

9TH Atlantic Coast Invitational - 6/23/2007

Lakeland High School Stadium

Suffolk, VA

Results

Event 1 Long Jump Sub-Bantam Girls

Name	Age	Team	Seed	Finals	Points
1 Williams, Victoria	8	Track Serious TF Club		10-08.25	10
2 Ackerson, Skylar	8	Central VA Track Field Club	10-00.00	8-11.25	8
3 Cobbin, Tatyana	8	Norfolk Real Deal TC	10-00.00	8-10.50	6
4 Dawson, Princess	8	Indian River Speed		7-07.50	5
5 Goodman, Raven	8	Suffolk Stars	9-00.00	7-06.50	4
6 Banks, Alexis	6	Churchland Trailblazers		7-04.75	3
7 Blair, Nayla	5	Speed Inc	7-00.00	7-04.50	2
8 Sterling, Jazzmine	7	Inside Track		7-04.00	1
9 Parker, Ariel	8	Suffolk Stars		7-02.00	
10 Edlow, Zaria	7	Speed Inc	6-00.00	7-01.25	
11 Brown, Neecole	6	Suffolk Stars	8-00.00	6-09.75	
12 Morris, Kamryn	8	Norfolk Extremes TC		6-01.75	
13 Blair, Jayla	7	Speed Inc	7-00.00	5-11.00	

Event 2 Long Jump Sub-Bantam Boys

Name	Age	Team	Seed	Finals	Points
1 Rucker, Jabari	8	Richmond Heat Track Sports		11-03.00	10
2 Coddington, Alwin	8	East New York Impalas	8-11.00	10-10.00	8
3 Crowell, Ricky	8	Speed Inc	10-00.00	10-06.50	6
4 Blair, Allen	8	Speed Inc	10-02.00	10-03.50	5
5 Love, Joshua	8	Suffolk Stars	10-07.00	9-11.25	4
6 Marrero, Nazir	8	Churchland Trailblazers	9-10.50	9-07.00	3
7 Boyd, Jaewan	7	Richmond Virginia Comets	12-00.00	9-01.50	2
8 Brown, Barry	7	Fia Ambassadors	9-10.00	8-00.00	1
9 Lawton, Matthew	7	Fia Ambassadors	7-09.00	7-04.00	
10 Orr, Jason	8	Churchland Trailblazers	7-01.00	6-06.00	
11 Seymore, Vincent	8	Indian River Speed		6-02.75	
12 Ferguson, Duron	6	Richmond Virginia Comets	8-00.00	6-01.00	
13 Gibson, Seth	6	Norfolk Real Deal TC		6-00.50	
14 Dubois, Christian	6	Churchland Trailblazers	6-05.00	6-00.25	
15 Boyd, Jaques	6	Richmond Virginia Comets	9-00.00	5-05.50	
16 Armstead, Kenan	6	Churchland Trailblazers	7-00.00	4-11.75	
17 Harrison, Daniel	6	Lazers TC		4-09.00	
18 Jones, Jordan	7	Richmond Virginia Comets		4-02.75	

Event 3 Long Jump Bantam Girls

Name	Age	Team	Seed	Finals	Points
1 Patterson, Desiree	10	Suffolk Stars	11-00.00	11-07.50	10
2 Leonard, Jaelan	9	Norfolk Real Deal TC	9-00.00	11-07.00	8
3 Rountree, Kiera	9	Suffolk Stars	12-00.00	11-02.50	6
4 Roe, Lachyna	10	Richmond Heat Track Sports	11-00.00	11-00.00	5
5 Morris, Sidra	10	Central VA Track Field Club	11-00.00	10-11.00	4
6 Haynesworth, Leila	9	Richmond Heat Track Sports	12-09.00	10-05.00	3
7 Davis, Sydney	10	Norfolk Real Deal TC	11-00.00	10-03.25	2
8 Goodhope, Danyael	9	Fia Ambassadors		9-10.00	1
9 Rountree, Tori	10	Suffolk Stars	10-00.00	9-06.50	
10 Harrison, Danaria	9	Speed Inc	10-05.00	9-05.00	
11 Norrell, Jessika	10	Richmond Heat Track Sports	11-06.00	8-10.50	

(Event 3 Long Jump Bantam Girls)

Name	Age	Team	Seed	Finals	Points
12 Council, Jacquazja	9	Suffolk Stars	10-00.00	8-09.00	
13 Knight, Vierra	9	Suffolk Stars	10-05.00	8-07.00	

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14	Jones, Mia	10	Suffolk Stars	10-00.00	8-02.00
15	Gilchrist, Mikayla	9	Suffolk Stars	10-00.00	7-11.50
16	Hinton, Joyner	9	Track Serious TF Club	9-06.00	7-10.25
17	Jacobs, Erica	9	Track Serious TF Club	9-05.50	7-06.50
18	Ferebee, Laneaa	9	Churchland Trailblazers		7-01.50

Event 4 Long Jump Bantam Boys

Name	Age	Team	Seed	Finals	Points	
1	Nipper, Devyn	10	Norfolk Real Deal TC	9-00.00	12-06.50	10
2	Crudup, Christopher	9	Fia Ambassadors	11-11.00	12-03.00	8
3	Pressley, Tyese	10	Lazers TC	12-00.00	12-02.50	6
4	Stills, Joshua	9	Lazers TC	12-08.00	12-00.50	5
5	Faulk, Shuan	9	Lazers TC	12-08.00	11-08.50	4
6	Williams, Torrence	9	Churchland Trailblazers		11-01.75	3
7	Stokley, Jordan	10	Suffolk Stars	12-00.00	11-01.25	2
8	Moten, Julius	10	Central VA Track Field Club	11-00.00	11-01.00	1
9	Harris, Micaiah	9	Norfolk Real Deal TC	9-00.00	10-11.50	
10	Davis, Kevin	10	Lazers TC		10-11.00	
11	Thompson, Jeremiah	10	Central VA Track Field Club	12-00.00	10-08.50	
12	Covington, Joshua	10	Suffolk Stars	13-00.00	9-10.00	
13	Owens, Malik	10	N-Motion TC	11-04.50	9-09.25	
14	Jackson, Travon	10	Churchland Trailblazers		9-09.00	
15	Wright, Jared	9	Inside Track		9-07.50	
16	Gibson, Karl	9	Norfolk Real Deal TC	9-00.00	9-03.50	
17	Gibson, Rashad	9	Fia Ambassadors	10-00.00	9-00.75	

Event 5 Long Jump Midget Girls

Name	Age	Team	Seed	Finals	Points	
1	Taliaferro, Briana	11	Norfolk Real Deal TC	13-00.00	14-10.50	10
2	Wright, Chelsea	12	Norfolk Real Deal TC	15-00.00	13-09.50	8
3	Thomas, Jayme	12	Hampton Blazers TC		13-01.50	6
4	Hanks, Micah	11	Speed Inc	13-00.00	12-10.00	5
5	Parks, Milan	11	East End Flyers TC	14-10.00	12-09.50	4
6	Brown, Taylor	11	Fia Ambassadors		11-10.50	3
7	Gould, Octavia	12	Suffolk Stars	13-00.00	11-10.00	2
8	Williams, Breanna	12	Norfolk Extremes TC	12-08.00	11-00.50	1

Event 6 Long Jump Midget Boys

Name	Age	Team	Seed	Finals	Points	
1	Warren, John	11	Central VA Track Field Club	16-10.00	14-09.00	10
2	Lawton, Myles	11	Fia Ambassadors	11-00.00	14-00.25	8
3	Samuels, Tyler	11	Fia Ambassadors		12-09.75	6
4	Little, Juan	11	Norfolk Real Deal TC	12-00.00	12-03.75	5
5	Addison, Brandon	12	Churchland Trailblazers	13-00.00	12-02.50	4
6	Demiel, Deonte	11	Suffolk Stars	13-00.00	11-11.25	3
7	Rountree, Gregory	11	Suffolk Stars	11-00.00	11-11.00	2
8	Hopkins, Colin	11	Virginia Beach Pathfinders TC	11-05.00	11-09.00	1

(Event 6 Long Jump Midget Boys)

Name	Age	Team	Seed	Finals	Points	
9	Ellis, Ashton	11	East End Flyers TC	13-11.00	11-08.00	
10	Boyd, Juwan	12	Richmond Virginia Comets	13-00.00	11-05.00	
11	Brown, Benjamin	11	Richmond Heat Track Sports	11-05.00	10-06.75	
12	Geisman, John	11	East End Flyers TC	12-02.00	10-02.25	
13	Harrison, Joel	11	Lazers TC		10-00.50	
14	King, Michael	11	Suffolk Stars	15-00.00	9-08.75	

Event 7 Shot Put Bantam Girls

Name	Age	Team	Seed	Finals	Points
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1	Keith, Asia	9	Richmond Heat Track Sports		19-08.50	10
2	Chandler, Aliyah	10	Track Serious TF Club	16-03.00	17-06.00	8
3	Stukes, Brittney	10	Churchland Trailblazers		16-00.50	6
4	Scott, Tyara	9	Richmond Heat Track Sports		15-08.50	5
5	Ferebee, Laneaa	9	Churchland Trailblazers		14-03.00	4
6	Staton, Ashlee	9	Hampton Blazers TC		13-02.50	3
7	Burton, Milan	9	Richmond Heat Track Sports		12-09.50	2
8	Moten, Kayla	9	Central VA Track Field Club	23-00.00	12-06.00	1
9	Smith, Shanyn	9	Churchland Trailblazers		11-02.50	
10	Horry, Deajanay	9	Hampton Blazers TC		10-05.50	

Event 8 Shot Put Bantam Boys

Name	Age	Team	Seed	Finals	Points	
1	Williams, Anthony	9	Track Serious TF Club	25-00.00	24-05.00	10
2	Thompson, Jeremiah	10	Central VA Track Field Club	24-00.00	21-08.50	8
3	Owens, Malik	10	N-Motion TC	17-03.50	21-02.00	6
4	Ward, Duwaun	10	Churchland Trailblazers		18-09.50	5
5	Lloyd, Isaiah	10	Fia Ambassadors	18-00.00	16-04.50	4
6	Stills, Joseph	9	Lazers TC	14-03.00	15-02.00	3
7	Mackson-Powell, Saikquan	9	Churchland Trailblazers		14-03.00	2
8	Lyles, Christopher	9	Lazers TC	12-11.00	14-01.50	1
9	Gibson, Tyree	9	Fia Ambassadors	14-00.00	12-08.00	

Event 9 Shot Put Midget Girls

Name	Age	Team	Seed	Finals	Points	
1	Washington, Aliyah	12	Hampton Blazers TC		26-04.00	10
2	Mcclellan, Alexis	11	N-Motion TC	23-09.00	24-08.50	8
3	Lyons, Brayannah	12	Churchland Trailblazers		21-11.25	6
4	Ellis, Hyleah	12	East End Flyers TC	23-05.50	21-06.00	5
5	Glenn, Kyra	11	Track Serious TF Club	18-05.75	20-00.00	4
6	King, Breyahna	12	Suffolk Stars	20-00.00	19-00.00	3
7	Brown, Tijae	11	East End Flyers TC	15-07.00	17-03.00	2
8	Johnson, Mckenzie	11	East End Flyers TC	12-05.00	13-08.00	1

Event 10 Shot Put Midget Boys

Name	Age	Team	Seed	Finals	Points	
1	Neeley-Williams, Walter	11	Churchland Trailblazers		34-09.50	10
2	Brown, Robert	12	Richmond Heat Track Sports		26-09.00	8
3	Culberson, Joshua	11	Churchland Trailblazers		24-10.00	6
4	Morris, George	11	Norfolk Extremes TC	24-01.00	24-07.00	5
5	Payne, Dominic	11	Norfolk Real Deal TC	22-05.00	22-08.00	4

(Event 10 Shot Put Midget Boys)

Name	Age	Team	Seed	Finals	Points	
6	Trotter, Jamel	12	Churchland Trailblazers		22-06.00	3
7	Kuhfahl, Brandon	12	Richmond Heat Track Sports		21-05.50	2
8	Harris, Devontay	11	Track Serious TF Club	15-02.25	16-06.00	1

Event 11 Shot Put Youth Girls

Name	Age	Team	Seed	Finals	Points	
1	Callicutt, Catherine	14	Central VA Track Field Club	34-00.00	30-00.00	10
2	Bell, Cameron	13	East End Flyers TC	26-02.25	24-04.00	8
3	Knight, Zieeca	13	Suffolk Stars	20-00.00	21-07.00	6
4	Lamb, Keristan	14	Churchland Trailblazers		20-06.00	5
5	Johnson, Morgan	13	East End Flyers TC	19-00.75	19-00.50	4

Event 12 Shot Put Youth Boys

Name	Age	Team	Seed	Finals	Points
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1	Lloyd, Nathaniel	14	Fia Ambassadors	41-00.00	42-01.00	10
2	Thompson, Clifton	14	Central VA Track Field Club	43-10.00	42-00.50	8
3	Webb, Garion	14	Hampton Blazers TC		40-04.00	6
4	Hutchins, Aaron	13	Track Serious TF Club	33-08.75	35-09.00	5
5	Riddick, Rayshad	14	Norfolk Real Deal TC	29-00.00	31-00.00	4
6	Mcclellan, Brandon	13	N-Motion TC	31-04.75	J31-00.00	3
7	Staton, Richie	13	Hampton Blazers TC		29-06.00	2
8	Gidden, Mario	14	Track Serious TF Club		28-08.00	1
9	Stills, Desmond	13	Lazers TC	27-07.00	28-03.00	
10	Wilkins, Blake	14	N-Motion TC	22-10.50	26-02.00	
11	Miles, Alton	13	Norfolk Real Deal TC	21-00.00	24-06.00	
12	Rountree, Devante	13	Suffolk Stars	25-00.00	23-06.50	

Event 13 Discus Throw Intermediate Girls

Name	Age	Team	Seed	Finals	Points
1 Williams, Jessica	16	Suffolk Stars	125-00	122-07	10
2 Cobb, Sydni	16	Western Branch TC	85-00	91-07	8
3 Williams, Jaleesa	16	Suffolk Stars	95-00	81-05	6
4 James, Kelly	16	Speed Inc	83-00	79-07	5
5 Henry, Ashley	16	Suffolk Stars	70-00	68-05	4

Event 14 Discus Throw Intermediate Boys

Name	Age	Team	Seed	Finals	Points
1 Butler, David	15	Track Serious TF Club		86-06	10
2 Grant, Curtis	15	Richmond Heat Track Sports		85-09	8
3 Robinson, Giovanni	15	Hampton Blazers TC		80-05	6
4 Hutchins, Adam	15	Track Serious TF Club	79-05	78-07	5
5 Edmond, Jeremy	16	Churchland Trailblazers		74-10	4
6 Powell, Xavier	16	Churchland Trailblazers		49-06	3

Event 15 Discus Throw Young Girls

Name	Age	Team	Seed	Finals	Points
1 Vanstory, Jasmine	17	Central VA Track Field Club	109-03	88-01	10
2 Lewis, Chelsea	17	Speed Inc	74-00	77-09	8
3 Pinckney, Destiny	17	Richmond Virginia Comets	88-00	76-09	6
4 Thompson, Rachel	17	Fia Ambassadors	71-00	72-01	5

(Event 15 Discus Throw Young Girls)

Name	Age	Team	Seed	Finals	Points
5 Goins, Shemika	17	Richmond Heat Track Sports		66-00	4

Event 16 Discus Throw Young Boys

Name	Age	Team	Seed	Finals	Points
1 Richardson, Kendrick	18	Central VA Track Field Club	149-10	148-08	10
2 Coney, Denzel	17	East End Flyers TC	135-00	92-02	8
3 Walker, Anthony	17	Lazers TC	90-00	81-09	6

Event 17 Long Jump Youth Girls

Name	Age	Team	Seed	Finals	Points
1 Saunders, Shakeela	14	Speed Factory TC	17-09.00	16-11.00	10
2 Harper, Amani	14	Norfolk Real Deal TC	16-00.00	16-03.00	8
3 Ellick, Tiffany	13	Norfolk Real Deal TC	18-00.00	16-01.50	6
4 Wyche, Debresha	14	Central VA Track Field Club		13-11.00	5
5 Thompson, Diyea	13	Central VA Track Field Club	15-00.00	13-09.00	4
6 Burney, Kimani	13	Speed Inc	13-09.50	13-07.50	3
7 Coney, Jayisha	14	East End Flyers TC	15-08.00	13-04.50	2
8 Collins, Alicia	13	Norfolk Real Deal TC		13-04.00	1
9 Dubois, Breanna	13	Churchland Trailblazers		12-11.50	

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10	Cox, Charisa	14	Richmond Virginia Comets	13-00.00	12-10.50
11	Roberts, Chantel	13	Suffolk Stars	13-00.00	12-00.50
12	Thomas, Sade	13	East New York Impalas	14-00.00	11-10.00
13	Whitney, Ciara	13	N-Motion TC	14-00.00	9-08.50

Event 18 Long Jump Youth Boys

Name	Age	Team	Seed	Finals	Points	
1	Lawton, Michael	14	Fia Ambassadors	20-08.00	19-00.50	10
2	Dubois, Benjamin	14	Churchland Trailblazers	16-10.50	18-02.25	8
3	Bullard, Korey	13	Fia Ambassadors	15-10.00	16-04.50	6
4	Reid, Malcom	14	Indian River Speed		15-03.00	5
5	Glenn, Kahana	14	Track Serious TF Club	16-00.00	14-07.50	4
6	Washington, Justin	14	Virginia Beach Pathfinders TC	14-00.00	14-02.50	3
7	Daniels, Brehon	13	Track Serious TF Club	14-00.00	13-07.50	2
8	Pierce, Clifton	13	N-Motion TC	12-08.50	12-02.00	1

Event 19 Long Jump Intermediate Girls

Name	Age	Team	Seed	Finals	Points	
1	Harris, Tiffany	16	Norfolk Real Deal TC	18-00.00	18-01.25	10
2	Butler, Emily	16	Track Serious TF Club	17-00.00	17-05.25	8
3	Richardson, Jasia	16	Central VA Track Field Club		17-03.50	6
4	Porter, Johniqua	16	Suffolk Stars	15-00.00	15-08.00	5
5	Geisman, Caitlyn	16	East End Flyers TC	16-11.00	15-06.00	4
6	Hardgrove, Naomi	16	Central VA Track Field Club	17-05.00	15-02.50	3
7	Jemmott, Katea	15	Central VA Track Field Club	17-01.00	15-02.00	1. 50
7	Daniels, Dionna	15	Central VA Track Field Club		15-02.00	1. 50
9	Cantwell, Alexandra	16	Western Branch TC	15-00.00	14-02.00	
10	Brown, Morgan	16	Fia Ambassadors		13-10.00	
11	Davis, Felicia	16	Virginia Beach Pathfinders TC		13-04.50	
12	Glottfety, Kate	16	Central VA Track Field Club	14-08.00	12-05.25	
13	Johnson, Channetta	15	Richmond Virginia Comets	15-00.00	12-02.25	

(Event 19 Long Jump Intermediate Girls)

Name	Age	Team	Seed	Finals	Points
14	Jackson, Alexis	16	Inside Track	11-02.50	

Event 20 Long Jump Intermediate Boys

Name	Age	Team	Seed	Finals	Points	
1	Blake, Ricky	16	Beast Boyz	21-00.00	20-05.50	10
2	Thomas, Joseph	16	Richmond Virginia Comets	20-10.00	19-09.50	8
3	Sparrow, Keenan	16	Western Branch TC	21-00.00	19-08.75	6
4	Demiel, Jaquan	15	Suffolk Stars	21-00.00	19-01.00	5
5	Dillon, Bryce	16	Richmond Virginia Comets	20-10.50	18-09.50	4
6	Harris, Jameal	16	Central VA Track Field Club	19-05.00	18-07.50	3
7	Blair, William	15	Speed Inc	19-02.00	18-05.75	2
8	Riddick, Brendon	15	Richmond Heat Track Sports	20-00.00	17-04.00	1
9	Jones, Randy	16	Beast Boyz	18-00.00	16-08.75	
10	Townsend, Khiry	15	Richmond Virginia Comets	18-00.00	15-08.25	
11	Stokley, Tevin	15	Suffolk Stars	18-00.00	15-03.00	
12	Knight, Kyle	16	Speed Inc	16-00.00	12-04.00	

Event 21 Long Jump Young Girls

Name	Age	Team	Seed	Finals	Points	
1	Aghaji, Mia	18	Central VA Track Field Club	18-08.00	17-11.00	10
2	Beaty, Britney	18	Norfolk Real Deal TC		16-11.00	8
3	Phillips, Christina	17	Speed Inc	16-05.25	16-05.00	6
4	Brown, Corinna	17	Central VA Track Field Club	17-08.00	16-04.50	5
5	Patron, Trisha	17	Central VA Track Field Club	16-03.00	16-00.50	4
6	Ditto, Nicole	17	Central VA Track Field Club		14-03.00	2. 50

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6 Derricott, Alexia 17 Central VA Track Field Club 14-03.00 2. 50

Event 22 Long Jump Young Boys

Name	Age	Team	Seed	Finals	Points
1 Smith, Wesley	18	Norfolk Real Deal TC	23-05.00	23-06.50	10
2 Miller, Antonio	18	Central VA Track Field Club		20-10.50	8
3 Massenburg, Aramis	18	Central VA Track Field Club	21-11.00	20-09.50	6
4 Wallace, Brian	18	Norfolk Real Deal TC	23-00.00	20-04.50	5
5 Gains, Rueben	17	Central VA Track Field Club	19-08.00	19-08.00	4
6 Gaston, Michael	18	East End Flyers TC	21-08.00	19-07.50	3
7 Nichols, Kevin	18	Norfolk Real Deal TC	22-06.00	19-06.00	2
8 Rowe, Jerelle	18	Richmond Heat Track Sports	20-00.00	19-00.00	1
9 Walker, Anthony	17	Lazers TC	19-00.00	18-04.50	
10 Valentine, Terrell	18	Technique TC		17-06.50	
11 Vann, Troy	17	Track Serious TF Club	20-01.00	17-01.50	
12 Letterio, Richmond	17	Lions Den TC	18-00.00	14-08.50	

Event 23 Long Jump Open Women

Name	Age	Team	Seed	Finals	Points
1 Mujahid, Aishah	19	Lazers Open	19-00.00	17-03.00	10
2 Lewis, Carolyn	19	Norfolk Real Deal TC	18-00.00	17-02.50	8
3 Matthews, Ashanti	19	Lazers Open	18-00.00	17-01.00	6
4 Bennett, Donalle	19	Suffolk Stars	18-00.00	15-10.00	5

Event 24 Long Jump Open Men

Name	Age	Team	Seed	Finals	Points
1 Vinson, Corey	19	Lazers Open	24-08.00	26-02.00	10
2 Walker, Chris	19	Lazers Open	24-00.00	23-00.00	8
3 Jackson, Dawan	19	Central VA Track Field Club	23-09.00	22-10.50	6
4 Bailey, Charles	19	Central VA Track Field Club	23-06.00	22-03.00	5
5 Russell, Rueben	19	Hampton City Elite	22-00.00	21-07.00	4
6 Young, Les	19	Lazers Open	21-00.00	21-06.00	3
7 Hunt, Leon	19	Lazers Open	22-00.00	21-02.00	2
8 Shannon, Edwin	19	Lazers Open		20-05.50	1
9 Whiting, Meredith	19	Lazers Open		20-02.00	

Event 25 Shot Put Intermediate Girls

Name	Age	Team	Seed	Finals	Points
1 Williams, Jaleesa	16	Suffolk Stars	38-00.00	38-04.00	10
2 Cobb, Sydni	16	Western Branch TC	36-00.00	37-07.50	8
3 Williams, Jessica	16	Suffolk Stars	35-00.00	32-00.50	6
4 Henry, Ashley	16	Suffolk Stars	32-00.00	27-03.00	5
5 James, Kelly	16	Speed Inc	26-00.00	25-09.50	4
6 Nichols, Natasha	16	N-Motion TC	24-00.50	25-07.00	3
7 Chase, Ashley	16	Hampton Blazers TC		24-04.00	2

Event 26 Shot Put Intermediate Boys

Name	Age	Team	Seed	Finals	Points
1 Butler, David	15	Track Serious TF Club	34-09.50	37-04.00	10
2 Grant, Curtis	15	Richmond Heat Track Sports		36-00.00	8
3 Edmond, Jeremy	16	Churchland Trailblazers		31-00.00	6
4 Hutchins, Adam	15	Track Serious TF Club	30-02.00	30-00.50	5
5 Powell, Xavier	16	Churchland Trailblazers		28-00.00	4

Event 27 Shot Put Young Girls

Name	Age	Team	Seed	Finals	Points
1 Pinckney, Destiny	17	Richmond Virginia Comets	35-00.00	32-08.00	10

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2	Vanstory, Jasmine	17	Central VA Track Field Club	35-05.00	30-09.00	8
3	Lewis, Chelsea	17	Speed Inc	30-00.00	30-03.00	6
4	Thompson, Rachel	17	Fia Ambassadors	27-00.00	25-03.00	5
5	Goins, Shemika	17	Richmond Heat Track Sports		21-10.50	4

Event 28 Shot Put Young Boys

	Name	Age	Team	Seed	Finals	Points
1	Moore, Donald	17	Suffolk Stars	55-03.00	52-06.00	10
2	Richardson, Kendrick	18	Central VA Track Field Club	52-08.00	44-09.00	8

Event 29 High Jump Bantam Girls

	Name	Age	Team	Seed	Finals	Points
1	Davis, Sydney	10	Norfolk Real Deal TC	3-06.00	3-06.00	9
1	Williams, Kayla	10	East New York Impalas	3-08.00	3-06.00	9
3	Hinds, Tajae	10	East New York Impalas	3-08.00	J3-06.00	6
4	Broughton, Shayla	9	East New York Impalas	3-10.00	3-04.00	5

Event 30 High Jump Midget Girls

	Name	Age	Team	Seed	Finals	Points
1	Gould, Octavia	12	Suffolk Stars	4-00.00	4-00.00	10
2	Mansion, Mia	11	East End Flyers TC	4-02.00	3-10.00	8
3	Dunwoodie, Ricki	11	East End Flyers TC	3-08.00	3-08.00	6

Event 31 High Jump Youth Girls

	Name	Age	Team	Seed	Finals	Points
1	Harper, Amani	14	Norfolk Real Deal TC		5-00.00	10
2	Hinton, Jalen	14	Track Serious TF Club	4-08.00	4-06.00	7
2	Daniels, Brehanna	13	Track Serious TF Club	4-08.00	4-06.00	7
4	Patterson, Markelle	13	Suffolk Stars	4-08.00	4-02.00	5

Event 32 High Jump Intermediate Girls

	Name	Age	Team	Seed	Finals	Points
1	Glottety, Kate	16	Central VA Track Field Club	5-04.00	4-10.00	10
2	Myrrick, Keisha	16	Western Branch TC	4-04.00	4-06.00	8
3	Payne-Roebuck, Piarrah	15	Norfolk Real Deal TC		4-02.00	6

Event 33 High Jump Young Girls

	Name	Age	Team	Seed	Finals	Points
1	Briggs, Deshana	17	Norfolk Real Deal TC	5-08.00	5-06.00	10
2	Bryant, Charisse	17	Track Serious TF Club	5-04.00	5-04.00	8
3	Phillips, Christina	17	Speed Inc	5-04.00	5-02.00	6

Event 34 High Jump Open Women

	Name	Age	Team	Seed	Finals	Points
1	Lewis, Carolyn	19	Norfolk Real Deal TC	5-04.00	5-02.00	
2	Idilette, Lavonne	19	Lazers Open	5-08.00	J5-02.00	

Event 35 Discus Throw Midget Girls

	Name	Age	Team	Seed	Finals	Points
1	Lyons, Brayannah	12	Churchland Trailblazers		52-05	10
2	Mcclellan, Alexis	11	N-Motion TC	50-06.50	49-03	8
3	Ellis, Hyleah	12	East End Flyers TC	56-06	49-00	6
4	Brown, Tijae	11	East End Flyers TC	40-04	43-09	5
5	King, Breyahna	12	Suffolk Stars	50-00	41-03	4
6	Washington, Aliyah	12	Hampton Blazers TC		39-05	3

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7 Johnson, Mckenzie 11 East End Flyers TC 28-01 28-02 2

Event 36 Discus Throw Midget Boys

Name	Age	Team	Seed	Finals	Points
1 Neeley-Williams, Walter	11	Churchland Trailblazers		91-10	10
2 Brown, Robert	12	Richmond Heat Track Sports		75-02	8
3 Morris, George	11	Norfolk Extremes TC	65-07	65-02	6
4 Payne, Dominic	11	Norfolk Real Deal TC	57-09	61-04	5
5 Culberson, Joshua	11	Churchland Trailblazers		59-05	4
6 Trotter, Jamel	12	Churchland Trailblazers		58-06	3
7 Tennessee, Ronald	11	Indian River Speed		54-09	2
8 Kuhfahl, Brandon	12	Richmond Heat Track Sports		52-01	1
9 Geisman, John	11	East End Flyers TC	35-02	43-01	

Event 37 Discus Throw Youth Girls

Name	Age	Team	Seed	Finals	Points
1 Callicutt, Catherine	14	Central VA Track Field Club	81-00	66-03	10
2 Bell, Cameron	13	East End Flyers TC	60-06	58-00	8
3 Knight, Zieeca	13	Suffolk Stars	50-00	53-02	6
4 Johnson, Morgan	13	East End Flyers TC	45-05	46-00	5

Event 38 Discus Throw Youth Boys

Name	Age	Team	Seed	Finals	Points
1 Thompson, Clifton	14	Central VA Track Field Club	145-00	148-01	10
2 Lloyd, Nathaniel	14	Fia Ambassadors	129-00	103-01	8
3 Webb, Garion	14	Hampton Blazers TC		98-01	6
4 Hutchins, Aaron	13	Track Serious TF Club	102-08	93-02	5
5 Stills, Desmond	13	Lazers TC	87-06	85-01	4
6 Staton, Richie	13	Hampton Blazers TC		74-02	3
7 Wilkins, Blake	14	N-Motion TC	62-09.75	65-05	2
8 Miles, Alton	13	Norfolk Real Deal TC	63-00	63-06	1
9 Rountree, Devante	13	Suffolk Stars	60-00	63-02	
10 Mcclellan, Brandon	13	N-Motion TC	72-02	62-04	
11 Childs, Jordan	13	Churchland Trailblazers		62-01	
12 Wilson, Michael	14	Track Serious TF Club		53-02	

Event 39 High Jump Bantam Boys

Name	Age	Team	Seed	Finals	Points
1 Mckinley, Brandon	9	East New York Impalas	3-06.00	3-08.00	10
2 Williams, Anthony	9	Track Serious TF Club	3-04.00	3-06.00	8
3 Pruitt, Jordann	10	East End Flyers TC	4-00.00	J3-06.00	6
4 Mason, Isaiah	10	East New York Impalas	3-08.00	3-04.00	5
5 Henry, Vashon	10	East New York Impalas	3-08.00	J3-04.00	4

Event 40 High Jump Midget Boys

Name	Age	Team	Seed	Finals	Points
1 Davis, Stanley	11	Norfolk Real Deal TC	4-00.00	4-04.00	10
2 Gould, Andrew	11	Suffolk Stars	4-00.00	4-02.00	8
3 Golden, Malloy	11	East End Flyers TC	4-01.00	4-00.00	6
4 Lawrence, Justin	11	Track Serious TF Club		3-04.00	5

Event 41 High Jump Youth Boys

Name	Age	Team	Seed	Finals	Points
1 Scott, Eric	14	Indian River Speed		4-10.00	10
2 Dubois, Benjamin	14	Churchland Trailblazers		4-08.00	8
3 Childs, Jordan	13	Churchland Trailblazers		4-06.00	6
4 Roe, James	13	Richmond Heat Track Sports		J4-06.00	5

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5	Haynesworth, Donte	13	Richmond Heat Track Sports		4-04.00	4
Event 42 High Jump Intermediate Boys						
	Name	Age	Team	Seed	Finals	Points
1	Moody, Saquon	15	Indian River Speed		5-08.00	10
Event 43 High Jump Young Boys						
	Name	Age	Team	Seed	Finals	Points
1	Collins, Joe	18	East End Flyers TC	6-02.00	5-10.00	10
Event 44 High Jump Open Men						
	Name	Age	Team	Seed	Finals	Points
1	Jackson, Dawan	19	Central VA Track Field Club		6-04.00	10
2	Cooper, Algernon	19	Central VA Track Field Club	6-02.00	6-02.00	8
Event 45 Triple Jump Youth Girls						
	Name	Age	Team	Seed	Finals	Points
1	Sharp, Olivia	14	Central VA Track Field Club	33-00.00	30-00.50	10
2	Roberts, Chantel	13	Suffolk Stars	27-00.00	26-02.50	8
3	Patterson, Markelle	13	Suffolk Stars	27-00.00	24-08.50	6
Event 46 Triple Jump Youth Boys						
	Name	Age	Team	Seed	Finals	Points
1	Scott, Tory	14	Central VA Track Field Club	37-00.00	37-00.00	10
Event 47 Triple Jump Intermediate Girls						
	Name	Age	Team	Seed	Finals	Points
1	Richardson, Jasia	16	Central VA Track Field Club		39-11.25	10
2	Singleton, Raven	16	Central VA Track Field Club	35-01.00	34-03.00	8
3	Porter, Johniqua	16	Suffolk Stars	30-00.00	32-03.00	6
4	Hardgrove, Naomi	16	Central VA Track Field Club	36-07.00	30-08.75	5
5	Rolax, Candace	15	Unattached	30-06.00	30-01.50	4
6	Cantwell, Alexandra	16	Western Branch TC	30-00.00	28-09.50	3
Event 48 Triple Jump Intermediate Boys						
	Name	Age	Team	Seed	Finals	Points
1	Benitez, Wesley	16	Central VA Track Field Club	44-05.00	45-03.00	10
2	Thomas, Joseph	16	Richmond Virginia Comets	42-05.00	42-02.50	8
3	Sparrow, Keenan	16	Western Branch TC	42-00.00	41-08.50	6
4	Townsend, Khiry	15	Richmond Virginia Comets	35-10.00	37-04.50	5
5	Demiel, Jaquan	15	Suffolk Stars	38-00.00	37-04.00	4
6	Stokley, Tevin	15	Suffolk Stars	35-00.00	34-04.25	3
Event 49 Triple Jump Young Girls						
	Name	Age	Team	Seed	Finals	Points
1	Aghaji, Mia	18	Central VA Track Field Club	39-06.00	38-06.00	10
2	Brown, Corinna	17	Central VA Track Field Club	37-09.00	35-04.25	8
3	Rhoads, Elaine	18	Norfolk Real Deal TC	38-00.00	34-05.25	6
4	Jones, Quanique	17	Hampton Blazers TC		34-04.25	5
5	Beaty, Britney	18	Norfolk Real Deal TC	37-00.00	34-00.50	4
6	Phillips, Christina	17	Speed Inc	35-00.00	33-05.25	3
7	Rahim, Milika	18	Central VA Track Field Club	36-04.00	32-06.00	2
8	Ditto, Nicole	17	Central VA Track Field Club		32-02.00	1
9	Barnes, Shamika	17	East End Flyers TC	32-05.75	29-08.75	

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Event 50 Triple Jump Young Boys

Name	Age	Team	Seed	Finals	Points
1 Miller, Antonio	18	Central VA Track Field Club		45-05.75	10
2 Massenbourg, Aramis	18	Central VA Track Field Club	45-03.00	41-10.25	8
3 Frierson, Khairi	17	Virginia Beach Pathfinders TC		35-08.50	6
4 Bundy, Marcus	17	Richmond Virginia Comets	35-00.00	35-04.75	5

Event 51 Triple Jump Open Women

Name	Age	Team	Seed	Finals	Points
1 Bennett, Donalle	19	Suffolk Stars	37-00.00	33-01.00	10

Event 52 Triple Jump Open Men

Name	Age	Team	Seed	Finals	Points
1 Jackson, Dawan	19	Central VA Track Field Club	49-06.00	48-10.00	10
2 Hunt, Leon	19	Lazers Open	45-00.00	44-06.00	8
3 Shannon, Edwin	19	Lazers Open		43-06.50	6
4 Cooper, Algernon	19	Central VA Track Field Club	45-00.00	41-10.00	5
5 Bailey, Charles	19	Central VA Track Field Club	47-03.00	41-08.50	4
6 Harris, Keith	19	Lazers Open	44-00.00	40-05.00	3

Event 53 Pole Vault Intermediate Girls

Name	Age	Team	Seed	Finals	Points
1 Geisman, Caitlyn	16	East End Flyers TC	7-00.00	6-11.00	10
2 Cantwell, Alexandra	16	Western Branch TC	7-00.00	6-10.00	8

Event 56 Pole Vault Young Boys

Name	Age	Team	Seed	Finals	Points
1 Kelly, Allen	17	Norfolk Real Deal TC	14-00.00	14-00.00	10
2 Letterio, Richmond	17	Lions Den TC	10-06.00	10-00.00	8

Event 57 Pole Vault Open Women

Name	Age	Team	Seed	Finals	Points
1 Lewis, Carolyn	19	Norfolk Real Deal TC	11-00.00	10-00.00	10

Event 59 3000 Meter Run Midget Girls

Name	Age	Team	Seed	Finals	Points
1 Tinsley, Tianna	12	Richmond Heat Track Sports		13:20.30	10
2 Stratton, Taylor	12	Lions Den TC	14:00.00	14:47.20	8

Event 62 3000 Meter Run Youth Boys

Name	Age	Team	Seed	Finals	Points
1 Georgiades, Aaron	14	Lions Den TC	10:45.00	10:47.70	10
2 Girona, Damiano	14	East End Flyers TC	11:02.58	11:35.90	8
3 Odenwald, Brian	13	Lazers TC		13:03.00	6

Event 63 3000 Meter Run Intermediate Girls

Name	Age	Team	Seed	Finals	Points
1 Augins, Nicole	15	Lazers TC	12:00.00	11:58.60	10
2 Georgiades, Kara	16	Lions Den TC	13:00.00	13:21.40	8

Event 64 3000 Meter Run Intermediate Boys

Name	Age	Team	Seed	Finals	Points
1 Harrison, Aaron	15	Lazers TC		10:21.40	10

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2	Nelson, Sam	15	Lions Den TC	11:45.00	11:47.30	8
Event 65 3000 Meter Run Young Girls						
	Name	Age	Team	Seed	Finals	Points
1	Whitt, Katrina	18	Central VA Track Field Club	11:36.00	12:06.80	10
2	Williams, Tiffany	17	Lions Den TC	13:00.00	12:37.80	8
(Event 65 3000 Meter Run Young Girls)						
	Name	Age	Team	Seed	Finals	Points
3	Johnson, Crystal	18	Lazers TC		12:51.40	6
Event 66 3000 Meter Run Young Boys						
	Name	Age	Team	Seed	Finals	Points
1	Dudley, Aaron	18	Speed Factory TC	9:30.00	9:43.90	10
2	Anderson, Darius	17	Churchland Trailblazers		10:33.80	8
3	Foronda, William	17	Lions Den TC	11:00.00	10:45.00	
Event 68 3000 Meter Run Open Men						
	Name	Age	Team	Seed	Finals	
1	Perkins, Desmond	19	Speed Factory Elite	8:57.00	9:28.70	
2	Frost, Michael	19	Lazers Open		9:32.50	
3	Bond, Donald	19	Lazers Open	11:00.00	10:28.30	
Event 69 80 Meter Hurdles Midget Girls						
	Name	Age	Team	Seed	Finals	Points
1	Gould, Octavia	12	Suffolk Stars	18.00	16.80	10
2	White, Ebony	11	Indian River Speed		16.81	8
3	Stratton, Taylor	12	Lions Den TC	20.00	18.60	6
Event 70 80 Meter Hurdles Midget Boys						
	Name	Age	Team	Seed	Finals	Points
1	Tennessee, Ronald	11	Indian River Speed		16.40	10
2	Lawrence, Justin	11	Track Serious TF Club		16.60	8
3	Demiell, Deonte	11	Suffolk Stars	17.00	17.90	6
4	Rountree, Gregory	11	Suffolk Stars		19.00	5
Event 71 100 Meter Hurdles Youth Girls						
	Name	Age	Team	Seed	Finals	Points
1	Daniels, Brehanna	13	Track Serious TF Club		16.70	10
2	Harper, Amani	14	Norfolk Real Deal TC	17.61	17.60	8
3	Washington, Aleshia	14	Track Serious TF Club	21.07	17.90	6
4	Hinton, Jalen	14	Track Serious TF Club		19.00	5
5	Roberts, Chantel	13	Suffolk Stars	17.00	19.90	4
Event 72 100 Meter Hurdles Youth Boys						
	Name	Age	Team	Seed	Finals	Points
1	Troupe, Marcus	14	Lazers TC	18.00	16.91	10
2	Holloway, Trey	13	Indian River Speed		19.23	8
3	Judkins, Shabre	13	Sussex Striders		22.73	6
Event 73 100 Meter Hurdles Intermediate Girls						
	Name	Age	Team	Seed	Finals	Points
1	Porter, Johniqua	16	Suffolk Stars	16.00	15.90	10
2	Wheaton, Taylor	16	Track Serious TF Club	15.89	16.00	8
3	Hawley, Shayquante	16	Richmond Virginia Comets	18.00	16.20	6

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4	Singleton, Raven	16	Central VA Track Field Club		16.90	5
5	Harris-Lawrence, Alexandra	16	Richmond Virginia Comets	16.95	17.10	4
6	Burns, Seneman	16	Norfolk Real Deal TC	17.00	18.50	3
7	Myrrick, Keisha	16	Western Branch TC	16.80	19.20	2

Event 74 100 Meter Hurdles Young Girls

Name	Age	Team	Seed	Finals	H#	Points	
1	Bryant, Charisse	17	Track Serious TF Club	14.35	14.30	2	10
2	Hutchins, Olivia	17	Track Serious TF Club	15.30	15.20	2	8
3	Gardner, Tiara	18	Central VA Track Field Club	15.96	15.50	2	6
4	Aghaji, Mia	18	Central VA Track Field Club	15.10	16.50	2	5
5	Rahim, Milika	18	Central VA Track Field Club		16.90	1	4
6	Rhoads, Elaine	18	Norfolk Real Deal TC	15.50	17.50	2	3
7	Newman, Ashleigh	17	Western Branch TC	17.00	18.20	1	2
8	Stith, Shara	17	Western Branch TC	19.00	19.90	1	1

Event 75 110 Meter Hurdles Intermediate Boys

Name	Age	Team	Seed	Finals	Points	
1	Moody, Saquon	15	Indian River Speed	16.30	10	
2	Harris, Jameal	16	Central VA Track Field Club	16.25	16.40	8
3	Long, Khyiem	16	Western Branch TC	16.30	16.70	6
4	Demiel, Jaquan	15	Suffolk Stars	16.00	17.60	5
5	Sparrow, Keenan	16	Western Branch TC	17.00	18.20	4
6	Jones, Randy	16	Beast Boyz	17.00	23.30	3

Event 76 110 Meter Hurdles Young Boys

Name	Age	Team	Seed	Finals	H#	Points	
1	Massenburg, Aramis	18	Central VA Track Field Club	14.20	13.90	2	10
2	Malicdem, Aaron	18	Track Serious TF Club	14.50	14.40	2	8
3	Walker, Jeremy	17	Central VA Track Field Club	16.64	18.50	1	6
4	Letterio, Richmond	17	Lions Den TC	19.00	20.30	1	5
5	Walker, Anthony	17	Lazers TC	15.50	20.40	2	4

Event 77 100 Meter Dash Sub-Bantam Girls

Name	Age	Team	Prelims	Finals	Points
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Finals

1	Williams, Victoria	8	Track Serious TF Club	14.80	15.03	10
2	Johnson, Zanasia	8	Track Serious TF Club	16.00	15.70	8
3	Cobbin, Tatyana	8	Norfolk Real Deal TC	15.99	15.79	6
4	Blount, Kori-Madisyn	8	N-Motion TC	16.70	15.85	5
5	Ackerson, Skylar	8	Central VA Track Field Club	16.40	16.51	4
6	Norman, Jasmine	8	Churchland Trailblazers	16.80	16.63	3
7	Parker, Ariel	8	Suffolk Stars	17.60	17.42	2
8	Banks, Alexis	6	Churchland Trailblazers	17.59	17.50	1

Preliminaries

9	Sterling, Jazzmine	7	Inside Track	17.80
10	Harper, Brianna	7	Hampton Blazers TC	17.81
11	Hinton, Jade	7	Track Serious TF Club	18.30
12	Scott, Trebreh	6	Churchland Trailblazers	18.40
13	Weeks, Tabitha	6	Fia Ambassadors	18.60
14	Hughes, Hydiah	8	East End Flyers TC	19.30
15	Brown, Neecole	6	Suffolk Stars	19.40
16	Warren, Amy	5	Central VA Track Field Club	19.70
17	Blair, Nayla	5	Speed Inc	20.30
18	Epps, Aniya	6	Indian River Speed	20.60
19	Roe, Zayin	6	Richmond Heat Track Sports	20.80

Preliminaries ... (Event 77 100 Meter Dash Sub-Bantam Girls)

Name	Age	Team	Prelims	Finals	Points
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20	Edlow, Zaria	7	Speed Inc	21.00
21	Gaston, Imani	6	East End Flyers TC	21.20
22	Rountree, Alexis	6	Suffolk Stars	21.30
23	Seymore, Victoria	6	Indian River Speed	21.31

Event 78 100 Meter Dash Sub-Bantam Boys

Name	Age	Team	Prelims	Finals	Points		
Finals							
1		Pulley, Burnell	8	Inside Track	15.20	14.70	10
2		King, Isaiah	8	Park Place Lightning Track Cl	15.50	14.94	8
3		Blackley, Jahkwan	8	Churchland Trailblazers	16.00	15.21	6
4		Blair, Allen	8	Speed Inc	15.50	15.34	5
5		Crowell, Ricky	8	Speed Inc	15.40	15.47	4
6		Watford-Twiggs, Jaren	8	East End Flyers TC	15.80	15.76	3
7		Addison, Brenten	8	Churchland Trailblazers	16.00	15.96	2
8		Coddington, Alwin	8	East New York Impalas	16.49	15.98	1
Preliminaries							
9		Carter, Jasper	7	Norfolk Real Deal TC	16.50		
10		Marrero, Nazir	8	Churchland Trailblazers	16.80		
11		Drummond, Keon	8	East End Flyers TC	17.10		
11		Love, Joshua	8	Suffolk Stars	17.10		
11		Midgette, Keyonte	6	Churchland Trailblazers	17.10		
11		Bynum, Donte	7	Richmond Heat Track Sports	17.10		
15		Brown, Barry	7	Fia Ambassadors	17.30		
16		Lawton, Matthew	7	Fia Ambassadors	17.80		
16		Dabney, Donavon	7	Inside Track	17.80		
18		Dixon, Micah	7	Churchland Trailblazers	18.00		
19		Armstead, Kenan	6	Churchland Trailblazers	18.60		
20		Lee, Keshawn	7	East End Flyers TC	18.90		
21		Parker, Arron	8	Suffolk Stars	19.00		
22		Jones, Jordan	7	Richmond Virginia Comets	20.10		
23		Ferguson, Duron	6	Richmond Virginia Comets	20.20		
23		Peters, Alyjah	5	Norfolk Real Deal TC	20.20		
25		Frierson, Jahkie	6	Virginia Beach Pathfinders TC	20.70		
26		Boyd, Jaques	6	Richmond Virginia Comets	20.80		
26		Harris, Jhalen	6	Norfolk Real Deal TC	20.80		
28		Goodhope, Cory	8	Fia Ambassadors	21.40		
29		Harrison, Daniel	6	Lazers TC	22.00		
29		Dubois, Christian	6	Churchland Trailblazers	22.00		
31		Norrell, Mark	5	Richmond Heat Track Sports	22.20		
32		Williams, Emmanuel	6	Hampton Blazers TC	23.30		
33		Gibson, Seth	6	Norfolk Real Deal TC	24.20		
34		Macklin, Cameron	5	Hampton Blazers TC	27.20		
35		Washington, Willie	5	Hampton Blazers TC	1:22.00		

Event 79 100 Meter Dash Bantam Girls

Name	Age	Team	Prelims	Finals	Points		
Finals							
1		Wilson, Taylor	10	Indian River Speed	14.50	14.24	10
Finals ... (Event 79 100 Meter Dash Bantam Girls)							
Name	Age	Team	Prelims	Finals	Points		
2		Morris, Sidra	10	Central VA Track Field Club	14.90	14.29	8
3		Greenlee, Ashley	10	Hampton Blazers TC	14.40	14.33	6
4		Bunch, Ashaila	10	East End Flyers TC	14.90	14.69	5
5		Brown, Ianna	10	Track Serious TF Club	13.80	14.90	3
6		Banks, Aleya	9	Churchland Trailblazers	15.10	14.95	4
7		Brown, Kayla	10	Churchland Trailblazers	15.20	14.99	2
8		Rountree, Kiera	9	Suffolk Stars	15.29	15.10	
9		Strachan, Adenike	10	East New York Impalas	15.00	15.12	1

Preliminaries

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10	Mallory, Tayla	10	Suffolk Stars	15.30
10	Fonville, Raquel	9	Suffolk Stars	15.30
12	Macklin, Keausha	9	Hampton Blazers TC	15.40
13	Haynesworth, Leila	9	Richmond Heat Track Sports	15.50
14	Eastman, Jasmine	10	Norfolk Extremes TC	15.70
14	Linton, Avia	10	Suffolk Stars	15.70
16	Goodhope, Danyael	9	Fia Ambassadors	15.90
16	Knight, Vierra	9	Suffolk Stars	15.90
18	Massie, Taylor	10	Churchland Trailblazers	16.00
19	Jacobs, Erica	9	Track Serious TF Club	16.10
20	Harrison, Danaria	9	Speed Inc	16.20
20	Hinds, Tajae	10	East New York Impalas	16.20
20	Cox, Jonae	9	Churchland Trailblazers	16.20
23	Hinton, Zykeara	9	Churchland Trailblazers	16.30
23	Hinton, Joyner	9	Track Serious TF Club	16.30
25	Valentine, Cioni	9	Indian River Speed	16.50
26	Council, Jacquazja	9	Suffolk Stars	16.80
27	Burton, Milan	9	Richmond Heat Track Sports	17.40
28	Swain, Atiya	10	Norfolk Extremes TC	18.00
29	Chandler, Aliyah	10	Track Serious TF Club	19.10
30	Walker, Novaya	9	Churchland Trailblazers	21.40

Event 80 100 Meter Dash Bantam Boys

Name	Age	Team	Prelims	Finals	Points	
Finals						
1	Holloway, Grant	10	Indian River Speed	14.10	13.86	10
2	Pressley, Tyese	10	Lazers TC	14.20	14.17	7
3	Zdanek, David	10	Central VA Track Field Club	14.30	14.22	7
4	Faulk, Shuan	9	Lazers TC	14.80	14.51	5
5	Stills, Joshua	9	Lazers TC	14.40	14.59	3. 50
6	Mason, Isaiah	10	East New York Impalas	14.50	14.60	3. 50
7	Smith, Tyain	9	Indian River Speed	14.40	14.65	2
8	Nipper, Devyn	10	Norfolk Real Deal TC	14.89	15.08	1
Preliminaries						
9	Landry, Keire	9	Churchland Trailblazers	14.90		
10	Henry, Vashon	10	East New York Impalas	15.20		
11	Brown, Ronald	9	Churchland Trailblazers	15.50		
12	Jones, Ivan	10	Churchland Trailblazers	15.80		
12	Harris, Micaiah	9	Norfolk Real Deal TC	15.80		
12	Gillis, Deandre	9	Inside Track	15.80		

Preliminaries ... (Event 80 100 Meter Dash Bantam Boys)

Name	Age	Team	Prelims	Finals	Points	
15	Gibson, Karl	9	Norfolk Real Deal TC	15.90		
16	Wade, Rayvion	10	Track Serious TF Club	16.10		
16	Ricks, Jamonte	9	Lazers TC	16.10		
16	Jackson, Travon	10	Churchland Trailblazers	16.10		
19	Jelks, Malon	9	Inside Track	16.30		
19	Clayton, Cordell	9	Richmond Heat Track Sports	16.30		
21	Mackson-Powell, Saikquan	9	Churchland Trailblazers	16.50		
22	Wright, Jared	9	Inside Track	16.60		
23	Edwards, Darius	9	Churchland Trailblazers	16.70		

Event 81 100 Meter Dash Midget Girls

Name	Age	Team	Prelims	Finals	Points	
Finals						
1	Thomas, Jayme	12	Hampton Blazers TC	13.30	13.32	10
2	Taliaferro, Briana	11	Norfolk Real Deal TC	13.60	13.36	8
3	Arrington, Tearra	11	East End Flyers TC	13.60	13.81	6
4	Glenn, Kyra	11	Track Serious TF Club	13.90	14.09	5
5	Johnson, Nichele	11	East End Flyers TC	14.00	14.18	3

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6	Lyles, Kara	11	Lazers TC	13.90	14.19	4
7	Smith, Sherelle	11	Churchland Trailblazers	13.90	14.20	2
Preliminaries						
4	Ferebee, Drew	11	Lazers TC	13.90		
9	Hicks, Ashley	12	Norfolk Real Deal TC	14.30		
10	Jones, Mashea	12	Churchland Trailblazers	14.50		
11	Hanks, Micah	11	Speed Inc	14.60		
12	Hunt, Michelle	12	Indian River Speed	14.70		
13	Williams, Breanna	12	Norfolk Extremes TC	14.80		
13	Hatton, Kanitra	12	Churchland Trailblazers	14.80		
15	Bumpers, Montrella	12	East End Flyers TC	15.40		
16	Dolly, Cherelle	12	Churchland Trailblazers	15.80		
17	King, Breyahna	12	Suffolk Stars	20.90		

Event 82 100 Meter Dash Midget Boys

Name	Age	Team	Prelims	Finals	Points	
Finals						
1	Brown, Kai	11	Freedom Striders	12.80	12.95	10
2	Smith, Jacorey	12	Churchland Trailblazers	13.20	13.19	6. 33
3	Stokes, Treyvon	12	East End Flyers TC	13.00	13.20	6. 33
4	Phillips, Keonta	12	Churchland Trailblazers	13.40	13.21	6. 33
5	Blackley, Joeell	11	Churchland Trailblazers	13.30	13.39	4
6	Ellis, Abdul	11	Inside Track	13.40	13.57	3
7	Gould, Andrew	11	Suffolk Stars	13.70	13.86	2
8	Smalley, Clarence	11	Churchland Trailblazers	13.70	14.01	1
Preliminaries						
9	Hinton, Justice	11	Track Serious TF Club	13.80		
9	Giles, Kenneth	11	Hampton Blazers TC	13.80		
11	Brown, Benjamin	11	Richmond Heat Track Sports	14.00		
12	Lockley, Tayvon	11	Richmond Heat Track Sports	14.20		
12	Lawton, Myles	11	Fia Ambassadors	14.20		

Preliminaries ... (Event 82 100 Meter Dash Midget Boys)

Name	Age	Team	Prelims	Finals	Points	
12	Robinson, Jaquan	11	Hampton Blazers TC	14.20		
12	Brown, Rashaad	12	Track Serious TF Club	14.20		
16	Ellis, Ashton	11	East End Flyers TC	14.30		
17	Major-Dixon, Darius	12	Churchland Trailblazers	14.40		
18	Chandler, Nathaniel	12	Norfolk Real Deal TC	14.50		
19	Samuels, Tyler	11	Fia Ambassadors	14.70		
19	Hopkins, Colin	11	Virginia Beach Pathfinders TC	14.70		
21	Gee, Daquan	12	Churchland Trailblazers	15.00		
22	Massie, Michael	11	Churchland Trailblazers	15.10		
23	Sessoms, Quamel	11	Churchland Trailblazers	15.40		
24	King, Michael	11	Suffolk Stars	18.50		

Event 83 100 Meter Dash Youth Girls

Name	Age	Team	Prelims	Finals	Points	
Finals						
1	Ellick, Tiffany	13	Norfolk Real Deal TC	12.30	12.13	10
2	Hankins, Jasmine	14	Track Serious TF Club	12.60	12.42	8
3	Williams, Monica	14	Track Serious TF Club	12.90	12.47	6
4	Taylor, Taranisha	13	Norfolk Real Deal TC	12.60	12.61	5
5	Smith, Sydney	14	Virginia Beach Pathfinders TC	13.00	12.82	4
6	Harris, Angela	14	Central VA Track Field Club	13.20	12.90	3
7	Ellick, Ashley	14	Lions Den TC	13.10	13.02	2
8	Todd, Seanda	14	Norfolk Real Deal TC	13.20	13.07	1
Preliminaries						
9	Smalley, Takeria	14	Churchland Trailblazers	13.30		
9	Vonner, Alexia	13	Norfolk Real Deal TC	13.30		
9	Banks, Leroya	14	Suffolk Stars	13.30		

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12	Muhammad, Maria	13	Norfolk Real Deal TC	13.40
12	Sharp, Olicia	13	Central VA Track Field Club	13.40
14	Cullen, Noel	14	Indian River Speed	13.80
14	Collins, Alicia	13	Norfolk Real Deal TC	13.80
14	Thompson, Diyea	13	Central VA Track Field Club	13.80
17	Johnson, Monica	14	Churchland Trailblazers	13.90
17	Wade, Rayona	13	Track Serious TF Club	13.90
19	Diggs, Tylar	14	East New York Impalas	14.10

Event 84 100 Meter Dash Youth Boys

Name	Age	Team	Prelims	Finals	Points	
Finals						
1	Coleman, Joel	13	Norfolk Real Deal TC	12.10	11.41	10
2	Mitchell, Walter	14	Norfolk Real Deal TC	11.70	11.45	8
3	Kimbrough, Dominique	14	Norfolk Real Deal TC	11.90	12.10	6
4	Smith, Damian	14	Norfolk Real Deal TC	12.00	12.22	5
5	Scott, Eric	14	Indian River Speed	12.30	12.39	4
6	Scott, Tory	14	Central VA Track Field Club	12.30	12.44	3
7	Cradle, Deshawn	14	Churchland Trailblazers	12.60	12.60	1
8	Booker, Devon	13	Churchland Trailblazers	12.60	12.63	2
Preliminaries						
9	Blueford, Mylon	14	Indian River Speed	12.90		

Preliminaries ... (Event 84 100 Meter Dash Youth Boys)

Name	Age	Team	Prelims	Finals	Points	
10	Peters, Andrew	13	Norfolk Real Deal TC	13.30		
11	Foster, Antonio	13	Norfolk Real Deal TC	13.40		
12	Daniels, Brehon	13	Track Serious TF Club	13.50		
12	Simms, Stevon	14	Churchland Trailblazers	13.50		
14	Soloman, Thomas	13	Hampton Blazers TC	13.80		
15	Payne, Evonte	13	Churchland Trailblazers	13.90		
16	Thompson, Joshua	13	Fia Ambassadors	14.10		
17	Landry, Davon	13	Churchland Trailblazers	14.70		
18	Brown, Degerald	14	Central VA Track Field Club	14.90		
19	Pierce, Clifton	13	N-Motion TC	15.00		
20	Watkins, Marcus	13	Speed Inc	15.80		

Event 85 100 Meter Dash Intermediate Girls

Name	Age	Team	Prelims	Finals	Points	
Finals						
1	Chandler, Tanay	16	Norfolk Real Deal TC	12.00	12.08	10
2	Hunt, Ruth	16	Track Serious TF Club	12.20	12.15	8
3	Owens, Derica	16	Norfolk Real Deal TC	12.20	12.18	6
4	Morris, Ciarra	15	Central VA Track Field Club	12.50	12.52	5
5	Payne-Roebuck, Piarrah	15	Norfolk Real Deal TC	12.70	12.60	4
6	Jemmott, Katea	15	Central VA Track Field Club	12.80	12.68	3
7	Hardgrove, Naomi	16	Central VA Track Field Club	12.60	12.72	2
8	Diggs, Angela	15	Track Serious TF Club	12.89	12.93	1
Preliminaries						
9	Johnson, Zamia	15	Track Serious TF Club	12.90		
10	Daniels, Dionna	15	Central VA Track Field Club	13.10		
11	Green, Gabrielle	15	Virginia Beach Pathfinders TC	13.50		
12	Blair, Shirae	16	Speed Inc	13.60		
13	Ross, Ladasha	15	Churchland Trailblazers	13.70		
14	Hendricks, Kourtney	15	Central VA Track Field Club	13.80		
14	Logan, Kelly	16	Western Branch TC	13.80		
14	Davis, Felicia	16	Virginia Beach Pathfinders TC	13.80		
17	Williams, Shanaya	16	Central VA Track Field Club	13.90		
18	Clements, Tocara	15	Churchland Trailblazers	14.20		
19	Smith, Celina	16	Western Branch TC	14.30		
20	Merritt, Jahna	16	Central VA Track Field Club	14.40		

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21 Smith, Melina 15 Churchland Trailblazers 14.50

Event 86 100 Meter Dash Intermediate Boys

Name	Age	Team	Prelims	Finals	Points
Finals					
1 Askew, Cameron	16	Unattached	11.00	10.65	10
2 Thomas, Joseph	16	Richmond Virginia Comets	11.30	10.75	6
3 Blake, Ricky	16	Beast Boyz	11.10	10.81	8
4 Lockley, Donovan	16	Richmond Heat Track Sports	11.30	10.91	5
5 Meredith, Douglas	15	Virginia Beach Pathfinders TC	11.40	10.97	4
6 Dillon, Bryce	16	Richmond Virginia Comets	11.40	11.11	
7 Collins, Chris	17	Central VA Track Field Club	11.40	11.20	3
8 Moody, Darrius	15	Beast Boyz	11.60	11.30	2

Preliminaries ... (Event 86 100 Meter Dash Intermediate Boys)

Name	Age	Team	Prelims	Finals	Points
Preliminaries					
9 Boleyjack, Cameron	16	Virginia Beach Pathfinders TC	11.90		
10 Walton, Jeremie	16	Beast Boyz	11.95		
11 Robinson, Giovanni	15	Hampton Blazers TC	12.30		
12 Stokley, Tevin	15	Suffolk Stars	12.70		
12 Flowers, Rueben	16	Sussex Striders	12.70		
12 Johnson, Willie	16	Norfolk Extremes TC	12.70		
12 Nash, Charles	15	Richmond Virginia Comets	12.70		

Event 87 100 Meter Dash Young Girls

Name	Age	Team	Seed	Finals	Points
1 Hutchins, Olivia	17	Track Serious TF Club	13.16	12.31	10
2 Seward, Keshaunda	17	Central VA Track Field Club		12.33	8
3 Patron, Trisha	17	Central VA Track Field Club		12.48	6
4 Jones, Quanique	17	Hampton Blazers TC		12.56	5
5 Clary, Kristen	18	Central VA Track Field Club		12.88	4
6 Bell, La-Drina	18	Churchland Trailblazers	13.82	13.25	3
7 Sample, Raven	18	Churchland Trailblazers	13.85	13.64	2
8 Goins, Shemika	17	Richmond Heat Track Sports		14.65	1

Event 88 100 Meter Dash Young Boys

Name	Age	Team	Prelims	Finals	Points
Finals					
1 Gyasi, Isiah	18	Norfolk Real Deal TC	10.80	10.54	10
2 Taylor, James	17	Norfolk Real Deal TC	10.80	10.70	8
3 Smith, Wesley	18	Norfolk Real Deal TC	10.90	10.99	5
4 Hines, Anthony	18	Norfolk Real Deal TC	11.10	11.00	6
5 Kelling, John	17	Norfolk Real Deal TC	11.30	11.09	4
6 Parham, Jamar	17	Central VA Track Field Club	11.30	11.25	3
7 Noel, Jelani	18	Norfolk Real Deal TC	11.50	11.39	2
8 Rowe, Jerelle	18	Richmond Heat Track Sports	11.40	11.47	1

Preliminaries

3 Nichols, Kevin	18	Norfolk Real Deal TC	10.90		
10 Gates, Camiren	17	Richmond Virginia Comets	11.60		
11 Frierson, Khairi	17	Virginia Beach Pathfinders TC	11.70		
12 Vann, Troy	17	Track Serious TF Club	12.30		
13 Francis, Brian	18	Virginia Beach Pathfinders TC	13.20		

Event 89 100 Meter Dash Open Women

Name	Age	Team	Seed	Finals	H#
1 Faulkner, Victoria	19	Lazers Open		12.43	1
2 Bennett, Donalle	19	Suffolk Stars	12.80	13.39	2

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Event 90 100 Meter Dash Open Men

Name	Age	Team	Prelims	Finals
Finals				
1 Vinson, Corey	19	Lazers Open	10.20	10.16
2 Westbrook, Micheal	19	Lazers Open	10.40	10.63
3 Blyden, Flavel	19	Track Serious TF	10.90	10.90
4 Hill, Trayman	19	Lazers Open	10.70	11.17

Preliminaries ... (Event 90 100 Meter Dash Open Men)

Name	Age	Team	Prelims	Finals
Preliminaries				
3 Harris, Brandon	19	Lazers Open	10.60	
6 Blyden, Jamal	19	Track Serious TF	11.00	
7 Ikpechuwu, Mark	19	Lazers Open	11.10	
8 Shannon, Edwin	19	Lazers Open	11.20	
9 Fitzgerald, Konrad	19	Lazers Open	11.21	
10 Daniels, Jamaal	19	Track Serious TF	11.40	
11 Jones, Darren	19	Track Serious TF	11.50	
12 Harris, Keith	19	Lazers Open	11.80	
13 Pierre, Karriem	19	Lazers Open	13.80	
14 Boone, Dennis	19	Norfolk Real Deal TC	14.50	

Event 96 4x800 Meter Relay Young Boys

Team	Relay	Seed	Finals	Points
1 Norfolk Real Deal TC	A	7:50.00	8:59.70	10
1) Brickhouse, Darryl 17	2) Clark, Alphonso 18	3) Davidson, Tim 18	4) Womack, David 17	
2 Central VA Track Field Club	A	8:31.00	9:11.40	8
1) Duff, Tashan 17	2) Edwards, Cleveland 18	3) Gains, Rueben 17	4) Moore, Josh 18	

Event 97 200 Meter Hurdles Youth Girls

Name	Age	Team	Seed	Finals	Points
1 Williams, Brittany	14	East New York Impalas	29.70	31.60	10
2 Diggs, Tylar	14	East New York Impalas	31.60	33.20	8
3 Thorpe, Raiven	14	Richmond Heat Track Sports	35.13	33.30	6
4 Roberts, Chantel	13	Suffolk Stars	30.00	34.10	5

Event 98 200 Meter Hurdles Youth Boys

Name	Age	Team	Seed	Finals	Points
1 Tate, Tony	14	Norfolk Real Deal TC	28.48	28.00	10
2 Holloway, Trey	13	Indian River Speed		29.40	8
3 Haynesworth, Donte	13	Richmond Heat Track Sports	31.78	30.30	6
4 Troupe, Marcus	14	Lazers TC	33.00	31.00	5

Event 99 400 Meter Hurdles Intermediate Girls

Name	Age	Team	Seed	Finals	H#	Points
1 Wheaton, Taylor	16	Track Serious TF Club	1:07.00	1:06.10	3	10
2 Wise, Maia	16	Norfolk Real Deal TC	1:06.00	1:06.30	3	8
3 Burns, Seneman	16	Norfolk Real Deal TC	1:06.00	1:07.60	3	6
4 Singleton, Raven	16	Central VA Track Field Club	1:09.00	1:09.80	3	5
5 Rolax, Candace	15	Unattached	1:10.00	1:11.70	3	4
6 Mitchell, Tierra	16	Norfolk Real Deal TC	1:10.00	1:12.60	3	3
7 Reid, Morgan	16	Indian River Speed		1:15.30	1	2
8 Porter, Johniqua	16	Suffolk Stars	1:12.00	1:18.60	1	1
9 Myers, Rashawna	15	Indian River Speed		1:24.20	1	

Event 100 400 Meter Hurdles Young Girls

Name	Age	Team	Seed	Finals	Points
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1	Rhoads, Elaine	18	Norfolk Real Deal TC	1:00.00	1:06.10	10
2	Aghaji, Mia	18	Central VA Track Field Club	1:03.01	1:06.30	8
3	Gardner, Tiara	18	Central VA Track Field Club	1:05.00	1:10.30	6
(Event 100 400 Meter Hurdles Young Girls)						
	Name	Age	Team	Seed	Finals	Points
4	Williams, Taylor	17	Norfolk Real Deal TC	1:05.00	1:12.60	5
5	Brown, Corinna	17	Central VA Track Field Club	1:05.00	1:13.50	4
6	Nettles, Symria	18	Lazers TC	1:09.00	1:14.30	3
Event 101 400 Meter Hurdles Intermediate Boys						
	Name	Age	Team	Seed	Finals	Points
1	Harris, Jameal	16	Central VA Track Field Club	1:00.05	1:00.30	10
2	Demiell, Jaquan	15	Suffolk Stars	1:00.00	1:03.40	8
3	Fentress, Jevone	15	Track Serious TF Club	1:05.20	1:03.50	6
4	Townsend, Khiry	15	Richmond Virginia Comets	1:10.00	1:06.70	5
5	Long, Khyiem	16	Western Branch TC	1:02.00	1:07.50	4
Event 102 400 Meter Hurdles Young Boys						
	Name	Age	Team	Seed	Finals	Points
1	Massenburg, Aramis	18	Central VA Track Field Club	57.64	57.80	10
2	Reed, Jarius	17	Norfolk Real Deal TC	59.00	58.00	8
3	Walker, Anthony	17	Lazers TC	1:00.00	1:05.10	6
4	Walker, Jeremy	17	Central VA Track Field Club	1:07.00	1:07.10	5
Event 103 1500 Meter Run Sub-Bantam Girls						
	Name	Age	Team	Seed	Finals	Points
1	Ferrell, Bryana	8	Central VA Track Field Club		6:39.10	10
2	Keels, Ariyanna	8	Churchland Trailblazers		7:22.20	8
Event 104 1500 Meter Run Sub-Bantam Boys						
	Name	Age	Team	Seed	Finals	Points
1	Orr, Jason	8	Churchland Trailblazers		7:55.70	10
Event 105 1500 Meter Run Bantam Girls						
	Name	Age	Team	Seed	Finals	Points
1	Odenwald, Christine	10	Lazers TC		6:20.60	10
Event 106 1500 Meter Run Bantam Boys						
	Name	Age	Team	Seed	Finals	Points
1	Ross, George	9	Central VA Track Field Club	5:20.00	5:47.30	10
2	Mckinley, Brandon	9	East New York Impalas	5:52.00	5:51.40	8
3	Phillips, Benjamin	9	East End Flyers TC	5:30.29	5:57.70	6
4	Davis, Kevin	10	Lazers TC	6:05.00	6:14.40	5
5	Pruitt, Jordann	10	East End Flyers TC	6:15.74	6:16.30	4
6	Lyles, Christopher	9	Lazers TC	6:15.00	6:47.90	3
7	Stills, Joseph	9	Lazers TC	7:05.00	7:51.90	2
Event 107 1500 Meter Run Midget Girls						
	Name	Age	Team	Seed	Finals	Points
1	Wright, Chelsea	12	Norfolk Real Deal TC	5:15.01	5:14.90	10
2	Roebuck, Cinqua	11	Norfolk Real Deal TC	5:55.69	5:18.15	8
3	Girona, Alexis	11	East End Flyers TC	6:00.89	6:04.00	6
4	Clarke, Kristiana	11	Fia Ambassadors		6:18.00	5
5	Stratton, Taylor	12	Lions Den TC	6:00.00	6:40.30	4
6	Dunwoodie, Ricki	11	East End Flyers TC	6:01.98	6:50.50	3

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7 Obrien, Jazmyne 11 Virginia Beach Pathfinders TC 7:13.20 2

Event 108 1500 Meter Run Midget Boys

Name	Age	Team	Seed	Finals	Points
1 Wiggins, Grant	11	Unattached	4:53.20	5:26.70	10
2 Guerrier, Davon	12	Norfolk Real Deal TC	5:42.54	6:04.30	8
3 Harrison, Joel	11	Lazers TC	6:15.00	6:33.10	6

Event 109 1500 Meter Run Youth Girls

Name	Age	Team	Seed	Finals	Points
1 Gregory, Jade	13	N-Motion TC	5:26.91	5:33.80	10
2 Thorpe, Raiven	14	Richmond Heat Track Sports		5:53.70	8

Event 110 1500 Meter Run Youth Boys

Name	Age	Team	Seed	Finals	Points
1 Georgiades, Aaron	14	Lions Den TC	4:55.00	4:51.90	10
2 Speray, Kevin	13	Bay Rivers TC	5:05.24	4:54.20	8
3 Yepes, Dominick	14	Richmond Heat Track Sports	5:15.56	5:19.10	6
4 Speray, Eric	13	Bay Rivers TC	5:15.25	5:19.60	5
5 Odenwald, Brian	13	Lazers TC	6:05.00	6:12.40	4
6 Miles, Alton	13	Norfolk Real Deal TC		6:12.41	3

Event 111 1500 Meter Run Intermediate Girls

Name	Age	Team	Seed	Finals	Points
1 Augins, Nicole	15	Lazers TC	5:05.00	5:15.40	10
2 Georgiades, Kara	16	Lions Den TC	6:00.00	5:54.80	8

Event 112 1500 Meter Run Intermediate Boys

Name	Age	Team	Seed	Finals	Points
1 Hunter, Adam	16	Norfolk Real Deal TC	4:00.00	4:23.70	10
2 Bertrand, Anderson	16	Central VA Track Field Club	4:40.00	4:25.80	8
3 Gunnerson, David	15	Speed Inc	4:37.00	4:31.10	6
4 Nelson, Sam	15	Lions Den TC	5:15.00	4:39.00	5
5 Artist, Donte	15	Central VA Track Field Club		4:39.10	4
6 Taylor, Lemontre	15	Richmond Heat Track Sports	4:47.33	4:47.90	3
7 Harrison, Aaron	15	Lazers TC		4:49.10	2
8 Crosby, Olindas	16	Suffolk Stars		5:24.30	1

Event 113 1500 Meter Run Young Girls

Name	Age	Team	Seed	Finals	Points
1 Whitt, Katrina	18	Central VA Track Field Club	5:39.00	5:26.40	10

Event 114 1500 Meter Run Young Boys

Name	Age	Team	Seed	Finals	Points
1 Speray, Ryan	17	Bay Rivers TC	4:30.50	4:23.10	10
2 Hylton, Ryan	18	Lions Den TC	4:38.00	4:23.90	8
3 Anderson, Darius	17	Churchland Trailblazers	4:47.50	4:39.50	6

Event 116 1500 Meter Run Open Men

Name	Age	Team	Seed	Finals	Points
1 Cain, Bill	19	Lazers Open		4:22.15	10
2 Frost, Michael	19	Lazers Open	4:29.00	4:28.58	8
3 Bond, Donald	19	Lazers Open	4:45.00	4:36.63	6
4 Turner, Brandon	19	Lazers Open	4:49.00	4:48.84	5

(Event 116 1500 Meter Run Open Men)

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Name	Age	Team	Seed	Finals	Points
5 Jones, Mr	19	Lazers Open		4:53.53	4
6 Mclean, Courtney	19	Hampton Blazers Open		5:06.21	3
Event 118 4x100 Meter Relay Sub-Bantam Boys					
Team	Relay	Seed	Finals	Points	
1 Churchland Trailblazers	A	1:01.56	1:12.26	10	
1) Addison, Brenten 8	2) Blackley, Jahkwan 8	3) Dixon, Micah 7	4) Marrero, Nazir 8		
2 Richmond Virginia Comets	A	1:05.00	1:20.60	8	
1) Boyd, Jaewan 7	2) Boyd, Jaques 6	3) Ferguson, Duron 6	4) Hicks, Delmus 7		
Event 119 4x100 Meter Relay Bantam Girls					
Team	Relay	Seed	Finals	Points	
1 Suffolk Stars	A	1:00.00	1:01.51	10	
1) Knight, Vierra 9	2) Mallory, Tayla 10	3) Patterson, Desiree 10	4) Rountree, Kiera 9		
2 East New York Impalas	A	1:01.00	1:02.77	8	
1) Broughton, Shayla 9	2) Hinds, Tajae 10	3) Strachan, Adenike 10	4) Williams, Kayla 10		
3 Churchland Trailblazers	A	1:02.59	1:03.47	6	
1) Banks, Aleya 9	2) Hazel, Jalaia 10	3) Hinton, Zykeara 9	4) Shepard, Brianna 10		
4 Indian River Speed	A	1:01.00	1:04.69	5	
1) Hawkes, Aviance 9	2) Skinner, Shaytorria 10	3) Valentine, Cioni 9	4) Wilson, Taylor 10		
5 Churchland Trailblazers	B	1:04.67	1:05.09	4	
1) Brown, Kayla 10	2) Cox, Jonae 9	3) Massie, Taylor 10	4) Stukes, Brittney 10		
6 Suffolk Stars	B	1:06.00	1:05.92	3	
1) Linton, Avia 10	2) Rountree, Tori 10				
Event 120 4x100 Meter Relay Bantam Boys					
Team	Relay	Seed	Finals	Points	
1 Churchland Trailblazers	A	1:01.21	1:03.15	10	
1) Jenkins, Preston 10	2) Jones, Ivan 10	3) Landry, Keire 9	4) Williams, Torrence 9		
2 Churchland Trailblazers	B	1:02.25	1:03.18	8	
1) Brown, Ronald 9	2) Mackson-Powell, Saikquan 93	3) Muhammad, Nafis 10	4) Wiggins, Lonnell 9		
3 Inside Track	A	1:04.00	1:04.04	6	
1) Gillis, Deandre 9	2) Jelks, Malon 9	3) Wright, Jared 9			
Event 121 4x100 Meter Relay Midget Girls					
Team	Relay	Seed	Finals	Points	
1 East End Flyers TC	A	54.47	55.45	10	
1) Arrington, Tearra 11	2) Johnson, Nichele 11	3) Parks, Milan 11	4) Wesson, Talia 11		
2 Churchland Trailblazers	A	58.69	58.95	8	
1) Dolly, Cherelle 12	2) Hatton, Kanitra 12	3) Jones, Mashea 12	4) Smith, Sherelle 11		
Event 122 4x100 Meter Relay Midget Boys					
Team	Relay	Seed	Finals	Points	
1 Track Serious TF Club	A		56.75	10	
1) Brown, Rashaad 12	2) Hinton, Justice 11	3) White, Myles 11	4) Grayson, Davon 12		
2 Churchland Trailblazers	A	54.77	58.64	8	
1) Major-Dixon, Darius 12	2) Massie, Michael 11	3) Smalley, Clarence 11	4) Trotter, Jalon 12		
Event 123 4x100 Meter Relay Youth Girls					
Team	Relay	Seed	Finals	Points	
1 Norfolk Real Deal TC	A	49.53	49.34	10	
1) Ellick, Tiffany 13	2) Harper, Amani 14	3) Taylor, Taranisha 13	4) Todd, Seanda 14		
(Event 123 4x100 Meter Relay Youth Girls)					
Team	Relay	Seed	Finals	Points	

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2	Track Serious TF Club	A		49.42	8
	1) Hankins, Jasmine 14		2) Hinton, Jalen 14		
3	Virginia Beach Pathfinders T	A	3) Washington, Aleshia 14	4) Williams, Monica 14	6
	1) Corinaldi, Kadija 14		2) Harrington, Brittney 14	3) Hopkins, Kristen 14	4) Smith, Sydney 14

Event 124 4x100 Meter Relay Youth Boys

Team	Relay	Seed	Finals	Points	
1	Churchland Trailblazers	A	49.71	49.81	10
	1) Booker, Devon 13		2) Cradle, Deshawn 14	3) Dubois, Benjamin 14	4) Simms, Stevon 14
2	Indian River Speed	A	48.50	49.82	8
	1) Blueford, Mylon 14		2) Holloway, Trey 13	3) Scott, Eric 14	4) Vaughn, Darius 14
3	Track Serious TF Club	A		51.10	6
	1) Chandler, Nathan 13		2) Daniels, Brehon 13	3) Glenn, Kahana 14	4) Wilson, Michael 14

Event 125 4x100 Meter Relay Intermediate Girls

Team	Relay	Seed	Finals	Points	
1	Norfolk Real Deal TC	A	48.00	49.20	10
	1) Burns, Seneman 16		2) Chandler, Tanay 16	3) Harris, Tiffany 16	4) Miles, Tylesia 16
2	Track Serious TF Club	A		50.04	8
	1) Diggs, Angela 15		2) Butler, Emily 16	3) Hunt, Ruth 16	4) Johnson, Zamia 15
3	Central VA Track Field Club	A	53.44	50.87	6
	1) Hardgrove, Naomi 16		2) Hendricks, Kourtney 15	3) Jemmott, Katea 15	4) Merritt, Jahna 16
4	Western Branch TC	A		53.24	5
5	Richmond Virginia Comets	A	52.00	55.81	4
	1) Briana, Hudson 15		2) Hawley, Shayquante 16	3) Johnson, Channetta 15	

Event 126 4x100 Meter Relay Intermediate Boys

Team	Relay	Seed	Finals	Points	
1	Beast Boyz	A	46.00	46.46	10
	1) Blake, Ricky 16		2) Jones, Randy 16	3) Walton, Jeremie 16	
2	Virginia Beach Pathfinders T	A	49.00	46.50	8
	1) Boleyjack, Cameron 16		2) Meredith, Douglas 15	3) Obrien, Aaryon 16	4) Robertson, Marcus 16
3	Sussex Striders	A		46.98	6
	1) Bailey, Amar 16		2) Flowers, Rueben 16		
4	Track Serious TF Club	A		47.72	5
	1) Bertram, Chris 16		2) Fentress, Jevone 15	3) Hutchins, Adam 15	

Event 127 4x100 Meter Relay Young Girls

Team	Relay	Seed	Finals	Points	
1	Norfolk Real Deal TC	A	47.00	49.63	10
	1) Beaty, Britney 18		2) Briggs, Deshana 17	3) Brown, Leah 17	4) Williams, Taylor 17
2	Central VA Track Field Club	A	51.74	50.00	8
	1) Clary, Kristen 18		2) Ditto, Nicole 17	3) Hite, Alaina 19	4) Patron, Trisha 17

Event 128 4x100 Meter Relay Young Boys

Team	Relay	Seed	Finals	Points	
1	Norfolk Real Deal TC	A	41.00	42.67	10
	1) Balsor, Jared 18		2) Gyasi, Isiah 18	3) Hines, Anthony 18	4) Noel, Jelani 18
2	Central VA Track Field Club	A	43.01	44.36	8
	1) Parham, Jamar 17				
3	Virginia Beach Pathfinders T	A	48.00	46.85	6
	1) Francis, Brian 18		2) Frierson, Khairi 17	3) Obrien, Justin 18	

Event 129 4x100 Meter Relay Open Women

Team	Relay	Seed	Finals	Points	
1	Lazers Open	B		44.12	
2	Lazers Open	A		46.94	

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Event 130 4x100 Meter Relay Open Men

Team	Relay	Seed	Finals
1 Norfolk Real Deal TC	A		41.86
1) Boone, Dennis 19	2) Flood, Derron 19	3) Speller, Thomas 19	4) Stanley, Willie 19
2 Lazars Open	B		42.36
3 Track Serious TF	A		43.97

Event 131 400 Meter Run Sub-Bantam Girls

Name	Age	Team	Seed	Finals	H#	Points
1 Ferrell, Bryana	8	Central VA Track Field Club	1:11.00	1:17.39	2	10
2 Cobbin, Tatyana	8	Norfolk Real Deal TC	1:20.00	1:21.34	2	8
3 Bunch, Telina	7	East End Flyers TC	1:24.65	1:24.33	2	6
4 Johnson, Zanasia	8	Track Serious TF Club	1:21.09	1:24.39	2	5
5 Goodman, Raven	8	Suffolk Stars	1:15.00	1:30.20	2	4
6 Harper, Brianna	7	Hampton Blazers TC		1:31.02	1	3
7 Blount, Kori-Madisyn	8	N-Motion TC	1:24.64	1:31.38	2	2
8 Keels, Ariyanna	8	Churchland Trailblazers	1:33.35	1:32.16	2	1
9 Scott, Trebreh	6	Churchland Trailblazers	1:38.71	1:32.97	1	
10 Norman, Jasmine	8	Churchland Trailblazers	1:34.63	1:33.23	1	
11 Harrell, Christina	7	Lions Den TC	1:45.00	1:34.27	1	
12 Morris, Kamryn	8	Norfolk Extremes TC		1:54.06	1	
13 Embe, Kimberly	8	Richmond Heat Track Sports	1:25.45	2:50.62	2	

Event 132 400 Meter Run Sub-Bantam Boys

Name	Age	Team	Seed	Finals	H#	Points
1 Rucker, Jabari	8	Richmond Heat Track Sports	1:14.23	1:11.81	2	10
2 Pulley, Burnell	8	Inside Track	1:12.00	1:12.39	2	8
3 King, Isaiah	8	Park Place Lightning Track Cl	1:15.19	1:19.44	2	6
4 Seymore, Vincent	8	Indian River Speed		1:27.11	1	5
5 Midgette, Keyonte	8	Churchland Trailblazers	1:19.12	1:40.52	2	4
6 Orr, Jason	8	Churchland Trailblazers	1:46.84	1:41.83	2	3
7 Peters, Alyjah	5	Norfolk Real Deal TC		1:43.47	1	2
8 Rose, Michael	7	Fia Ambassadors	1:45.00	1:47.24	2	1
9 Harris, Jhalen	6	Norfolk Real Deal TC		1:51.46	1	

Event 133 400 Meter Dash Bantam Girls

Name	Age	Team	Seed	Finals	H#	Points
1 Jones, Mia	10	Suffolk Stars	1:11.00	1:11.49	3	10
2 Greenlee, Ashley	10	Hampton Blazers TC		1:11.98	1	8
3 Keith, Asia	9	Richmond Heat Track Sports	1:17.00	1:15.50	3	6
4 Leonard, Jaelan	9	Norfolk Real Deal TC	1:05.00	1:15.51	3	5
5 Washington, Twanika	10	Inside Track	1:25.00	1:16.25	2	4
6 Hazel, Jalaia	10	Churchland Trailblazers	1:14.91	1:18.73	3	3
7 Patterson, Desiree	10	Suffolk Stars	1:20.00	1:19.55	2	2
8 Skinner, Shaytorria	10	Indian River Speed	1:15.00	1:20.44	3	1
9 Bullock, Kaliyah	10	Inside Track	1:24.00	1:22.76	2	

(Event 133 400 Meter Dash Bantam Girls)

Name	Age	Team	Seed	Finals	H#	Points
10 Davis, Sydney	10	Norfolk Real Deal TC	1:17.42	1:22.98	3	
11 Macklin, Keasha	9	Hampton Blazers TC		1:24.48	1	
12 Earp, Alexis	9	Hampton Blazers TC		1:27.15	2	
13 Andrews, Maya	9	Indian River Speed		1:27.94	2	
14 Gilchrist, Mikayla	9	Suffolk Stars	1:15.00	1:29.81	3	
15 Odenwald, Christine	10	Lazars TC		1:30.99	1	
16 Lewis, India	9	Inside Track	1:28.00	1:32.17	2	
17 Washington, Alyssa	9	Hampton Blazers TC		1:40.20	2	
18 Staton, Ashlee	9	Hampton Blazers TC		1:42.65	1	

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19	Horry, Deajanay	9	Hampton Blazers TC		1:44.41	1
20	Walker, Novaya	9	Churchland Trailblazers	1:18.02	1:53.57	2

Event 134 400 Meter Dash Bantam Boys

Name	Age	Team	Seed	Finals	H#	Points	
1	Holloway, Grant	10	Indian River Speed	1:11.00	1:10.04	3	10
2	Crudup, Christopher	9	Fia Ambassadors	1:09.00	1:11.34	3	8
3	Zdanek, David	10	Central VA Track Field Club		1:12.64	1	6
4	Stokley, Jordan	10	Suffolk Stars	1:09.00	1:15.65	3	5
5	Muhammad, Nafis	10	Churchland Trailblazers	1:22.83	1:15.87	1	4
6	Andrews, Louis	9	Churchland Trailblazers	1:19.32	1:17.94	2	3
7	Williams, Anthony	9	Track Serious TF Club	1:15.00	1:18.06	3	2
8	Disnew, Cleon	9	East End Flyers TC	1:10.45	1:18.17	3	1
9	Powell, Dashaun	9	Churchland Trailblazers	1:20.88	1:20.16	2	
10	Covington, Joshua	10	Suffolk Stars	1:13.00	1:21.30	3	
11	Ricks, Jamonte	9	Lazers TC	1:17.00	1:21.35	3	
12	Jackson, Travon	10	Churchland Trailblazers	1:19.90	1:25.58	2	
13	Griffin, Zachariah	10	Lions Den TC	1:20.00	1:33.06	2	

Event 135 400 Meter Dash Midget Girls

Name	Age	Team	Seed	Finals	H#	Points	
1	Wedlock, Penchell	11	Norfolk Real Deal TC	1:05.20	1:06.25	4	10
2	Thomas, Jayme	12	Hampton Blazers TC		1:07.30	1	8
3	White, Ebony	11	Indian River Speed	1:05.00	1:07.41	4	6
4	Wesson, Talia	11	East End Flyers TC	1:03.74	1:07.67	4	5
5	Morris, Ilissa	11	Richmond Heat Track Sports	1:06.13	1:08.89	3	4
6	Arrington, Tearra	11	East End Flyers TC	1:07.20	1:09.15	3	3
7	Hicks, Ashley	12	Norfolk Real Deal TC	1:07.20	1:10.13	3	2
8	Parks, Milan	11	East End Flyers TC	1:07.50	1:10.15	3	1
9	Brown, Ronicia	12	Churchland Trailblazers	1:09.83	1:10.36	3	
10	Hunt, Michelle	12	Indian River Speed		1:12.13	1	
11	Young, Kayla	11	Hampton Blazers TC		1:12.95	1	
12	Edwards, Briana	11	Inside Track		1:12.96	1	
13	Taylor, Deja	12	Richmond Heat Track Sports	1:14.20	1:13.80	2	
14	Henry, Alexxus	12	Inside Track		1:14.13	1	
15	Coker, Temea	11	Richmond Heat Track Sports	1:15.62	1:14.67	2	
16	Clark, Niya	11	Norfolk Real Deal TC	1:05.00	1:15.22	4	
17	Mcclellan, Alexis	11	N-Motion TC	1:16.86	1:16.04	2	
18	Johnson, Nichole	11	East End Flyers TC	1:07.91	1:16.05	3	
19	Mansion, Mia	11	East End Flyers TC	1:11.85	1:18.86	3	

(Event 135 400 Meter Dash Midget Girls)

Name	Age	Team	Seed	Finals	H#	Points	
20	Gainey, Kennae	11	Churchland Trailblazers	1:16.20	1:20.96	2	
21	Brown, Deja	11	Norfolk Real Deal TC	1:05.22	1:21.49	4	
22	Staton, Iamme	11	Hampton Blazers TC		1:21.75	1	
23	Obrien, Jazmyne	11	Virginia Beach Pathfinders TC	1:27.00	1:24.07	2	
24	Lyons, Brayannah	12	Churchland Trailblazers	1:29.98	1:27.98	2	
25	Long, Kiera	11	Churchland Trailblazers	1:27.03	1:28.79	2	

Event 136 400 Meter Dash Midget Boys

Name	Age	Team	Seed	Finals	H#	Points	
1	Davis, Stanley	11	Norfolk Real Deal TC	1:00.00	1:02.40	3	10
2	Smith, Jacorey	12	Churchland Trailblazers	1:03.05	1:03.19	3	8
3	Grayson, Davon	12	Track Serious TF Club	59.87	1:03.57	3	6
4	Phillips, Keonta	12	Churchland Trailblazers	1:03.56	1:04.43	3	5
5	Guerrier, Javon	12	Norfolk Real Deal TC	1:03.97	1:05.18	3	4
6	Giles, Kenneth	11	Hampton Blazers TC		1:06.79	1	3
7	Prunty, Darryl	11	Track Serious TF Club	1:12.00	1:08.56	1	2
8	Demiel, Deonte	11	Suffolk Stars	1:06.00	1:08.81	2	1

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9	Blackley, Joeell	11	Churchland Trailblazers	1:04.26	1:09.51	3
10	Little, Juan	11	Norfolk Real Deal TC	1:10.10	1:10.47	2
11	Trotter, Jalon	12	Churchland Trailblazers	1:06.25	1:11.46	2
12	Guerrier, Davon	12	Norfolk Real Deal TC	1:09.10	1:11.48	2
13	Golden, Malloy	11	East End Flyers TC	1:05.68	1:11.63	2
14	Hudson, Dwaylon	11	Fia Ambassadors		1:11.73	1
15	Addison, Brandon	12	Churchland Trailblazers	1:09.89	1:13.56	2
16	Tennessee, Ronald	11	Indian River Speed		1:13.95	1
17	Robinson, Jaquan	11	Hampton Blazers TC		1:14.43	1
18	Chandler, Nathaniel	12	Norfolk Real Deal TC	1:14.46	1:21.73	1

Event 137 400 Meter Dash Youth Girls

Name	Age	Team	Seed	Finals	H#	Points	
1	Gregory, Jade	13	N-Motion TC	1:03.87	56.90	4	10
2	Ellick, Ashley	14	Lions Den TC	1:03.00	58.90	4	8
3	Wyche, Debresha	14	Central VA Track Field Club		59.00	2	6
4	Hopkins, Kristen	14	Virginia Beach Pathfinders TC	1:06.00	59.60	4	5
5	Todd, Seanda	14	Norfolk Real Deal TC	1:04.00	1:00.00	4	4
6	Saunders, Shakeela	14	Speed Factory TC	58.00	1:00.12	5	3
7	White, Sharonee	13	Indian River Speed	1:03.00	1:01.80	4	2
8	Ewing, Jessica	14	Track Serious TF Club	59.00	1:02.10	5	1
9	Hinton, Jalen	14	Track Serious TF Club	1:05.00	1:02.60	4	
10	Battle, Jasmine	14	Richmond Heat Track Sports	1:05.38	1:03.30	4	
11	Taylor, Taranisha	13	Norfolk Real Deal TC	1:00.00	1:04.09	5	
12	Sharp, Olivia	14	Central VA Track Field Club	1:00.00	1:05.40	5	
13	Muhammad, Maria	13	Norfolk Real Deal TC	1:01.00	1:05.51	5	
14	Cox, Charisa	14	Richmond Virginia Comets	1:09.00	1:05.73	3	
15	Williams, Brittany	14	East New York Impalas	1:02.80	1:05.87	5	
16	Corinaldi, Kadija	14	Virginia Beach Pathfinders TC	1:10.00	1:06.03	3	
17	Whitney, Ciara	13	N-Motion TC	1:07.09	1:07.25	3	
18	Harrington, Brittney	14	Virginia Beach Pathfinders TC	1:09.00	1:07.88	3	
19	Patterson, Markelle	13	Suffolk Stars	1:10.00	1:08.14	3	

(Event 137 400 Meter Dash Youth Girls)

Name	Age	Team	Seed	Finals	H#	Points	
20	Carney, Taira	13	Central VA Track Field Club	1:00.00	1:08.48	5	
21	Smith, Jasmine	14	Central VA Track Field Club		1:08.87	2	
22	Dubois, Breanna	13	Churchland Trailblazers	1:08.37	1:08.94	3	
23	Thomas, Sade	13	East New York Impalas	1:08.00	1:08.94	3	
24	Smalley, Takera	14	Churchland Trailblazers	1:08.70	1:10.55	3	
25	Burney, Kimani	13	Speed Inc	1:17.00	1:14.65	2	
26	Johnson, Monica	14	Churchland Trailblazers	1:16.25	1:15.59	2	
27	Cupka, Sarah	14	Norfolk Real Deal TC	1:15.00	1:16.50	2	
28	Williams, Alexis	14	Western Branch TC	1:10.00	1:17.39	2	
29	Lamb, Keristan	14	Churchland Trailblazers	1:18.57	1:19.50	2	

Event 138 400 Meter Dash Youth Boys

Name	Age	Team	Seed	Finals	H#	Points	
1	Mitchell, Walter	14	Norfolk Real Deal TC	52.00	54.34	4	10
2	Coleman, Joel	13	Norfolk Real Deal TC	52.52	54.47	4	8
3	Lawton, Michael	14	Fia Ambassadors	56.50	57.69	4	6
4	White, Denzel	14	Indian River Speed	56.23	57.78	4	5
5	Foster, Antonio	13	Norfolk Real Deal TC	56.83	59.78	4	4
6	Keith, Austin	13	Richmond Heat Track Sports	57.00	59.85	3	3
7	Smith, Damian	14	Norfolk Real Deal TC	54.00	59.97	4	2
8	Gibson, Tony	13	Fia Ambassadors	59.90	1:00.57	2	1
9	Riddick, Rayshad	14	Norfolk Real Deal TC	58.56	1:00.73	3	
10	Kinslow, Ajani	14	Central VA Track Field Club	54.10	1:02.28	4	
11	Clayton, Cornelius	13	Richmond Heat Track Sports	1:02.31	1:02.49	2	
12	Corbett, Travis	13	Indian River Speed	59.00	1:02.64	3	
13	Peters, Andrew	13	Norfolk Real Deal TC	59.02	1:03.75	3	

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14	Glenn, Kahana	14	Track Serious TF Club	59.07	1:03.77	3
15	Roe, James	13	Richmond Heat Track Sports	1:03.98	1:03.93	2
16	Smith, Raisean	14	Norfolk Real Deal TC	59.00	1:04.27	3
17	Soloman, Thomas	13	Hampton Blazers TC		1:04.74	1
18	Wilson, Michael	14	Track Serious TF Club	1:04.20	1:05.21	2
19	Childs, Jordan	13	Churchland Trailblazers	1:03.29	1:06.34	2
20	Washington, Justin	14	Virginia Beach Pathfinders TC	1:04.00	1:07.50	2
21	Payne, Evonte	13	Churchland Trailblazers	1:10.12	1:13.19	2
22	Landry, Davon	13	Churchland Trailblazers	1:06.33	1:13.74	2
23	Staton, Richie	13	Hampton Blazers TC		1:15.59	1
24	Pierce, Clifton	13	N-Motion TC	1:13.94	1:18.96	1
25	Lowe, Jirani	13	Churchland Trailblazers	1:28.33	1:28.23	1

Event 139 400 Meter Dash Intermediate Girls

Name	Age	Team	Seed	Finals	H#	Points	
1	Miles, Tylesia	16	Norfolk Real Deal TC	58.00	58.85	3	10
2	Robinson, Cydney	15	Norfolk Real Deal TC	58.00	59.30	3	8
3	Harris, Tiffany	16	Norfolk Real Deal TC	58.00	59.79	3	6
4	Dennis, Breanna	15	Speed Factory TC	58.00	59.97	3	5
5	Townsend, Jazmen	16	Speed Factory TC	58.00	1:01.07	3	4
6	Owens, Derica	16	Norfolk Real Deal TC	57.80	1:02.17	3	3
7	Payne-Roebuck, Piarrah	15	Norfolk Real Deal TC		1:02.30	1	2
8	Sumler, Monica	16	Indian River Speed	59.00	1:03.05	3	1

(Event 139 400 Meter Dash Intermediate Girls)

Name	Age	Team	Seed	Finals	H#	Points
9	Richardson, Jasia	16	Central VA Track Field Club		1:03.80	1
10	Davis, Jessica	16	Western Branch TC	1:02.00	1:03.86	2
11	Chase, Ashley	16	Hampton Blazers TC		1:04.24	1
12	Reid, Morgan	16	Indian River Speed		1:06.64	1
13	Green, Gabrielle	15	Virginia Beach Pathfinders TC	1:06.00	1:06.68	2
14	Singleton, Raven	16	Central VA Track Field Club	1:02.00	1:07.54	2
15	Williams, Shanaya	16	Central VA Track Field Club	1:03.00	1:09.45	2
16	Brown, Morgan	16	Fia Ambassadors		1:09.67	1
17	Andrews, Blake	15	Western Branch TC	1:04.00	1:11.27	2
18	Wise, Katie	15	Central VA Track Field Club		1:12.81	1
19	Myers, Rashawna	15	Indian River Speed		1:13.87	1

Event 140 400 Meter Dash Intermediate Boys

Name	Age	Team	Seed	Finals	H#	Points	
1	Sykes, Taylor	16	Team-Sykes	48.00	49.54	3	10
2	Askew, Cameron	16	Unattached	50.13	49.65	3	8
3	Moyer, Micah	16	Western Branch TC	50.60	51.07	3	6
4	O'Brien, Aaryon	16	Virginia Beach Pathfinders TC	53.00	54.51	3	5
5	Cruz, Lamar	16	Inside Track	52.00	54.79	3	4
6	Bertram, Chris	16	Track Serious TF Club	53.04	54.79	3	3
7	Cipic, Cameron	16	Western Branch TC	55.24	55.38	2	2
8	Moody, Darrius	15	Beast Boyz	54.00	56.23	3	1
9	Munroe, Paul	15	Central VA Track Field Club	1:00.00	56.71	2	
10	Mann, Trae	16	Richmond Virginia Comets	55.69	57.08	2	
11	Robinson, Giovanni	15	Hampton Blazers TC		59.63	1	
12	Jones, Randy	16	Beast Boyz		1:00.00	1	
13	Mask, Corey	16	Inside Track	56.00	1:01.30	2	
14	Johnson, Willie	16	Norfolk Extremes TC		1:01.53	1	
15	Marriner, Isaiah	15	Western Branch TC	56.00	1:03.74	2	

Event 141 400 Meter Dash Young Girls

Name	Age	Team	Seed	Finals	H#	Points	
1	Person-Spence, Amber	17	Lazers TC	58.99	58.63	2	10
2	Briggs, Deshana	17	Norfolk Real Deal TC	58.00	59.24	2	8

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3	Jones, Quaniqua	17	Hampton Blazers TC		1:00.55	1	6
4	Key, Danika	18	Western Branch TC	1:03.00	1:01.64	2	5
5	Thomas, Delia	18	Track Serious TF Club	59.87	1:02.90	2	4
6	Brown, Leah	17	Norfolk Real Deal TC	57.00	1:04.03	2	3
7	Bell, La-Drina	18	Churchland Trailblazers	1:03.76	1:06.17	2	2
8	Lockhart, Shannon	17	Hampton Blazers TC		1:07.33	1	1
9	Gray, Wilma	18	Lions Den TC	1:08.00	1:09.32	1	
10	Lewis, Rian	17	Western Branch TC	1:05.00	1:10.54	1	
11	Sample, Raven	18	Churchland Trailblazers	1:04.25	1:11.67	2	

Event 142 400 Meter Dash Young Boys

Name	Age	Team	Seed	Finals	H#	Points
1 Bullard, Javell	17	Technique TC	48.75	48.56	4	10
2 Marrow, Sherrard	17	Norfolk Real Deal TC	47.80	48.64	4	8
3 Balsor, Jared	18	Norfolk Real Deal TC	49.00	49.76	4	6

(Event 142 400 Meter Dash Young Boys)

Name	Age	Team	Seed	Finals	H#	Points
4 Brickhouse, Darryl	17	Norfolk Real Deal TC	48.00	49.90	4	5
5 Melton, Dionte	18	Western Branch TC	49.50	50.50	3	4
6 Edwards, Cleveland	18	Central VA Track Field Club		50.54	1	3
7 Posey, Ronquis	17	Lazers TC	48.95	50.64	4	2
8 Robison, Olimas	17	Western Branch TC	49.50	50.98	4	1
9 O'Brien, Justin	18	Virginia Beach Pathfinders TC	51.00	51.70	2	
10 Valentine, Terrell	18	Technique TC	50.75	51.80	2	
11 Collins, Joe	18	East End Flyers TC	50.74	51.84	2	
12 Maldonado, Andre	18	Technique TC		52.27	1	
13 Russell, Victor	18	Technique TC		52.79	1	
14 Gaston, Michael	18	East End Flyers TC	52.24	53.04	2	
15 Dudley, Aaron	18	Speed Factory TC	51.00	54.66	2	
16 Bundy, Marcus	17	Richmond Virginia Comets	53.54	55.73	2	

Event 144 400 Meter Dash Open Men

Name	Age	Team	Seed	Finals	H#	Points
1 Flood, Derron	19	Norfolk Real Deal TC	46.00	50.68	2	
2 Russell, Rueben	19	Hampton City Elite	49.50	51.27	1	
3 Whiting, Meredith	19	Lazers Open	49.00	51.38	2	
4 Jones, Lyle	19	Lazers Open		54.52	1	
5 Mclean, Courtney	19	Hampton Blazers Open		54.97	1	
6 Morgan, Edric	19	Fia Ambassadors		1:04.17	1	

Event 145 800 Meter Run Bantam Girls

Name	Age	Team	Seed	Finals	Points
1 Keith, Asia	9	Richmond Heat Track Sports	3:01.00	3:10.07	10
2 Grainger, Aleeya	10	Norfolk Real Deal TC	2:55.00	3:12.00	8
3 Odenwald, Christine	10	Lazers TC		3:18.96	6
4 Smith, Shanyn	9	Churchland Trailblazers	3:27.91	3:46.47	5

Event 146 800 Meter Run Bantam Boys

Name	Age	Team	Seed	Finals	Points
1 Phillips, Benjamin	9	East End Flyers TC	2:44.41	2:51.79	10
2 McKinley, Brandon	9	East New York Impalas	2:47.00	2:53.16	8
3 Ross, George	9	Central VA Track Field Club	2:48.00	2:53.79	6
4 Andrews, Louis	9	Churchland Trailblazers	3:02.17	3:04.73	5
5 Long, Deandre	9	Churchland Trailblazers	3:09.01	3:08.39	4
6 Davis, Kevin	10	Lazers TC	3:00.00	3:09.43	3
7 Powell, Dashaun	9	Churchland Trailblazers	3:15.21	3:14.90	2
8 Lyles, Christopher	9	Lazers TC	3:00.00	3:15.38	1
9 Stills, Joseph	9	Lazers TC		4:04.02	

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Event 147 800 Meter Run Midget Girls

Name	Age	Team	Seed	Finals	Points
1 Wright, Chelsea	12	Norfolk Real Deal TC	2:35.32	2:38.23	10
2 White, Ebony	11	Indian River Speed	2:35.00	2:38.57	8
3 Clark, Niya	11	Norfolk Real Deal TC	2:40.00	2:48.37	6
4 Tinsley, Tianna	12	Richmond Heat Track Sports		2:53.59	5
5 Roebuck, Cinqua	11	Norfolk Real Deal TC	2:48.98	2:53.84	4
6 Taylor, Deja	12	Richmond Heat Track Sports	3:02.17	2:56.10	3

(Event 147 800 Meter Run Midget Girls)

Name	Age	Team	Seed	Finals	Points
7 Dance, Jahnisha	11	East End Flyers TC	2:55.74	2:59.48	2
8 Edwards, Briana	11	Inside Track		3:00.14	1
9 Girona, Alexis	11	East End Flyers TC	2:55.78	3:01.26	
10 Young, Kayla	11	Hampton Blazers TC		3:08.78	
11 Gainey, Kennae	11	Churchland Trailblazers	3:15.80	3:13.66	
12 Brown, Ronicia	12	Churchland Trailblazers	3:16.15	3:14.66	
13 Staton, Iamme	11	Hampton Blazers TC		3:26.06	
14 Obrien, Jazmyne	11	Virginia Beach Pathfinders TC	3:00.00	3:30.77	
15 Long, Kiera	11	Churchland Trailblazers	3:40.97	3:51.50	

Event 148 800 Meter Run Midget Boys

Name	Age	Team	Seed	Finals	Points
1 Warren, John	11	Central VA Track Field Club	2:15.00	2:31.87	10
2 Guerrier, Javon	12	Norfolk Real Deal TC	2:47.90	2:41.98	8
3 Guerrier, Davon	12	Norfolk Real Deal TC	2:44.51	2:49.35	6
4 Little, Juan	11	Norfolk Real Deal TC	2:45.82	2:52.95	5
5 Trotter, Jamel	12	Churchland Trailblazers	3:25.16	2:57.38	4
6 Addison, Brandon	12	Churchland Trailblazers	2:58.71	3:02.34	3
7 Harrison, Joel	11	Lazers TC	3:00.00	3:03.60	2

Event 149 800 Meter Run Youth Girls

Name	Age	Team	Seed	Finals	Points
1 Gregory, Jade	13	N-Motion TC	2:30.47	2:43.74	10
2 Dubois, Breanna	13	Churchland Trailblazers	2:42.52	2:44.80	8
3 Thomas, Sade	13	East New York Impalas	2:40.00	2:45.86	6
4 Wyche, Debresha	14	Central VA Track Field Club		2:51.15	5
5 Battle, Jasmine	14	Richmond Heat Track Sports	2:40.28	2:51.30	4
6 Thorpe, Raiven	14	Richmond Heat Track Sports	2:42.89	2:52.03	3
7 Collins, Alicia	13	Norfolk Real Deal TC	2:25.10	3:11.56	2
8 Lamb, Keristan	14	Churchland Trailblazers	3:11.21	3:16.03	1
9 Cupka, Sarah	14	Norfolk Real Deal TC		3:19.47	

Event 150 800 Meter Run Youth Boys

Name	Age	Team	Seed	Finals	Points
1 Moore, Ernest	14	Central VA Track Field Club		2:25.78	10
2 Riddick, Rayshad	14	Norfolk Real Deal TC	2:20.16	2:25.89	8
3 Charles, Denis	13	Lions Den TC	2:28.00	2:30.10	6
4 Reid, Malcom	14	Indian River Speed	2:35.00	2:30.85	5
5 Keith, Austin	13	Richmond Heat Track Sports	2:12.00	2:35.66	4
6 Smith, Raisean	14	Norfolk Real Deal TC	2:35.00	2:38.57	3
7 Graham, Tavon	14	Indian River Speed	2:30.00	2:41.50	2
8 Yepes, Dominick	14	Richmond Heat Track Sports	2:37.63	2:42.97	1
9 Wilson, Michael	14	Track Serious TF Club		2:45.00	
10 Washington, Justin	14	Virginia Beach Pathfinders TC	2:48.00	2:52.57	
11 Wilkins, Blake	14	N-Motion TC		2:54.87	
12 Miles, Alton	13	Norfolk Real Deal TC	2:30.00	3:08.10	
13 Odenwald, Brian	13	Lazers TC	3:00.00	3:10.82	

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14 Lowe, Jirani 13 Churchland Trailblazers 3:28.53 3:27.75

Event 151 800 Meter Run Intermediate Girls

Name	Age	Team	Seed	Finals	Points
1 Augins, Nicole	15	Lazers TC		2:39.36	10
2 Mckinnon, Jaqueline	16	Richmond Virginia Comets	2:59.00	2:57.07	8

Event 152 800 Meter Run Intermediate Boys

Name	Age	Team	Seed	Finals	Points
1 Bertrand, Anderson	16	Central VA Track Field Club	1:59.00	2:12.63	10
2 Mann, Trae	16	Richmond Virginia Comets	2:10.30	2:13.75	8
3 Robertson, Marcus	16	Virginia Beach Pathfinders TC	2:14.00	2:18.57	6
4 Harrison, Aaron	15	Lazers TC		2:18.98	5
5 Yepes, Justin	16	Richmond Heat Track Sports	2:20.05	2:19.75	4
6 Taylor, Lemontre	15	Richmond Heat Track Sports	2:25.74	2:20.57	3
7 Mask, Corey	16	Inside Track		2:46.60	2

Event 153 800 Meter Run Young Girls

Name	Age	Team	Seed	Finals	Points
1 Barnes, Shamika	17	East End Flyers TC	2:24.74	2:29.97	10
2 Farmer, Ciara	17	Track Serious TF Club	2:24.00	2:33.40	8
3 Gray, Chynell	19	Lions Den TC	2:39.00	2:47.11	6

Event 154 800 Meter Run Young Boys

Name	Age	Team	Seed	Finals	Points
1 Clark, Alphonso	18	Norfolk Real Deal TC	2:00.00	2:04.83	10
2 Womack, David	17	Norfolk Real Deal TC	2:00.00	2:07.47	8
3 Moore, Josh	18	Central VA Track Field Club	2:03.00	2:12.36	6
4 Gains, Rueben	17	Central VA Track Field Club	2:30.00	2:14.54	5

Event 156 800 Meter Run Open Men

Name	Age	Team	Seed	Finals	Points
1 Jones, Lyle	19	Lazers Open		1:19.52	10
2 Jones, Mr	19	Lazers Open		2:02.14	8
3 Brown, Maurice	19	Lazers Open	2:00.00	2:08.70	6
4 Frost, Michael	19	Lazers Open	2:10.00	2:15.51	5
5 Mclean, Courtney	19	Hampton Blazers Open		2:20.92	4

Event 157 200 Meter Dash Sub-Bantam Girls

Name	Age	Team	Seed	Finals	H#	Points
1 Williams, Victoria	8	Track Serious TF Club	32.82	33.08	3	10
2 Ferrell, Bryana	8	Central VA Track Field Club	30.10	33.77	3	8
3 Johnson, Zanasia	8	Track Serious TF Club	34.22	34.03	3	6
4 Ackerson, Skylar	8	Central VA Track Field Club	32.00	36.30	3	5
5 Norman, Jasmine	8	Churchland Trailblazers	36.48	36.97	3	4
6 Banks, Alexis	6	Churchland Trailblazers	39.36	39.00	2	3
7 Scott, Trebreh	6	Churchland Trailblazers	39.82	39.57	2	2
8 Harper, Brianna	7	Hampton Blazers TC		39.58	1	1
9 Parker, Ariel	8	Suffolk Stars		40.43	1	
10 Hinton, Jade	7	Track Serious TF Club	42.68	40.63	2	
11 Goodman, Raven	8	Suffolk Stars	35.00	41.13	3	
12 Keels, Ariyanna	8	Churchland Trailblazers	41.08	44.55	2	
13 Seymore, Victoria	6	Indian River Speed		47.88	2	

(Event 157 200 Meter Dash Sub-Bantam Girls)

Name	Age	Team	Seed	Finals	H#	Points
14 Rountree, Alexis	6	Suffolk Stars	38.00	47.95	2	

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15	Brown, Neecole	6	Suffolk Stars	36.00	50.15	3	
16	Pugh, Melissa	9	Suffolk Stars		56.46	1	

Event 158 200 Meter Dash Sub-Bantam Boys

Name	Age	Team	Seed	Finals	H#	Points
1 Rucker, Jabari	8	Richmond Heat Track Sports	32.71	32.03	4	10
2 Blackley, Jahkwan	8	Churchland Trailblazers	35.26	32.58	4	8
3 Carter, Jasper	7	Norfolk Real Deal TC	33.50	34.33	4	6
4 Blair, Allen	8	Speed Inc	34.16	34.34	4	5
5 Addison, Brenten	8	Churchland Trailblazers	34.59	35.13	4	4
6 Coddington, Alwin	8	East New York Impalas	34.80	35.22	4	3
7 Bynum, Donte	7	Richmond Heat Track Sports	36.06	36.28	3	2
8 Seymore, Vincent	8	Indian River Speed		36.72	1	1
9 Love, Joshua	8	Suffolk Stars	36.00	37.12	3	
10 Midgette, Keyonte	6	Churchland Trailblazers	35.79	38.71	3	
11 Dabney, Donavon	7	Inside Track		41.69	1	
12 Armstead, Kenan	6	Churchland Trailblazers	43.63	42.79	3	
13 Parker, Arron	8	Suffolk Stars		42.93	2	
14 Dixon, Micah	7	Churchland Trailblazers	40.13	44.65	3	
15 Harris, Jhalen	6	Norfolk Real Deal TC		45.51	2	
16 Frierson, Jahkie	6	Virginia Beach Pathfinders TC		45.76	2	
17 Harrison, Daniel	6	Lazers TC		46.32	2	
18 Dubois, Christian	6	Churchland Trailblazers	51.79	47.24	2	
19 Gibson, Seth	6	Norfolk Real Deal TC		57.28	1	

Event 159 200 Meter Dash Bantam Girls

Name	Age	Team	Seed	Finals	H#	Points
1 Greenlee, Ashley	10	Hampton Blazers TC		30.76	2	10
2 Sypres, Trenay	10	Lazers TC		31.04	1	8
3 Brown, Ianna	10	Track Serious TF Club	29.97	31.13	5	6
4 Leonard, Jaelan	9	Norfolk Real Deal TC	30.00	31.67	5	5
5 Bunch, Ashaila	10	East End Flyers TC	30.45	32.00	5	4
6 Jones, Mia	10	Suffolk Stars	34.00	32.36	3	3
7 Hazel, Jalaia	10	Churchland Trailblazers	33.57	32.48	4	2
8 Holiday, Kenya	9	Freedom Striders	33.00	32.48	4	1
9 Mallory, Tayla	10	Suffolk Stars	32.00	32.57	5	
10 Strachan, Adenike	10	East New York Impalas	31.80	32.63	5	
11 Broughton, Shayla	9	East New York Impalas	31.60	32.65	5	
12 Linton, Avia	10	Suffolk Stars	33.00	32.94	4	
13 Brown, Kayla	10	Churchland Trailblazers	33.91	33.47	4	
14 Haynesworth, Leila	9	Richmond Heat Track Sports	33.67	33.49	4	
15 Banks, Aleya	9	Churchland Trailblazers	32.50	33.59	4	
16 Stukes, Brittney	10	Churchland Trailblazers	35.29	33.68	2	
17 Roe, Lachyna	10	Richmond Heat Track Sports	34.09	34.00	3	
18 Shepard, Brianna	10	Churchland Trailblazers	33.64	34.03	4	
19 Norrell, Jessika	10	Richmond Heat Track Sports	33.67	34.11	4	
20 Massie, Taylor	10	Churchland Trailblazers	34.55	34.60	3	
21 Macklin, Keausha	9	Hampton Blazers TC		34.82	1	

(Event 159 200 Meter Dash Bantam Girls)

Name	Age	Team	Seed	Finals	H#	Points
22 Cox, Jonae	9	Churchland Trailblazers	34.55	35.01	3	
23 Hawkes, Aviance	9	Indian River Speed		35.02	1	
24 Hinton, Zykeara	9	Churchland Trailblazers	35.39	35.50	2	
25 Jacobs, Erica	9	Track Serious TF Club		35.75	1	
26 Council, Jacquazja	9	Suffolk Stars	34.00	36.03	3	
27 Clarke, Indiana	9	Fia Ambassadors		36.88	1	
28 Earp, Alexis	9	Hampton Blazers TC		36.91	1	
29 Hinton, Joyner	9	Track Serious TF Club	38.00	37.01	2	
30 Ferebee, Laneaa	9	Churchland Trailblazers	38.14	37.68	2	
31 Rountree, Tori	10	Suffolk Stars	34.00	38.81	3	

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32	Washington, Alyssa	9	Hampton Blazers TC		42.89	1	
33	Chandler, Aliyah	10	Track Serious TF Club	45.00	45.04	2	
34	Walker, Novaya	9	Churchland Trailblazers	35.37	52.79	2	

Event 160 200 Meter Dash Bantam Boys

	Name	Age	Team	Seed	Finals	H#	Points
1	Holloway, Grant	10	Indian River Speed	28.87	29.50	3	10
2	Pressley, Tyese	10	Lazers TC	29.00	30.19	3	8
3	Zdanek, David	10	Central VA Track Field Club		30.48	1	6
4	Mason, Isaiah	10	East New York Impalas	29.70	31.17	3	5
5	Stokley, Jordan	10	Suffolk Stars	34.00	31.30	2	4
6	Smith, Tyain	9	Indian River Speed		31.52	1	3
7	Faulk, Shuan	9	Lazers TC	29.50	31.82	3	2
8	Henry, Vashon	10	East New York Impalas	32.40	32.48	2	1
9	Stills, Joshua	9	Lazers TC	30.00	32.78	3	
10	Nipper, Devyn	10	Norfolk Real Deal TC	34.00	33.53	1	
11	Thompson, Jeremiah	10	Central VA Track Field Club	29.10	33.54	3	
12	Jones, Ivan	10	Churchland Trailblazers	35.77	33.56	1	
13	Owens, Malik	10	N-Motion TC	34.16	34.00	1	
14	Harris, Micaiah	9	Norfolk Real Deal TC	34.00	34.14	2	
15	Ricks, Jamonte	9	Lazers TC	34.00	34.58	2	
16	Clayton, Cordell	9	Richmond Heat Track Sports	34.06	35.02	1	
17	Gibson, Karl	9	Norfolk Real Deal TC	34.00	35.32	2	
18	Gillis, Deandre	9	Inside Track	33.00	35.61	2	
19	Wade, Rayvion	10	Track Serious TF Club	29.88	36.15	3	
20	Jelks, Malon	9	Inside Track	34.00	37.46	2	
21	Edwards, Darius	9	Churchland Trailblazers	39.25	39.11	1	

Event 161 200 Meter Dash Midget Girls

	Name	Age	Team	Seed	Finals	H#	Points
1	Wesson, Talia	11	East End Flyers TC	27.14	28.23	3	10
2	Wedlock, Penchell	11	Norfolk Real Deal TC	28.06	28.92	3	8
3	Taliaferro, Briana	11	Norfolk Real Deal TC	31.00	29.63	2	6
4	Smith, Sherelle	11	Churchland Trailblazers	29.45	29.65	3	5
5	Hicks, Ashley	12	Norfolk Real Deal TC	29.33	29.81	3	4
6	Coker, Temea	11	Richmond Heat Track Sports	31.66	30.63	2	3
7	Morris, Ilissa	11	Richmond Heat Track Sports	29.58	30.72	3	2
8	Brown, Deja	11	Norfolk Real Deal TC	30.31	30.84	2	1
9	Glenn, Kyra	11	Track Serious TF Club	30.84	30.87	2	

(Event 161 200 Meter Dash Midget Girls)

	Name	Age	Team	Seed	Finals	H#	Points
10	Bryant, Twanja	12	Track Serious TF Club	32.19	31.38	2	
11	Hunt, Michelle	12	Indian River Speed		31.68	3	
12	Henry, Alexxus	12	Inside Track		32.51	2	
13	Page, Danielle	11	Richmond Heat Track Sports	34.13	32.53	2	
14	Jones, Mashea	12	Churchland Trailblazers	32.01	33.09	2	

Event 162 200 Meter Dash Midget Boys

	Name	Age	Team	Seed	Finals	H#	Points
1	Smith, Jacorey	12	Churchland Trailblazers	27.65	27.55	4	10
2	Brown, Kai	11	Freedom Striders	28.00	27.60	4	8
3	Grayson, Davon	12	Track Serious TF Club	26.88	28.26	4	6
4	Davis, Stanley	11	Norfolk Real Deal TC	29.10	28.31	4	5
5	Phillips, Keonta	12	Churchland Trailblazers	28.75	28.58	4	4
6	Major-Dixon, Darius	12	Churchland Trailblazers	30.83	30.10	3	3
7	Brown, Benjamin	11	Richmond Heat Track Sports	30.56	30.15	3	2
8	Smalley, Clarence	11	Churchland Trailblazers	30.43	30.73	3	1
9	Massie, Michael	11	Churchland Trailblazers	31.75	30.88	1	
9	Robinson, Jaquan	11	Hampton Blazers TC		30.88	2	

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11	Gould, Andrew	11	Suffolk Stars	28.00	30.95	4
12	Hudson, Dwaylon	11	Fia Ambassadors		30.99	2
13	Lockley, Tayvon	11	Richmond Heat Track Sports	31.00	31.24	3
14	Chandler, Nathaniel	12	Norfolk Real Deal TC	31.61	31.27	3
15	Prunty, Darryl	11	Track Serious TF Club	30.98	31.29	3
16	Hopkins, Colin	11	Virginia Beach Pathfinders TC		31.49	1
17	Terrell, Deon	12	Lazers TC		31.58	1
18	Trotter, Jalon	12	Churchland Trailblazers	34.42	32.23	2
19	Gee, Daquan	12	Churchland Trailblazers	32.50	32.32	2
20	Guerrier, Javon	12	Norfolk Real Deal TC	29.04	32.50	4

Event 163 200 Meter Dash Youth Girls

Name	Age	Team	Seed	Finals	H#	Points	
1	Saunders, Shakeela	14	Speed Factory TC	25.00	25.69	6	10
2	Ellick, Tiffany	13	Norfolk Real Deal TC	25.10	26.14	6	8
3	Taylor, Taranisha	13	Norfolk Real Deal TC	26.45	26.59	6	6
4	Williams, Monica	14	Track Serious TF Club	26.08	26.67	6	5
5	Sharp, Olivia	14	Central VA Track Field Club	26.80	26.72	5	4
6	Hankins, Jasmine	14	Track Serious TF Club	26.62	26.89	6	3
7	Harris, Angela	14	Central VA Track Field Club	28.20	27.29	4	2
8	Poteat, Mishea	14	Indian River Speed		27.37	2	1
9	Smith, Sydney	14	Virginia Beach Pathfinders TC	28.00	27.59	4	
10	Todd, Seanda	14	Norfolk Real Deal TC	26.75	27.61	6	
11	Sharp, Olicia	13	Central VA Track Field Club	28.60	27.75	4	
12	Ellick, Ashley	14	Lions Den TC	27.00	27.86	5	
13	Daniels, Brehanna	13	Track Serious TF Club	27.61	28.08	5	
14	Thompson, Diyea	13	Central VA Track Field Club	26.90	28.10	5	
15	Washington, Aleshia	14	Track Serious TF Club	28.85	28.18	4	
16	Smalley, Takeria	14	Churchland Trailblazers	27.93	28.24	5	
17	Vonner, Alexia	13	Norfolk Real Deal TC	29.00	28.61	3	
18	Harrington, Brittney	14	Virginia Beach Pathfinders TC	29.00	28.85	3	

(Event 163 200 Meter Dash Youth Girls)

Name	Age	Team	Seed	Finals	H#	Points	
19	Carney, Taira	13	Central VA Track Field Club		28.91	2	
20	Muhammad, Maria	13	Norfolk Real Deal TC	29.00	28.93	3	
21	Williams, Brittany	14	East New York Impalas	27.00	29.00	5	
22	Corinaldi, Kadija	14	Virginia Beach Pathfinders TC	28.00	29.26	4	
23	Hopkins, Kristen	14	Virginia Beach Pathfinders TC	27.00	29.27	5	
24	Cullen, Noel	14	Indian River Speed		29.68	1	
25	Diggs, Tylar	14	East New York Impalas	28.80	29.98	4	
26	Wade, Rayona	13	Track Serious TF Club		30.16	2	
27	Johnson, Monica	14	Churchland Trailblazers	29.89	30.24	3	
28	Collins, Alicia	13	Norfolk Real Deal TC	30.73	30.93	3	
29	Whitney, Ciara	13	N-Motion TC	30.39	31.38	3	
30	Washington, Kathleen	13	Indian River Speed		31.99	1	
31	Cupka, Sarah	14	Norfolk Real Deal TC	33.10	33.01	2	

Event 164 200 Meter Dash Youth Boys

Name	Age	Team	Seed	Finals	H#	Points	
1	Mitchell, Walter	14	Norfolk Real Deal TC	24.00	23.52	5	10
2	Coleman, Joel	13	Norfolk Real Deal TC	24.45	23.56	5	8
3	Tate, Tony	14	Norfolk Real Deal TC	25.41	25.20	5	6
4	Smith, Damian	14	Norfolk Real Deal TC	24.00	25.50	5	5
5	Lawton, Michael	14	Fia Ambassadors	25.50	25.53	4	4
6	Booker, Devon	13	Churchland Trailblazers	25.88	25.78	4	3
7	Vaughn, Darious	14	Indian River Speed	24.90	26.53	5	2
8	Gibson, Tony	13	Fia Ambassadors	27.30	26.58	3	1
9	Chandler, Nathan	13	Track Serious TF Club	26.50	26.60	4	
10	Cradle, Deshawn	14	Churchland Trailblazers	26.30	26.67	4	
11	Foster, Antonio	13	Norfolk Real Deal TC	26.15	26.85	4	

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12	Clayton, Cornelius	13	Richmond Heat Track Sports		27.00		1
13	Glenn, Kahana	14	Track Serious TF Club	26.89	27.14		3
14	Corbett, Travis	13	Indian River Speed	26.70	27.19		4
15	Peters, Andrew	13	Norfolk Real Deal TC	26.82	27.32		3
16	Smith, Raisean	14	Norfolk Real Deal TC	26.00	27.69		4
17	Holloway, Trey	13	Indian River Speed	25.00	28.08		5
18	Gidden, Mario	14	Track Serious TF Club	27.23	28.11		3
19	Simms, Stevon	14	Churchland Trailblazers	25.52	28.35		4
20	Washington, Justin	14	Virginia Beach Pathfinders TC	27.00	28.35		3
21	Bullard, Korey	13	Fia Ambassadors	27.80	28.38		3
22	Daniels, Brehon	13	Track Serious TF Club	27.75	28.54		3
23	Thompson, Joshua	13	Fia Ambassadors		29.29		1
24	Payne, Evonte	13	Churchland Trailblazers	28.75	29.45		2
25	Brown, Degerald	14	Central VA Track Field Club	26.80	31.96		3
26	Landry, Davon	13	Churchland Trailblazers	30.38	32.44		2
27	Pierce, Clifton	13	N-Motion TC	33.10	32.84		2
28	Judkins, Shabre	13	Sussex Striders		34.12		1
29	Lowe, Jirani	13	Churchland Trailblazers	31.66	36.75		2

Event 165 200 Meter Dash Intermediate Girls

	Name	Age	Team	Seed	Finals	H#	Points
1	Townsend, Jazmen	16	Speed Factory TC	25.00	25.60	4	10

(Event 165 200 Meter Dash Intermediate Girls)

	Name	Age	Team	Seed	Finals	H#	Points
2	Chandler, Tanay	16	Norfolk Real Deal TC	25.00	25.88	4	8
3	Dennis, Breanna	15	Speed Factory TC	25.00	25.89	4	6
4	Butler, Emily	16	Track Serious TF Club	25.60	26.14	4	5
5	Morris, Ciarra	15	Central VA Track Field Club		26.47	2	4
6	Hunt, Ruth	16	Track Serious TF Club	25.67	26.69	4	3
7	Sumler, Monica	16	Indian River Speed		26.70	1	2
8	Richardson, Jasia	16	Central VA Track Field Club		26.93	1	1
9	Payne-Roebuck, Piarrah	15	Norfolk Real Deal TC	26.96	27.02	3	
10	Chase, Ashley	16	Hampton Blazers TC		27.48	2	
11	Diggs, Angela	15	Track Serious TF Club	29.90	27.99	2	
12	Davis, Jessica	16	Western Branch TC	26.64	28.04	4	
13	Smith, Celina	16	Western Branch TC	27.74	28.56	3	
14	Green, Gabrielle	15	Virginia Beach Pathfinders TC	28.00	28.87	3	
15	Dickens, Logan	16	Western Branch TC	27.50	29.08	3	
16	Ross, Ladasha	15	Churchland Trailblazers	29.89	29.35	2	
17	Williams, Shanaya	16	Central VA Track Field Club		29.49	2	
18	Blair, Shirae	16	Speed Inc	29.70	29.58	3	
19	Wise, Katie	15	Central VA Track Field Club		29.69	2	
20	Smith, Melina	15	Churchland Trailblazers	30.49	30.70	2	
21	Hendricks, Kourtney	15	Central VA Track Field Club	27.41	31.00	3	
22	Merritt, Jahna	16	Central VA Track Field Club		31.69	1	

Event 166 200 Meter Dash Intermediate Boys

	Name	Age	Team	Seed	Finals	H#	Points
1	Askew, Cameron	16	Unattached	22.85	23.13	3	10
2	Moyer, Micah	16	Western Branch TC	22.50	23.34	3	8
3	Lockley, Donovan	16	Richmond Heat Track Sports	24.28	23.60	2	6
4	Blake, Ricky	16	Beast Boyz	23.22	23.94	3	5
5	Collins, Chris	17	Central VA Track Field Club	23.10	24.07	3	4
6	Meredith, Douglas	15	Virginia Beach Pathfinders TC	27.00	24.14	1	3
7	Fentress, Jevone	15	Track Serious TF Club	23.62	24.18	3	2
8	Bertram, Chris	16	Track Serious TF Club	23.99	24.68	2	1
9	Dillon, Bryce	16	Richmond Virginia Comets	23.86	24.73	3	
10	Boleyjack, Cameron	16	Virginia Beach Pathfinders TC	26.00	25.24	1	
11	Cipcic, Cameron	16	Western Branch TC	25.00	25.32	2	
12	Walton, Jeremie	16	Beast Boyz	24.00	25.49	2	

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13	Blair, William	15	Speed Inc	24.11	25.70	2
14	Robinson, Giovanni	15	Hampton Blazers TC		26.09	1
15	Riddick, Brendon	15	Richmond Heat Track Sports	26.16	26.12	1
16	Stokley, Tevin	15	Suffolk Stars	24.00	26.55	2
17	Marriner, Isaiah	15	Western Branch TC	25.00	27.14	2
18	Flowers, Rueben	16	Sussex Striders		27.41	1

Event 167 200 Meter Dash Young Girls

	Name	Age	Team	Seed	Finals	H#	Points
1	Thomas, Delia	18	Track Serious TF Club	26.99	26.00	3	10
2	Person-Spence, Amber	17	Lazers TC	26.50	26.84	3	8
3	Newman, Ashleigh	17	Western Branch TC	27.00	27.25	3	6
4	Clary, Kristen	18	Central VA Track Field Club	26.07	27.39	3	5

(Event 167 200 Meter Dash Young Girls)

	Name	Age	Team	Seed	Finals	H#	Points
5	Ditto, Nicole	17	Central VA Track Field Club		28.02	1	4
6	Bell, La-Drina	18	Churchland Trailblazers	28.45	28.24	2	3
7	Carson, Kimberly	17	Western Branch TC	28.50	28.67	2	2
8	Lewis, Rian	17	Western Branch TC	28.00	29.79	2	1
9	Lockhart, Shannon	17	Hampton Blazers TC		29.98	1	
10	Stith, Shara	17	Western Branch TC	28.00	30.22	2	
11	Sample, Raven	18	Churchland Trailblazers	30.21	30.75	2	
12	Kelly, Chasity	17	Western Branch TC	28.44	31.27	2	

Event 168 200 Meter Dash Young Boys

	Name	Age	Team	Seed	Finals	H#	Points
1	Gyasi, Isiah	18	Norfolk Real Deal TC	21.50	22.15	4	10
2	Hines, Anthony	18	Norfolk Real Deal TC	22.30	22.46	3	8
3	Posey, Ronquis	17	Lazers TC	21.91	22.48	4	6
4	Marrow, Sherrard	17	Norfolk Real Deal TC	21.80	22.58	4	5
5	Melton, Dionte	18	Western Branch TC	22.90	22.66	3	4
6	Bullard, Javell	17	Technique TC	22.15	22.69	4	3
7	Robison, Olimas	17	Western Branch TC	22.50	22.76	3	2
8	Edwards, Cleveland	18	Central VA Track Field Club	22.45	23.20	3	1
9	Rowe, Jerelle	18	Richmond Heat Track Sports	23.97	23.21	2	
10	Obrien, Justin	18	Virginia Beach Pathfinders TC		23.38	1	
11	Kelling, John	17	Norfolk Real Deal TC		23.87	1	
12	Russell, Victor	18	Technique TC		24.35	1	
13	Ransom, Aaron	19	Track Serious TF Club	22.50	26.23	3	
14	Vann, Troy	17	Track Serious TF Club	23.01	27.19	2	

Event 170 200 Meter Dash Open Men

	Name	Age	Team	Seed	Finals
1	Speller, Thomas	19	Norfolk Real Deal TC	21.00	22.38
2	Blyden, Flavel	19	Track Serious TF	22.40	23.05
3	Blyden, Jamal	19	Track Serious TF	22.30	23.06
4	Daniels, Jamaal	19	Track Serious TF	22.60	23.20
5	Morgan, Edric	19	Fia Ambassadors		28.13

Event 173 4x400 Meter Relay Bantam Girls

	Team	Relay	Seed	Finals	Points
1	Indian River Speed	A	4:50.00	5:40.82	10
	1) Andrews, Maya 9	2) Skinner, Shaytorria 10	3) Valentine, Cioni 9	4) Wilson, Taylor 10	
2	Inside Track	A		6:09.21	8
	1) Bullock, Kaliyah 10	2) Jaylah, Eley 10	3) Lewis, India 9	4) Washington, Twanika 10	

Event 174 4x400 Meter Relay Bantam Boys

	Team	Relay	Seed	Finals	Points
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1	Churchland Trailblazers 1) Andrews, Louis 9	A	2) Jenkins, Preston 10	3) Landry, Keire 9	5:21.19	5:30.73	4) Muhammad, Nafis 10	10
2	Churchland Trailblazers 1) Brown, Ronald 9	B	2) Long, Deandre 9	3) Powell, Dashaun 9	5:35.26	5:41.33	4) Wiggins, Lonnell 9	8

Event 175 4x400 Meter Relay Midget Girls

Team	Relay	Seed	Finals	Points	
1	Norfolk Real Deal TC 1) Brown, Deja 11	A	4:41.69	4:52.75	10
2	Churchland Trailblazers 1) Brown, Ronicia 12	A	5:16.22	5:23.68	8
		2) Clark, Niya 11	3) Roebuck, Cinqua 11	4) Wedlock, Penchell 11	
		2) Dolly, Cherelle 12	3) Gainey, Kennae 11	4) Hatton, Kanitra 12	

Event 176 4x400 Meter Relay Midget Boys

Team	Relay	Seed	Finals	Points	
1	Track Serious TF Club 1) Brown, Rashaad 12	A		4:51.49	10
		2) Prunty, Darryl 11	3) White, Myles 11		

Event 180 4x400 Meter Relay Intermediate Boys

Team	Relay	Seed	Finals	Points	
1	Virginia Beach Pathfinders T 1) Boleyjack, Cameron 16	A	3:43.00	3:47.24	10
2	Beast Boyz 1) Blake, Ricky 16	A		3:59.99	8
		2) Meredith, Douglas 15	3) Obrien, Aaryon 16	4) Robertson, Marcus 16	
		2) Jones, Randy 16	3) Moody, Darrius 15	4) Walton, Jeremie 16	

Event 182 4x400 Meter Relay Young Boys

Team	Relay	Seed	Finals	Points	
1	Technique TC 1) Bullard, Javell 17	A		3:31.79	10
		2) Maldonado, Andre 18	3) Russell, Victor 18	4) Valentine, Terrell 18	

Women - Sub-Bantam - Team Rankings - 5 Events Scored

1) TRACK SERIOUS TF CLUB	49	2) Central VA Track Field Club	45
3) Churchland Trailblazers	25	4) Norfolk Real Deal TC	20
5) Suffolk Stars	10	6) N-Motion TC	7
7) East End Flyers TC	6	8) Indian River Speed	5
9) Hampton Blazers TC	4	10) Speed Inc	2
11) INSIDE TRACK	1		

Women - Bantam - Team Rankings - 10 Events Scored

1) Suffolk Stars	44	2) Richmond Heat Track Sports	41
3) Norfolk Real Deal TC	37	4) Churchland Trailblazers	36
5) East New York Impalas	29	6) Hampton Blazers TC	27
7) Indian River Speed	26	8) Lazers TC	24
9) TRACK SERIOUS TF CLUB	17	10) Central VA Track Field Club	13
11) INSIDE TRACK	12	12) East End Flyers TC	9
13) Freedom Striders	1	13) FIA Ambassadors	1

Women - Midget - Team Rankings - 13 Events Scored

1) Norfolk Real Deal TC	105	2) East End Flyers TC	88
3) Churchland Trailblazers	39	4) Hampton Blazers TC	37
5) Suffolk Stars	29	6) Richmond Heat Track Sports	27
7) Indian River Speed	22	8) Lions Den TC	18
9) N-Motion TC	16	10) TRACK SERIOUS TF CLUB	9
11) FIA Ambassadors	8	12) Speed Inc	5
13) Lazers TC	4	14) Virginia Beach Pathfinders TC	2
15) INSIDE TRACK	1	15) Norfolk Extremes TC	1

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Women - Youth - Team Rankings - 13 Events Scored

1) Norfolk Real Deal TC	79	2) TRACK SERIOUS TF CLUB	66
3) Central VA Track Field Club	59	4) Suffolk Stars	40
5) N-Motion TC	30	6) East End Flyers TC	27
7) East New York Impalas	24	8) Speed Factory TC	23
9) Richmond Heat Track Sports	21	10) Virginia Beach Pathfinders TC	15
11) Churchland Trailblazers	14	12) Lions Den TC	10
13) Indian River Speed	3	13) Speed Inc	3

Women - Intermediate - Team Rankings - 15 Events Scored

1) Norfolk Real Deal TC	103	2) Central VA Track Field Club	76
3) Suffolk Stars	63	4) TRACK SERIOUS TF CLUB	51
5) Western Branch TC	42	6) Lazers TC	30
7) Speed Factory TC	25	8) Richmond Virginia Comets	22
9) Lions Den TC	16	10) East End Flyers TC	14
11) Speed Inc	9	12) Indian River Speed	5
13) N-Motion TC	3	14) Hampton Blazers TC	2

Women - Young - Team Rankings - 14 Events Scored

1) Central VA Track Field Club	151	2) Norfolk Real Deal TC	67
3) TRACK SERIOUS TF CLUB	58	4) Speed Inc	29
5) Lazers TC	27	6) Hampton Blazers TC	17
6) Western Branch TC	17	8) Richmond Virginia Comets	16
9) Lions Den TC	14	10) Churchland Trailblazers	10
10) East End Flyers TC	10	10) FIA Ambassadors	10
13) Richmond Heat Track Sports	9		

Women - Open - Team Rankings - 6 Events Scored

1) Lazers Open	52	2) Norfolk Real Deal TC	28
3) Suffolk Stars	23		

Men - Sub-Bantam - Team Rankings - 6 Events Scored

1) Churchland Trailblazers	50	2) Richmond Heat Track Sports	32
3) Speed Inc	25	4) INSIDE TRACK	18
5) Park Place Lightning Track Clu	14	6) East New York Impalas	12
7) Richmond Virginia Comets	10	8) Norfolk Real Deal TC	8
9) Indian River Speed	6	10) Suffolk Stars	4
11) East End Flyers TC	3	12) FIA Ambassadors	2

Men - Bantam - Team Rankings - 10 Events Scored

1) Churchland Trailblazers	64	2) Lazers TC	58.5
3) East New York Impalas	44.5	4) Central VA Track Field Club	44
5) Indian River Speed	35	6) East End Flyers TC	27
7) TRACK SERIOUS TF CLUB	20	7) FIA Ambassadors	20
9) Suffolk Stars	11	9) Norfolk Real Deal TC	11
11) INSIDE TRACK	6	11) N-Motion TC	6

Men - Midget - Team Rankings - 12 Events Scored

1) Churchland Trailblazers	103.666	2) Norfolk Real Deal TC	70
3) TRACK SERIOUS TF CLUB	48	4) Suffolk Stars	27
5) Richmond Heat Track Sports	21	6) Central VA Track Field Club	20
7) Freedom Striders	18	8) FIA Ambassadors	14
9) East End Flyers TC	12.3333	10) Indian River Speed	12
11) Norfolk Extremes TC	11	12) Lazers TC	8
13) Hampton Blazers TC	3	13) INSIDE TRACK	3

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15) Virginia Beach Pathfinders TC

1

Men - Youth - Team Rankings - 14 Events Scored

1) Norfolk Real Deal TC	111	2) Indian River Speed	57
3) FIA Ambassadors	46	4) Central VA Track Field Club	41
5) Churchland Trailblazers	38	6) Lazers TC	29
6) Richmond Heat Track Sports	29	8) Lions Den TC	26
9) TRACK SERIOUS TF CLUB	23	10) Hampton Blazers TC	17
11) Bay Rivers TC	13	12) East End Flyers TC	8
13) Sussex Striders	6	13) N-Motion TC	6
15) Virginia Beach Pathfinders TC	3		

Men - Intermediate - Team Rankings - 15 Events Scored

1) Central VA Track Field Club	60	2) TRACK SERIOUS TF CLUB	47
2) Beast Boyz	47	4) Richmond Virginia Comets	44
5) Western Branch TC	42	6) Richmond Heat Track Sports	38
7) Virginia Beach Pathfinders TC	36	8) Suffolk Stars	26
9) Indian River Speed	20	10) Lazers TC	17
10) Churchland Trailblazers	17	12) Lions Den TC	13
13) Norfolk Real Deal TC	10	13) Team-Sykes	10
15) Speed Inc	8	16) INSIDE TRACK	6
16) Hampton Blazers TC	6	16) Sussex Striders	6

Men - Young - Team Rankings - 17 Events Scored

1) Norfolk Real Deal TC	150	2) Central VA Track Field Club	119
3) Lazers TC	24	4) Technique TC	23
5) Lions Den TC	21	5) East End Flyers TC	21
7) Churchland Trailblazers	14	8) Virginia Beach Pathfinders TC	12
9) Western Branch TC	11	10) Speed Factory TC	10
10) Bay Rivers TC	10	10) Suffolk Stars	10
13) TRACK SERIOUS TF CLUB	8	14) Richmond Virginia Comets	5
15) Richmond Heat Track Sports	2		

Men - Open - Team Rankings - 7 Events Scored

1) Lazers Open	117	2) Central VA Track Field Club	48
3) Speed Factory Elite	10	4) Hampton Blazers Open	7
5) Hampton City Elite	4		