Laeesha	Suffolk Star		14.34	2	
15 Johnson, Courtney	Technique TC	12.60	14.40	3	
16 Washington, Aleshia	Track Seriou		14.63	4	
17 Sallins, Rodneshia	Suffolk Star	13.50	14.75	1	
18 Thomas, Shakilah	Hotchkiss Ea		14.96	4	
19 Starke, Samara	Hotchkiss Ea		15.05	4	
20 Addison, Tiana	N-Motion TC	13.69	15.17	1	
21 Mosby, Ndea	DelFive	13.50	15.20	1	
22 Wilson, Charity	Lazers TC	14.00	15.28	1	
23 Spell, Myrish	Hotchkiss Ea		15.32	4	
24 Morris, Ciara	Central V		15.62	1	
25 Ward, Schanea	Henrico Pace	13.00	15.74	3	
26 Williams, Arianna	Speed City C	15.00	15.86	1	
27 Williams, Ayanna	Speed City C	15.00	16.57	1	
28 Barney, Ming	Technique TC		17.38	1	

200 Meter Dash Youth Girls

Name	Year Team	Seed	Finals	H#	Points
1 Espigh, Taylor	Richmond Lig	28.00	25.91	3	10
2 Yates, Tazmin	Hampton City	30.00	25.92	4	8
3 Stewart, Briannah	Faith In Act	27.40	27.17	3	6
4 Ewing, Jessica	Track Seriou		27.41	1	5
5 Payne-Roebuck, Piarrah	Norfolk Real	26.41	27.53	3	4
6 Mosby, Ndea	DelFive	28.00	27.78	3	3
7 Jones, Robin	N-Motion TC		27.94	1	2
8 Dixon, Ashley	East End Fly		28.13	1	1
9 Smithwick, Shanice	Track Seriou		28.15	4	
10 Dales, Jasmine	Mustang Trac	28.00	28.20	3	
11 Wilson, Malika	Hotchkiss Ea		28.43	1	
12 Addison, Tiana	N-Motion TC	28.61	29.45	3	
13 Washington, Aleshia	Track Seriou		29.68	1	
14 Sallins, Rodneshia	Suffolk Star	29.35	29.97	4	
15 Hailles, Brittany	Suffolk Star	26.80	31.38	3	
16 Taylor, Genee	East End Fly	30.69	31.42	4	
17 Williams, Arianna	Speed City C	33.00	31.77	4	
18 Spell, Myrish	Hotchkiss Ea		32.28	1	
19 Ward, Schanea	Henrico Pace	28.00	32.96	3	
20 Williams, Ayanna	Speed City C	33.00	33.74	4	

#### 400 Meter Dash Youth Girls

Name	Year Team	Seed	Finals	H#	Points
1 Maizels, Neena	Richmond Lig	1:00.00	1:02.24	2	10
2 Payne-Roebuck, Piarrah	Norfolk Real	1:02.45	1:02.25	2	8
3 Woodley, Ashley	Track Seriou		1:02.85	4	6
4 Dixon, Ashley	East End Fly		1:04.39	4	5
5 Mccants, Brittney	Phase II		1:04.54	4	4
6 Wilson, Malika	Hotchkiss Ea		1:05.64	1	3
7 Pannell, Courtnei	Technique TC	58.00	1:05.71	2	2
8 Adams, Shanece	Technique TC	1:02.00	1:06.07	2	1
9 Smith, Lucrecia	VA Beach Fla		1:06.59	4	
10 Hailles, Brittany	Suffolk Star	1:03.00	1:07.29	2	
11 Addison, Tiana	N-Motion TC	1:07.96	1:07.61	3	
12 James, Shkemea	Technique TC	1:03.00	1:08.00	2	
13 Rolax, Candace	Track Seriou		1:08.08	4	
14 Wilson, Charity	Lazers TC	1:10.00	1:08.37	3	
15 Brown, Morgan	Faith In Act	1:15.00	1:08.41	3	
16 Williams, Arianna	Speed City C	1:20.00	1:11.43	1	
17 Taylor, Genee	East End Fly	1:21.72	1:13.98	1	
18 Williams, Ayanna	Speed City C	1:20.00	1:19.44	1	
19 Espigh, Taylor	Richmond Lig	1:16.00	1:21.07	1	
20 Scoggins, Laeesha	Suffolk Star		1:26.07	1	
21 Powell, Jowell	Suffolk Star	1:10.00	1:29.62	3	

#### 800 Meter Run Youth Girls

Name	Year Team	Seed	Finals	Points
1 Lautzenheiser, Kathleen	Richmond Lig		2:24.36	10
2 Lautzenheiser, Leia	Richmond Lig	2:24.00	2:25.46	8
3 Augins, Nicole	Lazers TC	2:34.00	2:37.08	6
4 Smith, Nefertiti	Norfolk Real	2:41.20	2:51.68	5
5 Walker, Kenya	Technique TC		2:51.69	4
6 Vaughn, Chiquita	East End Fly	3:18.23	3:06.82	3
7 Pratt, Rchardae	East End Fly	3:17.68	3:08.72	2
8 Miller, Emily	Richmond Lig	3:42.00	3:11.73	1
9 Franklin, Katie	Norfolk Real	3:12.12	3:21.66	

#### 1500 Meter Run Youth Girls

Name	Year Team	Seed	Finals	Points
1 Lautzenheiser, Kathleen	Richmond Lig		4:53.52	10
2 Lautzenheiser, Leia	Richmond Lig	4:57.00	4:54.96	8
3 Redd, Alaina	Unattached	5:15.06	5:04.81	6

4 Augins, Nicole	Lazers TC	5:24.00	5:23.00	5
5 Walker, Kenya	Technique TC		6:01.11	4
6 Frederick, Natanya	Technique TC		6:31.73	3
7 Miller, Emily	Richmond Lig	7:18.00	7:38.33	2

100 Meter Hurdles Youth Girls

Name	Year Team	Seed	Finals	Points
1 Porter, Johniqua	Suffolk Star	15.00	15.11	10
2 Brooks, Kortney	Track Seriou		16.97	8
3 Riddick, Kendra	Suffolk Star	15.30	26.78	6

4x100 Meter Relay Youth Girls

Team	Seed	Finals	Points
1 Track Serious T F Club 'A'		51.15	10
1) Brooks, Kortney	2) Ewing, Jessica		
3) Hinton, Jalen	4) Rolax, Candace		
2 Hotchkiss Eagles 'A'		51.22	8
1) Spell, Myrish	2) Starke, Samara		
3) Thomas, Shakilah	4) Wilson, Malika		
3 Central Vat&F 'A'		51.34	6
1) Callicutt, Catherine	2) Harris, Angela		
3) Wise, Katherine	4) Daniels, Dionna		
4 Suffolk Stars 'A'	51.00	52.99	5
1) Hailes, Brittany	2) Mcdowell, Alexsis		
3) Porter, Johniqua	4) Powell, Jowell		
5 Technique TC 'B'		53.96	
1) Anderson, Jazlyn	2) James, Shkemea		
3) Walker, Kenya	4) Wright, Jazmine		
5 Technique TC 'A'	50.00	59.60	4
1) Adams, Shanece	2) Combs, Rashaun		
3) Johnson, Courtney	4) Pannell, Courtni		

High Jump Youth Girls

Name	Year Team	Seed	Finals	Points
1 Morris, Ciara	Central V		5-00.00	10
2 Payne-Roebuck, Piarrah	Norfolk Real	5-00.00	4-04.00	8
3 Pratt, Rchardae	East End Fly		4-00.00	6
4 Vaughn, Chiquita	East End Fly		3-08.00	5
5 Dixon, Ashley	East End Fly		J3-08.00	4
-- Riddick, Kendra	Suffolk Star	4-00.00	FAIL	
-- Smith, Nefertiti	Norfolk Real	4-06.50	FAIL	

Long Jump Youth Girls

Name	Year Team	Seed	Finals	Points
1 Saunders, Shakeela	Track Seriou		16-03.25	10
2 Daniels, Dionna	Central V		15-10.50	8
3 Maizels, Neena	Richmond Lig	16-04.00	15-00.00	6
4 Wilson, Malika	Hotchkiss Ea		14-08.00	5
5 Addison, Tiana	N-Motion TC	14-08.00	14-06.00	4
6 Dennis, Breanna	Track Seriou		14-03.50	3
7 Poteat, Mishae	Indian River		14-02.50	1.5
7 Dales, Jasmine	Mustang Trac	16-00.00	14-02.50	1.5
9 Scoggins, Laeesha	Suffolk Star		13-04.75	
10 Wilson, Charity	Lazers TC	12-00.00	13-01.50	
11 Powell, Jowell	Suffolk Star	14-00.00	13-01.00	
12 Woodley, Ashley	Track Seriou		12-11.00	
13 Mcdowell, Alexsis	Suffolk Star	14-00.00	12-07.50	
14 Sallins, Rodneshia	Suffolk Star		12-06.25	
15 Walker, Kenya	Technique TC		12-02.75	
16 Starke, Samara	Hotchkiss Ea		11-06.50	
17 Frederick, Natanya	Technique TC		11-04.25	
18 Wyche, Debresha	Central V		11-01.75	
19 Johnson, Lauren	East End Fly		10-06.50	

20 Spell, Myrish Hotchkiss Ea 10-05.25

Triple Jump Youth Girls

Name	Year Team	Seed	Finals	Points
1 Smith, Nefertiti	Norfolk Real	37-04.50	35-00.50	10
2 Maizels, Neena	Richmond Lig	31-00.00	31-05.00	8

Shot Put Youth Girls

Name	Year Team	Seed	Finals	Points
1 Thomas, Shakilah	Hotchkiss Ea		28-09.00	10
2 Callicutt, Catherine	Central V		28-06.75	8
3 Wyatt, Alexandra	Richmond Lig	15-00.00	26-04.75	6
4 Simmons, Rebecca	Norfolk Real	23-08.25	26-03.00	5
5 Anderson, Jazlyn	Technique TC		24-06.00	4
6 Taylor, Alexis	East End Fly	20-05.25	22-06.00	3
7 King, Erica	Norfolk Real	20-01.50	21-10.50	2
8 Franklin, Katie	Norfolk Real	23-08.50	21-08.00	1
9 Dixon, Kiea	East End Fly	22-07.25	21-06.00	
10 Johnson, Lauren	East End Fly	20-00.25	21-03.75	
11 Johnson, Courtney	Technique TC		21-03.00	
-- Young, Johnequa	Hotchkiss Ea		ND	
-- Frederick, Natanya	Technique TC		ND	
-- Barney, Ming	Technique TC		ND	
-- Jones, Yvonne	Hampton City		ND	
-- Jones, Robin	N-Motion TC		ND	

Discus Throw Youth Girls

Name	Year Team	Seed	Finals	Points
1 Wyatt, Alexandra	Richmond Lig	44-00	66-04	10
2 Simmons, Rebecca	Norfolk Real	57-05.50	63-03	8
3 Thomas, Shakilah	Hotchkiss Ea		62-07	6
4 Callicutt, Catherine	Central V		61-00	5
5 Powell, Jowell	Suffolk Star		54-07.75	4
6 Anderson, Jazlyn	Technique TC		51-06.50	3
7 Dixon, Kiea	East End Fly	41-02	50-08	2
8 King, Erica	Norfolk Real	45-07	49-09	1
9 Franklin, Katie	Norfolk Real	48-02.50	49-00	
10 Johnson, Lauren	East End Fly	51-07	44-10.50	
11 Taylor, Alexis	East End Fly	45-09	43-02.50	

100 Meter Dash Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Dales, Alexis	Mustang Trac	12.20	12.81	10
2 Chase, Ashley	Hampton Blaz		13.50	8
3 Phillips, Dayrra	N-Motion TC		14.19	6
4 Wallace, Shakiyla	Hampton Blaz		14.65	5
5 Dabbs, Lintisha	Norfolk Real		16.98	4

200 Meter Dash Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Townsend, Jazmen	Track Seriou		26.03	10
2 Chase, Ashley	Hampton Blaz		27.03	8
3 Phillips, Dayrra	N-Motion TC		29.04	6
4 Wallace, Shakiyla	Hampton Blaz		30.79	5
5 Lockhart, Shannon	Hampton Blaz		31.22	4
6 Vaughn, Alexis	East End Fly		32.54	3

400 Meter Dash Intermediate Girls

Name	Year Team	Seed	Finals	Points
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1	Townsend, Jazmen	Track Seriou		1:00.53	10
2	Aduma, Niaimani	Hampton City	1:00.00	1:01.50	8
3	Chase, Ashley	Hampton Blaz		1:05.53	6
4	Vaughn, Alexis	East End Fly		1:10.97	5
5	Cheatam, Whitney	Phase II		1:11.65	4

800 Meter Run Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Sultan, Tajah	Flying Angel		2:38.68	10
2 Percelle, Lavonne	Flying Angel		3:01.87	8

1500 Meter Run Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Sultan, Tajah	Flying Angel		5:41.49	10
2 Percelle, Lavonne	Flying Angel		5:43.45	8

3000 Meter Run Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Sultan, Tajah	Flying Angel		11:04.72	10
2 Percelle, Lavonne	Flying Angel		14:54.10	8

Long Jump Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Dales, Alexis	Mustang Trac	5.18m	16-10.50	10
2 Sultan, Tajah	Flying Angel		12-02.25	8
3 Phillips, Dayrra	N-Motion TC		12-01.50	6

Shot Put Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Lindsey, Payton	Track Seriou		25-00.75	10
2 Dabbs, Lintisha	Norfolk Real		18-09.00	8
3 Taylor, Ebony	East End Fly	18-03.50	J18-09.00	6
4 Phillips, Dayrra	N-Motion TC		18-06.00	5

Discus Throw Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Ford, Chansay	Richmond Lig		74-01	10
2 Brown, Morgan	Faith In Act		57-10	8
3 Dabbs, Lintisha	Norfolk Real		50-03	6
4 Taylor, Ebony	East End Fly	41-01.25	45-08	5

100 Meter Dash Sub Bantam Boys

Name	Year Team	Seed	Finals	H#	Points
1 Pinson, Matthew	Unattached		15.89	4	10
2 Hines, Ira	Technique TC		15.98	3	8
3 Faulk, Shaun	Lazers TC		16.01	2	6
4 Young, DaeQuan	Henrico Pace		16.27	4	5
5 Sessoms, Tavon	N-Motion TC		16.40	4	4
6 Williams, Anthony	Unattached		16.49	2	3
7 Cooke, Jordan	Freedom Stri		17.12	2	2
8 Gibson, Karl	Norfolk Real		17.22	3	1
9 Bailey, Coby	Indian River		17.32	2	
10 Fogg, Corey	Henrico Pace		17.64	3	
11 Mattocks, Keamoni	Suffolk Star		17.77	1	
12 Johnson, Marcus	Track Seriou		18.07	1	
13 Britton-Porter, Clarke	West End Strider		18.22	1	
14 Osborne, Divine	East End Fly		18.59	4	

15	Boyd, Alon	Boys And Gir	18.71	4
16	Mcauliffe, Christian	East End Fly	19.42	4
17	Smith, Tyain	Indian River	19.45	1
18	Johnson, Trejan	Flying Angel	19.68	1
19	Lyles, Christopher	Lazers TC	19.75	2
20	Jones, Jerimah	Indian River	20.17	2
21	Lindsey, Joshua	Track Seriou	20.28	3
22	Collins, Christopher	Henrico Pace	20.33	3
23	Pendleton, Tony	Boys And Gir	20.38	4
24	Hale, Gyasi	Hotchkiss Ea	20.41	1
25	Stills, Joseph	Lazers TC	20.64	3
26	Allison, Darien	Faith In Act	20.91	1
27	Lawton, Matthew	Faith In Act	21.54	2
28	Viney, Robert	Technique TC	21.90	2
29	Rose, Michael	Faith In Act	22.91	1
30	Stills, Joshua	Lazers TC	25.69	4

#### 400 Meter Dash Sub Bantam Boys

Name	Year Team	Seed	Finals	H#	Points
1	Pendleton, Tony		1:15.18	1	10
2	Faulk, Shaun	Lazers TC	1:15.79	2	8
3	Smith, Tyain	Indian River	1:19.06	3	6
4	Johnson, Marcus	Track Seriou	1:20.10	3	5
5	Stills, Joshua	Lazers TC	1:21.29	1	4
6	Crudup, Christopher	Faith In Act	1:25.12	1	3
7	Boyd, Gabriel	Boys And Gir	1:26.73	3	2
8	Osborne, Divine	East End Fly	1:29.65	1	1
9	Jones, Christian	DelFive	1:29.69	2	
10	Johnson, Trejan	Flying Angel	1:30.23	4	
11	Boyd, Alon	Boys And Gir	1:30.57	1	
12	Norman, Jacob	Hampton City	1:32.01	1	
13	Fogg, Corey	Henrico Pace	1:32.14	1	
14	Lyles, Christopher	Lazers TC	1:33.90	2	
15	Stills, Joseph	Lazers TC	1:34.31	2	
16	Collins, Christopher	Henrico Pace	1:34.62	2	
17	Young, DaeQuan	Henrico Pace	1:36.96	3	
18	Sessoms, Tavon	N-Motion TC	1:37.17	3	
19	Gibson, Karl	Norfolk Real	1:37.77	2	
20	Lindsey, Joshua	Track Seriou	1:40.93	4	
21	Bailey, Coby	Indian River	1:50.71	3	
22	Mattocks, Keamoni	Suffolk Star	1:51.44	1	
23	Peyton, Patrick	DelFive	1:57.21	2	
24	Brown, Barry	Faith In Act	1:58.81	3	
25	Mcauliffe, Christian	East End Fly	2:05.16	4	
26	Rose, Michael	Faith In Act	2:26.34	3	

#### 1500 Meter Run Sub Bantam Boys

Name	Year Team	Seed	Finals	Points
1	Jones, Christian	DelFive	6:18.18	10
2	Pinson, Matthew	Unattached	6:25.38	8
3	Womeldorf, Zach	Team Flash	6:37.26	6
4	Collins, Christopher	Henrico Pace	6:37.32	5
5	Fogg, Corey	Henrico Pace	7:14.89	4
6	Beaulieu, Austin	Team Flash	7:22.93	3
7	Peyton, Patrick	DelFive	7:43.22	2

#### 4x100 Meter Relay Sub Bantam Boys

Team	Seed	Finals	Points
1 Boys And Girls Club Of The Vir 'A'	1:07.00	1:11.41	10
1) Boyd, Alon			
2) Boyd, Gabriel			
3) Pendleton, Tony			
4)			
2 Faith In Action Ministry 'A'	1:18.00	1:19.30	8
1) Allison, Darien			
2) Brown, Barry			
3) Crudup, Christopher			
4) Lawton, Matthew			

Long Jump Sub Bantam Boys

Name	Year Team	Seed	Finals	Points
1 Jones, Christian	DelFive	10-00.00	11-07.50	10
2 Hines, Ira	Technique TC		11-05.50	8
3 Stills, Joshua	Lazers TC	8-00.00	10-10.75	6
4 Smith, Tyain	Indian River		10-09.50	5
5 Gibson, Karl	Norfolk Real	7-04.00	10-03.25	4
6 Faulk, Shaun	Lazers TC	10-00.00	10-03.00	3
7 Stills, Joseph	Lazers TC	8-00.00	8-07.75	2
8 Mattocks, Keamoni	Suffolk Star	9-00.00	8-05.75	1
9 Peyton, Patrick	DelFive	7-00.00	8-05.25	
10 Bailey, Coby	Indian River		8-04.00	
11 Wilson, Anthony	Hotchkiss Ea		8-01.75	
12 Williams, Anthony	Unattached	8-00.00	7-08.75	
13 Lyles, Christopher	Lazers TC	8-00.00	7-03.50	
14 Norman, Jacob	Hampton City		6-05.25	
15 Cooke, Jordan	Freedom Stri	7-00.00	5-11.50	
16 Sessoms, Tavon	N-Motion TC		5-09.75	

100 Meter Dash Bantam Boys

Name	Year Team	Seed	Finals	H#	Points
1 Fox, Gordon	Freedom Stri		14.55	3	10
2 Johnson, Robert	Hotchkiss Ea		14.91	3	8
3 Goodwyn, Brian	Central V		15.08	1	6
4 Holloway, Grant	Indian River		15.11	2	5
5 Pressley, Tyese	Lazers TC		15.41	4	4
6 Pennyfeather, Isaiah	Technique TC		15.43	4	3
7 James, Kasaun	Faith In Act		15.52	2	2
8 Dixon, Montel	East End Fly		15.63	1	1
9 Allen, Randy	Boys And Gir		15.65	2	
10 Wood, Matthew	Richmond Lig		15.95	3	
10 Ward, Khamahri	Indian River		15.95	1	
12 Deberry, Ricky	Richmond Lig		15.97	2	
13 Roberts, Keith	Henrico Pace		15.98	1	
14 Butler, Quentin	Track Seriou		16.15	4	
15 Allen, Samuel	Richmond Lig		16.37	3	
16 Ellis, Ashton	East End Fly		16.51	1	
17 Bryant, Davarius	Suffolk Star		16.54	2	
18 Payne-Carter, Dominic	Norfolk Real		16.57	4	
19 Bias, Michael	Boys And Gir		16.72	3	
20 Bailey, Courtney	Indian River		16.73	3	
21 Thompson, Jeremiah	DelFive		16.92	4	
22 Puckett, Connor	Richmond Lig		17.16	4	
23 Bivins, Tyson	Boys And Gir		17.49	3	
24 Blair, Allan	Freedom Stri		18.73	4	

200 Meter Dash Bantam Boys

Name	Year Team	Seed	Finals	H#	Points
1 Roberts, Keith	Henrico Pace	29.00	30.27	2	10
2 Wynn, Lamar	Henrico Pace	35.00	30.67	3	8
3 Pressley, Tyese	Lazers TC	34.56	31.01	2	6
4 Coleman, Dante	Richmond Lig	30.00	31.05	4	5
5 Jennings, Gary	Richmond Lig	31.00	31.10	4	4
6 Holloway, Grant	Indian River	30.88	31.59	3	3
7 Pinson, Daniel	Unattached	34.05	33.20	2	2
8 Dixon, Montel	East End Fly		33.39	3	0.5
8 Ellis, Ashton	East End Fly	31.94	33.39	2	0.5
10 Payne-Carter, Dominic	Norfolk Real	34.17	34.52	2	
11 Bailey, Corey	Track Seriou		35.36	2	
12 Lawrence, Justin	Track Seriou		35.55	3	
13 Deberry, Ricky	Richmond Lig	33.60	36.02	4	
14 Allen, Samuel	Richmond Lig	37.00	37.84	4	
15 James, Kasaun	Faith In Act	30.50	39.65	3	
16 Blair, Allan	Freedom Stri		47.84	3	

400 Meter Dash Bantam Boys

Name	Year Team	Seed	Finals	H#	Points
1 Davis, Stanley	Norfolk Real	1:07.10	1:07.73	1	10
2 Goodwyn, Brian	Central V		1:09.80	1	8
3 Roberts, Keith	Henrico Pace	1:10.00	1:09.91	1	6
4 Wise, Solomon	Lazers TC	1:21.00	1:15.71	2	5
5 Little, Juan	Richmond Lig	1:23.00	1:16.19	2	4
6 Gordon, Parrish	Richmond Lig	1:17.00	1:16.44	1	3
7 Wood, Noah	Richmond Lig	1:26.00	1:16.59	2	2
8 Lawton, Myles	Faith In Act	1:25.00	1:17.81	2	1
9 Butler, Quentin	Track Seriou		1:18.38	3	
10 Pruitt, Jordann	East End Fly	1:24.47	1:19.38	2	
11 Bethea, Supreme	Boys And Gir		1:21.62	1	
12 Spencer, Malcolm	Technique TC	1:12.00	1:25.32	1	
13 Lawrence, Justin	Track Seriou		1:25.87	3	
14 Pennyfeather, Isaiah	Technique TC	1:10.00	1:27.83	1	
15 Wynn, Lamar	Henrico Pace	1:17.00	1:31.65	1	
16 Davis, Kevin	Lazers TC	1:34.00	1:32.79	2	
17 Bailey, Courtney	Indian River		1:46.30	3	

800 Meter Run Bantam Boys

Name	Year Team	Seed	Finals	Points
1 Wise, Solomon	Lazers TC	3:10.00	2:53.48	9
1 Davis, Kevin	Lazers TC	3:20.00	2:53.48	9
3 Gordon, Parrish	Richmond Lig	2:57.00	2:56.78	6
4 Pruitt, Jordann	East End Fly	3:07.19	3:01.18	5
5 Wise, Daniel	Lazers TC	2:43.00	3:18.34	4
6 Young, Xavier	Henrico Pace	3:10.00	3:29.77	3
7 Pillow, Calan	Richmond Lig	3:48.00	3:48.11	2
8 Grim, Adam	Richmond Lig	3:59.00	3:57.00	1

1500 Meter Run Bantam Boys

Name	Year Team	Seed	Finals	Points
1 Davis, Stanley	Norfolk Real	5:12.68	5:29.36	10
2 Wise, Daniel	Lazers TC	5:21.00	5:32.29	8
3 Pinson, Daniel	Unattached	6:17.00	6:02.51	6
4 Holstege, Benjamin	Richmond Lig	6:33.00	6:05.64	5
5 Beaulieu, Nick	Team Flash	6:24.00	6:18.55	4
6 Percelle, Barry	Flying Angel		6:49.61	3
7 Young, Xavier	Henrico Pace	6:18.00	6:57.95	2
8 Grim, Adam	Richmond Lig	7:17.00	7:11.89	1

1500 Meter Race Walk Bantam Boys

Name	Year Team	Seed	Finals	Points
1 Worthington, Carl	Technique TC		10:30.27	10
2 Neely, Jordan	Technique TC		11:03.15	8
3 Percelle, Barry	Flying Angel		12:23.95	6

4x100 Meter Relay Bantam Boys

Team	Seed	Finals	Points
1 Indian River Speed T F Club 'A'	1:00.00	1:01.45	10
1) Blissett, Corbyn			
2) Holloway, Grant			
3) Tennessee, Ronald			
4) Ward, Khamahri			
2 Boys And Girls Club Of The Vir 'A'	59.00	1:01.74	8
1) Allen, Randy			
2) Bethea, Supreme			
3) Bias, Michael			
4) Bivins, Tyson			
3 Richmond Lightning TC 'A'	1:08.00	1:04.40	6
1) Coleman, Dante			
2) Deberry, Ricky			
3) Jennings, Gary			
4) Puckett, Connor			
4 Technique TC 'A'		1:05.95	5
1) Neely, Jordan			
2) Pennyfeather, Isaiah			

3) Spencer, Malcolm	4) Worthington, Carl			
5 VA Beach Flames TC 'A'	1:01.01	1:05.96	4	
1) Fiesta, Javen	2) Hendrieth, Frederick			
3) Hunter, Tyler	4) Rogers, Wendell			

4x400 Meter Relay Bantam Boys

Team	Seed	Finals	Points
1 Boys And Girls Club Of The Vir 'A'	5:10.00	5:33.00	10
1) Allen, Randy	2) Bethea, Supreme		
3) Bias, Michael	4) Bivins, Tyson		

High Jump Bantam Boys

Name	Year Team	Seed	Finals	Points
-- Rogers, Wendell	VA Beach Fla		NH	

Long Jump Bantam Boys

Name	Year Team	Seed	Finals	Points
1 Ellis, Ashton	East End Fly		13-02.50	10
2 James, Kasaun	Faith In Act	12-07.00	13-01.75	8
3 Lawton, Myles	Faith In Act	12-02.00	12-11.50	6
4 Johnson, Robert	Hotchkiss Ea		12-03.75	5
5 Davis, Stanley	Norfolk Real		11-11.00	4
6 Tennessee, Ronald	Indian River		11-09.25	3
7 Wise, Daniel	Lazers TC	12-00.00	11-09.00	2
8 Bailey, Corey	Track Seriou		11-07.50	1
9 Fox, Gordon	Freedom Stri	10-06.00	11-06.00	
10 Blissett, Corbyn	Indian River		11-05.75	
11 Payne-Carter, Dominic	Norfolk Real		11-04.50	
11 Wise, Solomon	Lazers TC	10-00.00	11-04.50	
13 Ward, Khamahri	Indian River		11-02.50	
14 Holstege, Benjamin	Richmond Lig	12-00.00	10-10.50	
15 Lawrence, Justin	Track Seriou		10-05.50	
16 Davis, Kevin	Lazers TC	11-00.00	10-04.25	
17 Jones, Dandre	Suffolk Star	9-00.00	9-11.50	
18 Stokley, Jordan	Suffolk Star	10-00.00	9-10.25	
19 Pressley, Tyese	Lazers TC	11-00.00	9-10.00	
20 Little, Juan	Richmond Lig	11-00.00	9-09.50	
21 Bailey, Courtney	Indian River		9-05.75	

Shot Put Bantam Boys

Name	Year Team	Seed	Finals	Points
1 Harris, Devontay	Track Seriou		20-04.00	10
2 Gray, Tyler	Faith In Act	19-00.00	16-11.00	8
3 Thompson, Jeremiah	DelFive	18-00.00	16-09.50	6
4 Wood, Noah	Richmond Lig	9-00.00	10-09.00	5
5 Wood, Matthew	Richmond Lig	10-00.00	9-08.00	4

Javelin Throw 400g Bantam Boys

Name	Year Team	Seed	Finals	Points
1 Worthington, Carl	Technique TC		30-10	10
2 Thompson, Jeremiah	DelFive	24-00	30-08.50	8
3 Neely, Jordan	Technique TC		29-08	6

100 Meter Dash Midget Boys

Name	Year Team	Seed	Finals	H#	Points
1 Coleman, Joel	Norfolk Real	12.00	12.68	3	10
2 Keith, Aj	Richmond Lig	13.40	13.33	3	8
3 Chandler, Nathan	Track Seriou		13.63	2	6
4 Holloway, Trey	Indian River	12.80	13.72	3	5

5	Livingston, Niko	VA Beach Fla		13.77	5	4
6	Saunders, Khari	Faith In Act	12.80	13.92	3	3
7	Foster, Antonio	Norfolk Real		14.00	2	2
8	Flemings, Derrian	Technique TC	13.50	14.08	3	1
9	Peters, Andrew	Norfolk Real	13.54	14.09	3	
10	Shufford, Tevon	Technique TC	13.50	14.10	3	
11	Daniels, Brehon	Track Seriou		14.57	5	
11	Banks, Darius	Speed City C	13.30	14.57	3	
13	Arneaud, Trevor	Technique TC	14.00	14.80	4	
14	Ross, Charles	Hotchkiss Ea		14.99	5	
15	Jones, Franklin	Lazers TC	14.40	15.08	4	
16	Burns, Damond	VA Beach Fla		15.29	5	
17	Harrison, Darrian	Freedom Stri	14.70	15.42	4	
18	Sarter, Odell	Boys And Gir	15.00	15.44	1	
19	Marsh, Dominek	Speed City C	14.00	15.45	4	
20	Chapman, John	Boys And Gir	15.00	15.51	4	
21	Hairston, Nicholas	Boys And Gir		15.65	1	
22	Bullard, Korey	Faith In Act	14.20	15.69	4	
23	Weary, Torie	Speed City C	14.10	15.83	4	
24	Brown, Rashad	Track Seriou		15.87	5	
25	Addison, Christopher	N-Motion TC		15.91	5	
26	Mcclellan, Brandon	N-Motion TC		16.11	5	
27	Guerrier, Davon	Richmond Lig	15.10	16.12	1	
28	Rountree, Devante	Suffolk Star	16.00	16.27	1	
29	Turner, Ryan	Lazers TC	14.89	16.73	4	
30	Hess, Eric	Richmond Lig	15.10	17.04	1	
31	Clark, Andrew	Hotchkiss Ea		17.26	2	
32	Rohatgi, Ayush	Richmond Lig	23.00	17.44	1	
33	Boyd, Andrew	Track Seriou		17.57	5	

#### 200 Meter Dash Midget Boys

Name	Year Team	Seed	Finals	H#	Points	
1	Coleman, Joel	Norfolk Real	25.15	26.46	3	10
2	Chandler, Nathan	Track Seriou		28.18	1	8
3	Saunders, Khari	Faith In Act	27.90	28.66	3	6
4	Foster, Antonio	Norfolk Real		29.13	4	5
5	Daniels, Brehon	Track Seriou		29.85	1	4
6	Banks, Darius	Speed City C	29.90	29.98	2	3
7	Ross, Charles	Hotchkiss Ea		30.04	1	2
8	Peters, Andrew	Norfolk Real	27.43	30.05	3	1
9	Wintjen, Kyle	East End Fly	30.86	30.63	2	
10	Soloman, Thomas	Hampton Blaz		30.69	4	
11	Marsh, Dominek	Speed City C	30.00	31.10	2	
12	Jones, Franklin	Lazers TC	29.50	31.24	3	
13	Guerrier, Javon	Richmond Lig	33.40	31.80	4	
14	Alston, Skiie	Richmond Lig	32.00	31.83	2	
15	Harrison, Darrian	Freedom Stri	33.00	32.19	4	
16	Weary, Torie	Speed City C	31.00	32.52	2	
17	Brown, Rashad	Track Seriou		32.97	1	
18	Addison, Christopher	N-Motion TC		33.01	1	
19	Chapman, John	Boys And Gir	32.00	33.27	2	
20	Guerrier, Davon	Richmond Lig	33.80	33.56	4	
21	Burns, Damond	VA Beach Fla		33.92	1	
22	Harris, Russell	Richmond Lig	29.00	34.66	3	
23	Boyd, Andrew	Track Seriou		36.45	1	
24	Clark, Andrew	Hotchkiss Ea		36.56	1	

#### 400 Meter Dash Midget Boys

Name	Year Team	Seed	Finals	H#	Points	
1	Coleman, Joel	Norfolk Real	56.50	57.93	1	10
2	Simmons, Nicholas	Norfolk Real	1:00.67	1:02.23	1	8
3	Chandler, Nathan	Track Seriou		1:03.20	2	6
4	Green, Darius	Technique TC	1:05.00	1:03.90	1	5
5	Flemings, Derrian	Technique TC	1:04.00	1:05.25	1	4
6	Peters, Andrew	Norfolk Real	1:05.00	1:05.94	1	3
7	Harris, Russell	Richmond Lig	1:18.00	1:06.59	4	1.5
7	Weary, Torie	Speed City C	1:11.00	1:06.59	4	1.5

9	Ringo, Evan	Indian River		1:07.10	2
10	Shufford, Tevon	Technique TC	1:06.00	1:08.11	1
11	Puckett, Jason	Richmond Lig	1:17.00	1:08.45	4
12	Abdullah, Khalid	Boys And Gir		1:08.85	3
13	Crawley, Jerrod	Henrico Pace	1:12.00	1:09.75	4
14	Wintjen, Kyle	East End Fly	1:14.64	1:12.22	4
15	Hairston, Nicholas	Boys And Gir		1:12.29	3
16	Soloman, Thomas	Hampton Blaz		1:13.31	3
17	Moses, Shaquille	Boys And Gir		1:14.87	3
18	Banks, Darius	Speed City C	1:09.00	1:15.29	1
19	Allison, Gary	Faith In Act	1:20.00	1:20.04	2
20	Stills, Desmond	Lazers TC	1:20.00	1:21.16	2
21	Hoback, Hale	Richmond Lig	1:19.00	1:24.81	2
22	Sarter, Odell	Boys And Gir		1:27.23	3
23	Daniels, Brehon	Track Seriou		1:34.60	3

#### 800 Meter Run Midget Boys

Name	Year Team	Seed	Finals	Points
1	Brown, William	Technique TC	2:36.47	10
2	Ringo, Evan	Indian River	2:36.52	8
3	Hairston, Nicholas	Boys And Gir	2:39.80	6
4	Sarter, Odell	Boys And Gir	2:40.19	5
5	Green, Darius	Technique TC	2:48.26	4
6	Prather, Craig	Lazers TC	2:51.69	3
7	Merritt, Rashaad	Hampton City	2:58.87	2

#### 1500 Meter Run Midget Boys

Name	Year Team	Seed	Finals	Points
1	Brown, William	Technique TC	5:06.26	10
2	Goodwyn, Brandon	Central V	5:09.41	8
3	Labrie, Luke	Richmond Lig	5:43.15	6
4	Valasek, Tyler	Richmond Lig	5:44.93	5
5	Shannon, Patrick	Team Flash	5:53.63	4
6	Merritt, Rashaad	Hampton City	6:00.18	3
7	Owens, Sebastian	West End Strider	6:45.02	2

#### 1500 Meter Race Walk Midget Boys

Name	Year Team	Seed	Finals	Points
1	Neely, Jared	Technique TC	10:48.38	10
2	James, Akeme	Technique TC	11:02.12	8
3	Williams, Kelvin	Technique TC	11:40.05	6
4	Williams, Edward	Technique TC	11:41.64	5

#### 80 Meter Hurdles Midget Boys

Name	Year Team	Seed	Finals	Points
1	Simmons, Nicholas	Norfolk Real	13.11	10
2	Holstege, Elijah	Richmond Lig	16.10	8
3	Holloway, Trey	Indian River	16.16	6

#### 4x100 Meter Relay Midget Boys

Team	Seed	Finals	Points	
1	Technique TC 'A'	53.00	56.12	10
	1) Arneaud, Trevor			
	2) Flemings, Derrian			
	3) Green, Darius			
	4) Shufford, Tevon			
2	Richmond Lightning TC 'A'	1:04.00	56.99	8
	1) Alston, Skiie			
	2) Guerrier, Javon			
	3) Holstege, Elijah			
	4) Keith, Aj			
3	Boys And Girls Club Of The Vir 'A'	53.00	57.10	6
	1) Abdullah, Khalid			
	2) Johnson, Cardon			
	3) Moses, Shaquille			
	4) Turner, William			
4	Technique TC 'B'		1:02.73	5

- |                 |                     |
|-----------------|---------------------|
| 1) James, Akeme | 2) Leggett, Chet    |
| 3) Neely, Jared | 4) Williams, Edward |

4x400 Meter Relay Midget Boys

Team	Seed	Finals	Points
1 Boys And Girls Club Of The Vir 'A'	4:25.00	4:40.00	10
1) Abdullah, Khalid	2) Johnson, Cardon		
3) Moses, Shaquille	4) Turner, William		

4x800 Meter Relay Midget Boys

Team	Seed	Finals	Points
1 Technique TC 'A'		11:32.88	10
1) Brown, William	2) Leggett, Chet		
3) Neely, Jared	4)		
2 Richmond Lightning TC 'A'	11:00.00	12:04.28	8
1) Hoback, Hale	2) Labrie, Luke		
3) Puckett, Jason	4) Valasek, Tyler		

High Jump Midget Boys

Name	Year Team	Seed	Finals	Points
-- Simmons, Frank	Stallions Tr	4-06.00	NH	
-- Reuben, Keanu	VA Beach Fla		NH	
-- Smith, Paris	VA Beach Fla		NH	
-- Early, Nicolas	VA Beach Fla		NH	
-- Eddy, Joseph	East End Fly		NH	

Long Jump Midget Boys

Name	Year Team	Seed	Finals	Points
1 Coleman, Joel	Norfolk Real		18-04.25	10
2 Simmons, Nicholas	Norfolk Real		16-11.00	8
3 Keith, Aj	Richmond Lig	13-00.00	15-06.75	6
4 Holloway, Trey	Indian River		14-09.25	5
5 Addison, Christopher	N-Motion TC		14-04.25	4
6 Foster, Antonio	Norfolk Real		14-00.50	3
7 Bullard, Korey	Faith In Act	14-09.00	13-10.75	2
8 Jones, Franklin	Lazers TC	12-00.00	13-08.00	1
9 Turner, William	Boys And Gir		13-07.00	
10 Arneaud, Trevor	Technique TC		11-08.75	
11 Harrison, Darrian	Freedom Stri	10-00.00	11-08.50	
12 Stills, Desmond	Lazers TC	12-00.00	11-08.00	
13 Williams, Edward	Technique TC		11-07.00	
14 Alston, Skiie	Richmond Lig	12-00.00	11-05.25	
15 Turner, Ryan	Lazers TC	11-00.00	11-01.75	
16 Mcclellan, Brandon	N-Motion TC		10-06.75	
17 Clark, Andrew	Hotchkiss Ea		8-06.50	
18 Hoback, Hale	Richmond Lig	12-00.00	7-11.25	
19 Mallory, Timothy	Suffolk Star		7-03.50	
-- Ringo, Evan	Indian River		FOUL	
-- Wilder, Kenneth	Lazers TC	13-00.00	FOUL	

Shot Put Midget Boys

Name	Year Team	Seed	Finals	Points
1 Saunders, Gabriel	Hampton Blaz		32-06.00	10
2 Mcclellan, Brandon	N-Motion TC		29-00.50	8
3 Stills, Desmond	Lazers TC	28-00.00	26-07.50	6
4 Coles, Tykhari	Hampton Blaz		26-02.00	5
5 Prather, Craig	Lazers TC	23-00.00	25-09.75	4
6 Adams, Diashawn	Boys And Gir		25-02.00	3
7 Johnson, Kelin	Hotchkiss Ea		24-03.00	2
8 Rountree, Devante	Suffolk Star	25-00.00	23-07.00	1
9 Ross, Charles	Hotchkiss Ea		23-04.00	

10 Renfroe, Kijon	Technique TC		19-08.00
11 Hess, Eric	Richmond Lig	15-00.00	18-06.00
12 Cooke, Joshua	Freedom Stri	16-00.00	15-09.00
13 Rohatgi, Ayush	Richmond Lig	12-00.00	12-11.00
-- Hutchins, Aaron	Track Seriou		ND
-- Early, Nicolas	VA Beach Fla		ND
-- Mills, Jonathan	VA Beach Fla		ND
-- Jones, Robert	N-Motion TC		ND

#### Discus Throw Midget Boys

Name	Year Team	Seed	Finals	Points
1 Adams, Diashawn	Boys And Gir		73-08	10
2 Saunders, Gabriel	Hampton Blaz		62-08	8
3 Valasek, Tyler	Richmond Lig	29-00	56-07	6
4 Johnson, Kelin	Hotchkiss Ea		55-00	5
5 Prather, Craig	Lazers TC	48-00	53-09	4
6 Coles, Tykhari	Hampton Blaz		53-07	3
7 Rountree, Devante	Suffolk Star	51-06.75	47-05.50	2
8 Renfroe, Kijon	Technique TC		47-01	1
9 Cooke, Joshua	Freedom Stri	30-00	34-10	
-- Merritt, Rashaad	Hampton City		ND	

#### Javelin Throw 500g Midget Boys

Name	Year Team	Seed	Finals	Points
1 James, Akeme	Technique TC		45-11.50	10
2 Renfroe, Kijon	Technique TC		43-08	8
3 Coles, Tykhari	Hampton Blaz		32-04	6
4 Johnson, Kelin	Hotchkiss Ea		28-09	5

#### 100 Meter Dash Youth Boys

Name	Year Team	Seed	Finals	H#	Points
1 Blair, William	Freedom Stri	11.70	12.50	3	10
2 Saunders, Ronald	Hampton Blaz		12.54	2	8
3 Frazier, Marquis	Speed City C	12.00	12.83	3	6
4 Moody, Saquon	Indian River		12.84	1	5
5 Green, Anthony	Team Flash	13.29	13.00	4	4
6 Smith, Damian	Norfolk Real	13.01	13.04	4	3
7 Wedlock, Wardell	Norfolk Real	12.60	13.11	3	2
8 Vaughn, Darious	Indian River		13.18	2	1
9 Molloy, Kevin	Richmond Lig	12.90	13.38	4	
10 Ward, Earl	Indian River		13.68	1	
11 Scott, Tory	Central V		13.82	4	
12 Sessoms, Laquan	Technique TC		13.94	1	
13 Stokley, Tevin	Suffolk Star	13.76	14.29	4	
14 Mcneil, Tevin	Mustang Trac		14.52	1	
15 Adams, Tyler	Technique TC		14.89	1	
16 Stokes, Quashon	Hotchkiss Ea		14.95	1	
17 Sharpe, Jilil	Flying Angel		15.30	1	
18 Holstege, Erik	Richmond Lig	14.90	16.34	4	
19 Sutton, Basil	Richmond Virgini		18.17	4	

#### 200 Meter Dash Youth Boys

Name	Year Team	Seed	Finals	H#	Points
1 Marsh, Damion	Speed City C	23.50	25.38	2	10
2 Blair, William	Freedom Stri	26.50	25.76	3	8
3 Frazier, Marquis	Speed City C	24.00	26.07	2	6
4 Wedlock, Wardell	Norfolk Real	25.90	26.20	2	4.5
4 Green, Anthony	Team Flash	27.84	26.20	3	4.5
6 Saunders, Ronald	Hampton Blaz		26.21	1	3
7 Smith, Damian	Norfolk Real	25.00	26.58	2	2
8 Tate, Tony	Norfolk Real	26.65	26.66	3	1
9 Scott, Tory	Central V		27.72	1	
10 Vaughn, Darious	Indian River		27.95	1	

11 Kinslow, Ajani	Central V		28.00	2
12 Haller, Patrick	Henrico Pace	29.00	29.27	1
13 Troupe, Marcus	Lazers TC	27.90	32.05	3
13 Stokes, Quashon	Hotchkiss Ea		32.05	1
15 Holstege, Erik	Richmond Lig	29.00	32.38	1
16 Sutton, Basil	Richmond Virgini		46.32	2

400 Meter Dash Youth Boys

Name	Year Team	Seed	Finals	H#	Points
1 Redd, Andre	Unattached	51.97	52.56	1	10
2 Marsh, Damion	Speed City C	58.00	57.73	1	8
3 Saunders, Ronald	Hampton Blaz		58.87	3	6
4 Molloy, Kevin	Richmond Lig	1:00.50	59.19	4	5
5 Frazier, Marquis	Speed City C	1:00.00	59.83	4	4
6 Wedlock, Wardell	Norfolk Real	58.68	1:00.51	1	3
7 Tate, Tony	Norfolk Real	1:00.04	1:00.81	4	2
8 Lawton, Michael	Faith In Act	59.40	1:01.53	4	1
9 Smith, Damian	Norfolk Real	59.00	1:02.04	1	
10 Bateman, Jamar	Speed City C	1:01.00	1:02.61	4	
11 Riddick, Rayshad	Norfolk Real	1:03.38	1:03.60	2	
12 Williams, Erwin	Speed City C	1:02.00	1:03.94	4	
13 James, Lavonte	Technique TC	58.00	1:04.66	1	
14 Taliaferro, Brandon	Technique TC	57.00	1:04.97	1	
15 White, Denzel	Indian River		1:05.75	3	
16 Webb, Garion	Hampton Blaz		1:07.08	2	
17 Vaughn, Darios	Indian River		1:07.18	2	
18 Sessoms, Laquan	Technique TC	59.00	1:07.62	1	
19 Munroe, Paul	DelFive	1:00.00	1:08.08	4	
20 Haller, Patrick	Henrico Pace	1:06.00	1:08.67	2	
21 Dintaman, Mitchell	Richmond Lig	1:11.00	1:10.12	2	
22 Troupe, Marcus	Lazers TC	1:10.00	1:13.07	2	
23 Sharpe, Jilil	Flying Angel		1:17.11	4	

800 Meter Run Youth Boys

Name	Year Team	Seed	Finals	Points
1 Gooden, Emmanuel	Henrico Pace	2:22.00	2:26.08	10
2 Riddick, Rayshad	Norfolk Real	2:38.53	2:35.30	8
3 White, Denzel	Indian River		2:43.35	6
4 Munroe, Paul	DelFive	2:30.00	2:50.96	5
5 Haller, Patrick	Henrico Pace	2:35.00	2:52.34	4
6 Williams, Erwin	Speed City C	2:30.00	3:05.72	3

1500 Meter Run Youth Boys

Name	Year Team	Seed	Finals	Points
1 Jacobs, Kyle	Norfolk Real	4:50.00	4:53.42	10
2 Gooden, Emmanuel	Henrico Pace	5:00.00	4:59.77	8
3 Girona, Miguel	East End Fly	5:03.81	5:22.70	6

3000 Meter Run Youth Boys

Name	Year Team	Seed	Finals	Points
1 Jacobs, Kyle	Norfolk Real		10:18.22	10
2 Gooden, Emmanuel	Henrico Pace		10:55.26	8
3 Girona, Miguel	East End Fly		11:51.64	6

100 Meter Hurdles Youth Boys

Name	Year Team	Seed	Finals	H#	Points
1 Moody, Saquon	Indian River		14.68	1	10
2 Demiel, Jaquan	Suffolk Star		15.11	2	8
3 Mcdowell, Dexter	Suffolk Star		15.66	1	6
4 Smith, Darryl	Norfolk Real		16.97	2	5
5 Holstege, Erik	Richmond Lig		20.74	1	4

6 Sharpe, Jilil	Flying Angel	20.75	1	3
7 Dintaman, Mitchell	Richmond Lig	20.86	1	2
8 Whitman, Kyle	Richmond Lig	26.78	2	1

#### 4x100 Meter Relay Youth Boys

Team	Seed	Finals	Points
1 Suffolk Stars 'A'	48.00	51.20	10
1) Boone, Kevin		2) Demiel, Jaquan	
3) Mcdowell, Dexter		4) Stokley, Tevin	
2 Technique TC 'A'	50.00	54.52	8
1) James, Lavonte		2) Matthews, Aaron	
3) Sessoms, Laquan		4) Taliaferro, Brandon	

#### 4x400 Meter Relay Youth Boys

Team	Seed	Finals	Points
1 Speed City Chargers TC 'A'	4:05.00	4:29.00	10
1) Bateman, Jamar		2) Frazier, Marquis	
3) Marsh, Damion		4) Williams, Erwin	

#### High Jump Youth Boys

Name	Year Team	Seed	Finals	Points
1 Moody, Saquon	Indian River		5-06.00	10
2 Ruffin, Ocie	Suffolk Star	4-06.00	5-00.00	7
2 Smith, Jeronimo	Norfolk Real	5-00.00	5-00.00	7
4 Dintaman, Mitchell	Richmond Lig	4-06.00	4-06.00	5
5 Mcdowell, Dexter	Suffolk Star	4-08.00	4-04.00	4
6 Girona, Miguel	East End Fly		4-02.00	3
-- Mccloud, Marlon	Suffolk Star	4-06.00	NH	
-- Newton, Nicholas	Suffolk Star	4-06.00	NH	

#### Long Jump Youth Boys

Name	Year Team	Seed	Finals	Points
1 Moody, Saquon	Indian River		18-00.25	10
2 Demiel, Jaquan	Suffolk Star	17-00.00	17-08.00	8
3 Lawton, Michael	Faith In Act	16-08.00	16-11.00	6
4 Frazier, Marquis	Speed City C		16-05.00	5
5 Blair, William	Freedom Stri	17-06.00	16-04.50	4
6 Boone, Kevin	Suffolk Star	14-00.00	16-04.00	3
7 Wedlock, Wardell	Norfolk Real	16-08.00	16-01.50	2
8 Smith, Damian	Norfolk Real	15-01.00	15-07.00	1
9 Scott, Tory	Central V		15-04.00	
10 Vaughn, Darius	Indian River		14-00.50	
11 Ward, Earl	Indian River		13-07.50	
12 Tate, Tony	Norfolk Real	15-06.00	13-05.00	
12 Mcneil, Tevin	Mustang Trac	15-00.00	13-05.00	
14 Riddick, Rayshad	Norfolk Real	15-00.00	13-04.75	
15 Adams, Tyler	Technique TC		13-04.00	
16 Troupe, Marcus	Lazers TC	13-00.00	13-00.75	
17 Holstege, Erik	Richmond Lig	14-00.00	12-04.00	
18 Whitman, Kyle	Richmond Lig	12-00.00	11-02.00	
-- Green, Anthony	Team Flash	17-08.00	FOUL	

#### Triple Jump Youth Boys

Name	Year Team	Seed	Finals	Points
1 Smith, Jeronimo	Norfolk Real		31-10.50	10
2 Scott, Tory	Central V		26-07.25	8

#### Shot Put Youth Boys

Name	Year Team	Seed	Finals	Points
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1	Lloyd, Nathaniel	Faith In Act	37-00.00	38-10.00	10
2	Mertz, Ed	Richmond Lig		34-08.50	8
3	Thompson, Clifton	DelFive	40-00.00	33-00.00	6
4	Bateman, Jamar	Speed City C	35-00.00	29-02.00	5
5	Webb, Garion	Hampton Blaz		28-07.00	4
6	Munroe, Paul	DelFive	29-00.00	27-03.00	3
7	Stokes, Quashon	Hotchkiss Ea		26-07.50	2
8	Wells, Aaron	Richmond Lig	17-00.00	22-10.00	1
9	Spencer, Devin	Technique TC		22-06.00	
10	Gath, Joey	Richmond Lig	13-00.00	16-04.00	
--	Hutchins, Adam	Track Seriou		ND	
--	Hollis, Terrence	Flying Angel		ND	
--	Mcdowell, Alex	Suffolk Star	25-00.00	ND	
--	Joe, Antonio	Suffolk Star		ND	

#### Discus Throw Youth Boys

Name	Year Team	Seed	Finals	Points	
1	Lloyd, Nathaniel	Faith In Act	105-00	101-05	10
2	Thompson, Clifton	DelFive	102-00	99-09	8
3	Bateman, Jamar	Speed City C	105-00	97-08	6
4	Munroe, Paul	DelFive	87-00	77-06	5
5	Molloy, Kevin	Richmond Lig	30-00	73-11.50	4
6	Stokes, Quashon	Hotchkiss Ea		71-10.50	3
7	Mertz, Alex	Richmond Lig	30-00	68-06.50	2
8	Webb, Garion	Hampton Blaz		68-02	1
9	Wells, Aaron	Richmond Lig	34-00	57-00	
10	Gath, Joey	Richmond Lig	28-00	56-04.75	
11	Spencer, Devin	Technique TC		47-08	
--	Joe, Antonio	Suffolk Star		ND	
--	Mcdowell, Alex	Suffolk Star	50-00	ND	
--	Hollis, Terrence	Flying Angel		ND	

#### 100 Meter Dash Intermediate Boys

Name	Year Team	Seed	Finals	H#	Points
1	Hollis, Dahji	Flying Angel	12.17	1	10
2	Poole, Taylor	Technique TC	11.00	12.31	1 8
3	Kearse, Anthony	Richmond Virgini		12.36	2 6
4	House, Earl	Technique TC	11.00	12.44	1 5
5	Pennyfeather, Gamal	Technique TC	11.20	12.57	1 4
6	Blake, Ricky	Lazers TC	12.21	12.72	2 3
7	Goemann, Ethan	Richmond Lig	12.10	13.10	2 2

#### 400 Meter Dash Intermediate Boys

Name	Year Team	Seed	Finals	H#	Points
1	Pittman, Leland	Philbins Eli	54.34	53.14	1 10
2	Roberts, Quevaughn	Hampton Blaz		54.93	2 8
3	Williams, Darius	Speed City C	57.00	55.34	1 6
4	Powell, Carter	VA Beach Fla		57.31	2 5
5	Pennyfeather, Gamal	Technique TC	54.00	58.10	1 4
6	Wilkins, Markell	Technique TC	55.00	58.61	1 3
7	Black, Tim	Richmond Lig	1:04.00	1:05.16	1 2

#### 200 Meter Run Intermediate Boys

Name	Year Team	Seed	Finals	Points	
1	Simmons, Antionio	VA Beach Fla	22.40	24.36	10
2	Kearse, Anthony	Richmond Virgini		24.40	8
3	Blake, Ricky	Lazers TC	25.00	25.09	6
4	Williams, Darius	Speed City C	24.00	25.37	5

#### 800 Meter Run Intermediate Boys

Name	Year Team	Seed	Finals	Points
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1	Harrison, Devinn	Freedom Stri	2:15.00	2:17.29	10
2	Strodger, Melvin	Richmond Virgini		2:18.41	8
3	Williams, Darius	Speed City C	2:30.00	2:25.21	6
4	Black, Tim	Richmond Lig	2:39.00	2:38.45	5

1500 Meter Run Intermediate Boys

Name	Year Team	Seed	Finals	Points	
1	Flemings, Antany	Technique TC	5:01.55	10	
2	Harrison, Devinn	Freedom Stri	4:59.00	8	
3	Miller, Nick	Richmond Lig	4:52.00	6	
4	Pennyfeather, Gamal	Technique TC	5:12.11	5	
5	Newman, Ben	Richmond Lig	5:31.00	5:32.41	4

3000 Meter Run Intermediate Boys

Name	Year Team	Seed	Finals	Points
1	Miller, Nick	Richmond Lig	10:24.72	10

110 Yard Hurdles Intermediate Boys

Name	Year Team	Seed	Finals	Points	
1	Newman, Ben	Richmond Lig	19.00	23.83	10

4x100 Meter Relay Intermediate Boys

Team	Seed	Finals	Points
1 VA Beach Flames TC 'A'	44.10	47.10	10
1) Dozier, Dshawn			
2) Freeze, Julius			
3) Simmons, Antionio			
4) Young, Patrick			

High Jump Intermediate Boys

Name	Year Team	Seed	Finals	Points
1	Coney, Denzel	East End Fly	5-04.00	10
2	Blake, Ricky	Lazers TC	5-02.00	8

Triple Jump Intermediate Boys

Name	Year Team	Seed	Finals	Points
1	Blake, Ricky	Lazers TC	37-07.25	10

Shot Put Intermediate Boys

Name	Year Team	Seed	Finals	Points
1	Coney, Denzel	East End Fly	33-03.00	10
2	Bates, Bryant	Technique TC	33-02.00	8
3	Miller, Nick	Richmond Lig	27-06.50	6
4	Caffery, Robert	Hampton Blaz	27-06.00	5
--	Hollis, Dahji	Flying Angel	ND	
--	Davis, Sheldon	Technique TC	ND	
--	Desper, Mark	Technique TC	ND	

Discus Throw Intermediate Boys

Name	Year Team	Seed	Finals	Points
1	Coney, Denzel	East End Fly	90-10	10
2	Bates, Bryant	Technique TC	77-08	8
3	Caffery, Robert	Hampton Blaz	37-04	6
--	Desper, Mark	Technique TC	ND	
--	Hollis, Dahji	Flying Angel	ND	
--	Davis, Sheldon	Technique TC	ND	

Women - Sub Bantam - Team Rankings - 6 Events Scored

1) Technique TC	52	2) Track Serious T F Club	25
3) Suffolk Stars	24	4) Norfolk Real Deal	16
5) Hampton Blazers TC	15	6) Richmond Lightning TC	10
7) Henrico Pacers TC	6	7) West End Striders	6
9) Boys And Girls Club Of The	5	10) INDIAN RIVER SPEED T F CL	4
11) Flying Angels Track Field	1		

Women - Bantam - Team Rankings - 11 Events Scored

1) East End Flyers TC	72.50	2) Norfolk Real Deal	50
3) Richmond Lightning TC	48	4) Lazers TC	43
5) Henrico Pacers TC	29	6) Suffolk Stars	26.50
7) Speed City Chargers TC	21	8) INDIAN RIVER SPEED T F CL	17
9) West End Striders	13	10) N-Motion TC	10
11) Hotchkiss Eagles	9	12) Faith In Action Ministry	8

Women - Midget - Team Rankings - 14 Events Scored

1) Norfolk Real Deal	83	2) Technique TC	69
3) Richmond Lightning TC	57	4) Hampton Blazers TC	41
5) Track Serious T F Club	31	6) N-Motion TC	22
7) INDIAN RIVER SPEED T F CLU	21	8) Team Flash	18
9) Suffolk Stars	14	9) East End Flyers TC	14
11) West End Striders	12	12) Hampton City Elite	10
13) Boys And Girls Club Of The	8	13) DelFive	8
15) Freedom Striders TC	6	16) Speed City Chargers TC	4
17) VA BEACH FLAMES TC	2		

Women - Youth - Team Rankings - 13 Events Scored

1) Richmond Lightning TC	89	2) Track Serious T F Club	59
3) Norfolk Real Deal	55	4) Central VAT&F	37
5) Hotchkiss Eagles	32	6) East End Flyers TC	31
6) Technique TC	31	8) Suffolk Stars	29
9) PHASE II	12	10) Lazers TC	11
11) Hampton City Elite	8	12) Faith In Action Ministry	6
12) N-Motion TC	6	14) DelFive	3
15) INDIAN RIVER SPEED T F CLU	2.50	16) Mustang Track Team	1.50

Women - Intermediate - Team Rankings - 9 Events Scored

1) Flying Angels Track Field	62	2) Hampton Blazers TC	36
3) Track Serious T F Club	30	4) N-Motion TC	23
5) Mustang Track Team	20	6) East End Flyers TC	19
7) Norfolk Real Deal	18	8) Richmond Lightning TC	10
9) Hampton City Elite	8	9) Faith In Action Ministry	8
11) PHASE II	4		

Men - Sub Bantam - Team Rankings - 5 Events Scored

1) Lazers TC	29	2) DelFive	22
2) Boys And Girls Club Of The	22	4) Technique TC	16
5) Henrico Pacers TC	14	6) INDIAN RIVER SPEED T F CL	11
6) Faith In Action Ministry	11	8) Team Flash	9
9) Norfolk Real Deal	5	9) Track Serious T F Club	5
11) N-Motion TC	4	12) Freedom Striders TC	2
13) Suffolk Stars	1	13) East End Flyers TC	1

Men - Bantam - Team Rankings - 12 Events Scored

1) Richmond Lightning TC	48	2) Lazers TC	47
3) Technique TC	42	4) Henrico Pacers TC	29
5) Faith In Action Ministry	25	6) Norfolk Real Deal	24
7) INDIAN RIVER SPEED T F CLU	21	8) Boys And Girls Club Of Th	18
9) East End Flyers TC	17	10) Central VAT&F	14
10) DelFive	14	12) Hotchkiss Eagles	13
13) Track Serious T F Club	11	14) Freedom Striders TC	10
15) Flying Angels Track Field	9	16) Team Flash	4
16) VA BEACH FLAMES TC	4		

Men - Midget - Team Rankings - 15 Events Scored

1) Technique TC	107	2) Norfolk Real Deal	80
3) Richmond Lightning TC	56.50	4) Boys And Girls Club Of Th	40
5) Hampton Blazers TC	32	6) INDIAN RIVER SPEED T F CL	24
6) Track Serious T F Club	24	8) Lazars TC	18
9) Hotchkiss Eagles	14	10) N-Motion TC	12
11) Faith In Action Ministry	11	12) Central VAT&F	8
13) Hampton City Elite	5	14) Speed City Chargers TC	4.50
15) VA BEACH FLAMES TC	4	15) Team Flash	4
17) Suffolk Stars	3	18) West End Striders	2

Men - Youth - Team Rankings - 14 Events Scored

1) Norfolk Real Deal	70.50	2) Speed City Chargers TC	63
3) Suffolk Stars	46	4) INDIAN RIVER SPEED T F CL	42
5) Richmond Lightning TC	32	6) Henrico Pacers TC	30
7) DelFive	27	7) Faith In Action Ministry	27
9) Hampton Blazers TC	22	9) Freedom Striders TC	22
11) East End Flyers TC	15	12) Team Flash	8.50
13) Technique TC	8	13) Central VAT&F	8
15) Hotchkiss Eagles	5	16) Flying Angels Track Field	3

Men - Intermediate - Team Rankings - 12 Events Scored

1) Technique TC	55	2) Richmond Lightning TC	45
3) East End Flyers TC	30	4) Lazars TC	27
5) VA BEACH FLAMES TC	25	6) Richmond Virginia Comets	22
7) Hampton Blazers TC	19	8) Freedom Striders TC	18
9) Speed City Chargers TC	17	10) Flying Angels Track Field	10
10) Philbins Elite Track Progr	10		