

Technique Relays 2007
Hosted by Technique Track Club
Darling Stadium Hampton, VA - 5/19/2007
Results

100 Meter Dash Sub-Bantam Girls

Name	Year Team	Seed	Finals	H#	Points
1 Ward, Destiny	INDIAN RIVER		15.78	1	10
2 Blount, Kori-Madisyn	N-MOTION TC	17.18	15.99	3	8
3 Cobbin, Tatyana	NORFOLK REAL	16.00	16.16	4	6
4 Morris, Jailyn	TRACK EXPRES	16.60	16.34	4	4
5 Ferrell, Bryana	CENTRAL VA T	15.30	16.40	4	2
6 Johnson, Zanasia	DYNAMITE JOH	16.50	16.47	4	1
7 Norman, Jasmine	CHURCHLAND T	16.81	16.79	3	
8 Ackerson, Skylar	CENTRAL VA T	16.00	17.15	4	
9 Watts, Ashlie	WEST END RIC		17.74	1	
10 McGill, Jayla	EAST END FLY	16.24	17.86	4	
11 Carney, Keiasha	WEST END RIC		17.97	1	
12 Bunch, Telina	EAST END FLY	16.07	18.23	4	
13 Sterling, Jazzmine	INSIDE TRACK		18.37	1	
14 Taylor, Nia	TRACK EXPRES	30.00	18.55	2	
15 Parker, Kylah	BOYS GIRLS C		18.63	2	
15 Keels, Ariyanna	CHURCHLAND T	18.01	18.63	3	
17 Person, Christine	TECHNIQUE TC	18.60	18.65	3	
18 Parks, Skylar	EAST END FLY	15.78	18.83	4	
19 Hughes, Hydiah	EAST END FLY	17.59	18.91	3	
20 Pope, Tamyia	TECHNIQUE TC	18.30	18.97	3	
21 Simmons, Sabrina	NORFOLK REAL	19.69	19.17	3	
22 Dawson, Princess	INDIAN RIVER		19.82	1	
23 Moore, Kaela	TRI-CITY REL		20.09	2	
24 Morgan, Rehanna	TRI-CITY REL		20.96	2	

800 Meter Run Sub-Bantam Girls

Name	Year Team	Seed	Finals	Points
1 Ferrell, Bryana	CENTRAL VA T	2:24.00	3:09.75	10
2 Cobbin, Tatyana	NORFOLK REAL		3:17.76	8
3 Peele, Kaisi	TECHNIQUE TC	3:00.00	3:23.96	6
4 Watts, Ashlie	WEST END RIC		3:28.51	4
5 Bunch, Telina	EAST END FLY	3:29.87	3:29.61	2
6 Phifer, Alexia	SPEED CITY C		3:32.72	1
7 Henley, Kelsy	TECHNIQUE TC	3:40.00	3:37.58	
8 Carney, Keiasha	WEST END RIC		4:21.93	

4x100 Meter Relay Sub-Bantam Girls

Team	Seed	Finals	Points
1 INDIAN RIVER SPEED 'A'		1:14.16	10
2 EAST END FLYERS TC 'A'	1:05.00	1:14.17	8
3 TECHNIQUE TC 'A'	1:10.00	1:16.16	6

4x200 Meter Relay Sub-Bantam Girls

Team	Seed	Finals	Points
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1 TECHNIQUE TC 'A' 2:40.00 2:38.69 10

4x400 Meter Relay Sub-Bantam Girls

Team	Seed	Finals	Points
1 TECHNIQUE TC 'A'	6:00.00	6:40.92	10

800 Sprint Medley Sub-Bantam Girls

Team	Seed	Finals	Points
1 INDIAN RIVER SPEED 'A'		2:43.61	10
2 TECHNIQUE TC 'A'	2:38.00	2:55.94	8

Long Jump Sub-Bantam Girls

Name	Year	Team	Seed	Finals	Points
1 Simmons, Sabrina		NORFOLK REAL	8-08.00	9-01.25	2.77m
2 Hopkins, Avianna		INDIAN RIVER		8-08.25	2.64m
3 Morris, Jailyn		TRACK EXPRES		8-06.50	2.60m
4 Dawson, Princess		INDIAN RIVER		8-00.00	2.43m
5 Blount, Kori-Madisyn		N-MOTION TC		7-10.75	2.40m
6 Carney, Keiasha		WEST END RIC		7-04.50	2.24m
7 Cobbin, Tatyana		NORFOLK REAL	10-00.00	7-03.50	2.22m
8 Sterling, Jazzmine		INSIDE TRACK		7-01.50	2.17m
9 Person, Christine		TECHNIQUE TC	7-00.00	6-08.00	2.03m
10 Taylor, Nia		TRACK EXPRES		6-05.00	1.95m
-- Hill, Simone		TECHNIQUE TC	7-00.00	ND	
-- Edwards, Niyah		INDIAN RIVER		ND	
-- Norman, Jasmine		CHURCHLAND T		ND	
-- Keels, Ariyanna		CHURCHLAND T		ND	

Shot Put Sub-Bantam Girls

Name	Year	Team	Seed	Finals	Points
1 Watts, Ashlie		WEST END RIC		9-11.00	3.02m
2 Morris, Jailyn		TRACK EXPRES		9-02.00	2.79m
3 Taylor, Nia		TRACK EXPRES		6-06.00	1.98m

100 Meter Dash Bantam Girls

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Name	Year Team	Seed	Finals	H#	Points
1 Morrison, Erin	TRI-CITY REL	14.00	14.24	5	10
2 Coleman, Sydney	NORFOLK REAL	14.95	14.43	5	8
3 Mitchell, Dashai	BOYS GIRLS C	14.80	14.59	5	6
4 Byrom, Ciani	TRI-CITY REL	14.19	14.74	5	4
5 Bunch, Ashaila	EAST END FLY	14.84	14.93	5	2
6 Epps, Keyla	TECHNIQUE TC	15.00	15.02	5	1
7 Mumford, Ilaashanti	TRI-CITY REL	15.00	15.10	4	
8 Jaylah, Eley	INSIDE TRACK	15.20	15.20	4	
9 Perry, Lauren	TRACK EXPRES	15.40	15.21	4	
10 Greenlee, Ashley	UNATTACHED	14.80	15.40	5	
11 Teague, Arianna	TRACK EXPRES	15.00	15.45	4	
12 Brockington, Aysha	TECHNIQUE TC	15.00	15.46	4	
13 Davis, Sydney	NORFOLK REAL	15.75	15.70	4	
14 Washington, Twanika	INSIDE TRACK	15.65	15.71	4	
15 Dunlap, Kayla	TRI-CITY REL	14.50	15.80	5	
16 Buck, Cora	TRACK EXPRES	15.90	15.98	3	
17 Massie, Taylor	CHURCHLAND T	15.66	16.03	4	
18 Hinton, Zykeara	CHURCHLAND T	16.74	16.44	3	
19 Cox, Jonae	CHURCHLAND T	17.05	16.51	3	
20 Sabbakhan, Sahna	WEST END RIC		16.54	2	
21 Dillard, Tiara	SPEED CITY C		16.68	2	
22 Bullock, Kaliyah	INSIDE TRACK		17.36	1	
23 Lewis, India	INSIDE TRACK		17.55	2	
24 Summerville, Jourdan	CHURCHLAND T	17.25	17.72	3	
25 Wafawanaka, Eleanor	WEST END RIC		18.22	2	
26 Holloway, Kerya	INDIAN RIVER		19.67	1	

800 Meter Run Bantam Girls

Name	Year Team	Seed	Finals	Points
1 Tucker, Kayla	TRACK EXPRES		2:47.93	10
2 Marshall, Elisabeth	TRI-CITY REL	2:43.00	2:47.97	8
3 Gary, Ieisha	SPEED CITY C		2:52.77	6
4 Coleman, Sydney	NORFOLK REAL	2:49.70	2:53.44	4
5 Mercer, Tyler	TRI-CITY REL	2:54.00	3:01.40	2
6 Saunders, Maya	WEST END RIC		3:02.98	1
7 Grainger, Aleeya	NORFOLK REAL	2:55.00	3:09.74	
8 Greenlee, Ashley	UNATTACHED	3:24.00	3:14.27	
9 Robinson, Alani	TRI-CITY REL	3:09.34	3:15.10	
10 Brockington, Dasia	TECHNIQUE TC	3:40.00	3:27.07	
11 Smith, Shanyn	CHURCHLAND T	3:13.57	3:33.62	
12 Brown, Amber	TRI-CITY REL		3:39.86	
13 Conner, Imani	TRACK EXPRES		3:53.84	
14 Hamilton, Allana	TRACK EXPRES		3:58.37	

1500 Meter Run Bantam Girls

Name	Year Team	Seed	Finals	Points
1 Marshall, Elisabeth	TRI-CITY REL	5:42.00	5:46.58	10
2 Gary, Ieisha	SPEED CITY C		5:57.44	8
3 Mercer, Tyler	TRI-CITY REL	5:57.00	6:14.30	6

1500 Meter Race Walk Bantam Girls

Name	Year Team	Seed	Finals	Points
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1	Smith, Shanyyn	CHURCHLAND T	10:10.50	10:39.87	10
2	Hamilton, Allana	TRACK EXPRES	15:00.00	10:54.59	8
3	Brockington, Dasia	TECHNIQUE TC	11:56.00	10:54.63	6

4x100 Meter Relay Bantam Girls

Team	Seed	Finals	H#	Points
1 TRI-CITY RELAYS 'A'	56.20	58.04	2	10
2 TRI-CITY RELAYS 'B'	59.80	1:04.43	2	8
3 INDIAN RIVER SPEED 'A'		1:04.84	1	6
4 INSIDE TRACK 'A'		1:06.08	1	4
5 TECHNIQUE TC 'A'	1:00.00	1:06.52	2	2
6 CHURCHLAND TRAILBLAZERS 'B'	1:05.55	1:07.87	2	1
7 CHURCHLAND TRAILBLAZERS 'A'	1:03.19	1:08.42	2	
8 TRACK EXPRESS 'A'	50.00	1:11.79	2	
9 WEST END RICHMOND STRIDERS 'A'		1:14.91	1	

4x200 Meter Relay Bantam Girls

Team	Seed	Finals	Points
1 TRI-CITY RELAYS 'A'	2:08.00	2:09.07	10
2 TRACK EXPRESS 'A'		2:13.14	8
3 TECHNIQUE TC 'A'	2:20.00	2:15.82	6
4 CHURCHLAND TRAILBLAZERS 'B'		2:19.98	4
5 CHURCHLAND TRAILBLAZERS 'A'		2:24.06	2
6 INDIAN RIVER SPEED 'A'		2:24.16	1

4x400 Meter Relay Bantam Girls

Team	Seed	Finals	Points
1 TRACK EXPRESS 'A'	4:59.00	5:08.47	10
2 TRI-CITY RELAYS 'A'	5:03.00	5:09.12	8
3 INDIAN RIVER SPEED 'A'	5:14.00	5:17.73	6
4 NORFOLK REAL DEAL TC 'A'	5:30.00	5:21.91	4
5 TRI-CITY RELAYS 'B'	5:15.00	5:37.39	2
6 TECHNIQUE TC 'A'	5:30.00	5:51.49	1
7 CHURCHLAND TRAILBLAZERS 'A'		5:54.95	

800 Sprint Medley Bantam Girls

Team	Seed	Finals	H#	Points
1 TRI-CITY RELAYS 'A'	2:05.00	2:10.86	2	10
2 NORFOLK REAL DEAL TC 'A'	2:20.54	2:15.95	2	8
3 TRACK EXPRESS 'A'		2:22.10	2	6
4 INDIAN RIVER SPEED 'A'		2:26.04	2	4
5 INSIDE TRACK 'A'		2:28.68	1	2
6 TRI-CITY RELAYS 'B'	2:17.00	2:30.78	2	1
7 CHURCHLAND TRAILBLAZERS 'A'		2:34.44	1	
8 TECHNIQUE TC 'A'	2:20.00	2:35.49	2	
9 WEST END RICHMOND STRIDERS 'A'		2:36.01	1	
10 CHURCHLAND TRAILBLAZERS 'B'		2:41.61	1	

Long Jump Bantam Girls

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Name                    Year Team                    Seed    Finals
Points
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1 Byrom, Ciani          TRI-CITY REL                    11-10.50    3.61m
10
2 Mumford, Ilaashanti  TRI-CITY REL                    11-04.00    3.45m
8
3 Leonard, Jaelan      NORFOLK REAL                    11-00.00    10-11.00    3.32m
6
4 Davis, Sydney        NORFOLK REAL                    9-01.50     2.78m
3
4 Edwards, Nia         TECHNIQUE TC                    10-11.00    9-01.50     2.78m
3
6 Johnson, Ashley     TECHNIQUE TC                    10-11.00    8-09.50     2.67m
1
7 Watts, Michiah      WEST END RIC                    8-09.25     2.67m
8 Hawkes, Aviance     INDIAN RIVER                    5-04.75     1.64m
-- Stukes, Brittney   CHURCHLAND T                    8-01.00     ND

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Shot Put Bantam Girls

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Name                    Year Team                    Seed    Finals
Points
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1 Williams, Nyra       TECHNIQUE TC                    14-04.00    15-02.50    4.63m
10
2 Buck, Cora           TRACK EXPRES                    14-09.00    4.49m
8
3 Moten, Kayla        CENTRAL VA T                    32-00.00    13-07.00    4.14m
6
4 Hamilton, Allana    TRACK EXPRES                    13-06.00    4.11m
4
5 Brockington, Dasia  TECHNIQUE TC                    13-09.00    13-02.50    4.02m
2
6 Conner, Imani       TRACK EXPRES                    12-10.00    3.91m
1
7 Boyd, Kenya        INDIAN RIVER                    12-04.00    3.75m
8 Goldsborough, Courtney WEST END RIC                    10-02.00    3.09m

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100 Meter Dash Midget Girls

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Name                    Year Team                    Seed    Finals  H#  Points
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1 Scott, Shandell      PARK PLACE L                    13.39     13.31    4   10
2 Ray, Chantel         INSIDE TRACK                    14.20     13.91    4    8
3 Taliaferro, Briana  NORFOLK REAL                    14.00     14.00    4    6
4 Russell, Shamera    TECHNIQUE TC                    13.35     14.16    4    4
5 Preayer, Bianca     SPEED CITY C                    14.27     14.27    2   1.5
5 Parks, Milan        EAST END FLY                    14.10     14.27    4   1.5
7 Arrington, Tearra  EAST END FLY                    14.51     14.32    3
8 Moore, Deja         TECHNIQUE TC                    13.40     14.33    4
9 Marrow, Kimberly    INSIDE TRACK                    14.20     14.39    4
10 Smith, Sherelle    CHURCHLAND T                    14.70     14.40    3
11 Johnson, Nichele   EAST END FLY                    14.52     14.48    3

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12	Usher, Kitana	TECHNIQUE TC		14.56	2
13	Marsh, Shanyia	SPEED CITY C		14.60	2
14	Jones, Mashea	CHURCHLAND T	14.92	14.64	3
15	Hicks, Ashley	NORFOLK REAL	14.84	14.75	3
16	Lyles, Kara	LAZERS TC	14.26	14.77	4
17	Hamilton, Sharnae	BOYS GIRLS C		14.79	1
18	Rogers, Kara	TECHNIQUE TC		15.06	1
19	Moore, Alexia	NORFOLK REAL		15.32	2
20	Brown, Deja	NORFOLK REAL	15.28	15.50	3
21	Mandigo, Melody	BOYS GIRLS C		15.56	1
22	Dolly, Cherelle	CHURCHLAND T	15.63	15.58	2
22	Brown, Ronicia	CHURCHLAND T	15.42	15.58	3
24	Atkins, Frenequia	WEST END RIC		15.65	1
25	Bumpers, Montrella	EAST END FLY	15.48	16.20	3

800 Meter Run Midget Girls

Name	Year Team	Seed	Finals	Points	
1	Wright, Chelsea	NORFOLK REAL	2:35.32	2:39.41	10
2	Dubois, Breanna	CHURCHLAND T	2:55.03	2:44.41	8
3	White, Ebony	INDIAN RIVER		2:46.06	6
4	Clark, Niya	NORFOLK REAL	2:45.00	2:52.70	4
5	Wedlock, Pencil	NORFOLK REAL	2:46.32	2:52.90	2
6	Hamilton, Sharnae	BOYS GIRLS C	2:30.00	2:59.47	1
7	Jackson, Ashanti	INSIDE TRACK		2:59.50	
8	Mandigo, Melody	BOYS GIRLS C		3:03.03	
9	Edwards, Briana	INSIDE TRACK		3:06.43	
10	Smith, Briana	INSIDE TRACK		3:08.54	
11	Girona, Alexis	EAST END FLY	2:59.87	3:09.06	
12	Dance, Jahnisha	EAST END FLY	2:54.87	3:11.56	
13	Roebuck, Cinqua	NORFOLK REAL	2:45.17	3:12.76	
14	Viney, Imani	TECHNIQUE TC		3:23.73	
15	Atkins, Frenequia	WEST END RIC		3:25.04	
16	Alberto, Almarosa	TRI-CITY REL	3:22.00	3:30.50	
17	Cleveland, Ashleigh	CAROLINA LIG	3:30.00	3:33.81	
18	Gainey, Kennae	CHURCHLAND T	3:20.78	3:34.85	
19	Obrien, Jazmyne	VIRGINIA BEA		3:36.32	
20	Griffith, Ariel	TEAM FLASH		3:43.32	
21	Rogers, Kara	TECHNIQUE TC		3:52.57	
22	Goldsborough, Kennedy	WEST END RIC		3:53.34	
23	Wilkerson, Deja	WEST END RIC		4:23.94	

1500 Meter Run Midget Girls

Name	Year Team	Seed	Finals	Points	
1	Wright, Chelsea	NORFOLK REAL	5:29.94	5:22.27	10
2	Powell, Divonnie	TRI-CITY REL		5:35.26	8
3	Smith, Briana	INSIDE TRACK		6:01.86	6
4	Girona, Alexis	EAST END FLY	6:05.78	6:01.87	4
5	Hamilton, Sharnae	BOYS GIRLS C	5:40.00	6:21.59	2
6	Mandigo, Melody	BOYS GIRLS C		6:22.59	1
7	Roebuck, Cinqua	NORFOLK REAL	5:50.56	6:31.72	
8	Alberto, Almarosa	TRI-CITY REL	6:21.07	6:55.85	
9	Clarke, Kristiana	FIA AMBASSAD	7:20.00	7:14.78	

1500 Meter Race Walk Midget Girls

Name	Year Team	Seed	Finals	Points
1 Douglass, Emily	TEAM FLASH	10:55.87	10:19.69	10
2 Challis, Andi	TEAM FLASH	11:42.00	10:43.84	8
3 Brown, Deja	NORFOLK REAL	13:00.00	10:50.27	6
4 Rogers, Kara	TECHNIQUE TC	8:00.00	11:15.18	4
5 Viney, Imani	TECHNIQUE TC	8:00.00	11:15.23	2
6 Curry, Dayzja	TECHNIQUE TC	8:00.00	11:35.89	1
7 Powell, Nadashea	CHURCHLAND T	10:10.50	11:49.49	
8 Watson, Nyree	TRACK EXPRES	15:00.00	12:11.06	

4x100 Meter Relay Midget Girls

Team	Seed	Finals	Points
1 TECHNIQUE TC 'A'	56.00	56.59	10
2 EAST END FLYERS TC 'A'	55.59	58.40	8
3 CHURCHLAND TRAILBLAZERS 'A'	58.64	59.25	6
4 TRI-CITY RELAYS 'A'	57.30	1:00.22	4
5 CHURCHLAND TRAILBLAZERS 'B'	59.17	1:00.85	2
6 SPEED CITY CHARGERS 'A'	58.00	1:02.49	1
-- NORFOLK REAL DEAL TC 'A'	57.58	DQ	

4x200 Meter Relay Midget Girls

Team	Seed	Finals	Points
1 NORFOLK REAL DEAL TC 'A'	1:53.49	1:57.49	10
2 EAST END FLYERS TC 'A'		2:03.92	8
3 TECHNIQUE TC 'A'	1:58.00	2:04.68	6
4 CHURCHLAND TRAILBLAZERS 'A'		2:11.96	4
5 CHURCHLAND TRAILBLAZERS 'B'		2:16.09	2
6 INDIAN RIVER SPEED 'A'		2:23.68	1

4x400 Meter Relay Midget Girls

Team	Seed	Finals	Points
1 NORFOLK REAL DEAL TC 'A'	4:54.90	5:00.92	10
2 TRI-CITY RELAYS 'A'	4:52.00	5:02.24	8
3 INSIDE TRACK 'A'		5:04.87	6
4 TECHNIQUE TC 'A'		5:20.38	4
5 CHURCHLAND TRAILBLAZERS 'A'		5:28.76	2
6 SPEED CITY CHARGERS 'A'	4:45.00	5:36.34	1

4x800 Meter Relay Midget Girls

Team	Seed	Finals	Points
1 TRI-CITY RELAYS 'A'	11:57.00	12:26.30	10
2 EAST END FLYERS TC 'A'		12:40.86	8

1600 Sprint Medley Midget Girls

Team	Seed	Finals	Points
1 NORFOLK REAL DEAL TC 'A'	4:45.86	5:01.27	10
2 INSIDE TRACK 'A'		5:05.78	8
3 TRI-CITY RELAYS 'A'	4:42.00	5:10.02	6

4	INDIAN RIVER SPEED 'A'		5:19.71	4
5	EAST END FLYERS TC 'A'	5:29.87	5:37.15	2
6	CHURCHLAND TRAILBLAZERS 'A'		5:49.55	1
7	TECHNIQUE TC 'A'		5:51.56	

Long Jump Midget Girls

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Points	Name	Year Team	Seed	Finals	
10	1 Scott, Shandell	PARK PLACE L	14-06.00	15-09.00	4.80m
8	2 Taliaferro, Briana	NORFOLK REAL	13-00.00	14-02.50	4.33m
6	3 Lyles, Kara	LAZERS TC	12-00.00	13-06.00	4.11m
4	4 Goldsborough, Kennedy	WEST END RIC		11-07.00	3.53m
2	5 Clark, Niya	NORFOLK REAL		10-09.00	3.27m
1	6 Cleveland, Ashleigh	CAROLINA LIG	10-02.00	10-08.50	3.26m
	7 Atkins, Frenequia	WEST END RIC		9-07.50	2.93m
	8 Roebuck, Cinqua	NORFOLK REAL		8-11.00	2.71m
	9 Hatton, Kanitra	CHURCHLAND T	9-07.00	8-04.50	2.55m

Shot Put Midget Girls

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Points	Name	Year Team	Seed	Finals	
10	1 Ellis, Hyleah	EAST END FLY	23-08.50	22-05.00	6.83m
8	2 Wilkerson, Deja	WEST END RIC		20-11.00	6.37m
6	3 Lyons, Brayannah	CHURCHLAND T	20-11.00	20-10.00	6.35m
4	4 Mcclellan, Alexis	N-MOTION TC	23-09.00	20-09.00	6.32m
2	5 Goldsborough, Kennedy	WEST END RIC		18-07.00	5.66m
1	6 Challis, Andi	TEAM FLASH	16-04.00	16-05.00	5.00m
	7 Lyles, Kara	LAZERS TC	18-00.00	16-05.00	5.00m
	8 Edwards, Kayla	INDIAN RIVER		16-05.00	5.00m
	9 Powell, Nadashea	CHURCHLAND T	16-05.00	15-05.00	4.69m
	10 Usher, Kitana	TECHNIQUE TC		15-03.00	4.64m
	11 Watson, Nyree	TRACK EXPRES		14-08.00	4.47m
	12 Brown, Tijae	EAST END FLY	14-04.00	14-05.00	4.39m
	13 Johnson, Mckenzie	EAST END FLY	13-11.50	12-08.00	3.86m
	14 Cleveland, Ashleigh	CAROLINA LIG		12-03.00	3.73m

Discus Throw Midget Girls

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Name	Year Team	Seed	Finals	Points
1 Ellis, Hyleah	EAST END FLY	51-05	56-10	17.32m
2 Mcclellan, Alexis	N-MOTION TC	48-07	50-06.50	15.40m
3 Powell, Nadashea	CHURCHLAND T	36-06	38-10	11.83m
4 Challis, Andi	TEAM FLASH	30-00	34-11.50	10.65m
5 Douglass, Emily	TEAM FLASH	32-07	32-00.50	9.76m
6 Brown, Tijae	EAST END FLY	25-09.50	31-03.25	9.53m
7 Watson, Nyree	TRACK EXPRES		29-00.50	8.85m

Javelin Throw Midget Girls

Name	Year Team	Seed	Finals	Points
1 Viney, Imani	TECHNIQUE TC		45-04	13.81m
2 Mcclellan, Alexis	N-MOTION TC	33-00	40-03	12.26m
3 Hilliard, Shaquanna	TECHNIQUE TC		39-03	11.96m
4 Powell, Nadashea	CHURCHLAND T		27-04	8.33m
5 Roebuck, Cinqua	NORFOLK REAL		27-03	8.30m

100 Meter Dash Youth Girls

Name	Year Team	Seed	Finals	H#	Points
1 Ellick, Tiffany	NORFOLK REAL	12.79	12.68	1	10
2 Moore, Maya	TECHNIQUE TC	12.80	12.94	1	8
3 Smalley, Takeria	CHURCHLAND T	13.49	13.04	2	6
4 Taylor, Taranisha	NORFOLK REAL	13.10	13.15	1	4
5 Gainey, Jaki	TRI-CITY REL		13.26	4	2
6 Propst, Kadaijah	TRI-CITY REL	13.32	13.27	2	1
7 Sharp, Olicia	CENTRAL VA T		13.33	4	
8 Smith, Sydney	VIRGINIA BEA	13.63	13.39	2	
9 Sharp, Olivia	CENTRAL VA T	12.50	13.41	1	
10 Smith, Fatasia	TECHNIQUE TC		13.50	4	
11 Johnson, Courtney	TECHNIQUE TC	13.00	13.52	1	
12 Smith, Jasmine	CENTRAL VA T		13.56	4	
13 Todd, Seanda	NORFOLK REAL	13.20	13.60	1	
14 Teague, Tiana	TRACK EXPRES	14.30	13.63	3	
15 Wyche, Debresha	CENTRAL VA T		13.72	4	
16 Mccall, Leshae	TRI-CITY REL	13.70	13.76	2	
17 Cuffee, Anise	TECHNIQUE TC	12.95	13.80	1	
18 Johnson, Monica	CHURCHLAND T	14.28	13.85	2	
19 Forester, Yasmin	NORFOLK REAL	14.00	13.97	2	

20	Whitney, Ciara	N-MOTION TC	14.45	14.28	3
21	Collins, Alicia	NORFOLK REAL		14.39	3
22	Jones, Tnai	EAST END FLY	15.16	14.92	3
23	Evans, Danielle	EAST END FLY	15.10	15.24	3
24	Cupka, Sarah	NORFOLK REAL		15.68	4
25	Sims, Zayana	INDIAN RIVER		15.81	4

800 Meter Run Youth Girls

Name	Year Team	Seed	Finals	Points
1	Moore, Maya	TECHNIQUE TC	2:36.21	10
2	Wright, Jazmine	TECHNIQUE TC	2:37.34	8
3	Gregory, Jade	N-MOTION TC	2:43.94	6
4	Edwards, Jnai	TECHNIQUE TC	2:44.33	4
5	Wyche, Debresha	CENTRAL VA T	2:30.00	2
6	Harper, Amani	NORFOLK REAL	2:30.00	1
7	Sharp, Olicia	CENTRAL VA T	2:48.56	
8	Walker, Kenya	TECHNIQUE TC	2:52.65	
9	Cleveland, Rachelle	CAROLINA LIG	2:53.68	
10	Pelzer, Chantice	TRI-CITY REL	2:53.70	
11	Moncla, Jill	CAROLINA LIG	3:06.00	
12	Teague, Tiana	TRACK EXPRES	2:58.66	
13	Sims, Zayana	INDIAN RIVER	3:06.14	
14	Evans, Danielle	EAST END FLY	2:55.98	
15	Jones, Tnai	EAST END FLY	3:09.87	

1500 Meter Run Youth Girls

Name	Year Team	Seed	Finals	Points
1	Redd, Alaina	UNATTACHED	5:13.75	10
2	Gregory, Jade	N-MOTION TC	5:26.91	8
3	Moncla, Jill	CAROLINA LIG	5:52.00	6
4	Walker, Kenya	TECHNIQUE TC	5:51.85	4
5	Teague, Tiana	TRACK EXPRES	6:11.86	2
6	Apostoles, Meghan	TEAM FLASH	6:05.00	1
7	Davis, Leighanne	CAROLINA LIG	6:17.00	
8	Lamb, Keristan	CHURCHLAND T	5:55.19	

1500 Meter Race Walk Youth Girls

Name	Year Team	Seed	Finals	Points	
1	Apostoles, Meghan	TEAM FLASH	8:57.00	9:19.61	10
2	Forester, Yasmin	NORFOLK REAL	13:00.00	10:38.89	8
3	Collins, Alicia	NORFOLK REAL	13:00.00	11:11.37	6
4	Rogers, Renee	TECHNIQUE TC	8:00.00	11:17.52	4
5	Barney, Ming	TECHNIQUE TC	8:00.00	11:53.40	2

4x100 Meter Relay Youth Girls

Team	Seed	Finals	Points	
1	TECHNIQUE TC 'A'	50.00	50.87	10
2	NORFOLK REAL DEAL TC 'A'	51.50	52.00	8
3	CHURCHLAND TRAILBLAZERS 'A'	53.23	53.63	6
4	TRI-CITY RELAYS 'A'	52.01	54.19	4
5	VIRGINIA BEACH PATHFINDERS TC 'A'	54.87	54.26	2

4x200 Meter Relay Youth Girls

Team	Seed	Finals	Points
1 NORFOLK REAL DEAL TC 'A'	1:49.40	1:48.38	10
2 CENTRAL VA TRACK FIELD CLUB 'A'	1:35.00	1:50.05	8
3 TECHNIQUE TC 'A'	1:48.00	1:50.06	6
4 TRI-CITY RELAYS 'A'	1:53.00	1:57.50	4
5 VIRGINIA BEACH PATHFINDERS TC 'A'		2:00.14	2

4x400 Meter Relay Youth Girls

Team	Seed	Finals	Points
1 TECHNIQUE TC 'A'		4:20.53	10
2 CENTRAL VA TRACK FIELD CLUB 'A'	4:00.00	4:33.83	8
3 TRI-CITY RELAYS 'A'	4:23.00	4:45.68	6
4 VIRGINIA BEACH PATHFINDERS TC 'A'	4:53.00	4:49.23	4
5 CHURCHLAND TRAILBLAZERS 'A'		5:07.40	2

1600 Sprint Medley Youth Girls

Team	Seed	Finals	Points
1 NORFOLK REAL DEAL TC 'A'	4:40.78	4:39.32	10
2 TECHNIQUE TC 'A'	4:00.00	4:42.17	8

Long Jump Youth Girls

Name	Year Team	Seed	Finals	Points
1 Cleveland, Rachelle	CAROLINA LIG	13-09.00	16-03.50	4.96m
10 2 Shufford, Janira	TECHNIQUE TC		15-04.00	4.67m
8 3 Harper, Amani	NORFOLK REAL		14-11.00	4.54m
6 4 Teague, Tiana	TRACK EXPRES		13-09.50	4.20m
4 5 Gregory, Jade	N-MOTION TC	12-11.50	13-05.00	4.08m
2 6 Dorsette, Kelanda	TRI-CITY REL		13-04.50	4.07m
1 7 Forester, Yasmin	NORFOLK REAL		13-01.50	4.00m
8 Collins, Alicia	NORFOLK REAL		12-04.00	3.75m
9 Whitney, Ciara	N-MOTION TC		10-05.50	3.18m
-- Sims, Zayana	INDIAN RIVER		ND	

Shot Put Youth Girls

Name	Year Team	Seed	Finals	Points
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1	Challis, Erin	TEAM FLASH	38-05.00	38-00.00	11.58m
10					
2	Callicutt, Catherine	CENTRAL VA T	37-00.00	27-05.00	8.35m
8					
3	Shufford, Janira	TECHNIQUE TC		25-08.00	7.82m
6					
4	Cleveland, Rachelle	CAROLINA LIG		24-00.00	7.31m
4					
5	Bell, Cameron	EAST END FLY	24-01.00	23-08.00	7.21m
2					
6	Davis, Leighanne	CAROLINA LIG		22-06.00	6.85m
1					
7	Harper, Amani	NORFOLK REAL		21-11.00	6.68m
8	Douglass, Sarah	TEAM FLASH	24-01.00	21-09.00	6.62m
9	Johnson, Courtney	TECHNIQUE TC		20-09.00	6.32m
10	Barney, Ming	TECHNIQUE TC		19-01.00	5.81m

Discus Throw Youth Girls

Name	Year	Team	Seed	Finals	Points
1	Challis, Erin	TEAM FLASH	76-07	78-01	23.79m
10					
2	Douglass, Sarah	TEAM FLASH	67-06	70-04	21.43m
8					
3	Callicutt, Catherine	CENTRAL VA T	100-00	64-04	19.60m
6					
4	Bell, Cameron	EAST END FLY	42-11.50	61-05.75	18.73m
4					

Javelin Throw Youth Girls

Name	Year	Team	Seed	Finals	Points
1	Shufford, Janira	TECHNIQUE TC		96-10	29.51m
10					
2	Forester, Yasmin	NORFOLK REAL		45-05	13.84m
8					
3	Gregory, Jade	N-MOTION TC		39-07	12.06m
6					
4	Collins, Alicia	NORFOLK REAL		36-10	11.22m
4					
5	Rogers, Renee	TECHNIQUE TC		32-00	9.75m
2					

4x200 Meter Relay Intermediate Girls

Team	Seed	Finals	Points
1 CHURCHLAND TRAILBLAZERS 'A'		1:56.38	10

1600 Sprint Medley Intermediate Girls

Team	Seed	Finals	Points
1 CHURCHLAND TRAILBLAZERS 'A'		5:03.62	10

100 Meter Dash Primary Girls

Name	Year Team	Seed	Finals	H#	Points
1 Purham, Naria	TECHNIQUE TC	18.60	18.69	2	10
2 Sabbakhan, Alahna	WEST END RIC		19.34	1	8
3 West-Short, Kennedy	WEST END RIC		21.18	1	6
4 Warren, Amy	CENTRAL VA T	18.00	21.33	2	4
5 Gaston, Imani	EAST END FLY	22.54	21.57	2	2
6 Seymore, Victoria	INDIAN RIVER		22.18	2	1
7 Augustus, Aisia	TECHNIQUE TC	21.68	22.35	2	
8 Fuller, Naiya	TRI-CITY REL		26.70	1	
9 Cannon, Tatiyana	TRI-CITY REL		27.31	1	

100 Meter Dash Intermediate Women

Name	Year Team	Seed	Finals	H#	Points
1 James, Shkemea	TECHNIQUE TC	12.70	13.38	3	10
2 Johnson, Zamia	DYNAMITE JOH	13.00	13.66	3	8
3 Green, Gabrielle	VIRGINIA BEA		13.98	2	6
4 Ross, Ladasha	CHURCHLAND T	14.09	14.19	2	4
5 Anderson, Jazlyn	TECHNIQUE TC	13.50	14.20	3	2
6 Clements, Tacara	CHURCHLAND T	13.98	14.33	3	1
7 Sample, Raven	CHURCHLAND T		14.35	2	
8 Smith, Melina	CHURCHLAND T	14.62	14.58	2	
9 Jackson, Raven	NORFOLK REAL		15.07	1	
10 Jackson, Alexis	INSIDE TRACK		15.40	2	
11 Fields, Schleace	EAST END FLY	15.68	15.53	2	

800 Meter Run Intermediate Women

Name	Year Team	Seed	Finals	Points
1 Tavenier, Alex	CAROLINA LIG	2:44.00	2:44.17	10
2 Simmons, Rebecca	NORFOLK REAL		2:52.19	8
3 Anderson, Jazlyn	TECHNIQUE TC		3:03.28	6

1500 Meter Run Intermediate Women

Name	Year Team	Seed	Finals	Points
1 Tavenier, Alex	CAROLINA LIG	5:35.00	5:28.56	10

Long Jump Intermediate Women

Name	Year Team	Seed	Finals
1 Deloatch-Dixon, Jewel	CHURCHLAND T		13-03.00

Points

10			4.03m
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Shot Put Intermediate Women

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Name                    Year Team                    Seed    Finals
Points
=====
===
1 Jackson, Raven        NORFOLK REAL                25-07.00    7.79m
10
2 Jackson, Alexis      INSIDE TRACK                23-00.00    7.01m
8
3 Simmons, Rebecca    NORFOLK REAL                22-08.00    6.90m
6

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Discus Throw Intermediate Women

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Name                    Year Team                    Seed    Finals
Points
=====
===
1 Simmons, Rebecca    NORFOLK REAL                58-08.50    17.89m
10
2 Anderson, Jazlyn    TECHNIQUE TC                54-10        16.71m
8
3 Jackson, Raven      NORFOLK REAL                47-06.50    14.49m
6

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Women - Sub-Bantam - Team Rankings - 8 Events Scored

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=====
1) Indian River Speed    42    2) Technique TC            40
3) Track Express         24    3) Norfolk Real Deal TC   24
5) West End Richmond Striders 15    6) Central VA Track Field Cl 12
7) N-Motion TC          10    7) East End Flyers TC    10
9) Dynamite Johnsons    1     9) Speed City Chargers   1

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Women - Bantam - Team Rankings - 10 Events Scored

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=====
1) Tri-City Relays      107    2) Track Express          55
3) Norfolk Real Deal TC  33     4) Technique TC          32
5) Indian River Speed   17     5) Churchland Trailblazers 17
7) Speed City Chargers  14     8) Central VA Track Field Cl 6
8) INSIDE TRACK         6      8) Boys Girls Club Of The Vi 6
11) East End Flyers TC   2     12) West End Richmond Strider 1

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Women - Midget - Team Rankings - 13 Events Scored

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=====
1) Norfolk Real Deal TC  80     2) East End Flyers TC    52.50
3) Technique TC         47     4) Churchland Trailblazers 41
5) Tri-City Relays     36     6) INSIDE TRACK          28
7) Team Flash          25     8) N-Motion TC          20
8) Park Place Lightning Track 20    10) West End Richmond Strider 14
11) Indian River Speed  11     12) Lazars TC             6
13) Boys Girls Club Of The Vir 4     14) Speed City Chargers   3.50
15) Carolina Lightning  1

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Women - Youth - Team Rankings - 12 Events Scored

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=====
1) Technique TC        100    2) Norfolk Real Deal TC   75
3) Team Flash          39     4) Central VA Track Field Cl 32

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5) N-Motion TC	22	6) Carolina Lightning	21
7) Tri-City Relays	18	8) Churchland Trailblazers	14
9) Virginia Beach Pathfinders	8	10) East End Flyers TC	6
10) Track Express	6		

Women - Intermediate - Team Rankings - 8 Events Scored

1) Norfolk Real Deal TC	40	2) Churchland Trailblazers	35
3) Technique TC	26	4) Carolina Lightning	20
5) INSIDE TRACK	8	5) Dynamite Johnsons	8
7) Virginia Beach Pathfinders	6		

Women - Primary - Team Rankings - 1 Events Scored

1) West End Richmond Striders	14	2) Technique TC	10
3) Central VA Track Field Clu	4	4) East End Flyers TC	2
5) Indian River Speed	1		