

Virginia Beach Flames Invitational

Hosted by Virginia Beach Flames
Landstown High School - 6/30/2007
Results

Girls 100 Meter Dash Primary

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 Johnson, Erykah	8	VIRGINIA BEACH F	14.25	16.00q	4
2 Johnson, Za'nasia	8	DYNAMITE JOHNSON	15.50	16.29q	3
3 Maness, Makayla	8	MID CITY X-PRESS	16.66	17.18q	4
4 Norman, Jasmine	8	CHURCHLAND TRAIL	16.81	17.37q	3
5 Steave, JaDyn	8	VIRGINIA BEACH F	16.50	17.59q	2
6 Harper, Brianna	7	HAMPTON BLAZERS	18.50	17.85q	1
7 Harris, Kyla	8	COBRA TC	17.02	17.87q	2
8 Sterling, Jazzmine	7	INSIDE TRACK		18.32q	2
9 Banks, Alexis	6	CHURCHLAND TRAIL	18.13	18.49	1
10 Hinton, Jade	7	TRACK SERIOUS	18.75	18.81	3
11 Harrell, Christina	7	LION'S DEN TRACK	15.55	19.09	2
11 Reid, Maya	7	INDIAN RIVER SPE		19.09	3
13 Scott, Tre'Breh	6	CHURCHLAND TRAIL	19.16	19.23	3
14 Dawson, Princess Kayla	8	INDIAN RIVER SPE	16.50	19.26	3
15 Blair, Nayla	5	SPEED INC.	19.30	19.96	2
16 Roe, Zayin	6	RICHMOND HEAT TR	16.68	21.13	4
17 Meredith, Destiny	6	SPEED CITY CHARG	16.20	21.41	1
18 Edlow, Zaria	7	SPEED INC.	21.68	21.42	4
19 Mueller, Haley	6	SPEED INC.	21.30	21.51	4
20 Gaston, Imani	6	EAST END FLYERS	21.21	21.57	2
21 Blair, Jayla	7	SPEED INC.	21.26	23.38	3
22 Seymore, Victoria	6	INDIAN RIVER SPE		23.76	1

Girls 100 Meter Dash Primary

Name	Age	Team	Prelims	Finals	Points
Finals					
1 Johnson, Za'nasia	8	DYNAMITE JOHNSON	16.29	16.29	10
2 Johnson, Erykah	8	VIRGINIA BEACH F	16.00	16.32	8
3 Maness, Makayla	8	MID CITY X-PRESS	17.18	17.20	6
4 Steave, JaDyn	8	VIRGINIA BEACH F	17.59	17.50	4
5 Norman, Jasmine	8	CHURCHLAND TRAIL	17.37	17.54	2
6 Harper, Brianna	7	HAMPTON BLAZERS	17.85	17.80	1
7 Harris, Kyla	8	COBRA TC	17.87	18.00	
8 Sterling, Jazzmine	7	INSIDE TRACK	18.32	18.21	

Girls 200 Meter Dash Primary

Name	Age	Team	Seed	Finals	H#	Points
1 Ferrell, Bryana	8	CENTRAL VATRACK	32.80	34.55	3	10
2 Johnson, Za'nasia	8	DYNAMITE JOHNSON	33.00	35.10	3	8
3 Johnson, Erykah	8	VIRGINIA BEACH F	34.70	36.67	3	6
4 Maness, Makayla	8	MID CITY X-PRESS	39.10	36.90	2	4
5 Harris, Kyla	8	COBRA TC	38.02	38.63	3	2
6 Norman, Jasmine	8	CHURCHLAND TRAIL	36.48	38.65	3	1
7 Banks, Alexis	6	CHURCHLAND TRAIL		38.95	1	
8 Bunch, Telina	7	EAST END FLYERS	36.24	38.98	3	
9 Gerni, Lauren	8	CAROLINA LIGHTNI		39.89	2	
10 Steave, JaDyn	8	VIRGINIA BEACH F	37.20	39.92	3	

11 Weeks, Tabitha	6 FAITH IN ACTION		40.92	1
12 Purham, Naria	6 TECHNIQUE TRACK	40.00	41.23	2
13 Scott, Tre'Breh	6 CHURCHLAND TRAIL	39.82	41.63	2
14 Harrell, Christina	7 LION'S DEN TRACK	37.95	42.18	3
15 Hinton, Jade	7 TRACK SERIOUS	42.68	43.98	2
16 Meredith, Destiny	6 SPEED CITY CHARG		45.40	1
17 Roe, Zayin	6 RICHMOND HEAT TR		45.52	1
18 Okoh, Chioma	7 COBRA TC	45.00	47.09	2
19 Scott, Shalaka	6 RICHMOND HEAT TR		47.24	2
20 Seymore, Victoria	6 INDIAN RIVER SPE		49.27	1

Girls 400 Meter Dash Primary

Name	Age Team	Seed	Finals	H#	Points
1 Ferrell, Bryana	8 CENTRAL VATRACK	1:13.00	1:16.60	2	10
2 Aduma, Amira	8 HAMPTON CITY ELI	1:22.00	1:20.87	2	8
3 Johnson, Erykah	8 VIRGINIA BEACH F	1:10.68	1:21.23	2	6
4 Embe, Kimberly	8 RICHMOND HEAT TR		1:22.96	1	4
5 Johnson, Za'nasia	8 DYNAMITE JOHNSON	1:18.10	1:23.27	2	2
6 Bunch, Telina	7 EAST END FLYERS	1:24.87	1:27.14	2	1
7 Harrell, Christina	7 LION'S DEN TRACK	1:35.00	1:30.87	2	
8 Keels, Ariyana	8 CHURCHLAND TRAIL	1:33.35	1:34.61	2	
9 Harper, Brianna	7 HAMPTON BLAZERS	1:19.10	1:35.49	2	
10 Weeks, Tabitha	6 FAITH IN ACTION	1:42.00	1:37.20	1	
11 Dawson, Princess Kayla	8 INDIAN RIVER SPE		1:40.62	1	
12 Sterling, Jazzmine	7 INSIDE TRACK		1:41.33	1	
13 Reid, Maya	7 INDIAN RIVER SPE		1:41.38	1	
14 Morris, Kamryn	8 NORFOLK EXTREMES		2:26.68	1	

Girls 800 Meter Run Primary

Name	Age Team	Seed	Finals	Points
1 Ferrell, Bryana	8 CENTRAL VATRACK	2:51.00	2:59.20	10
2 Embe, Kimberly	8 RICHMOND HEAT TR		3:14.46	8
3 Keels, Ariyana	8 CHURCHLAND TRAIL	3:39.61	4:02.99	6
4 Morris, Kamryn	8 NORFOLK EXTREMES		4:47.63	4

Girls Long Jump Primary

Name	Age Team	Seed	Finals	Points
1 McNair, Kalynn	7 MID CITY X-PRESS	10-02.00	10-03.00	10
2 Aduma, Amira	8 HAMPTON CITY ELI	10-08.00	10-00.00	8
3 Harris, Kyla	8 COBRA TC	8-10.50	9-05.00	6
4 Maness, Makayla	8 MID CITY X-PRESS	8-07.00	8-10.75	4
5 Gerni, Lauren	8 CAROLINA LIGHTNI	9-05.00	8-05.00	2
6 Sterling, Jazzmine	7 INSIDE TRACK		8-02.50	1
-- Dawson, Princess Kayla	8 INDIAN RIVER SPE		ND	
-- Morris, Kamryn	8 NORFOLK EXTREMES		ND	
-- Harrell, Christina	7 LION'S DEN TRACK		ND	
-- Graves, Reese	5 UNATTACHED	6-04.50	ND	
-- Edlow, Zaria	7 SPEED INC.	7-01.00	ND	
-- Mueller, Haley	6 SPEED INC.	6-02.00	ND	
-- Blair, Nayla	5 SPEED INC.	7-07.00	ND	
-- Blair, Jayla	7 SPEED INC.	7-02.00	ND	

Girls Shot Put Primary

Name	Age Team	Seed	Finals	Points
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1 Gerni, Lauren	8 CAROLINA LIGHTNI	14-05.00	14-03.00	10
2 Steave, JaDyn	8 VIRGINIA BEACH F		11-01.50	8

Girls 100 Meter Dash Bantam

Name	Age Team	Seed	Prelims	H#
Preliminaries				
1 Clark, Rebekah	9 PLEASANTVILLE	14.20	14.52q	1
2 Brown, Ianna	10 TRACK SERIOUS	13.80	14.75q	3
3 Morris, Sidra	10 CENTRAL VATRACK	14.90	14.84q	4
4 Bunch, Ashaila	10 EAST END FLYERS	14.50	14.96q	2
5 Mitchell, Dashai	9 BOYS & GIRLS CLU	14.90	15.15q	4
6 Epps, Keyla	10 TECHNIQUE TRACK	14.91	15.16q	3
7 Eley, Jaylah	10 INSIDE TRACK		15.40q	4
7 Eastman, Jasmine	10 NORFOLK EXTREMES		15.40q	1
9 Ellis, Al 'moni	10 INDIAN RIVER SPE		15.51	1
9 Macklin, Keausha	9 HAMPTON BLAZERS	15.60	15.51	1
11 Hughes, Celina	10 VIRGINIA BEACH F	13.20	15.53	4
12 Coles, Trezure	9 HAMPTON BLAZERS	15.80	15.66	4
13 Ward, Nadiya	10 NORFOLK EXTREMES	18.23	15.67	3
14 Washington, Twanika	10 INSIDE TRACK		15.70	4
15 Mitchell, Amari	9 VIRGINIA BEACH F	14.01	15.87	2
16 Haynesworth, Leila	9 RICHMOND HEAT TR	14.64	16.04	3
17 Hawkes, Aviance	9 INDIAN RIVER SPE	16.50	16.45	2
18 Goodhope, Danyael	10 FAITH IN ACTION	17.50	16.51	1
19 Boone, Bianna	10 VIRGINIA BEACH F	15.10	16.54	2
20 Valentine, Cioni	9 INDIAN RIVER SPE	15.79	16.62	3
21 Hinton, Joyner	9 TRACK SERIOUS	16.46	16.87	3
22 Swain, Atiya	10 NORFOLK EXTREMES		17.86	2
23 Burton, Milan	9 RICHMOND HEAT TR	16.00	17.94	4
24 Roe, Ginger	9 RICHMOND HEAT TR		19.31	3

Girls 100 Meter Dash Bantam

Name	Age Team	Prelims	Finals	Points
Finals				
1 Clark, Rebekah	9 PLEASANTVILLE	14.52	14.47	10
2 Brown, Ianna	10 TRACK SERIOUS	14.75	14.53	8
3 Bunch, Ashaila	10 EAST END FLYERS	14.96	15.05	6
4 Epps, Keyla	10 TECHNIQUE TRACK	15.16	15.08	4
5 Morris, Sidra	10 CENTRAL VATRACK	14.84	15.11	2
6 Eley, Jaylah	10 INSIDE TRACK	15.40	15.34	1
7 Mitchell, Dashai	9 BOYS & GIRLS CLU	15.15	15.42	
8 Eastman, Jasmine	10 NORFOLK EXTREMES	15.40	15.46	

Girls 200 Meter Dash Bantam

Name	Age Team	Seed	Finals	H#	Points
1 Clark, Rebekah	9 PLEASANTVILLE	29.90	29.26	4	10
2 Brown, Ianna	10 TRACK SERIOUS	29.27	30.83	4	8
3 Morris, Sidra	10 CENTRAL VATRACK	30.90	31.44	3	6
4 Bunch, Ashaila	10 EAST END FLYERS	30.80	31.91	3	4
5 Epps, Keyla	10 TECHNIQUE TRACK	30.00	32.29	4	2
6 Livingston, Marika	10 VIRGINIA BEACH F	28.30	32.99	4	1
7 Hughes, Celina	10 VIRGINIA BEACH F	30.15	33.97	4	
8 Massie, Taylor	10 CHURCHLAND TRAIL	34.55	34.05	2	
9 Brockington, Aysha	9 TECHNIQUE TRACK	32.00	34.12	3	
10 Gerni, Amanda	10 CAROLINA LIGHTNI	35.37	34.24	2	
11 Eley, Jaylah	10 INSIDE TRACK		34.25	1	

12	Roe, Lachyna	10	RICHMOND HEAT TR	30.17	34.28	4
13	Washington, Tenae	10	RICHMOND HEAT TR	30.17	34.73	4
14	Haynesworth, Leila	9	RICHMOND HEAT TR	30.17	34.74	4
15	Mitchell, Amari	9	VIRGINIA BEACH F	33.21	34.84	3
16	Goodhope, Danyael	10	FAITH IN ACTION	32.50	34.99	3
17	Ahmad, Jewel	10	VIRGINIA BEACH F	31.78	35.39	3
18	Boone, Bianna	10	VIRGINIA BEACH F	32.20	35.42	3
19	Edwards, Nia	9	TECHNIQUE TRACK	33.00	35.88	3
20	Hinton, Joyner	9	TRACK SERIOUS	38.00	36.53	2
21	Clarke, Indiana	9	FAITH IN ACTION	37.75	36.57	2
22	Bullock, Kaliyah	10	INSIDE TRACK		37.56	1
23	Roe, Ginger	9	RICHMOND HEAT TR		37.58	1

Girls 400 Meter Dash Bantam

Name	Age	Team	Seed	Finals	H#	Points
1	Clark, Rebekah	9	PLEASANTVILLE	1:08.20	1:08.18	3 10
2	Brockington, Aysha	9	TECHNIQUE TRACK	1:16.00	1:11.84	3 8
3	Mitchell, Dashai	9	BOYS & GIRLS CLU	1:11.80	1:15.73	3 6
4	Washington, Twanika	10	INSIDE TRACK		1:16.20	1 4
5	Ahmad, Jewel	10	VIRGINIA BEACH F	1:16.20	1:18.04	2 2
6	Cox, Jonae	9	CHURCHLAND TRAIL		1:18.73	1 1
7	Hazel, Jalaia	10	CHURCHLAND TRAIL	1:14.91	1:18.93	3
8	Coles, Trezure	9	HAMPTON BLAZERS	1:14.00	1:19.32	3
9	Shepard, Brianna	10	CHURCHLAND TRAIL	1:22.60	1:20.05	2
10	Bullock, Kaliyah	10	INSIDE TRACK	1:20.00	1:20.80	2
11	Johnson, Ashley	9	TECHNIQUE TRACK	1:15.00	1:21.46	3
12	Hawkes, Aviance	9	INDIAN RIVER SPE		1:24.76	1
13	Clarke, Indiana	9	FAITH IN ACTION	1:29.00	1:26.84	2
14	Lewis, India	9	INSIDE TRACK		1:31.02	1

Girls 800 Meter Run Bantam

Name	Age	Team	Seed	Finals	Points
1	Brown, Kayla	10	CHURCHLAND TRAIL		3:06.38 10
2	Alexander, Cydney	9	VIRGINIA BEACH F	2:59.20	3:08.03 8
3	Grainger, Aleeya	10	NORFOLK REAL DEA	3:00.00	3:09.90 6
4	Johnson, Ashley	9	TECHNIQUE TRACK	3:00.00	3:10.43 4
5	Schreder, Brooke	10	LION'S DEN TRACK	3:00.00	3:10.56 2
6	Brown, Kayla	10	TRACK SERIOUS	4:21.00	3:42.84 1

Girls 1500 Meter Run Bantam

Name	Age	Team	Seed	Finals	Points
1	Alexander, Cydney	9	VIRGINIA BEACH F		6:20.45 10
2	Cornelius, Heavenle	9	VIRGINIA BEACH F		6:21.28 8
3	Brockington, D'Asia	9	TECHNIQUE TRACK	6:14.00	8:32.40 6

Girls 1500 Meter Race Walk Bantam

Name	Age	Team	Seed	Finals	Points
1	Pinto, Madison	10	TEAM FLASH	9:48.00	10:01.98 10
2	Brockington, D'Asia	9	TECHNIQUE TRACK	10:54.63	11:04.12 8
3	Staton, Ashlee	9	HAMPTON BLAZERS	10:59.24	11:06.56 6

Girls 4x100 Meter Relay Bantam

Team	Seed	Finals	Points
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1	VIRGINIA BEACH FLAMES 'A'	57.00	58.24	10
2	INDIAN RIVER SPEED 'A'	59.00	1:00.21	8
3	CHURCHLAND TRAILBLAZERS 'B'	1:03.25	1:03.61	6
4	CHURCHLAND TRAILBLAZERS 'A'	58.64	1:03.78	4
5	NORFOLK EXTREMES 'A'		1:04.62	2
6	TECHNIQUE TRACK CLUB 'A'	58.00	1:06.14	1

Girls 4x400 Meter Relay Bantam

	Team	Seed	Finals	Points
1	INDIAN RIVER SPEED 'A'	4:15.00	5:23.52	10
2	INSIDE TRACK 'A'	4:24.34	5:35.95	8
3	VIRGINIA BEACH FLAMES 'A'	4:58.36	5:42.99	6
4	RICHMOND HEAT TRACK & SPORTS 'A'		5:54.26	4

Girls High Jump Bantam

	Name	Age Team	Seed	Finals	Points
1	Gerni, Amanda	10 CAROLINA LIGHTNI	4-01.00	4-00.00	10
2	Livingston, Marika	10 VIRGINIA BEACH F		3-08.00	8

Girls Long Jump Bantam

	Name	Age Team	Seed	Finals	Points
1	Gerni, Amanda	10 CAROLINA LIGHTNI	11-09.00	11-08.50	10
2	Morris, Sidra	10 CENTRAL VATRACK		11-08.25	8
3	Edwards, Nia	9 TECHNIQUE TRACK	11-06.00	10-10.00	6
4	Roe, Lachyna	10 RICHMOND HEAT TR		10-09.50	3
4	Livingston, Marika	10 VIRGINIA BEACH F		10-09.50	3
6	Haynesworth, Leila	9 RICHMOND HEAT TR	11-11.50	10-07.00	1
7	Eastman, Jasmine	10 NORFOLK EXTREMES		9-11.00	
8	Washington, Tenae	10 RICHMOND HEAT TR	10-04.00	9-07.75	
9	Hinton, Joyner	9 TRACK SERIOUS	4-00.00	8-09.00	
--	Roe, Ginger	9 RICHMOND HEAT TR		ND	
--	Graves, Kennedy	10 UNATTACHED	9-07.75	ND	
--	Swain, Atiya	10 NORFOLK EXTREMES		ND	
--	Ferebee, Laneaa'	9 CHURCHLAND TRAIL	6-11.00	ND	

Girls Shot Put Bantam

	Name	Age Team	Seed	Finals	Points
1	Gerni, Amanda	10 CAROLINA LIGHTNI	18-00.00	20-09.00	10
2	Brown, Kayla	10 TRACK SERIOUS	17-00.00	17-07.00	8
3	Rhue, Krista	10 VIRGINIA BEACH P	18-00.00	17-00.00	6
4	Brockington, D'Asia	9 TECHNIQUE TRACK	13-09.00	16-06.00	4
5	Livingston, Marika	10 VIRGINIA BEACH F		15-10.50	2
6	Stukes, Brittany	10 CHURCHLAND TRAIL	13-09.00	15-09.50	1
7	Ferebee, Laneaa'	9 CHURCHLAND TRAIL		13-10.00	
8	Staton, Ashlee	9 HAMPTON BLAZERS	16-00.00	13-00.00	

Girls 100 Meter Dash Midget

	Name	Age Team	Seed	Prelims	H#
Preliminaries					
1	Green, Makiah	12 SOUTHERN MARYLAN	13.00	13.73q	5
2	Ray, Chantel	11 INSIDE TRACK	13.96	13.79q	5

3	Thomas, Jayme	12	HAMPTON BLAZERS	13.10	13.80q	2
4	Mills, Jocelyn	12	SOUTHERN MARYLAN	13.70	13.81q	2
5	Blackwell, Cayla	12	BOYS & GIRLS CLU	13.65	13.88q	1
6	Kilgore, Briauna	12	SOUTHERN MARYLAN	13.00	13.89q	4
7	Washington, Aliyah	12	HAMPTON BLAZERS	13.80	13.94q	4
8	Arrington, Tearra	11	EAST END FLYERS	13.60	14.17q	1
9	Lott, Leah	12	VIRGINIA BEACH F	14.04	14.18	3
10	Taliaferro, Briana	11	NORFOLK REAL DEA	13.01	14.21	3
11	Moore, De'Ja	12	TECHNIQUE TRACK	13.75	14.30	3
12	Marrow, Kimberly	12	INSIDE TRACK	14.40	14.47	1
13	Cole, Ruby	11	NORFOLK EXTREMES		14.49	2
14	Usher, Kitana	11	TECHNIQUE TRACK	14.00	14.53	5
15	White, Crystal	11	PLEASANTVILLE		14.54	5
16	Jones, Mashea	12	CHURCHLAND TRAIL	14.92	14.67	4
17	Johnson, Nichele	11	EAST END FLYERS	14.04	14.72	2
18	Littleton-Davis, Micaela	12	HAMPTON CITY ELI	14.80	15.01	3
19	Young, Amirah	12	PLEASANTVILLE		15.02	4
20	Bell, Sylvia	12	PLEASANTVILLE		15.09	3
21	Hilliard, Shaquanna	11	TECHNIQUE TRACK		15.24	1
22	Williams, Breanna	12	NORFOLK EXTREMES		15.25	4
23	Qadir, Bakari	11	EAST END FLYERS	15.86	15.47	4
24	Ferebee, Drew	11	LAZERS TRACK CLU	16.50	15.76	3
25	Bumpers, Montrella	12	EAST END FLYERS	15.58	16.07	5

Girls 100 Meter Dash Midget

Name	Age	Team	Prelims	Finals	Points
Finals					
1	Ray, Chantel	11	INSIDE TRACK	13.79	13.92 10
2	Green, Makiah	12	SOUTHERN MARYLAN	13.73	13.97 8
3	Blackwell, Cayla	12	BOYS & GIRLS CLU	13.88	14.06 6
4	Thomas, Jayme	12	HAMPTON BLAZERS	13.80	14.10 4
5	Kilgore, Briauna	12	SOUTHERN MARYLAN	13.89	14.13 2
6	Mills, Jocelyn	12	SOUTHERN MARYLAN	13.81	14.14 1
7	Washington, Aliyah	12	HAMPTON BLAZERS	13.94	14.19
8	Arrington, Tearra	11	EAST END FLYERS	14.17	14.23

Girls 200 Meter Dash Midget

Name	Age	Team	Seed	Finals	H#	Points
1	Wesson, Talia	11	EAST END FLYERS	27.02	28.44	4 10
2	Green, Makiah	12	SOUTHERN MARYLAN	27.00	28.47	4 8
3	Ray, Chantel	11	INSIDE TRACK	28.65	28.79	3 6
4	Butler, Cierra	12	SOUTHERN MARYLAN	27.00	29.00	4 4
5	Taliaferro, Briana	11	NORFOLK REAL DEA	28.21	29.05	4 2
6	Smith, Sherelle	11	CHURCHLAND TRAIL	29.45	29.56	3 1
7	Cole, Ruby	11	NORFOLK EXTREMES		29.72	1
8	White, Crystal	11	PLEASANTVILLE		30.11	1
9	Marrow, Kimberly	12	INSIDE TRACK	27.50	30.54	4
10	Morris, Ilissa	11	RICHMOND HEAT TR	30.02	31.00	3
11	Bell, Sylvia	12	PLEASANTVILLE		31.12	1
12	Brown, Deja	11	NORFOLK REAL DEA	30.10	31.14	3
13	Coker, Temea	11	RICHMOND HEAT TR	28.35	31.28	3
14	Prince, Jasmine	11	PLEASANTVILLE		31.44	2
15	Littleton-Davis, Micaela	12	HAMPTON CITY ELI	29.50	31.87	3
16	Hatton, Kanitra	12	CHURCHLAND TRAIL	32.82	31.88	2
17	Mills, Jocelyn	12	SOUTHERN MARYLAN	28.00	31.97	4
18	Williams, Breanna	12	NORFOLK EXTREMES		32.12	1
19	Hunt, Michelle	12	INDIAN RIVER SPE	32.00	32.18	2
20	Young, Amirah	12	PLEASANTVILLE		32.46	1

21	Qaadir, Bakari	11	EAST END FLYERS	33.78	32.65	2
22	McClellan, Alexis	11	N-MOTION TC	34.22	33.44	2
23	Brown, Taylor	11	FAITH IN ACTION	31.30	33.59	3
24	Mitchell, Destiny	11	TECHNIQUE TRACK	35.00	36.51	2
25	Page, Danielle	11	RICHMOND HEAT TR		37.43	1

Girls 400 Meter Dash Midget

Name	Age	Team	Seed	Finals	H#	Points
1	Wedlock, Penchell	11	NORFOLK REAL DEA	1:05.20	1:05.17	4 10
2	Wesson, Talia	11	EAST END FLYERS	1:04.78	1:05.53	5 8
3	Kilgore, Briana	12	SOUTHERN MARYLAN	1:02.00	1:06.03	5 6
4	Hamilton, Sharnae'	12	BOYS & GIRLS CLU	1:07.20	1:06.60	4 4
5	Arrington, Tearra	11	EAST END FLYERS	1:06.74	1:06.74	4 2
6	White, Ebony	11	INDIAN RIVER SPE	1:01.00	1:07.19	5 1
7	Hicks, Ashley	12	NORFOLK REAL DEA	1:07.55	1:08.15	4
8	Torain, Maya	11	PHASE II	1:04.00	1:08.39	5
9	Thomas, Tyasia	12	SOUTHERN MARYLAN	1:05.00	1:08.63	5
10	Marrow, Kimberly	12	INSIDE TRACK	1:04.00	1:09.63	5
11	Prather, khaila	11	LAZERS TRACK CLU	1:10.00	1:09.69	3
12	Morris, Ilissa	11	RICHMOND HEAT TR	1:14.79	1:09.88	3
13	Parks, Milan	11	EAST END FLYERS	1:07.59	1:10.49	4
14	Taylor, Deja	12	RICHMOND HEAT TR		1:10.60	1
15	Johnson, Nichele	11	EAST END FLYERS	1:06.26	1:11.90	4
16	Tinsley, Tianna	12	RICHMOND HEAT TR		1:12.03	1
17	Brown, Taylor	11	FAITH IN ACTION	1:18.00	1:12.44	2
18	Edwards, Briana	11	INSIDE TRACK		1:13.73	1
19	Gainey, Kennae	11	CHURCHLAND TRAIL	1:16.20	1:14.25	2
20	Hunt, Michelle	12	INDIAN RIVER SPE	1:10.00	1:14.74	3
21	Mansion, Mia	11	EAST END FLYERS	1:19.78	1:14.76	2
22	McClellan, Alexis	11	N-MOTION TC	1:16.04	1:15.23	2
23	Coker, Temea	11	RICHMOND HEAT TR	1:06.68	1:18.20	4
24	Butler, Cierra	12	SOUTHERN MARYLAN	1:04.00	1:20.54	5
25	Henry, Alexxus	12	INSIDE TRACK		1:21.01	1
26	Bumpers, Montrella	12	EAST END FLYERS	1:12.87	1:21.66	3
27	Ferebee, Drew	11	LAZERS TRACK CLU	1:30.00	1:22.40	2
28	Mitchell, Destiny	11	TECHNIQUE TRACK	1:15.00	1:27.41	3
29	Long, Kiera	11	CHURCHLAND TRAIL	1:20.33	1:35.54	2

Girls 800 Meter Run Midget

Name	Age	Team	Seed	Finals	Points
1	White, Ebony	11	INDIAN RIVER SPE	2:35.00	2:34.55 10
2	Wedlock, Penchell	11	NORFOLK REAL DEA	2:50.97	2:39.92 8
3	Hamilton, Sharnae'	12	BOYS & GIRLS CLU	2:35.90	2:44.70 6
4	Torain, Maya	11	PHASE II	2:40.00	2:46.68 4
5	Taylor, Deja	12	RICHMOND HEAT TR		2:50.28 2
6	Jackson, Ashanti	11	INSIDE TRACK	2:58.35	2:50.32 1
7	Sanford, Leah	11	VIRGINIA BEACH F		2:51.14
8	Tinsley, Tianna	12	RICHMOND HEAT TR		2:52.87
9	Wyatt, Jade	11	VIRGINIA BEACH F	2:54.64	2:53.75
10	Roebuck, Cinqua	11	NORFOLK REAL DEA	2:53.04	2:54.75
11	Girona, Alexis	11	EAST END FLYERS	2:59.87	2:57.95
12	Clarke, Kristiana	11	FAITH IN ACTION	3:00.00	2:59.10
13	Gainey, Kennae	11	CHURCHLAND TRAIL	3:25.47	3:05.62
14	Cleveland, Ashleigh	11	CAROLINA LIGHTNI	3:33.81	3:22.50
15	Long, Kiera	11	CHURCHLAND TRAIL	3:36.65	3:42.96

Girls 1500 Meter Run Midget

Name	Age	Team	Seed	Finals	Points
1 McManus, Dakota	11	TEAM FLASH	5:08.00	5:28.33	10
2 Borja, Taylor	12	COBRA TC	5:48.70	5:54.25	8
3 Jackson, Ashanti	11	INSIDE TRACK	6:54.67	5:57.66	6
4 Clarke, Kristiana	11	FAITH IN ACTION	5:45.00	6:30.56	4
5 Stratton, Taylor	12	LION'S DEN TRACK	6:10.50	6:38.22	2
6 Dunwoodie, Ricki	11	EAST END FLYERS	6:20.47	6:41.62	1
7 Viney, Imani	12	TECHNIQUE TRACK		7:37.99	

Girls 3000 Meter Run Midget

Name	Age	Team	Seed	Finals	Points
1 McManus, Dakota	11	TEAM FLASH	11:57.00	11:40.39	10
2 Borja, Taylor	12	COBRA TC	12:49.30	12:39.00	8
3 Tinsley, Tianna	12	RICHMOND HEAT TR		12:58.16	6

Girls 1500 Meter Race Walk Midget

Name	Age	Team	Seed	Finals	Points
1 Young, Kayla	11	HAMPTON BLAZERS	10:01.24	9:59.64	10
2 Douglass, Emily	12	TEAM FLASH	10:19.00	10:16.42	8
3 Rogers, Kara	11	TECHNIQUE TRACK		11:07.17	6
4 Viney, Imani	12	TECHNIQUE TRACK		11:08.98	4
5 Brown, Deja	11	NORFOLK REAL DEA	10:49.81	11:21.13	2

Girls 80 Meter Hurdles Midget

Name	Age	Team	Seed	Finals	Points
1 Ray, Chantel	11	INSIDE TRACK	14.67	14.43	10
2 White, Crystal	11	PLEASANTVILLE		16.93	8
3 Clark, Diamond	12	VIRGINIA BEACH F	15.20	17.06	6
4 Stratton, Taylor	12	LION'S DEN TRACK	19.50	17.44	4
5 Edwards, Briana	11	INSIDE TRACK		18.48	2
6 Cleveland, Ashleigh	11	CAROLINA LIGHTNI	18.63	23.56	1
7 White, Ebony	11	INDIAN RIVER SPE		24.04	

Girls 4x100 Meter Relay Midget

Team	Seed	Finals	Points
1 EAST END FLYERS 'A'	54.47	56.12	10
2 TECHNIQUE TRACK CLUB 'A'	53.00	57.67	8
3 CHURCHLAND TRAILBLAZERS 'A'	58.64	59.09	6
4 VIRGINIA BEACH FLAMES 'A'	57.00	59.82	4
5 PLEASANTVILLE STRIDERS 'A'		1:00.94	2

Girls 4x400 Meter Relay Midget

Team	Seed	Finals	Points
1 RICHMOND HEAT TRACK & SPORTS 'A'		4:52.60	10
2 TECHNIQUE TRACK CLUB 'A'	4:40.00	4:56.88	8
3 INSIDE TRACK 'A'	4:24.34	5:00.07	6
4 VIRGINIA BEACH FLAMES 'A'	4:58.36	5:00.93	4

Girls High Jump Midget

Name	Age	Team	Seed	Finals	Points
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Name	Age	Team	Seed	Finals	Points
1 Lott, Leah	12	VIRGINIA BEACH F	3-08.00	3-10.00	10
2 Dunwoodie, Ricki	11	EAST END FLYERS	3-08.00	3-08.00	8
3 Clark, Diamond	12	VIRGINIA BEACH F		J3-08.00	6
4 Mansion, Mia	11	EAST END FLYERS	4-02.00	3-06.00	4
-- Cleveland, Ashleigh	11	CAROLINA LIGHTNI	3-09.00	NH	

Girls Long Jump Midget

Name	Age	Team	Seed	Finals	Points
1 Taliaferro, Briana	11	NORFOLK REAL DEA	11-08.25	14-11.00	10
2 Parks, Milan	11	EAST END FLYERS	14-10.00	13-10.75	8
3 Sanford, Leah	11	VIRGINIA BEACH F	12-03.00	13-02.00	6
4 Cole, Ruby	11	NORFOLK EXTREMES		12-03.50	4
5 Littleton-Davis, Micaela	12	HAMPTON CITY ELI		11-09.50	1.5
5 Wyatt, Jade	11	VIRGINIA BEACH F		11-09.50	1.5
7 Prather, khaila	11	LAZERS TRACK CLU	11-01.00	10-09.00	
-- Williams, Breanna	12	NORFOLK EXTREMES		ND	
-- Brown, Taylor	11	FAITH IN ACTION	11-05.00	ND	

Girls Shot Put Midget

Name	Age	Team	Seed	Finals	Points
1 McClellan, Alexis	11	N-MOTION TC	24-08.50	28-01.00	10
2 Prince, Jasmine	11	PLEASANTVILLE		26-06.00	8
3 Washington, Aliyah	12	HAMPTON BLAZERS	27-05.00	25-01.00	6
4 Cole, Ruby	11	NORFOLK EXTREMES		23-04.00	4
5 Ellis, Hyleah	12	EAST END FLYERS	22-05.00	22-08.00	2
6 Embe, Maricela	11	RICHMOND HEAT TR	16-10.00	21-00.00	1
7 Lyons, Brayannah	12	CHURCHLAND TRAIL	20-11.00	20-08.00	
8 Cosby, Charra	12	RICHMOND HEAT TR	17-00.50	19-02.00	
9 Brown, Tijae	11	EAST END FLYERS		18-09.00	

Girls Discus Throw Midget

Name	Age	Team	Seed	Finals	Points
1 McClellan, Alexis	11	N-MOTION TC	50-06.50	56-01	10
2 Lyons, Brayannah	12	CHURCHLAND TRAIL		54-02	8
3 Ellis, Hyleah	12	EAST END FLYERS	56-10	54-00	6
4 Cosby, Charra	12	RICHMOND HEAT TR	53-00.50	49-00	4
5 Prince, Jasmine	11	PLEASANTVILLE		47-06	2
-- Embe, Maricela	11	RICHMOND HEAT TR	45-11	ND	
-- Brown, Tijae	11	EAST END FLYERS		ND	
-- Scott, Tyara	12	RICHMOND HEAT TR		ND	

Girls 100 Meter Dash Youth

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 Ellick, Tiffany	13	NORFOLK REAL DEA	12.74	12.47q	4
2 McCants, Brittney	14	PHASE II	12.20	12.51q	4
3 Taylor, Taranisha	13	NORFOLK REAL DEA	12.61	13.10q	3
4 Moore, Brianna	14	VIRGINIA BEACH F	12.50	13.16q	2
5 Sharp, Olivia	14	CENTRAL VATRACK	12.98	13.28q	3
5 Williams, Monica	14	TRACK SERIOUS TR	12.63	13.28q	4
7 Talley, Mijan	13	ROCKVILLE STRIDE	12.50	13.35q	1
8 Combs, Rashaun	14	TECHNIQUE TRACK	13.25	13.37q	2
9 Lester, Tierra	13	MID CITY X-PRESS	12.87	13.47	2

10 Harris, Angela	14	CENTRAL VATRACK	12.50	13.62	3
11 Todd, Seanda	14	NORFOLK REAL DEA	13.07	13.65	1
12 Johnson, Courtney	14	TECHNIQUE TRACK	12.50	13.70	1
13 Smalley, Taker	14	CHURCHLAND TRAIL	13.38	13.78	3
14 Washington, Aleshia	14	TRACK SERIOUS	13.00	13.83	3
15 Shields, McKenzie	13	ROCKVILLE STRIDE	13.00	13.94	4
16 Thompson, Di'Yea	13	CENTRAL VATRACK	13.00	14.02	4
17 Johnson, Monica	14	CHURCHLAND TRAIL	14.00	14.10	3
18 Bivins, Kiana	13	BOYS & GIRLS CLU	13.80	14.15	4
19 Lowery, Kyosha	14	MID CITY X-PRESS	13.20	14.20	1
20 Muhammad, Maria	13	NORFOLK REAL DEA	12.55	14.32	2

Girls 100 Meter Dash Youth

Name	Age	Team	Prelims	Finals	Points
Finals					
1 Ellick, Tiffany	13	NORFOLK REAL DEA	12.47	12.57	10
2 McCants, Brittney	14	PHASE II	12.51	12.64	8
3 Moore, Brianna	14	VIRGINIA BEACH F	13.16	13.02	6
4 Williams, Monica	14	TRACK SERIOUS TR	13.28	13.08	4
5 Combs, Rashaun	14	TECHNIQUE TRACK	13.37	13.17	2
6 Taylor, Taranisha	13	NORFOLK REAL DEA	13.10	13.30	1
7 Talley, Mijan	13	ROCKVILLE STRIDE	13.35	13.40	
8 Sharp, Olivia	14	CENTRAL VATRACK	13.28	13.60	

Girls 200 Meter Dash Youth

Name	Age	Team	Seed	Finals	H#	Points
1 Ellick, Tiffany	13	NORFOLK REAL DEA	25.75	25.66	5	10
2 McCants, Brittney	14	PHASE II	25.02	26.26	5	8
3 Moore, Maya	13	TECHNIQUE TRACK	26.00	26.28	5	6
4 Combs, Rashaun	14	TECHNIQUE TRACK	27.00	26.78	4	4
5 Moore, Brianna	14	VIRGINIA BEACH F	26.21	26.85	5	2
6 Harris, Angela	14	CENTRAL VATRACK	26.50	26.88	4	1
7 Williams, Monica	14	TRACK SERIOUS TR	25.89	27.03	5	
8 Sharp, Olivia	14	CENTRAL VATRACK	26.30	27.39	5	
9 Lester, Tierra	13	MID CITY X-PRESS	26.45	27.59	5	
10 Edwards, J'Nai	13	TECHNIQUE TRACK	26.00	27.70	5	
11 Smalley, Taker	14	CHURCHLAND TRAIL	27.72	27.92	3	
12 Williams, Shakia	14	WESTERN BRANCH T	27.50	27.96	4	
13 Smith, Fatasia	13	TECHNIQUE TRACK	28.00	28.29	3	
14 Washington, Aleshia	14	TRACK SERIOUS	28.00	28.34	3	
15 Rodriguez, Ruby	13	PLEASANTVILLE		28.39	2	
16 Sharp, Olicia	13	CENTRAL VATRACK	27.60	28.55	3	
17 Coney, Jayisha	14	EAST END FLYERS	27.69	28.70	3	
18 Johnson, Monica	14	CHURCHLAND TRAIL	29.89	29.36	2	
19 Lowery, Kyosha	14	MID CITY X-PRESS	27.70	29.87	3	
20 Muhammad, Maria	13	NORFOLK REAL DEA	27.00	30.42	4	
21 Freeze, Sakeyi	13	VIRGINIA BEACH F		30.76	1	
22 Burney, Kimani	13	SPEED INC.	29.73	31.34	2	
23 Williams, Kej-dra	13	NORFOLK EXTREMES		31.97	1	
24 O'Neal, Shacai	14	VIRGINIA BEACH F		32.35	2	

Girls 400 Meter Dash Youth

Name	Age	Team	Seed	Finals	H#	Points
1 Williams, Monica	14	TRACK SERIOUS TR	59.00	59.80	4	10
2 Moore, Maya	13	TECHNIQUE TRACK	57.00	1:00.13	4	8
3 Edwards, J'Nai	13	TECHNIQUE TRACK	58.00	1:00.49	4	6

4	Ellick, Ashley	14	LION'S DEN TRACK	1:03.00	1:02.12	3	4
5	Gregory, Jade	13	N-MOTION TC	56.90	1:02.24	4	2
6	Williams, Shakia	14	WESTERN BRANCH T	1:02.34	1:03.14	3	1
7	Smith, Fatasia	13	TECHNIQUE TRACK	56.00	1:03.52	4	
8	Carney, Taira	13	CENTRAL VATRACK	1:00.00	1:04.20	3	
9	Rodriguez, Ruby	13	PLEASANTVILLE		1:04.53	1	
10	Muhammad, Maria	13	NORFOLK REAL DEA	1:05.00	1:04.83	2	
11	Hinton, Jalen	14	TRACK SERIOUS	1:05.00	1:06.13	2	
12	Johnson, Courtney	14	TECHNIQUE TRACK	59.00	1:07.57	3	
13	Battle, Jasmine	14	RICHMOND HEAT TR	1:03.48	1:07.67	2	
14	DuBois, Breanna	13	CHURCHLAND TRAIL	1:08.37	1:08.26	2	
15	Thorpe, Raiven	14	RICHMOND HEAT TR	1:06.33	1:08.92	2	
16	Poteat, Mishae	14	INDIAN RIVER SPE	59.00	1:09.72	4	
17	Bell, Arielle	13	VIRGINIA BEACH F		1:11.91	1	
18	Sykes, Faith	13	CENTRAL VATRACK	1:03.00	1:12.25	3	
19	Bivins, Kiana	13	BOYS & GIRLS CLU	1:08.00	1:12.94	2	
20	Williams, Kej-dra	13	NORFOLK EXTREMES		1:14.81	1	
21	O'Neal, Shacai	14	VIRGINIA BEACH F		1:15.58	1	
22	Freeze, Sakeyi	13	VIRGINIA BEACH F		1:16.77	1	

Girls 800 Meter Run Youth

Name	Age	Team	Seed	Finals	Points
1	Gregory, Jade	13 N-MOTION TC	2:30.47	2:29.52	10
2	Wyche, DeBresha	14 CENTRAL VATRACK	2:38.00	2:30.59	8
3	DuBois, Breanna	13 CHURCHLAND TRAIL	2:42.52	2:39.73	6
4	Walker, Kenya	14 TECHNIQUE TRACK	2:53.00	2:42.28	4
5	Daniels, Brehanna	13 TRACK SERIOUS	2:38.00	2:42.30	2
6	Thorpe, Raiven	14 RICHMOND HEAT TR	2:56.41	2:43.30	1
7	Battle, Jasmine	14 RICHMOND HEAT TR	2:47.77	2:44.23	
8	Gautreau, Angelina	14 WESTERN BRANCH T	2:45.24	2:46.87	
9	Bell, Arielle	13 VIRGINIA BEACH F		2:49.49	
10	Moncla, Jill	14 CAROLINA LIGHTNI	2:45.70	2:51.06	
11	Cleveland, Rachelle	14 CAROLINA LIGHTNI	2:53.68	2:59.67	
12	Lamb, Keristan	14 CHURCHLAND TRAIL	3:11.21	3:06.68	
13	Jones, T'Nai	13 EAST END FLYERS	3:07.85	3:15.30	

Girls 1500 Meter Run Youth

Name	Age	Team	Seed	Finals	Points
1	Walker, Kenya	14 TECHNIQUE TRACK	5:46.00	6:00.14	10
2	Moncla, Jill	14 CAROLINA LIGHTNI	5:43.68	6:10.48	8
--	Barne'y, Ming	14 TECHNIQUE TRACK		DNF	

Girls 3000 Meter Run Youth

Name	Age	Team	Seed	Finals	Points
1	Moncla, Jill	14 CAROLINA LIGHTNI	12:40.93	12:58.08	10

Girls 1500 Meter Race Walk Youth

Name	Age	Team	Seed	Finals	Points
1	Apostoles, Meghan	14 TEAM FLASH	9:07.00	8:44.75	10
2	Higgins, Aleiza	14 TEAM FLASH	10:18.00	8:46.29	8
3	Collins, Alicia	13 NORFOLK REAL DEA		11:34.33	6
4	Barne'y, Ming	14 TECHNIQUE TRACK		12:14.90	4
5	Rogers, LaNa	14 TECHNIQUE TRACK		14:18.16	2

Girls 100 Meter Hurdles Youth

Name	Age	Team	Seed	Finals	Points
1 Daniels, Brehanna	13	TRACK SERIOUS	16.70	18.13	10
2 Cleveland, Rachelle	14	CAROLINA LIGHTNI	17.63	18.18	8
3 Hinton, Jalen	14	TRACK SERIOUS	18.25	18.66	6
4 Rodriguez, Ruby	13	PLEASANTVILLE		19.07	4
5 Shufford, Jenira	13	TECHNIQUE TRACK		19.76	2
6 washington, aleshia	14	TRACK SERIOUS	18.00	21.49	1

Girls 4x100 Meter Relay Youth

Team	Seed	Finals	Points
1 NORFOLK REAL DEAL 'A'	49.34	50.75	10
2 TECHNIQUE TRACK CLUB 'A'	47.00	51.82	8
3 CENTRAL VATRACK & FIELD CLUB 'A'	49.30	52.73	6

Girls 4x400 Meter Relay Youth

Team	Seed	Finals	Points
1 VIRGINIA BEACH FLAMES 'A'	4:58.36	4:25.90	10
2 TECHNIQUE TRACK CLUB 'A'	4:04.00	4:27.88	8
3 CENTRAL VATRACK & FIELD CLUB 'A'	3:50.00	4:31.79	6

Girls High Jump Youth

Name	Age	Team	Seed	Finals	Points
1 Hinton, Jalen	14	TRACK SERIOUS	5-04.25	4-10.00	10
2 Cleveland, Rachelle	14	CAROLINA LIGHTNI	4-04.00	4-08.00	8
3 Shufford, Jenira	13	TECHNIQUE TRACK		4-02.00	6
4 DuBois, Breanna	13	CHURCHLAND TRAIL		4-00.00	4
5 Okoh, Nkechi	13	COBRA TC	3-07.25	3-10.00	2

Girls Long Jump Youth

Name	Age	Team	Seed	Finals	Points
1 Ellick, Tiffany	13	NORFOLK REAL DEA		16-11.00	10
2 Coney, Jayisha	14	EAST END FLYERS	15-09.00	14-11.00	8
3 Burney, Kimani	13	SPEED INC.	13-04.00	13-09.50	6
4 Thompson, Di'Yea	13	CENTRAL VATRACK	14-11.00	13-09.00	4
5 Gregory, Jade	13	N-MOTION TC	14-08.50	13-07.00	2
-- Collins, Alicia	13	NORFOLK REAL DEA	13-04.00	ND	
-- Williams, Kej-dra	13	NORFOLK EXTREMES	7-05.25	ND	
-- O'Neal, Shacai	14	VIRGINIA BEACH F		ND	
-- Thorpe, Raiven	14	RICHMOND HEAT TR		ND	
-- Wyche, DeBresha	14	CENTRAL VATRACK	15-05.00	ND	
-- Daniels, Brehanna	13	TRACK SERIOUS	14-00.25	ND	
-- Carney, Taira	13	CENTRAL VATRACK	14-06.00	ND	

Girls Triple Jump Youth

Name	Age	Team	Seed	Finals	Points
1 Carney, Taira	13	CENTRAL VATRACK	29-05.00	30-05.00	10
2 Sharp, Olivia	14	CENTRAL VATRACK	34-01.00	29-08.00	8

Girls Shot Put Youth

Name	Age	Team	Seed	Finals	Points
1 Callicutt, Catherine	14	CENTRAL VATRACK	31-00.00	30-03.00	10
2 Cleveland, Rachelle	14	CAROLINA LIGHTNI	24-00.00	27-01.00	8
3 Bell, Cameron	13	EAST END FLYERS	23-00.00	26-06.00	6
4 Rogers, LaNa	14	TECHNIQUE TRACK		26-02.50	4
5 Lamb, Keristan	14	CHURCHLAND TRAIL	25-06.00	23-04.00	2

Girls Discus Throw Youth

Name	Age	Team	Seed	Finals	Points
1 Douglass, Sarah	14	TEAM FLASH	78-03	76-00	10
2 Callicutt, Catherine	14	CENTRAL VATRACK	60-08	58-07	8
3 Rogers, LaNa	14	TECHNIQUE TRACK		46-06	6
4 Williams, Kej-dra	13	NORFOLK EXTREMES		39-07	4

Girls 100 Meter Dash Intermediate

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 Owens, Derica	16	NORFOLK REAL DEA	12.40	12.64q	1
2 Wesh, Marlana	16	PHASE II	12.00	12.67q	4
3 Chandler, Tanay	16	NORFOLK REAL DEA	12.50	12.73q	3
4 Jemmott, Katea	15	CENTRAL VATRACK	12.65	13.12q	1
5 Hardgrove, Naomi	16	CENTRAL VATRACK	12.39	13.18q	2
6 Payne-Roebuck, Piarrah	15	NORFOLK REAL DEA	12.60	13.19q	2
7 Lester, Veronica	16	MID CITY X-PRESS	12.61	13.20q	1
8 James, Shkemea	15	TECHNIQUE TRACK	12.50	13.22q	1
9 Holloman, Sarah	15	VIRGINIA BEACH F	12.30	13.25	3
10 Diggs, Angela	15	TRACK SERIOUS	12.50	13.46	2
11 Geisman, Caitlyn	16	EAST END FLYERS	13.54	13.51	1
12 Johnson, Za'mia	15	DYNAMITE JOHNSON	12.50	13.53	3
13 Chase, Ashley	16	HAMPTON BLAZERS	12.90	13.55	4
14 Meredith, Renee	16	SPEED CITY CHARG	12.80	13.60	2
15 Smith, Celina	16	WESTERN BRANCH T	13.24	14.13	3
16 Taylor, April	15	LION'S DEN TRACK	13.50	14.30	1
17 McCoy, Shanelle	15	SPEED CITY CHARG	12.80	14.35	3
18 Blair, Shirae	16	SPEED INC.	13.40	14.42	2
19 Crutchfield, Adrienne	15	ROCKVILLE STRIDE		14.43	4
20 Smith, Melina	15	CHURCHLAND TRAIL	14.62	14.76	4

Girls 100 Meter Dash Intermediate

Name	Age	Team	Prelims	Finals	Points
Finals					
1 Wesh, Marlana	16	PHASE II	12.67	12.26	10
2 Owens, Derica	16	NORFOLK REAL DEA	12.64	12.67	8
3 Chandler, Tanay	16	NORFOLK REAL DEA	12.73	12.73	6
4 Jemmott, Katea	15	CENTRAL VATRACK	13.12	13.20	4
5 Payne-Roebuck, Piarrah	15	NORFOLK REAL DEA	13.19	13.25	2
6 James, Shkemea	15	TECHNIQUE TRACK	13.22	13.32	1
7 Lester, Veronica	16	MID CITY X-PRESS	13.20	13.35	
8 Hardgrove, Naomi	16	CENTRAL VATRACK	13.18	13.41	

Girls 200 Meter Dash Intermediate

Name	Age	Team	Seed	Finals	H#	Points
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1	Wesh, Marlana	16	PHASE II	24.09	24.90	5	10
2	Luedeke, Chantal	16	VIRGINIA BEACH F	26.30	26.40	4	8
3	Hardgrove, Naomi	16	CENTRAL VATRACK	25.88	26.83	4	6
4	Holloman, Sarah	15	VIRGINIA BEACH F	25.90	27.05	4	4
5	James, Shkemea	15	TECHNIQUE TRACK	25.75	27.13	5	2
6	Minkins, Tania	15	SPEED CITY CHARG	26.80	27.14	3	1
7	Robinson, Cydney	15	NORFOLK REAL DEA	25.60	27.15	5	
8	Lester, Veronica	16	MID CITY X-PRESS	26.50	27.21	4	
9	Jemmott, Katea	15	CENTRAL VATRACK	26.01	27.41	4	
10	Diggs, Angela	15	TRACK SERIOUS	26.90	27.51	3	
11	Scott, Erica	15	INDIAN RIVER SPE		27.70	1	
12	Caldwell, Juanita	15	PLEASANTVILLE		27.88	1	
13	Johnson, Za'mia	15	DYNAMITE JOHNSON	27.15	27.93	3	
14	Epps, Simone	15	WESTERN BRANCH T	27.43	28.74	3	
15	Smith, Celina	16	WESTERN BRANCH T	27.44	28.98	3	
16	Owens, Asia	15	VIRGINIA BEACH F		29.94	1	
17	Lee, Erica	16	LION'S DEN TRACK	27.25	30.11	3	
18	Washington, Breana	15	CENTRAL VATRACK	26.30	30.38	4	
19	Smith, Melina	15	CHURCHLAND TRAIL	30.37	30.68	2	
20	Muhammad, Natifah	15	SOUTHERN MARYLAN		34.67	1	

Girls 400 Meter Dash Intermediate

Name	Age	Team	Seed	Finals	H#	Points	
1	Wesh, Marlana	16	PHASE II	54.50	57.06	4	10
2	Harris, Tiffany	16	NORFOLK REAL DEA	58.00	58.42	4	8
3	Wheaton, Taylor	16	TRACK SERIOUS TR	58.00	1:00.05	4	6
4	Wise, Katharine	15	CENTRAL VATRACK	1:04.00	1:01.56	2	4
5	Whitties, Venus	15	NORFOLK REAL DEA	1:00.00	1:02.38	3	2
6	Sumler, Monica	16	INDIAN RIVER SPE		1:02.76	1	1
7	Caldwell, Juanita	15	PLEASANTVILLE		1:03.34	2	
8	Langford, Keona	15	SPEED CITY CHARG	1:01.00	1:03.63	3	
9	Rolax, Candace	15	UNATTACHED		1:03.67	1	
10	Chase, Ashley	16	HAMPTON BLAZERS	1:05.00	1:03.91	2	
11	Sessoms, Ashley	15	INSIDE TRACK	1:02.33	1:04.28	3	
12	Best, Dominique	16	PLEASANTVILLE		1:04.52	1	
13	Reid, Morgan	15	INDIAN RIVER SPE	1:00.00	1:05.39	3	
14	Owens, Asia	15	VIRGINIA BEACH F		1:05.71	1	
15	Banks, Ivory	15	UNATTACHED	1:04.00	1:06.53	2	
16	Singleton, Raven	16	CENTRAL VATRACK	1:03.00	1:06.81	3	
17	Brown, Morgan	16	FAITH IN ACTION	1:07.00	1:08.40	2	
18	Lee, Erica	16	LION'S DEN TRACK	1:07.95	1:10.07	2	
19	Goins, Shemika	16	RICHMOND HEAT TR		1:20.16	1	
20	Muhammad, Natifah	15	SOUTHERN MARYLAN		1:22.32	1	

Girls 800 Meter Run Intermediate

Name	Age	Team	Seed	Finals	Points	
1	Andrews, Blake	15	WESTERN BRANCH T	2:21.56	2:25.74	10
2	Cobbs, Jasmine	16	SPEED CITY CHARG	2:21.00	2:30.98	8
3	Adams, Shanece	15	TECHNIQUE TRACK	2:30.00	2:31.76	6
4	Caldwell, Juanita	15	PLEASANTVILLE		2:34.55	4
5	Owens, Asia	15	VIRGINIA BEACH F	2:35.10	2:35.79	2
6	Augins, Nicole	15	LAZERS TRACK CLU	2:35.00	2:41.40	1
7	Lee, Erica	16	LION'S DEN TRACK	2:48.15	2:54.22	
8	Williams, Arianna	15	SPEED CITY CHARG	2:30.00	2:55.80	
9	Georgiades, Kara	16	LION'S DEN TRACK	2:49.00	2:56.46	
10	Anderson, Jazlyn	15	TECHNIQUE TRACK		3:00.77	
11	Williams, Ayanna	15	SPEED CITY CHARG	2:30.00	3:15.02	
12	Muhammad, Natifah	15	SOUTHERN MARYLAN		3:26.32	

Girls 1500 Meter Run Intermediate

Name	Age	Team	Seed	Finals	Points
1 Adams, Shanece	15	TECHNIQUE TRACK		5:36.06	10
2 Georgiades, Kara	16	LION'S DEN TRACK	5:45.00	6:07.17	8
3 Neefus, Suzanne	15	LION'S DEN TRACK	5:50.00	6:31.35	6

Girls 3000 Meter Run Intermediate

Name	Age	Team	Seed	Finals	Points
1 Augins, Nicole	15	LAZERS TRACK CLU	11:45.00	11:51.14	10
2 Georgiades, Kara	16	LION'S DEN TRACK	12:25.00	13:15.80	8
3 Neefus, Suzanne	15	LION'S DEN TRACK	12:45.95	13:38.91	6

Girls 100 Meter Hurdles Intermediate

Name	Age	Team	Seed	Finals	H#	Points
1 Perry, Chaneka	16	SPEED CITY CHARG		15.69	1	10
2 Best, Dominique	16	PLEASANTVILLE		15.89	1	8
3 Singleton, Raven	16	CENTRAL VATRACK	16.01	16.31	2	6
4 Wheaton, Taylor	16	UNATTACHED	15.60	16.63	2	4
5 Burns, Seneman	16	NORFOLK REAL DEA	17.00	16.82	2	2
6 Rolax, Candace	15	UNATTACHED		18.51	1	1
7 Cantwell, Alex	15	WESTERN BRANCH T	19.34	20.17	1	
8 Myrrick, Kesha	16	WESTERN BRANCH T	18.54	23.53	2	

Girls 4x100 Meter Relay Intermediate

Team	Seed	Finals	Points
1 NORFOLK REAL DEAL 'A'	48.50	48.29	10
2 VIRGINIA BEACH FLAMES 'A'	46.20	48.40	8
3 CENTRAL VATRACK & FIELD CLUB 'A'	50.10	50.75	6
4 SPEED CITY CHARGERS TC 'A'	50.60	51.08	4
5 INDIAN RIVER SPEED 'A'		51.20	2
6 WESTERN BRANCH TC 'A'	52.44	52.57	1
7 SPEED CITY CHARGERS TC 'B'	54.60	56.01	

Girls 4x400 Meter Relay Intermediate

Team	Seed	Finals	Points
1 SPEED CITY CHARGERS TC 'A'	4:05.00	4:17.21	10
2 CENTRAL VATRACK & FIELD CLUB 'A'	4:05.00	4:37.27	8
3 SPEED CITY CHARGERS TC 'B'	4:10.00	4:39.83	6

Girls High Jump Intermediate

Name	Age	Team	Seed	Finals	Points
1 Payne-Roebuck, Piarrah	15	NORFOLK REAL DEA		5-00.00	10
2 Myrrick, Kesha	16	WESTERN BRANCH T	4-07.00	4-06.00	8
-- Wheaton, Taylor	16	TRACK SERIOUS TR	5-05.75	NH	

Girls Long Jump Intermediate

Name	Age	Team	Seed	Finals	Points
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1	Harris, Tiffany	16	NORFOLK REAL DEA	18-00.00	18-02.00	10
2	Richardson, Jasia	16	CENTRAL VATRACK	16-10.00	17-08.00	8
3	Derricott, Elaine	16	CENTRAL VATRACK	18-09.00	17-00.00	6
4	Best, Dominique	16	PLEASANTVILLE		16-05.50	4
5	Butler, Emily	16	TRACK SERIOUS TR	17-03.00	16-04.50	2
6	Dennis, Breanna	15	VIRGINIA BEACH F	17-10.00	15-09.00	1
7	Geisman, Caitlyn	16	EAST END FLYERS	16-09.00	15-00.00	
--	Muhammad, Natifah	15	SOUTHERN MARYLAN		ND	
--	Banks, Ivory	15	UNATTACHED	15-01.25	ND	
--	Cantwell, Alex	15	WESTERN BRANCH T	16-01.00	ND	
--	Brown, Morgan	16	FAITH IN ACTION	14-11.00	ND	

Girls Triple Jump Intermediate

Name	Age	Team	Seed	Finals	Points	
1	Richardson, Jasia	16	CENTRAL VATRACK	36-06.75	39-01.00	10
2	Luedeke, Chantal	16	VIRGINIA BEACH F	29-06.50	34-08.00	8
3	Singleton, Raven	16	CENTRAL VATRACK	34-08.00	33-00.00	6
4	Jemmott, Katea	15	CENTRAL VATRACK	36-07.00	32-11.00	4
5	Rolax, Candace	15	UNATTACHED	31-05.00	31-10.50	2
6	Cantwell, Alex	15	WESTERN BRANCH T	32-09.75	30-03.00	1
7	Trogon, Aisha	15	MID CITY X-PRESS	32-07.00	28-05.50	
--	Banks, Ivory	15	UNATTACHED	31-06.00	ND	

Girls Shot Put Intermediate

Name	Age	Team	Seed	Finals	Points	
1	Cobb, Sidny	16	WESTERN BRANCH T	42-08.00	37-06.00	10
2	Barber, Millicent	15	VIRGINIA BEACH F	32-00.00	31-02.00	8
3	James, Kelley	16	SPEED INC.	28-10.00	28-04.00	6
4	Nichols, Natasha	16	N-MOTION TC	25-07.00	27-08.00	4
--	Goins, Shemika	16	RICHMOND HEAT TR	23-08.00	ND	
--	Anderson, Jazlyn	15	TECHNIQUE TRACK	26-07.75	ND	
--	Stevens, Rashida	15	VIRGINIA BEACH F		ND	
--	Jackson, Alexis	16	INSIDE TRACK		ND	

Girls Discus Throw Intermediate

Name	Age	Team	Seed	Finals	Points	
1	Barber, Millicent	15	VIRGINIA BEACH F	95-01	95-11	10
2	Cobb, Sidny	16	WESTERN BRANCH T	08-03.50	94-09	8
3	James, Kelley	16	SPEED INC.	81-11	81-02	6
4	Anderson, Jazlyn	15	TECHNIQUE TRACK	47-02	80-01	4
5	Caldwell, Juanita	15	PLEASANTVILLE		77-06	2

Women 100 Meter Dash Young

Name	Age	Team	Seed	Prelims	H#	
Preliminaries						
1	Claiborne, Shanneka	18	UNATTACHED	11.62	12.16q	2
2	Gaines, Jessie	17	WESTERN BRANCH T	12.17	12.58q	2
3	Mitchell, Amber	17	WESTERN BRANCH T	12.35	12.78q	2
4	Smalls, Brittney	18	WESTERN BRANCH T	12.31	12.88q	1
5	Arrington, Kiara	17	SPEED CITY CHARG	12.20	12.90q	2
6	Patron, Trisha	17	CENTRAL VATRACK	12.50	13.16q	2
7	Hamilton, Channel	18	ROCKVILLE STRIDE	11.90	13.93q	1
8	Bell, La-Drina	18	CHURCHLAND TRAIL	13.82	14.05q	2
9	Sample, Ravyn	17	CHURCHLAND TRAIL	13.85	14.27	2

10 Thompson, Rachel	17 FAITH IN ACTION	13.30	14.54	1
11 Mariner, Yvonne	17 WESTERN BRANCH T		15.60	1

Women 100 Meter Dash Young

Name	Age Team	Prelims	Finals	Points
Finals				
1 Claiborne, Shanneka	18 UNATTACHED	12.16	12.21	10
2 Gaines, Jessie	17 WESTERN BRANCH T	12.58	12.53	8
3 Smalls, Brittney	18 WESTERN BRANCH T	12.88	12.55	6
4 Mitchell, Amber	17 WESTERN BRANCH T	12.78	12.71	4
5 Arrington, Kiara	17 SPEED CITY CHARG	12.90	12.93	2
6 Patron, Trisha	17 CENTRAL VATRACK	13.16	13.13	1
7 Hamilton, Channel	18 ROCKVILLE STRIDE	13.93	13.70	
8 Bell, La-Drina	18 CHURCHLAND TRAIL	14.05	13.93	

Women 200 Meter Dash Young

Name	Age Team	Seed	Finals	H#	Points
1 Mitchell, Amber	17 WESTERN BRANCH T	25.65	26.01	4	10
2 Arrington, Kiara	17 SPEED CITY CHARG	25.90	26.61	3	8
3 Brown, Leah	17 NORFOLK REAL DEA	24.70	26.90	4	6
4 Thomas, Delia	18 TRACK SERIOUS TR	25.86	27.45	3	4
5 Newman, Ashleigh	17 WESTERN BRANCH T	27.56	27.56	2	2
6 Farmer, Ciara	17 TRACK SERIOUS TR	30.00	27.91	2	1
7 Bell, La-Drina	18 CHURCHLAND TRAIL	28.30	28.10	2	
8 Owens, Reana	17 PLEASANTVILLE		28.92	1	
9 Sample, Ravyn	17 CHURCHLAND TRAIL	30.21	29.94	1	
10 Key, Danika	18 WESTERN BRANCH T	27.84	29.96	2	
11 Evans, Kayla	17 HAMPTON CITY ELI		30.31	1	
12 Gray, Chynell	17 LION'S DEN TRACK	27.00	30.33	3	
13 Stith, Shara	17 WESTERN BRANCH T	28.42	30.44	2	
14 Gray, Wilma	18 LION'S DEN TRACK	27.50	30.48	2	
15 Carson, Kim	17 WESTERN BRANCH T	28.44	32.03	2	
16 Mariner, Yvonne	17 WESTERN BRANCH T		32.68	1	

Women 400 Meter Dash Young

Name	Age Team	Seed	Finals	H#	Points
1 Briggs, DeShana	17 NORFOLK REAL DEA	58.00	59.07	2	10
2 Rhoads, Elaine	18 NORFOLK REAL DEA	59.00	59.33	2	8
3 Wilborn, Shae	18 LAZERS TRACK CLU	57.57	59.57	2	6
4 Thomas, Delia	18 TRACK SERIOUS TR	59.50	1:00.32	2	4
5 Brown, Corinna	17 CENTRAL VATRACK	59.86	1:03.00	1	2
6 Brown, Leah	17 NORFOLK REAL DEA	58.00	1:03.61	2	1
7 Gardner, Tiara	18 CENTRAL VATRACK	1:02.00	1:04.88	1	
8 Garvanne, Hilary	17 ROCKVILLE STRIDE	1:03.00	1:08.35	1	
9 Key, Danika	18 WESTERN BRANCH T	1:03.34	1:09.00	1	
10 Gray, Wilma	18 LION'S DEN TRACK	1:07.50	1:09.85	1	
11 Gray, Chynell	17 LION'S DEN TRACK	1:06.00	1:11.26	1	
12 Carson, Kim	17 WESTERN BRANCH T	1:07.44	1:13.68	1	

Women 800 Meter Run Young

Name	Age Team	Seed	Finals	Points
1 Farmer, Ciara	17 TRACK SERIOUS TR	2:30.00	2:30.45	10
2 Ayorinde, Owoade	17 ROCKVILLE STRIDE		2:30.52	8
3 Keating, Nancy	18 FAITH IN ACTION	2:28.00	2:33.69	6

4	Gray, Chynell	17	LION'S DEN TRACK	2:40.00	2:42.08	4
5	Dove, Shante	17	CENTRAL VATRACK	2:36.00	2:50.94	2
6	Dove, Shereece	17	CENTRAL VATRACK	2:39.00	3:10.20	1

Women 1500 Meter Run Young

Name	Age	Team	Seed	Finals	Points
1 Ayorinde, Owoade	17	ROCKVILLE STRIDE		5:26.91	10
2 Whitt, Katrina	18	CENTRAL VATRACK	5:29.00	5:42.61	8
3 Dove, Shante	17	CENTRAL VATRACK	5:15.31	6:21.12	6
4 Bryceland, Shelby	17	LION'S DEN TRACK	5:45.00	6:37.61	4
5 Dove, Shereece	17	CENTRAL VATRACK	5:33.00	6:39.39	2

Women 3000 Meter Run Young

Name	Age	Team	Seed	Finals	Points
1 Rinehardt, Octavia	17	LION'S DEN TRACK	10:45.00	10:58.91	10
2 Whitt, Katrina	18	CENTRAL VATRACK	11:45.00	12:25.76	8
3 Williams, Tiffany	17	LION'S DEN TRACK	12:15.00	12:40.68	6
4 Bryceland, Shelby	17	LION'S DEN TRACK	12:30.00	13:43.49	4

Women 100 Meter Hurdles Young

Name	Age	Team	Seed	Finals	H#	Points
1 Gariepy-Bogui, Audrey	18	ROCKVILLE STRIDE	14.10	14.66	2	10
2 Gaines, Jessie	17	WESTERN BRANCH T	14.35	14.78	2	8
3 Fair, Ermesha	18	WESTERN BRANCH T	15.13	15.49	2	6
4 Gardner, Tiara	18	CENTRAL VATRACK	15.88	16.03	2	4
5 Alston, Shanta	18	MID CITY X-PRESS		16.90	1	2
6 Rahim, Milika	18	CENTRAL VATRACK	16.31	16.97	2	1
7 Harris, Angelica	18	LAZERS TRACK CLU	15.70	17.12	2	
8 Newman, Ashleigh	17	WESTERN BRANCH T	16.56	18.80	1	
9 Stith, Shara	17	WESTERN BRANCH T	18.75	19.89	1	

Women 4x100 Meter Relay Young

Team	Seed	Finals	Points
1 WESTERN BRANCH TC 'A'	47.00	49.08	10
2 ROCKVILLE STRIDERS YOUTH TC 'A'		51.60	8

Women 4x400 Meter Relay Young

Team	Seed	Finals	Points
1 CENTRAL VATRACK & FIELD CLUB 'A'	3:59.00	4:41.22	10

Women High Jump Young

Name	Age	Team	Seed	Finals	Points
1 Briggs, DeShana	17	NORFOLK REAL DEA	5-08.00	5-10.00	10
2 Brown, Corinna	17	CENTRAL VATRACK		5-04.00	8
3 Gardner, Tiara	18	CENTRAL VATRACK	5-04.00	J5-04.00	6

Women Long Jump Young

Name	Age	Team	Seed	Finals	Points
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1	Fair, Ermesha	18	WESTERN BRANCH T	18-00.50	17-10.00	10
2	Brown, Corinna	17	CENTRAL VATRACK	17-03.00	16-07.00	8
3	Alston, Shanta	18	MID CITY X-PRESS	17-03.00	16-04.00	6
4	Gaines, Jessie	17	WESTERN BRANCH T	18-00.50	16-02.00	4
--	Owens, Reana	17	PLEASANTVILLE		ND	
--	Aghaji, Mia	18	CENTRAL VATRACK	18-08.00		ND

Women Triple Jump Young

Name	Age	Team	Seed	Finals	Points
1 Rhoads, Elaine	18	NORFOLK REAL DEA	37-11.00	37-05.00	10
2 Arrington, Kiara	17	SPEED CITY CHARG		35-05.50	8
3 Alston, Shanta	18	MID CITY X-PRESS	33-10.00	34-08.00	6
4 Ditto, Nicole	17	CENTRAL VATRACK	35-02.00	34-07.50	4
5 Evans, Kayla	17	HAMPTON CITY ELI	33-05.00	34-03.00	2
6 Aghaji, Mia	18	CENTRAL VATRACK	39-06.00	33-06.00	1

Women Shot Put Young

Name	Age	Team	Seed	Finals	Points
1 Vanstory, Jasmine	17	CENTRAL VATRACK	35-01.00	31-11.00	10
-- Thompson, Rachel	17	FAITH IN ACTION	18-00.50	ND	

Women Discus Throw Young

Name	Age	Team	Seed	Finals	Points
1 Vanstory, Jasmine	17	CENTRAL VATRACK	109-02	99-04	10
2 Thompson, Rachel	17	FAITH IN ACTION	41-00.50	71-10	8

Boys 100 Meter Dash Primary

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 Williams, Kyle	8	TECHNIQUE TRACK	15.60	15.75q	4
2 Blackley, Jahkwan	8	CHURCHLAND TRAIL	15.61	15.85q	3
3 Blair, Allen	8	SPEED INC.	15.26	15.94q	5
4 Pulley, Burnell	8	INSIDE TRACK		16.13q	1
5 Smith, Jerrell	8	TECHNIQUE TRACK	16.10	16.39q	1
6 Hammer, Smith	8	CAROLINA LIGHTNI	16.37	16.43q	3
7 Carter III, Jasper	7	NORFOLK REAL DEA	16.50	16.62q	4
8 Addison, Brenton	8	CHURCHLAND TRAIL	16.29	16.76q	2
9 Neal, Kevin	7	ROCKVILLE STRIDE		17.00	3
10 Midgette, Keyonte	6	TRAILBLAZERS	17.54	17.16	3
11 Riley, Cameron	8	INSIDE TRACK		17.33	1
12 bynum, donte	7	RICHMOND HEAT TR	17.00	17.91	5
13 Brown, Barry	7	FAITH IN ACTION	17.95	18.02	1
14 Louris, Isaiah	7	MID CITY X-PRESS	16.95	18.08	5
15 Wilson, A'Ryan	7	VIRGINIA BEACH F	18.05	18.45	1
16 Dabney, Donovan	7	INSIDE TRACK		18.54	4
17 Lawton, Matthew	7	FAITH IN ACTION	18.50	18.83	3
18 Redd, Justin	8	INSIDE TRACK		19.05	2
19 Purvis-Allen, Zion	8	INDIAN RIVER SPE		19.24	1
20 Armstead, Kenan	6	CHURCHLAND TRAIL	19.19	19.94	5
21 Dixon, Micah	7	TRAILBLAZERS	18.55	20.48	4
22 Peters, Alyjah	5	NORFOLK REAL DEA	20.12	20.62	5
23 Harrison, Daniel	6	LAZERS TRACK CLU	23.00	21.47	3
24 Gibson, Seth	5	NORFOLK REAL DEA		22.68	5
25 DuBois, Christian	6	TRAILBLAZERS	20.93	23.55	4

26 Macklin, Cameron	6 HAMPTON BLAZERS	27.45	2
-- Washington, Willie	6 HAMPTON BLAZERS	DNF	4

Boys 100 Meter Dash Primary

Name	Age Team	Prelims	Finals	Points
Finals				
1 Pulley, Burnell	8 INSIDE TRACK	16.13	15.45	10
2 Blackley, Jahkwan	8 CHURCHLAND TRAIL	15.85	15.74	8
3 Williams, Kyle	8 TECHNIQUE TRACK	15.75	15.75	6
4 Blair, Allen	8 SPEED INC.	15.94	15.77	4
5 Smith, Jerrell	8 TECHNIQUE TRACK	16.39	16.14	2
6 Carter III, Jasper	7 NORFOLK REAL DEA	16.62	16.51	1
7 Hammer, Smith	8 CAROLINA LIGHTNI	16.43	16.66	
8 Addison, Brenton	8 CHURCHLAND TRAIL	16.76	16.67	

Boys 200 Meter Dash Primary

Name	Age Team	Seed	Finals	H#	Points
1 Blackley, Jahkwan	8 CHURCHLAND TRAIL	35.26	34.01	4	10
2 Williams, Kyle	8 TECHNIQUE TRACK	30.00	34.76	4	8
3 Carter III, Jasper	7 NORFOLK REAL DEA	34.33	35.41	4	6
4 Blair, Allen	8 SPEED INC.	34.16	35.43	4	4
5 Smith, Jerrell	8 TECHNIQUE TRACK	36.62	35.58	3	2
6 Neal, Kevin	7 ROCKVILLE STRIDE		35.81	1	1
7 Combs, Shaun	8 TECHNIQUE TRACK	37.71	36.24	2	
8 Muhammad, Naim	5 SOUTHERN MARYLAN	38.00	36.29	2	
9 Addison, Brenton	8 CHURCHLAND TRAIL	34.59	36.63	4	
10 bynum, donte	7 RICHMOND HEAT TR	36.06	36.68	3	
11 Stoval, Antonio	8 TECHNIQUE TRACK	37.37	36.97	3	
12 Joyner, Keshawn	7 FAITH IN ACTION	35.30	37.19	4	
13 Seymore, Vincent	8 INDIAN RIVER SPE		37.32	1	
14 Johns, Ronald	7 VIRGINIA BEACH F	36.45	38.15	3	
15 Marrero, Nazir	8 TRAILBLAZERS	36.59	38.16	3	
16 Midgette, Keyonte	6 TRAILBLAZERS	35.79	39.41	4	
17 Armstead, Kenan	6 CHURCHLAND TRAIL	43.63	43.85	2	
18 Dixon, Micah	7 TRAILBLAZERS	40.13	44.42	2	
19 Dabney, Donovan	7 INSIDE TRACK		46.21	1	
20 Harris, Jhalen	6 NORFOLK REAL DEA		46.67	1	
21 Moulton, Sean	7 LION'S DEN TRACK	37.50	47.22	3	
22 Gibson, Seth	5 NORFOLK REAL DEA		51.92	1	

Boys 400 Meter Dash Primary

Name	Age Team	Seed	Finals	H#	Points
1 Pulley, Burnell	8 INSIDE TRACK		1:14.80	1	10
2 Moore, Gregory	8 BOYS & GIRLS CLU	1:19.50	1:15.61	3	8
3 Riley, Cameron	8 INSIDE TRACK		1:20.31	1	6
4 Stoval, Antonio	8 TECHNIQUE TRACK	1:35.00	1:22.64	3	4
5 Johns, Ronald	7 VIRGINIA BEACH F	1:17.50	1:23.08	3	2
6 Adkins, Donevan	8 EAST END FLYERS	1:20.58	1:23.24	3	1
7 Seymore, Vincent	8 INDIAN RIVER SPE	1:22.00	1:25.61	3	
8 Blair, Allen	8 SPEED INC.	1:19.00	1:25.71	3	
9 Muhammad, Naim	5 SOUTHERN MARYLAN	1:35.00	1:26.82	2	
10 Joyner, Keshawn	7 FAITH IN ACTION	1:30.00	1:31.33	3	
11 Rose, Michael	6 FAITH IN ACTION	1:45.00	1:42.44	2	
12 Peters, Alyjah	5 NORFOLK REAL DEA	1:43.47	1:42.93	2	
13 Harris, Jhalen	6 NORFOLK REAL DEA		1:44.33	2	
14 Ward, Tommelik	7 HENRICO PACERS	1:29.00	1:48.20	3	

Boys 800 Meter Run Primary

Name	Age Team	Seed	Finals	Points
1 Moore, Gregory	8 BOYS & GIRLS CLU	2:52.40	2:50.78	10
2 Collins, Christopher	8 HENRICO PACERS	2:50.00	3:10.58	8
3 Innes, Collin	8 CAROLINA LIGHTNI	3:33.79	3:35.49	6
4 Carter III, Jasper	7 NORFOLK REAL DEA		3:35.51	4
5 Ward, Tommelik	7 HENRICO PACERS	3:20.00	3:50.87	2
6 Moulton, Sean	7 LION'S DEN TRACK	3:30.00	3:55.80	1
7 Rose, Michael	6 FAITH IN ACTION	4:02.00	4:01.42	

Boys 4x100 Meter Relay Primary

Team	Seed	Finals	Points
1 TECHNIQUE TRACK CLUB 'A'	1:06.00	1:11.46	10

Boys Long Jump Primary

Name	Age Team	Seed	Finals	Points
1 Blair, Allen	8 SPEED INC.	11-02.00	11-08.00	10
2 Hammer, Smith	8 CAROLINA LIGHTNI	9-10.00	10-03.00	8
3 Marrero, Nazir	8 TRAILBLAZERS		9-09.00	6
4 Louris, Isaiah	7 MID CITY X-PRESS	9-06.00	9-04.00	4
5 Brown, Barry	7 FAITH IN ACTION	9-02.00	9-02.00	1.5
5 bynum, donte	7 RICHMOND HEAT TR		9-02.00	1.5
7 Carter III, Jasper	7 NORFOLK REAL DEA	10-00.50	9-00.00	
7 Neal, Kevin	7 ROCKVILLE STRIDE		9-00.00	
9 Johns, Ronald	7 VIRGINIA BEACH F		8-05.00	
10 Innes, Collin	8 CAROLINA LIGHTNI	9-01.00	8-01.00	
-- Harrison, Daniel	6 LAZERS TRACK CLU	4-09.00	ND	
-- DuBois, Christian	6 TRAILBLAZERS		ND	
-- Gibson, Seth	5 NORFOLK REAL DEA		ND	

Boys Shot Put Primary

Name	Age Team	Seed	Finals	Points
1 Redd, Justin	8 INSIDE TRACK		17-07.00	10
2 Goodhope, Corey	8 FAITH IN ACTION	10-06.75	14-02.00	8
3 Innes, Collin	8 CAROLINA LIGHTNI	11-11.00	13-11.00	6
4 Gibson, Tyree	7 FAITH IN ACTION	20-04.25	13-10.50	4
5 Purvis-Allen, Zion	8 INDIAN RIVER SPE		11-06.00	2

Boys 100 Meter Dash Bantam

Name	Age Team	Seed	Prelims	H#
Preliminaries				
1 Grahm, Charles	10 INSIDE TRACK	13.60	14.48q	4
2 Jenkins, Preston	10 CHURCHLAND TRAIL		14.57q	2
3 Taylor, Deandre	9 ROCKVILLE STRIDE		14.61q	4
4 Hudson, Brian	10 TECHNIQUE TRACK	14.20	14.62q	2
5 Jackson, Andre	9 INSIDE TRACK	14.40	14.93q	2
6 Hines, Ira	9 TECHNIQUE TRACK	14.34	15.02q	1
7 Boone, Noah	9 VIRGINIA BEACH F	13.75	15.10q	3
8 Freeze, Julian	9 VIRGINIA BEACH F	14.93	15.51q	4
9 Edwards, Aaron	10 INSIDE TRACK		15.54	4
10 Jones, Ivan	10 CHURCHLAND TRAIL	15.42	16.03	2

11	Suddenth, Frank	10	SPEED CITY CHARG	14.50	16.11	3
12	Ricks, Jamonte	9	LAZERS TRACK CLU	16.00	16.15	1
13	Harris, Micaiah	9	NORFOLK REAL DEA	16.44	16.19	2
14	Harrison, Byrsen	10	INDIAN RIVER SPE	14.30	16.21	1
15	Gibson, Rashad	9	FAITH IN ACTION	18.90	16.49	4
16	Currie, Isaiah	9	VIRGINIA BEACH F	14.95	16.52	4
17	Wright, Jared	9	INSIDE TRACK		17.09	3
18	Muhammad, Nadir	9	SOUTHERN MARYLAN	15.00	17.17	3
19	Salaam, William	9	NORFOLK EXTREMES		18.29	1
20	Johnson, Sheneir	9	BOYS & GIRLS CLU	17.00	18.76	4
21	Purvis, Braxton	9	INDIAN RIVER SPE		21.43	1

Boys 100 Meter Dash Bantam

Name	Age	Team	Prelims	Finals	Points	
Finals						
1	Grahm, Charles	10	INSIDE TRACK	14.48	14.26	10
2	Taylor, Deandre	9	ROCKVILLE STRIDE	14.61	14.27	8
3	Jenkins, Preston	10	CHURCHLAND TRAIL	14.57	14.69	6
4	Hudson, Brian	10	TECHNIQUE TRACK	14.62	14.87	4
5	Boone, Noah	9	VIRGINIA BEACH F	15.10	15.28	2
6	Jackson, Andre	9	INSIDE TRACK	14.93	15.29	1
7	Hines, Ira	9	TECHNIQUE TRACK	15.02	15.30	
8	Freeze, Julian	9	VIRGINIA BEACH F	15.51	15.38	

Boys 200 Meter Dash Bantam

Name	Age	Team	Seed	Finals	H#	Points	
1	Taylor, Deandre	9	ROCKVILLE STRIDE	29.61	1	10	
2	Grahm, Charles	10	INSIDE TRACK	28.10	30.07	4	8
3	Logan, Kyle	10	INSIDE TRACK	29.00	30.74	4	6
4	Hudson, Brian	10	TECHNIQUE TRACK	28.00	30.77	4	4
5	Crudup, Christopher	9	FAITH IN ACTION	35.40	31.58	2	2
6	Edwards, Aaron	10	INSIDE TRACK		31.93	2	1
7	Freeze, Julian	9	VIRGINIA BEACH F	30.04	31.95	3	
8	Jackson, Andre	9	INSIDE TRACK	29.60	32.28	4	
9	Suddenth, Frank	10	SPEED CITY CHARG	30.00	33.32	4	
10	Neighbors, Ryley	10	VIRGINIA BEACH F	29.50	33.52	4	
11	Boone, Noah	9	VIRGINIA BEACH F	29.60	33.93	4	
12	Clayton, Cordell	9	RICHMOND HEAT TR	31.07	34.14	3	
13	Currie, Isaiah	9	VIRGINIA BEACH F	32.02	34.98	3	
14	Gibson, Karl	9	NORFOLK REAL DEA	34.66	35.01	2	
15	Harris, Micaiah	9	NORFOLK REAL DEA	35.01	35.09	2	
16	Gibson, Rashad	9	FAITH IN ACTION	33.30	35.23	3	
17	Owens, Malik	10	N-MOTION TC	34.00	35.49	2	
18	Jackson, Travon	10	CHURCHLAND TRAIL	32.06	36.21	3	
19	Muhammad, Nadir	9	SOUTHERN MARYLAN	30.00	39.22	3	

Boys 400 Meter Dash Bantam

Name	Age	Team	Seed	Finals	H#	Points	
1	Suddenth, Frank	10	SPEED CITY CHARG	1:09.00	1:07.92	3	10
2	Logan, Kyle	10	INSIDE TRACK	1:07.00	1:09.80	3	8
3	Crudup, Christopher	9	FAITH IN ACTION	1:11.60	1:10.41	2	6
4	Pendleton, Tony	9	BOYS & GIRLS CLU	1:08.00	1:11.30	3	4
5	Taylor, Deandre	9	ROCKVILLE STRIDE		1:11.50	1	2
6	Trotman, Tyriug	10	VIRGINIA BEACH F	1:10.00	1:12.84	3	1
7	Trotman, Jermaine	9	VIRGINIA BEACH F	1:12.74	1:17.74	2	
8	Outen, Marcus	10	VIRGINIA BEACH F		1:18.34	1	

9	Ricks, Jamonte	9	LAZERS TRACK CLU	1:20.00	1:20.67	2
10	Muhammad, Nadir	9	SOUTHERN MARYLAN	1:15.00	1:20.93	2
11	Powell, DaShaun	9	CHURCHLAND TRAIL	1:18.79	1:22.09	2
12	Wright, Jared	9	INSIDE TRACK		1:26.19	1
13	Edwards, Darius	9	CHURCHLAND TRAIL	1:10.25	1:28.50	3
14	Johnson, Sheneir	9	BOYS & GIRLS CLU	1:23.00	1:31.95	2

Boys 800 Meter Run Bantam

Name	Age	Team	Seed	Finals	Points
1	Trotman, Tyriug	10 VIRGINIA BEACH F	2:35.36	2:44.33	10
2	Pendleton, Tony	9 BOYS & GIRLS CLU	2:45.00	2:45.96	8
3	Ramsawh, Josiah	9 VIRGINIA BEACH F	2:49.32	2:51.84	6
4	Trotman, Jermaine	9 VIRGINIA BEACH F	2:50.12	2:56.80	4
5	Hinton, Moses	9 VIRGINIA BEACH F		2:58.11	2
6	Worthington, Carl	10 TECHNIQUE TRACK	3:02.00	2:58.17	1
7	Sessoms, Ta'von	9 N-MOTION TC	2:58.73	2:59.29	
8	Graves, Jontae'	10 TECHNIQUE TRACK	2:59.00	3:00.42	
9	Andrews, Louis	9 CHURCHLAND TRAIL	3:02.17	3:01.87	
10	Long, Deandre	9 CHURCHLAND TRAIL	3:09.01	3:07.43	
11	Smith, Maurice	9 HENRICO PACERS	3:05.00	3:07.90	

Boys 1500 Meter Run Bantam

Name	Age	Team	Seed	Finals	Points
1	Ramsawh, Josiah	9 VIRGINIA BEACH F		5:56.58	10
2	Sessoms, Ta'von	9 N-MOTION TC	6:07.04	6:06.45	8
3	Hinton, Moses	9 VIRGINIA BEACH F		6:27.39	6

Boys 1500 Meter Race Walk Bantam

Name	Age	Team	Seed	Finals	Points
1	Worthington, Carl	10 TECHNIQUE TRACK	9:54.82	10:14.67	10
2	Salaam, William	9 NORFOLK EXTREMES		11:47.91	8
3	Pinto, Anthony	9 TEAM FLASH	11:30.00	11:56.20	6
4	Viney, Robert	9 TECHNIQUE TRACK		11:56.27	4

Boys 4x100 Meter Relay Bantam

Team	Seed	Finals	Points
1 INSIDE TRACK 'A'	57.70	59.16	10
2 VIRGINIA BEACH FLAMES 'A'	42.06	1:01.43	8
3 TECHNIQUE TRACK CLUB 'A'	59.00	1:03.26	6
4 CHURCHLAND TRAILBLAZERS 'A'	54.25	1:04.46	4
5 CHURCHLAND TRAILBLAZERS 'B'	59.70	1:08.19	2
6 INSIDE TRACK 'B'	1:02.00	1:11.12	1

Boys 4x400 Meter Relay Bantam

Team	Seed	Finals	Points
1 VIRGINIA BEACH FLAMES 'A'	3:30.20	5:17.07	10
2 CHURCHLAND TRAILBLAZERS 'A'	3:50.25	5:20.42	8
3 CHURCHLAND TRAILBLAZERS 'B'	3:53.21	5:47.76	6

Boys High Jump Bantam

Name	Age	Team	Seed	Finals	Points
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1	Neighbors, Ryley	10	VIRGINIA BEACH F	4-00.00	3-08.00	10
2	Trotman, Jermaine	9	VIRGINIA BEACH F		3-06.00	8

Boys Long Jump Bantam

Name	Age	Team	Seed	Finals	Points
1	Crudup, Christopher	9 FAITH IN ACTION	11-04.00	13-06.00	10
2	Graves, Jontae'	10 TECHNIQUE TRACK	11-06.00	13-01.00	8
3	Hines, Ira	9 TECHNIQUE TRACK	13-02.00	12-02.00	6
4	Smith, Maurice	9 HENRICO PACERS	11-06.25	11-04.00	4
5	Currie, Isaiah	9 VIRGINIA BEACH F	11-06.75	10-09.00	2
6	Trotman, Jermaine	9 VIRGINIA BEACH F	12-08.25	10-08.00	0.5
6	Owens, Malik	10 N-MOTION TC	11-04.50	10-08.00	0.5
8	Harris, Micaiah	9 NORFOLK REAL DEA	6-08.75	10-07.00	
9	Trotman, Tyriug	10 VIRGINIA BEACH F		10-06.00	
9	Gibson, Karl	9 NORFOLK REAL DEA	7-03.75	10-06.00	
11	Jackson, Travon	10 CHURCHLAND TRAIL	10-02.00	10-03.00	
--	Clayton, Cordell	9 RICHMOND HEAT TR		ND	
--	Thompson, Jeremiah	10 CENTRAL VATRACK	11-05.00	ND	
--	Wright, Jared	9 INSIDE TRACK		ND	
--	Outen, Marcus	10 VIRGINIA BEACH F		ND	
--	Sessoms, Ta'von	9 N-MOTION TC	11-07.75	ND	
--	Salaam, William	9 NORFOLK EXTREMES		ND	

Boys Shot Put Bantam

Name	Age	Team	Seed	Finals	Points
1	Thompson, Jeremiah	10 CENTRAL VATRACK	23-03.00	22-10.00	10
2	Owens, Malik	10 N-MOTION TC	21-02.00	20-09.50	8
3	Ward, DuWaun	10 CHURCHLAND TRAIL	16-01.00	18-09.00	6
4	Purvis, Braxton	9 INDIAN RIVER SPE		18-00.00	4
5	Mackson-Powell, Saikquan	9 CHURCHLAND TRAIL		17-07.00	1.5
5	Worthington, Carl	10 TECHNIQUE TRACK	16-02.00	17-07.00	1.5
7	Lloyd, Isaiah	10 FAITH IN ACTION	20-00.25	17-06.00	
8	Viney, Robert	9 TECHNIQUE TRACK	16-02.00	17-00.00	

Boys 100 Meter Dash Midget

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1	Marriner, Josh	12 WESTERN BRANCH T	12.80	13.36q	4
2	Banks, Darius	12 SPEED CITY CHARG	13.00	13.48q	1
3	Grayson, Davon	12 TRACK SERIOUS	13.10	13.58q	1
4	copeland, calvin	12 UNATTACHED	13.20	13.62q	2
5	Jones, Quincy	12 BOYS & GIRLS CLU	12.89	13.64q	3
6	Pennyfeather, Isaiah	11 TECHNIQUE TRACK	14.00	13.96q	2
6	Phillips, Keonta	12 CHURCHLAND TRAIL	14.19	13.96q	5
8	Hinton, Justice	11 TRACK SERIOUS	14.34	14.15q	3
9	Taylor, Marcus	12 SPEED CITY CHARG	13.50	14.20	3
10	Hendrieth, Frederick	11 VIRGINIA BEACH F	13.88	14.21	3
11	Giles, Kenneth	11 HAMPTON BLAZERS	14.10	14.32	3
12	Lewis, Christopher	11 CHURCHLAND TRAIL	14.25	14.40	5
13	Arneaud, Trevor	12 TECHNIQUE TRACK	14.12	14.43	4
14	Merideth, Dominic	11 SPEED CITY CHARG	13.50	14.44	4
15	Smalley, Clarence	11 CHURCHLAND TRAIL	14.56	14.53	2
16	harris, timothy	12 RICHMOND HEAT TR	14.66	14.57	3
17	Brown, Benjamin	11 RICHMOND HEAT TR	14.00	14.61	1
18	Stubbs, Lamont	12 RICHMOND HEAT TR	13.68	14.68	5

19 Mathews, John	12 BOYS & GIRLS CLU	13.90	14.71	2
20 Johnson, Za-meir	12 DYNAMITE JOHNSON	13.97	14.75	1
21 Rogers, Wendell	11 VIRGINIA BEACH F	12.65	14.78	5
22 McCall, J'Son	11 EAST END FLYERS	14.25	14.84	4
23 Morris, Marquis	12 BOYS & GIRLS CLU		14.86	4
23 Fiesta, Javen	11 VIRGINIA BEACH F	13.55	14.86	5
25 Chandler, Nathaniel	12 NORFOLK REAL DEA	14.50	15.18	2
26 Lawton, Myles	11 FAITH IN ACTION	15.30	15.33	4
26 Samuels, Tyler	11 FAITH IN ACTION	14.50	15.33	1
28 Lawrence, DaiQuan	12 VIRGINIA BEACH F	13.70	15.34	4
29 Smith, Nathan	11 N-MOTION TC	15.83	16.11	5
30 Morris, George	11 NORFOLK EXTREMES		17.11	1
31 Davis, Darius	11 NORFOLK EXTREMES		18.00	5

Boys 100 Meter Dash Midget

Name	Age Team	Prelims	Finals	Points
Finals				
1 Marriner, Josh	12 WESTERN BRANCH T	13.36	13.55	10
2 Banks, Darius	12 SPEED CITY CHARG	13.48	13.56	8
3 Grayson, Davon	12 TRACK SERIOUS	13.58	13.93	6
4 Jones, Quincy	12 BOYS & GIRLS CLU	13.64	13.95	4
5 copeland, calvin	12 UNATTACHED	13.62	13.97	2
6 Phillips, Keonta	12 CHURCHLAND TRAIL	13.96	14.14	1
7 Pennyfeather, Isaiah	11 TECHNIQUE TRACK	13.96	14.26	
8 Hinton, Justice	11 TRACK SERIOUS	14.15	14.63	

Boys 200 Meter Dash Midget

Name	Age Team	Seed	Finals	H#	Points
1 Flemings, Derrian	12 TECHNIQUE TRACK	26.50	27.06	5	10
2 Banks, Darius	12 SPEED CITY CHARG	28.50	27.97	4	8
3 Grayson, Davon	12 TRACK SERIOUS	27.88	28.14	4	6
4 Roberts, Keith	11 RICHMOND HEAT TR	27.78	28.19	5	4
5 Marriner, Josh	12 WESTERN BRANCH T	27.75	28.29	5	2
6 Pennyfeather, Isaiah	11 TECHNIQUE TRACK	29.78	29.14	3	1
7 Arneaud, Trevor	12 TECHNIQUE TRACK	28.00	29.63	4	
8 Guerrier, Javon	12 NORFOLK REAL DEA	32.50	29.79	2	
9 Johnson, Za-meir	12 DYNAMITE JOHNSON	29.95	30.14	3	
10 Brown, Benjamin	11 RICHMOND HEAT TR	31.07	30.36	3	
11 Hendrieth, Frederick	11 VIRGINIA BEACH F	27.50	30.40	5	
11 harris, timothy	12 RICHMOND HEAT TR	30.48	30.40	3	
13 lockley, tayvon	11 RICHMOND HEAT TR	31.57	30.41	2	
14 Merideth, Dominic	11 SPEED CITY CHARG	29.00	30.45	4	
15 Hudson, Dwaylon	11 FAITH IN ACTION	31.33	30.49	2	
16 Fiesta, Javen	11 VIRGINIA BEACH F	26.50	30.96	5	
17 Watts, Quincy	11 VIRGINIA BEACH F	28.34	30.98	4	
18 Rogers, Wendell	11 VIRGINIA BEACH F	27.50	31.44	5	
19 Wiggins, Grant	11 UNATTACHED	30.80	31.78	3	
20 Trotter, Jalon	12 CHURCHLAND TRAIL	33.28	31.80	2	
21 Lawrence, DaiQuan	12 VIRGINIA BEACH F	28.59	32.01	4	
22 Gee, DaQuan	12 CHURCHLAND TRAIL	15.26	32.60	5	
23 Massie, Michael	11 CHURCHLAND TRAIL	33.30	32.75	1	
24 Lawton, Myles	11 FAITH IN ACTION	31.50	32.99	2	
25 Smith, Nathan	11 N-MOTION TC	33.21	34.08	2	
26 Mitchell, Adonis	11 VIRGINIA BEACH F		35.05	1	
27 Davis, Darius	11 NORFOLK EXTREMES		38.43	1	

Boys 400 Meter Dash Midget

Name	Age	Team	Seed	Finals	H#	Points
1 Reuben, Keanu	12	VIRGINIA BEACH F	59.20	59.90	4	10
2 moses, Shaquille	12	BOYS & GIRLS CLU	59.00	1:02.13	4	8
3 Flemings, Derrian	12	TECHNIQUE TRACK	59.50	1:02.73	4	6
4 Abdullah, Khalid	12	BOYS & GIRLS CLU	1:01.70	1:02.82	4	4
5 Roberts, Keith	11	RICHMOND HEAT TR	1:06.31	1:03.68	3	2
6 Phillips, Keonta	12	CHURCHLAND TRAIL	1:01.52	1:03.95	4	1
7 Giles, Kenneth	11	HAMPTON BLAZERS	1:07.00	1:04.36	3	
8 Guerrier, Javon	12	NORFOLK REAL DEA	1:05.18	1:04.60	3	
9 Ellis, Abdul	11	INSIDE TRACK	1:02.00	1:05.72	4	
10 Watts, Quincy	11	VIRGINIA BEACH F	1:03.50	1:07.21	4	
11 McCoy, Clint	12	SPEED CITY CHARG	1:06.00	1:07.55	3	
12 Wiggins, Grant	11	UNATTACHED	1:06.00	1:08.87	3	
13 lockley, tayvon	11	RICHMOND HEAT TR		1:09.51	1	
14 Hudson, Dwaylon	11	FAITH IN ACTION	1:13.00	1:09.62	2	
15 McCall, J'Son	11	EAST END FLYERS	1:14.56	1:11.87	1	
16 Allen, Randy	11	BOYS & GIRLS CLU	1:09.00	1:11.95	2	
17 Little, Juan	11	NORFOLK REAL DEA	1:10.47	1:12.68	2	
18 Major-Dixon, Darius	12	CHURCHLAND TRAIL	1:13.99	1:12.69	2	
19 Chandler, Nathaniel	12	NORFOLK REAL DEA	1:21.73	1:15.02	1	
20 Golden, Harry	11	EAST END FLYERS	1:06.74	1:15.89	3	
21 Sessoms, Quamel	11	CHURCHLAND TRAIL	1:04.16	1:21.02	3	

Boys 800 Meter Run Midget

Name	Age	Team	Seed	Finals	Points
1 Reuben, Keanu	12	VIRGINIA BEACH F	2:19.10	2:20.73	10
2 Guerrier, Javon	12	NORFOLK REAL DEA	2:41.98	2:28.90	8
3 Toomer, Roy	11	VIRGINIA BEACH F	2:25.40	2:32.30	6
4 Johnson, Cardon	12	BOYS & GIRLS CLU	2:28.90	2:32.37	4
5 hairston, nicholas	12	BOYS & GIRLS CLU	2:25.00	2:37.91	2
6 Ellis, Abdul	11	INSIDE TRACK		2:42.08	1
7 Henley, KiJona	12	TECHNIQUE TRACK		2:48.57	
8 Jones, DaeQuan	11	VIRGINIA BEACH F	2:29.45	2:48.80	
9 Guerrier, Davon	12	NORFOLK REAL DEA	2:47.90	2:49.55	
10 Robinson, Vernon	12	BOYS & GIRLS CLU		2:50.40	
11 Trotter, Jamel	12	CHURCHLAND TRAIL	2:59.17	2:51.54	
12 Little, Juan	11	NORFOLK REAL DEA	2:52.95	2:54.71	
13 Spencer, Malcolm	11	TECHNIQUE TRACK		2:55.83	
14 Sessoms, Quamel	11	CHURCHLAND TRAIL		2:56.27	
15 Harris, Gabriel	11	VIRGINIA BEACH F		2:57.28	
16 Addison, Brandon	12	CHURCHLAND TRAIL	2:58.71	2:57.81	
17 Payne, Dominic	11	NORFOLK REAL DEA		3:02.33	
18 Harrison, Joel	11	LAZERS TRACK CLU	3:00.00	3:07.02	
19 Brown, Rashaad	12	TRACK SERIOUS	4:00.00	3:11.63	
20 Whitaker, Corey	12	NORFOLK EXTREMES		3:13.34	
21 Hammer, Parker	11	CAROLINA LIGHTNI	3:17.95	3:17.79	

Boys 1500 Meter Run Midget

Name	Age	Team	Seed	Finals	Points
1 Guerrier, Davon	12	NORFOLK REAL DEA	5:42.00	5:51.64	10
2 Jones, DaeQuan	11	VIRGINIA BEACH F		5:53.32	8
3 Norman, Zachary	12	RICHMOND HEAT TR		6:10.04	6
4 Harris, Gabriel	11	VIRGINIA BEACH F		6:13.76	4
5 Harrison, Joel	11	LAZERS TRACK CLU	6:30.00	7:01.54	2
6 Brockington, Morris	12	TECHNIQUE TRACK		8:31.19	1

Boys 3000 Meter Run Midget

Name	Age Team	Seed	Finals	Points
1 moses, Shaquille	12 BOYS & GIRLS CLU		11:28.49	10
2 Maxson, Rosbert	11 PHASE II		11:32.39	8
3 hairston, nicholas	12 BOYS & GIRLS CLU		11:33.61	6
4 Norman, Zachary	12 RICHMOND HEAT TR		14:02.41	4

Boys 1500 Meter Race Walk Midget

Name	Age Team	Seed	Finals	Points
1 Guerrier, Davon	12 NORFOLK REAL DEA		9:54.52	10
2 Henley, KiJona	12 TECHNIQUE TRACK		10:09.41	8
3 Payne, Dominic	11 NORFOLK REAL DEA		10:13.82	6
4 Apostoles, Travis	12 TEAM FLASH	10:20.00	10:20.08	4
5 Brockington, Morris	12 TECHNIQUE TRACK		10:38.97	2
6 Williams, Kelvin	12 TECHNIQUE TRACK		10:39.30	1
7 Davis, Darius	11 NORFOLK EXTREMES		10:46.49	

Boys 80 Meter Hurdles Midget

Name	Age Team	Seed	Finals	Points
1 Hinton, Justice	11 TRACK SERIOUS	10.00	16.93	10
2 Lawrence, Justin	11 TRACK SERIOUS	16.15	17.59	8
3 Hammer, Parker	11 CAROLINA LIGHTNI		18.84	6

Boys 4x100 Meter Relay Midget

Team	Seed	Finals	Points
1 VIRGINIA BEACH FLAMES 'A'	52.08	56.65	10
2 SPEED CITY CHARGERS TC 'A'	53.00	56.70	8
3 CHURCHLAND TRAILBLAZERS 'A'	59.20	1:00.03	6

Boys 4x400 Meter Relay Midget

Team	Seed	Finals	Points
1 VIRGINIA BEACH FLAMES 'A'	4:02.10	4:33.77	10
2 TRACK SERIOUS TRACK AND FIELD 'A'	4:50.00	4:39.26	8
3 SPEED CITY CHARGERS TC 'A'	4:30.00	4:41.84	6

Boys High Jump Midget

Name	Age Team	Seed	Finals	Points
1 Reuben, Keanu	12 VIRGINIA BEACH F	4-07.00	4-06.00	10
2 Golden, Harry	11 EAST END FLYERS	4-00.00	3-08.00	8
3 Stokes, Treyvon	12 EAST END FLYERS	4-00.00	3-06.00	6
-- Harris, Gabriel	11 VIRGINIA BEACH F		NH	
-- Lawrence, Justin	11 TRACK SERIOUS	3-08.00	NH	

Boys Long Jump Midget

Name	Age Team	Seed	Finals	Points
1 Stubbs, Lamont	12 RICHMOND HEAT TR		14-06.00	10
2 Hendrieth, Frederick	11 VIRGINIA BEACH F		13-07.00	8
3 Hudson, Dwaylon	11 FAITH IN ACTION	12-11.50	13-06.00	6
4 Lewis, Christopher	11 CHURCHLAND TRAIL	12-11.00	13-02.00	4

5	harris, timothy	12	RICHMOND HEAT TR	14-00.00	13-01.00	2
6	Roberts, Keith	11	RICHMOND HEAT TR		13-00.00	1
7	Addison, Brandon	12	CHURCHLAND TRAIL	13-00.00	12-09.00	
8	Arneaud, Trevor	12	TECHNIQUE TRACK		12-08.00	
9	Lawrence, DaiQuan	12	VIRGINIA BEACH F	13-10.00	12-04.00	
10	Little, Juan	11	NORFOLK REAL DEA	12-03.75	12-03.00	
10	Rogers, Wendell	11	VIRGINIA BEACH F		12-03.00	
12	Fiesta, Javen	11	VIRGINIA BEACH F	15-06.25	12-02.00	
12	lockley, tayvon	11	RICHMOND HEAT TR		12-02.00	
14	Hinton, Justice	11	TRACK SERIOUS	14-01.25	12-01.00	
15	Smith, Nathan	11	N-MOTION TC	10-10.50	11-09.00	
16	Gee, DaQuan	12	CHURCHLAND TRAIL	11-11.00	11-07.00	
16	Toomer, Roy	11	VIRGINIA BEACH F		11-07.00	
18	Morris, George	11	NORFOLK EXTREMES		10-09.00	
19	Payne, Dominic	11	NORFOLK REAL DEA	11-04.00	10-04.00	
20	Harrison, Joel	11	LAZERS TRACK CLU	10-01.00	10-03.00	
20	Whitaker, Corey	12	NORFOLK EXTREMES		10-03.00	
--	Brown, Benjamin	11	RICHMOND HEAT TR	12-01.25	ND	
--	Lawton, Myles	11	FAITH IN ACTION	14-02.00	ND	
--	Davis, Darius	11	NORFOLK EXTREMES		ND	

Boys Shot Put Midget

Name	Age	Team	Seed	Finals	Points	
1	Neeley-Williams, Walter	11	CHURCHLAND TRAIL	30-09.25	33-04.00	10
2	Prather, Craig	12	LAZERS TRACK CLU	27-06.00	29-08.00	8
3	Mcconnor, Myles	12	SPEED CITY CHARG	29-00.00	29-05.00	6
4	Culberson, Joshua	11	CHURCHLAND TRAIL	22-07.75	25-10.00	3
4	Brown, Robert	12	RICHMOND HEAT TR	22-00.25	25-10.00	3
6	Morris, George	11	NORFOLK EXTREMES		23-10.00	1
--	Brockington, Morris	12	TECHNIQUE TRACK		ND	
--	Mitchell, Adonis	11	VIRGINIA BEACH F		ND	
--	Geisman, John	11	EAST END FLYERS	14-11.50	ND	

Boys Discus Throw Midget

Name	Age	Team	Seed	Finals	Points	
1	Neeley-Williams, Walter	11	CHURCHLAND TRAIL	81-03.50	81-08	10
2	Brown, Robert	12	RICHMOND HEAT TR	44-09.75	74-11	8
3	Prather, Craig	12	LAZERS TRACK CLU	60-06	74-03	6
4	Morris, George	11	NORFOLK EXTREMES		70-09	4
5	Trotter, Jamel	12	CHURCHLAND TRAIL	51-09	60-07	2
6	Payne, Dominic	11	NORFOLK REAL DEA	61-04	53-09	1
7	Culberson, Joshua	11	CHURCHLAND TRAIL	53-10.50	52-09	
--	Mitchell, Adonis	11	VIRGINIA BEACH F		ND	
--	Geisman, John	11	EAST END FLYERS	40-11.75	ND	
--	Mcconnor, Myles	12	SPEED CITY CHARG	90-00	ND	

Boys 100 Meter Dash Youth

Name	Age	Team	Seed	Prelims	H#	
Preliminaries						
1	Sutton, Sean	14	ROCKVILLE STRIDE	11.90	12.03q	1
2	Mitchell, Walter	14	NORFOLK REAL DEA	11.84	12.23q	4
3	Kimbrough, Dominique	14	NORFOLK REAL DEA	11.84	12.24q	3
4	Shufford, Tevon	13	TECHNIQUE TRACK	12.50	12.48q	4
5	Lawton, Michael	14	FAITH IN ACTION	12.12	12.58q	2
6	Smith, Damian	14	NORFOLK REAL DEA	11.84	12.66q	5
7	Staton, Antoine	14	VIRGINIA BEACH F	12.01	12.71q	1

8	Booker, De'Von	13	CHURCHLAND TRAIL	12.69	12.90q	5
9	Cradle, Deshawn	14	CHURCHLAND TRAIL	12.79	12.92	2
10	Scott, Tory	14	CENTRAL VATRACK	11.90	12.93	2
11	Proctor, Rashawn	13	TECHNIQUE TRACK	12.80	13.14	1
12	Harrison, DeAngelo	14	SPEED INC.	12.80	13.40	1
13	Peters, Andrew	13	NORFOLK REAL DEA	12.51	13.54	5
14	Gidden, Mario	14	TRACK SERIOUS	12.70	13.60	4
14	Sterling, Kavonte	14	INSIDE TRACK		13.60	5
16	Holloman, Gene	14	VIRGINIA BEACH F	12.20	13.70	3
17	Daniels, Brehon	13	TRACK SERIOUS	12.75	13.72	3
18	Simms, Stevon	14	CHURCHLAND TRAIL	12.98	13.85	4
19	Soloman, Thomas	13	HAMPTON BLAZERS	12.80	14.03	2
20	Jones, Franklin	13	LAZERS TRACK CLU	15.00	14.14	4
21	Thompson, Joshua	13	FAITH IN ACTION	14.32	14.49	1
22	Siler, Cameron	13	BOYS & GIRLS CLU	14.30	14.90	1
23	Watson, Andre'	13	BOYS & GIRLS CLU	13.50	15.00	3
24	Jelks, Monchaz	13	INSIDE TRACK		15.16	4
25	Pierce, Clifton	13	N-MOTION TC	14.90	15.38	3
26	Joe, Aaron	14	CHURCHLAND TRAIL	13.15	15.53	5
27	Watkins, Marcus	13	SPEED INC.	14.80	15.66	2

Boys 100 Meter Dash Youth

Name	Age	Team	Prelims	Finals	Points
Finals					
1	Mitchell, Walter	14	NORFOLK REAL DEA	12.23	11.91 10
2	Sutton, Sean	14	ROCKVILLE STRIDE	12.03	12.20 8
3	Kimbrough, Dominique	14	NORFOLK REAL DEA	12.24	12.24 6
4	Shufford, Tevon	13	TECHNIQUE TRACK	12.48	12.51 4
5	Smith, Damian	14	NORFOLK REAL DEA	12.66	12.54 2
6	Staton, Antoine	14	VIRGINIA BEACH F	12.71	12.55 1
7	Lawton, Michael	14	FAITH IN ACTION	12.58	12.57
8	Booker, De'Von	13	CHURCHLAND TRAIL	12.90	12.80

Boys 200 Meter Dash Youth

Name	Age	Team	Seed	Finals	H#	Points
1	Mitchell, Walter	14	NORFOLK REAL DEA	24.00	24.01	5 10
2	Kimbrough, Dominique	14	NORFOLK REAL DEA	25.00	25.17	4 8
3	Smith, Damian	14	NORFOLK REAL DEA	24.00	25.49	5 6
4	Fiesta, Jered	14	VIRGINIA BEACH F	24.00	25.60	5 4
5	Scott, Tory	14	CENTRAL VATRACK	24.00	26.29	5 2
6	Vaughn, Darius	14	INDIAN RIVER SPE	25.30	26.45	4 1
7	Gibson, Tony	13	FAITH IN ACTION	27.76	26.74	3
8	Sheldon, Mullen	14	INSIDE TRACK		26.88	1
9	clayton, cornelius	13	RICHMOND HEAT TR	26.79	26.96	3
10	Holloman, Gene	14	VIRGINIA BEACH F	26.70	27.37	4
11	McBride, Dominique	13	INSIDE TRACK		27.47	1
12	Gidden, Mario	14	TRACK SERIOUS	27.80	27.81	3
13	Corbett, Travis	13	INDIAN RIVER SPE	26.00	27.83	4
14	Morris, Ernest	14	CENTRAL VATRACK	24.10	27.90	5
15	Sterling, Kavonte	14	INSIDE TRACK		28.26	1
16	Proctor, Rashawn	13	TECHNIQUE TRACK	26.00	28.50	4
17	Roe, James	13	RICHMOND HEAT TR	24.05	28.66	5
18	Payne, Evonte	14	CHURCHLAND TRAIL	28.75	28.79	2
19	Daniels, Brehon	13	TRACK SERIOUS	27.00	29.55	3
20	Thompson, Joshua	13	FAITH IN ACTION	28.33	29.70	3
21	Lawton, Michael	14	FAITH IN ACTION	24.30	30.14	4
22	Pierce, Clifton	13	N-MOTION TC	32.84	31.88	2
23	Wilkins, Blake	14	N-MOTION TC	32.89	32.08	2

24	Cobbs, Justin	13	SPEED CITY CHARG		32.34	1
25	McClellan, Brandon	13	N-MOTION TC	31.90	32.47	2
26	Hill, Devonte	13	VIRGINIA BEACH F		32.75	1
27	Watkins, Marcus	13	SPEED INC.	30.00	34.26	2

Boys 400 Meter Dash Youth

Name	Age	Team	Seed	Finals	H#	Points	
1	Kimbrough, Dominique	14	NORFOLK REAL DEA	54.00	56.24	5	10
2	Lawton, Michael	14	FAITH IN ACTION	55.45	56.77	5	8
3	Smith, Damian	14	NORFOLK REAL DEA	56.00	56.87	5	6
4	Shufford, Tevon	13	TECHNIQUE TRACK	56.00	57.48	5	4
5	Vaughn, Darius	14	INDIAN RIVER SPE	56.30	57.80	4	2
6	Foster, Antonio	13	NORFOLK REAL DEA	58.02	58.36	4	1
7	White, Denzel	14	INDIAN RIVER SPE	55.00	58.76	5	
8	clayton, cornelius	13	RICHMOND HEAT TR	1:02.57	1:00.31	3	
9	Gibson, Tony	13	FAITH IN ACTION	59.80	1:00.95	4	
10	Ringo, Darnell	13	INDIAN RIVER SPE	59.00	1:01.08	4	
11	Corbett, Travis	13	INDIAN RIVER SPE	58.00	1:01.50	4	
12	Roe, James	13	RICHMOND HEAT TR	1:00.07	1:01.62	3	
13	Soloman, Thomas	13	HAMPTON BLAZERS	1:03.00	1:02.07	3	
14	Peters, Andrew	13	NORFOLK REAL DEA	1:00.12	1:03.30	3	
15	Sheldon, Mullen	14	INSIDE TRACK		1:03.44	1	
16	haynesworth, donte'	13	RICHMOND HEAT TR	1:06.00	1:04.30	2	
17	Charles, Denis	13	LION'S DEN TRACK	59.90	1:04.47	4	
18	Payne, Evonte	14	CHURCHLAND TRAIL	1:06.54	1:05.45	2	
19	Wilson, II, Michael	14	TRACK SERIOUS	1:03.43	1:05.77	3	
20	Prevard, Kendall	13	PLEASANTVILLE		1:06.54	1	
21	Staton, Richie	13	HAMPTON BLAZERS		1:07.30	1	
22	Cobbs, Justin	13	SPEED CITY CHARG	1:07.00	1:08.12	2	
23	Jones, Franklin	13	LAZERS TRACK CLU	1:14.00	1:09.15	2	
24	Watson, Andre'	13	BOYS & GIRLS CLU	1:09.00	1:13.56	2	
25	Samuels, Cameron	14	FAITH IN ACTION	1:01.00	1:14.24	3	
26	Marcus, Troupe	14	LAZERS TRACK CLU	1:05.00	1:15.20	3	
27	Daniels, Brehon	13	TRACK SERIOUS	58.96	1:15.56	4	
28	Pierce, Clifton	13	N-MOTION TC	1:13.94	1:17.89	2	
29	Lowe, Jirani	13	CHURCHLAND TRAIL	1:25.64	1:32.27	1	

Boys 800 Meter Run Youth

Name	Age	Team	Seed	Finals	Points	
1	Coleman, Joel	13	NORFOLK REAL DEA	2:08.30	2:11.11	10
2	snyder, cody	14	UNATTACHED	2:12.00	2:12.50	8
3	Brown, William	13	TECHNIQUE TRACK	2:20.00	2:15.69	6
4	White, Denzel	14	INDIAN RIVER SPE	2:20.00	2:23.60	4
5	Ringo, Darnell	13	INDIAN RIVER SPE	2:32.00	2:23.82	2
6	Morris, Ernest	14	CENTRAL VATRACK	2:40.00	2:24.09	1
7	Riddick, Rayshad	14	NORFOLK REAL DEA	2:21.00	2:24.23	
8	Sheldon, Mullen	14	INSIDE TRACK		2:27.94	
9	Glenn, Kahana	14	TRACK SERIOUS TR	2:40.00	2:28.66	
10	Georgiades, Aaron	14	LION'S DEN TRACK	2:20.00	2:31.33	
11	Charles, Denis	13	LION'S DEN TRACK	2:25.50	2:32.38	
12	Reid, Malcolm	14	INDIAN RIVER SPE	2:30.00	2:39.06	
13	Wilson, II, Michael	14	TRACK SERIOUS	2:40.49	2:42.53	
14	Samuels, Cameron	14	FAITH IN ACTION		2:48.26	
15	James, Akeme	13	TECHNIQUE TRACK		2:57.18	
16	Wilkins, Blake	14	N-MOTION TC	2:54.87	2:59.34	
17	Lowe, Jirani	13	CHURCHLAND TRAIL	3:08.20	3:21.91	

Boys 1500 Meter Run Youth

Name	Age	Team	Seed	Finals	Points
1 Brown, William	13	TECHNIQUE TRACK	4:45.00	4:49.33	10
2 Georgiades, Aaron	14	LION'S DEN TRACK	4:50.00	5:06.80	8
3 Jordan, Kyle	14	UNATTACHED	4:42.00	5:21.80	6
4 glenn, kahana	14	TRACK SERIOUS	5:46.00	5:38.28	4
5 Shannon, Patrick	13	TEAM FLASH	5:46.00	5:40.79	2
6 Neefus, John	13	LION'S DEN TRACK	5:15.00	6:03.76	1

Boys 3000 Meter Run Youth

Name	Age	Team	Seed	Finals	Points
1 Georgiades, Aaron	14	LION'S DEN TRACK	10:55.00	11:56.69	10
2 Schreder, Drew	13	LION'S DEN TRACK	12:00.00	12:10.65	8
3 Neefus, John	13	LION'S DEN TRACK	12:00.00	12:42.28	6
4 Shannon, Patrick	13	TEAM FLASH	12:32.00	13:16.69	4
5 Girona, Damiano	14	EAST END FLYERS		14:59.06	2

Boys 1500 Meter Race Walk Youth

Name	Age	Team	Seed	Finals	Points
1 Henley, Kelvin	14	TECHNIQUE TRACK		9:29.99	10
2 James, Akeme	13	TECHNIQUE TRACK		9:54.68	8

Boys 4x100 Meter Relay Youth

Team	Seed	Finals	Points
1 CHURCHLAND TRAILBLAZERS 'A'	54.25	50.04	10

Boys 4x400 Meter Relay Youth

Team	Seed	Finals	Points
1 INDIAN RIVER SPEED 'A'	3:58.00	4:14.55	10

Boys High Jump Youth

Name	Age	Team	Seed	Finals	Points
1 Childs, Jordan	13	CHURCHLAND TRAIL	5-02.00	4-08.00	10
2 haynesworth, donte'	13	RICHMOND HEAT TR	5-00.00	4-06.00	8
3 Roe, James	13	RICHMOND HEAT TR	4-06.00	J4-06.00	6

Boys Long Jump Youth

Name	Age	Team	Seed	Finals	Points
1 Scott, Tory	14	CENTRAL VATRACK		18-06.00	10
2 Coleman, Joel	13	NORFOLK REAL DEA		18-03.50	8
3 Smith, Damian	14	NORFOLK REAL DEA	15-02.00	18-02.50	6
4 Lawton, Michael	14	FAITH IN ACTION	20-08.00	18-00.50	4
5 Fiesta, Jered	14	VIRGINIA BEACH F	17-07.00	17-09.50	2
6 Shufford, Tevon	13	TECHNIQUE TRACK		16-00.00	1
7 Morris, Ernest	14	CENTRAL VATRACK		15-10.00	
8 Riddick, Rayshad	14	NORFOLK REAL DEA	15-10.00	15-08.00	
8 Bullard, Korey	13	FAITH IN ACTION	15-10.00	15-08.00	
10 Jones, Franklin	13	LAZERS TRACK CLU	14-11.00	14-07.50	
-- Reid, Malcolm	14	INDIAN RIVER SPE	13-07.00	ND	

-- Daniels, Brehon 13 TRACK SERIOUS 14-05.00 ND

Boys Triple Jump Youth

Name	Age	Team	Seed	Finals	Points
1 Scott, Tory	14	CENTRAL VATRACK	37-01.00	38-10.50	10
-- haynesworth, donte'	13	RICHMOND HEAT TR		ND	

Boys Shot Put Youth

Name	Age	Team	Seed	Finals	Points
1 Lloyd, Nathaniel	14	FAITH IN ACTION	42-11.75	43-03.00	10
2 Thompson, Clifton	14	CENTRAL VATRACK	45-01.00	40-07.00	8
3 Hutchins, Aaron	13	TRACK SERIOUS TR	35-01.25	37-08.00	6
4 Webb, Garion	14	HAMPTON BLAZERS	34-04.00	35-02.00	4
5 McClellan, Brandon	13	N-MOTION TC	31-04.75	33-07.00	2
6 Coles, Tykhari	13	HAMPTON BLAZERS	32-08.00	31-09.00	1
7 Staton, Richie	13	HAMPTON BLAZERS	32-08.00	30-03.00	
8 Graves, Rashaun	13	TECHNIQUE TRACK		30-00.00	
9 Crutchfield, Eli	13	ROCKVILLE STRIDE	29-01.00	27-10.00	
10 Payne, Khaaliq	14	TECHNIQUE TRACK		27-03.00	
-- Augustus, Marki's	13	TECHNIQUE TRACK		ND	
-- Wilkins, Blake	14	N-MOTION TC	26-02.00	ND	
-- Hill, Devonte	13	VIRGINIA BEACH F		ND	

Boys Discus Throw Youth

Name	Age	Team	Seed	Finals	Points
1 Thompson, Clifton	14	CENTRAL VATRACK	156-01	142-05	10
2 Webb, Garion	14	HAMPTON BLAZERS	53-05	130-05	8
3 Graves, Rashaun	13	TECHNIQUE TRACK		124-02	6
4 Coles, Tykhari	13	HAMPTON BLAZERS	88-00	112-00	4
5 Hutchins, Aaron	13	TRACK SERIOUS TR	102-01	85-07	2
6 Crutchfield, Eli	13	ROCKVILLE STRIDE	85-01	84-05	1
7 Payne, Khaaliq	14	TECHNIQUE TRACK		83-01	
-- Childs, Jordan	13	CHURCHLAND TRAIL	60-04.50	ND	
-- Staton, Richie	13	HAMPTON BLAZERS	57-03	ND	
-- Augustus, Marki's	13	TECHNIQUE TRACK		ND	
-- Lloyd, Nathaniel	14	FAITH IN ACTION	110-00	ND	
-- Hill, Devonte	13	VIRGINIA BEACH F		ND	
-- Wilkins, Blake	14	N-MOTION TC	65-05	ND	
-- McClellan, Brandon	13	N-MOTION TC	72-02	ND	
-- Wilson, II, Michael	14	TRACK SERIOUS	02-05.50	ND	

Boys 100 Meter Dash Intermediate

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 Porzel, Caleb	16	ROCKVILLE STRIDE	10.80	11.31q	3
2 Cruz, Lamar	16	INSIDE TRACK	10.80	11.32q	4
3 Gatling, Tavon	16	VIRGINIA BEACH F	11.08	11.39q	4
4 Wesh, Darrell	15	PHASE II	11.00	11.44q	3
5 Askew, Cameron	16	UNATTACHED	11.00	11.45q	4
6 Simmons, Dejour	15	VIRGINIA BEACH F	10.98	11.54q	1
7 Brown, Christopher	16	ROCKVILLE STRIDE	11.30	11.78q	1
8 Lockley, Donovan	16	RICHMOND HEAT TR	10.97	11.88q	1
9 Evasco, Nick	16	UNATTACHED	11.30	11.89	1
10 Blake, Ricky	16	BEAST BOYZ	11.00	11.91	2

10 McCants, Jonathan	16 COBRA TC	11.50	11.91	4
12 rowe, jerelle	16 RICHMOND HEAT TR	11.50	11.98	3
13 Miller, Durrell	16 ROCKVILLE STRIDE	11.50	12.10	2
14 Hinton, Jordan	16 TRACK SERIOUS	12.15	12.11	2
15 Moody, Saquon	15 INDIAN RIVER SPE	11.30	12.18	2
16 Moody, Darrius	15 BEAST BOYZ	13.00	12.27	4
17 Jones, Randy	16 BEAST BOYZ	13.00	12.30	4
18 Riddick, Brendon	15 RICHMOND HEAT TR	11.09	12.67	3
19 Myers, Jarrett	16 ROCKVILLE STRIDE		12.71	2
20 Foster, Ashton	16 ROCKVILLE STRIDE		12.79	1
21 Williams, Shelby	15 PLEASANTVILLE		13.15	4
22 Garcia, Javier	16 PLEASANTVILLE		13.17	3
23 Johnson Jr, Willie	16 NORFOLK EXTREMES	13.55	13.24	3
24 Foster, Skyler	15 ROCKVILLE STRIDE		14.48	1

Boys 100 Meter Dash Intermediate

Name	Age Team	Prelims	Finals	Points
Finals				
1 Simmons, Dejour	15 VIRGINIA BEACH F	11.54	10.98	10
2 Porzel, Caleb	16 ROCKVILLE STRIDE	11.31	11.12	8
3 Gatling, Tavon	16 VIRGINIA BEACH F	11.39	11.30	6
4 Cruz, Lamar	16 INSIDE TRACK	11.32	11.36	4
5 Wesh, Darrell	15 PHASE II	11.44	11.37	2
6 Brown, Christopher	16 ROCKVILLE STRIDE	11.78	11.69	1
7 Askew, Cameron	16 UNATTACHED	11.45	11.70	
8 Lockley, Donovan	16 RICHMOND HEAT TR	11.88	11.79	

Boys 200 Meter Dash Intermediate

Name	Age Team	Seed	Finals	H#	Points
1 Cruz, Lamar	16 INSIDE TRACK	22.10	22.69	4	10
2 Askew, Cameron	16 UNATTACHED	22.85	22.77	3	8
3 Wesh, Darrell	15 PHASE II	22.20	23.20	4	6
4 rowe, jerelle	16 RICHMOND HEAT TR	23.50	23.55	3	4
5 McCants, Jonathan	16 COBRA TC	22.90	23.84	3	2
6 Myers, Jarrett	16 ROCKVILLE STRIDE		24.55	1	1
7 Lewis, Jeffrey	16 WESTERN BRANCH T	25.24	24.80	2	
8 Hinton, Jordan	16 TRACK SERIOUS	25.25	24.87	2	
9 Long, Khyiem	16 WESTERN BRANCH T	27.44	24.93	2	
10 Lockley, Donovan	16 RICHMOND HEAT TR	23.34	25.02	3	
11 Blair, William	15 SPEED INC.	23.11	25.42	3	
12 Jones, Nigel	16 PLEASANTVILLE		25.61	1	
13 Riddick, Brendon	15 RICHMOND HEAT TR	24.70	25.75	2	
14 Moore, Deon	16 TECHNIQUE TRACK		26.39	1	
15 Johnson Jr, Willie	16 NORFOLK EXTREMES	27.33	26.48	2	
16 Williams, Shelby	15 PLEASANTVILLE		26.69	1	
17 taylor, lemontre	15 RICHMOND HEAT TR	25.60	28.28	2	

Boys 400 Meter Dash Intermediate

Name	Age Team	Seed	Finals	H#	Points
1 Cruz, Lamar	16 INSIDE TRACK	52.00	54.34	2	10
2 McCants, Jonathan	16 COBRA TC	52.00	56.58	2	8
3 Lewis, Jeffrey	16 WESTERN BRANCH T	56.44	57.06	2	6
4 Taliferro, Brandon	15 PHASE II	55.00	57.36	2	4
5 Williams, Demetrius	16 NORFOLK EXTREMES		58.29	1	2
6 Johnson Jr, Willie	16 NORFOLK EXTREMES	1:03.00	58.71	1	1
7 Sterling, Ashaunti	15 INSIDE TRACK		1:00.83	1	

8 Mask, Corey 16 INSIDE TRACK 57.00 1:01.16 2

Boys 800 Meter Run Intermediate

Name	Age	Team	Seed	Finals	Points
1 Bertrand, Anderson	16	CENTRAL VATRACK	2:00.00	2:03.74	10
2 Matais, Georges	16	WESTERN BRANCH T	2:06.44	2:10.46	8
3 Harrison, DeVinn	16	SPEED INC.	2:04.10	2:14.85	6
4 Harrison, Aaron	15	LAZERS TRACK CLU	2:15.00	2:18.15	4
5 Artist, Donte	15	CENTRAL VATRACK	2:20.00	2:18.25	2
6 taylor, lemontre	15	RICHMOND HEAT TR		2:21.05	1
7 Williams, Demetrius	16	NORFOLK EXTREMES		2:23.14	
8 Taliferro, Brandon	15	PHASE II	2:29.00	2:27.64	
9 Mask, Corey	16	INSIDE TRACK		2:29.67	
10 Sterling, Ashaunti	15	INSIDE TRACK	2:17.00	2:34.26	

Boys 1500 Meter Run Intermediate

Name	Age	Team	Seed	Finals	Points
1 Bertrand, Anderson	16	CENTRAL VATRACK	4:55.00	4:36.12	10
2 Harrison, DeVinn	16	SPEED INC.	4:33.22	4:47.83	8
3 Harrison, Aaron	15	LAZERS TRACK CLU	4:40.00	4:51.64	6
4 Artist, Donte	15	CENTRAL VATRACK	5:20.00	4:57.21	4
5 taylor, lemontre	15	RICHMOND HEAT TR		5:03.66	2
6 Nelson, Sam	15	LION'S DEN TRACK	5:15.00	5:32.53	1

Boys 3000 Meter Run Intermediate

Name	Age	Team	Seed	Finals	Points
1 Harrison, Aaron	15	LAZERS TRACK CLU	10:15.00	10:02.76	10
2 Nelson, Sam	15	LION'S DEN TRACK	11:25.00	11:31.96	8

Boys 110 Meter Hurdles Intermediate

Name	Age	Team	Seed	Finals	Points
1 Moody, Saquon	15	INDIAN RIVER SPE		16.57	10
2 Long, Khyiem	16	WESTERN BRANCH T	18.34	16.75	8
3 Harris, Jameal	16	CENTRAL VATRACK	16.20	17.98	6
4 Jones, Nigel	16	PLEASANTVILLE		20.81	4
5 Sparrow, Keenan	16	WESTERN BRANCH T	17.44	20.91	2

Boys 4x100 Meter Relay Intermediate

Team	Seed	Finals	Points
1 VIRGINIA BEACH FLAMES 'A'	42.01	42.92	10
2 ROCKVILLE STRIDERS YOUTH TC 'A'		44.13	8
3 WESTERN BRANCH TC 'A'	46.44	45.04	6
4 BEAST BOYZ 'A'		46.27	4
5 PLEASANTVILLE STRIDERS 'A'		50.02	2

Boys High Jump Intermediate

Name	Age	Team	Seed	Finals	Points
1 Moody, Saquon	15	INDIAN RIVER SPE	5-08.00	5-06.00	10
-- Benitez, Wesley	16	CENTRAL VATRACK	6-05.00	NH	
-- Muhammad, Jabari	16	VIRGINIA BEACH F	5-08.00	NH	

Boys Long Jump Intermediate

Name	Age	Team	Seed	Finals	Points
1 Benitez, Wesley	16	CENTRAL VATRACK	23-04.00	20-03.50	10
2 rowe, jerelle	16	RICHMOND HEAT TR	20-00.00	20-02.00	8
3 Blake, Ricky	16	BEAST BOYZ	19-06.25	19-07.50	6
4 Sparrow, Keenan	16	WESTERN BRANCH T		19-06.75	4
5 Blair, William	15	SPEED INC.	19-02.00	18-07.50	2
6 Muhammad, Jabari	16	VIRGINIA BEACH F	19-05.00	18-05.00	1
7 Lockley, Donovan	16	RICHMOND HEAT TR	18-00.00	18-04.50	
8 Harris, Jameal	16	CENTRAL VATRACK	19-11.00	18-04.00	
-- Riddick, Brendon	15	RICHMOND HEAT TR	22-02.00	ND	
-- taylor, lemontre	15	RICHMOND HEAT TR		ND	
-- Jones, Nigel	16	PLEASANTVILLE		ND	
-- Johnson Jr, Willie	16	NORFOLK EXTREMES	14-05.00	ND	
-- Moore, Deon	16	TECHNIQUE TRACK		ND	
-- Jones, Randy	16	BEAST BOYZ	15-05.50	ND	

Boys Triple Jump Intermediate

Name	Age	Team	Seed	Finals	Points
1 Benitez, Wesley	16	CENTRAL VATRACK	45-03.00	44-08.50	10
2 Sparrow, Keenan	16	WESTERN BRANCH T	45-11.25	42-10.00	8
3 Blake, Ricky	16	BEAST BOYZ	19-08.25	41-00.00	6
4 Muhammad, Jabari	16	VIRGINIA BEACH F	40-00.00	39-03.50	4

Boys Shot Put Intermediate

Name	Age	Team	Seed	Finals	Points
1 Nixon, Rory	16	TECHNIQUE TRACK		40-09.50	10
2 Grant, Curtis	15	RICHMOND HEAT TR	36-00.00	36-05.00	8
3 Walton, Jeremie	16	BEAST BOYZ	9-10.25	J36-05.00	6
4 Garcia, Javier	16	PLEASANTVILLE		36-03.00	4
5 Butler, David	15	TRACK SERIOUS TR	37-00.50	36-00.00	2
6 Foster, Ashton	16	ROCKVILLE STRIDE		35-08.00	1
7 Drinkard, Donald	16	PLEASANTVILLE		32-04.00	
8 Edmond, Jeremy	16	CHURCHLAND TRAIL	28-01.00	31-01.00	
-- Powell, Xavier	16	CHURCHLAND TRAIL	27-08.00	ND	

Boys Discus Throw Intermediate

Name	Age	Team	Seed	Finals	Points
1 Garcia, Javier	16	PLEASANTVILLE		97-02	10
2 Butler, David	15	TRACK SERIOUS TR	86-01	94-03	8
3 Nixon, Rory	16	TECHNIQUE TRACK		94-00	6
4 Grant, Curtis	15	RICHMOND HEAT TR	85-09	90-05	4
-- Walton, Jeremie	16	BEAST BOYZ	282-02	ND	
-- Drinkard, Donald	16	PLEASANTVILLE		ND	
-- Edmond, Jeremy	16	CHURCHLAND TRAIL	60-08.75	ND	
-- Powell, Xavier	16	CHURCHLAND TRAIL	59-07.25	ND	
-- Moody, Darrius	15	BEAST BOYZ	20-04.75	ND	
-- Williams, Demetrius	16	NORFOLK EXTREMES		ND	

Men 100 Meter Dash Young

Name	Age	Team	Seed	Prelims	H#
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Preliminaries

1	Gyasi, Isiah	18	NORFOLK REAL DEA	10.64	10.99q	2
2	Taylor, James	17	NORFOLK REAL DEA	10.80	11.06q	2
3	Hill, Reggie	18	UNATTACHED	10.56	11.12q	3
4	Gregory, Tony	18	VIRGINIA BEACH F	11.01	11.16q	1
5	Griffin, Kelvin	17	VIRGINIA BEACH F	10.80	11.23q	4
6	Milliner, Jerrell	18	MID CITY X-PRESS	11.13	11.34q	3
7	Alston, Michael	18	MID CITY X-PRESS	10.90	11.38q	3
8	Kuate, Keeven	17	COBRA TC	11.30	11.53q	2
9	Parham, Jamar	17	CENTRAL VATRACK	11.03	11.56	2
10	Staton, Brandon	17	VIRGINIA BEACH F	10.80	11.60	4
11	Etzel, Brendan	17	ROCKVILLE STRIDE	10.80	11.69	3
11	Jones, Kyle	19	CENTRAL VATRACK	10.78	11.69	1
13	Priest, Joshua	18	CENTRAL VATRACK	11.27	11.91	3
14	Evans-Chase, Alonzo	17	ROCKVILLE STRIDE	11.00	11.93	1
15	Roberts, Jamal	17	PLEASANTVILLE		12.13	4
15	Jackson, Joe	18	COBRA TC	11.50	12.13	1
17	Harris, Keith	18	D.C. CAPITOL TRA	10.70	12.20	1
18	Collins, Christian	17	CENTRAL VATRACK	11.46	12.24	1
19	beale, nick	18	UNATTACHED	10.98	12.35	2
20	Walker, Anthony	17	LAZERS TRACK CLU		12.54	4
21	McQuillen, William	18	TECHNIQUE TRACK		13.22	3
22	Morgan, Edric	18	FAITH IN ACTION	14.40	14.58	2

Men 100 Meter Dash Young

Name	Age	Team	Prelims	Finals	Points
Finals					
1	Gyasi, Isiah	18	NORFOLK REAL DEA	10.99	10.85 10
2	Hill, Reggie	18	UNATTACHED	11.12	10.97 8
3	Gregory, Tony	18	VIRGINIA BEACH F	11.16	11.10 6
4	Taylor, James	17	NORFOLK REAL DEA	11.06	11.18 4
5	Griffin, Kelvin	17	VIRGINIA BEACH F	11.23	11.26 2
6	Alston, Michael	18	MID CITY X-PRESS	11.38	11.33 1
7	Milliner, Jerrell	18	MID CITY X-PRESS	11.34	11.36
8	Kuate, Keeven	17	COBRA TC	11.53	11.82

Men 200 Meter Dash Young

Name	Age	Team	Seed	Finals	H#	Points
1	Ricks, Keith	17	NORFOLK REAL DEA	22.09	4	10
2	Hill, Reggie	18	UNATTACHED	21.50	22.10	5 8
3	Nix, Daniel	17	WESTERN BRANCH T	21.44	22.17	5 6
4	Booker, Ronald	18	CENTRAL VATRACK	22.35	22.63	4 3
4	Melton, Dionte	18	WESTERN BRANCH T	22.50	22.63	3 3
6	Sparrow, Javanti	17	WESTERN BRANCH T	21.45	22.68	5 1
7	Campbell, Curtis	17	VIRGINIA BEACH F	22.10	22.75	5
8	Staton, Brandon	17	VIRGINIA BEACH F	22.10	22.90	4
9	Alston, Michael	18	MID CITY X-PRESS	22.10	22.96	4
10	Artis, Jeffrey	17	WESTERN BRANCH T	22.94	23.19	2
11	Robison, Olimas	17	WESTERN BRANCH T	22.50	23.31	3
12	Bullard, Ja-Vell	17	TECHNIQUE TRACK		23.44	1
13	Withing, Derrick	17	WESTERN BRANCH T	22.94	23.47	2
14	Massenburg, Aramis	18	CENTRAL VATRACK	22.31	23.63	4
15	Moyer, Micah	17	WESTERN BRANCH T	22.94	23.64	2
16	Valentine, Terrell	18	TECHNIQUE TRACK	23.00	23.66	2
17	beale, nick	18	UNATTACHED	22.30	23.94	4
18	Naylor, Jacobie	18	SPEED CITY CHARG		23.95	1
19	Kuate, Keeven	17	COBRA TC	22.85	23.96	3
20	Roberts, Jamal	17	PLEASANTVILLE		24.35	1

21 Jackson, Joe	18 COBRA TC	22.75	25.15	3
22 McQuillen, William	18 TECHNIQUE TRACK		26.77	2
23 Morgan, Edric	18 FAITH IN ACTION	28.70	30.10	2

Men 400 Meter Dash Young

Name	Age Team	Seed	Finals	H#	Points
1 Sparrow, Javanti	17 WESTERN BRANCH T	47.63	47.93	5	10
2 Nix, Daniel	17 WESTERN BRANCH T	47.62	48.04	5	8
3 Melton, Dionte	18 WESTERN BRANCH T	49.50	49.41	4	6
4 Brickhouse, Darryl	17 NORFOLK REAL DEA	48.90	49.49	5	3
4 Balsor, Jared	18 NORFOLK REAL DEA	49.50	49.49	4	3
6 Bullard, Ja-Vell	17 TECHNIQUE TRACK		49.56	1	1
7 Campbell, Curtis	17 VIRGINIA BEACH F	51.00	49.89	3	
8 Synder, Justin	18 UNATTACHED	48.20	50.22	5	
9 Valintine, Terrell	18 TECHNIQUE TRACK	51.00	51.10	3	
10 Edwards, Cleveland	18 CENTRAL VATRACK	49.33	51.13	5	
11 Gonslaves, Dean	18 SPEED INC.	49.00	51.21	5	
12 Robison, Olimas	17 WESTERN BRANCH T	49.50	51.22	4	
13 Naylor, Jacobie	18 SPEED CITY CHARG	50.80	51.46	3	
14 Moyer, Micah	17 WESTERN BRANCH T	50.24	51.48	4	
15 williams-parks, Tymir	17 UNATTACHED	52.00	51.97	3	
16 Withing, Derrick	17 WESTERN BRANCH T	50.34	52.27	4	
17 Jackson, Joe	18 COBRA TC	50.50	52.63	3	
18 Sutherland, Jason	18 VIRGINIA BEACH F	57.89	52.74	2	
19 Gary, Alex	18 ROCKVILLE STRIDE	50.00	53.09	4	
20 Rushing, David	17 UNATTACHED	51.00	53.14	3	
21 Wilson, Raymond	17 PLEASANTVILLE		53.97	2	
22 Collins, Joe	18 EAST END FLYERS	51.11	54.31	3	
23 Gaston, Michael	18 EAST END FLYERS	51.26	54.36	3	
24 Jackson, Dorian	17 CENTRAL VATRACK	50.32	54.49	4	
25 Roberts, Jamal	17 PLEASANTVILLE		54.53	2	
26 Wiley, Philip	17 LAZERS TRACK CLU	1:00.00	56.30	2	
27 Morgan, Edric	18 FAITH IN ACTION	1:01.00	1:05.44	2	

Men 800 Meter Run Young

Name	Age Team	Seed	Finals	Points
1 Gary, Alex	18 ROCKVILLE STRIDE	1:58.00	2:02.09	10
2 Watkins, James	17 VIRGINIA BEACH P	2:05.62	2:03.78	8
3 Womack, David	17 NORFOLK REAL DEA	2:01.00	2:05.63	6
4 Moore, Josh	18 CENTRAL VATRACK	2:04.00	2:06.60	4
5 Hearn, James	17 SPEED CITY CHARG	2:05.00	2:08.51	2
6 Williams, Joey	18 SPEED INC.	1:58.00	2:10.65	1
7 Gains, Rueben	17 CENTRAL VATRACK	2:03.12	2:12.84	
8 Wiley, Philip	17 LAZERS TRACK CLU	2:10.00	2:14.66	
9 Desper, Mark	17 SPEED CITY CHARG	2:05.00	2:23.93	

Men 1500 Meter Run Young

Name	Age Team	Seed	Finals	Points
1 Moulton, Daniel	17 LION'S DEN TRACK	4:35.50	4:32.27	10
2 Moore, Josh	18 CENTRAL VATRACK	4:57.54	4:33.26	8
3 Gains, Rueben	17 CENTRAL VATRACK	4:59.32	5:07.41	6

Men 3000 Meter Run Young

Name	Age Team	Seed	Finals	Points
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1	Moulton, Daniel	17	LION'S DEN TRACK	9:50.50	9:58.39	10
2	Foronda, William	17	LION'S DEN TRACK	10:35.00	10:46.13	8
3	Waechter, Alan	17	VIRGINIA BEACH P	10:25.00	10:50.71	6
4	Stanley, Trevor	17	VIRGINIA BEACH P	10:25.00	10:59.30	4

Men 110 Meter Hurdles Young

Name	Age	Team	Seed	Finals	H#	Points
1	Massenburg, Aramis	18	CENTRAL VATRACK	13.90	14.41	2 10
2	Malicdem, Aaron	18	TRACK SERIOUS TR	14.45	14.72	2 8
3	Artis, Jeffrey	17	WESTERN BRANCH T	14.64	14.79	2 6
4	Wilson, Raymond	17	PLEASANTVILLE		15.47	1 4
5	Sands, Tarnell	17	TRACK SERIOUS TR	14.96	15.85	2 2
6	Alston, Brandon	17	MID CITY X-PRESS	15.85	15.92	2 1
7	Kuate, Keeven	17	COBRA TC	15.99	16.07	2
8	Johnson, Aaron	17	VIRGINIA BEACH F		18.32	1
9	Walker, Anthony	17	LAZERS TRACK CLU	20.00	19.47	1
10	Letterio, Richmond	17	LION'S DEN TRACK	19.00	21.23	1

Men 4x100 Meter Relay Young

Team	Seed	Finals	Points
1 NORFOLK REAL DEAL 'A'	42.00	41.54	10
2 VIRGINIA BEACH FLAMES 'A'	41.01	42.01	8
3 CENTRAL VATRACK & FIELD CLUB 'A'	43.01	42.99	6
4 MID CITY X-PRESS TRACK CLUB 'A'	43.25	43.44	4
5 NORFOLK REAL DEAL 'B'	42.80	45.63	2

Men 4x400 Meter Relay Young

Team	Seed	Finals	Points
1 CENTRAL VATRACK & FIELD CLUB 'A'	3:20.69	3:38.79	10

Men High Jump Young

Name	Age	Team	Seed	Finals	Points
1 Nichols, Kevin	18	NORFOLK REAL DEA	6-06.00	6-08.00	10
2 Cooper, Algernon	19	UNATTACHED	6-04.00	6-04.00	8
3 Jacjson, Dawan	18	UNATTACHED	6-05.00	6-00.00	6
4 Collins, Joe	18	EAST END FLYERS	6-06.00	J6-00.00	4
5 Duff, Tashan	17	CENTRAL VATRACK	6-00.00	5-10.00	2

Men Long Jump Young

Name	Age	Team	Seed	Finals	Points
1 Griffin, Kelvin	17	VIRGINIA BEACH F		22-10.00	10
2 Smith, Wesley	18	NORFOLK REAL DEA	23-11.00	J22-10.00	8
3 Jacjson, Dawan	18	UNATTACHED	23-02.00	22-03.50	6
4 Bailey, Charles	18	UNATTACHED	22-11.00	21-11.50	4
5 Artis, Jeffrey	17	WESTERN BRANCH T	22-11.75	21-05.00	2
6 Wilson, Raymond	17	PLEASANTVILLE		21-04.00	1
7 Synder, Justin	18	UNATTACHED	23-01.00	21-02.50	
8 Massenburg, Aramis	18	CENTRAL VATRACK	21-11.00	20-11.00	
9 Bullard, Ja-Vell	17	TECHNIQUE TRACK		20-10.50	
10 Wallace, Brian	18	NORFOLK REAL DEA	23-00.00	20-09.00	
11 Johnson, Aaron	17	VIRGINIA BEACH F		20-05.00	
12 McNair, Tavin	17	MID CITY X-PRESS	22-01.00	20-03.50	

13	Harris, Keith	18	D.C. CAPITOL TRA	23-08.25	19-11.50
14	Cooper, Algernon	19	UNATTACHED	22-09.00	19-08.00
--	Gaston, Michael	18	EAST END FLYERS	20-02.00	ND
--	Walker, Anthony	17	LAZERS TRACK CLU	18-05.00	ND
--	Nichols, Kevin	18	NORFOLK REAL DEA	22-06.00	ND
--	Valintine, Terrell	18	TECHNIQUE TRACK		ND

Men Triple Jump Young

Name	Age	Team	Seed	Finals	Points
1 Griffin, Kelvin	17	VIRGINIA BEACH F		44-00.00	10
2 Johnson, Chris	17	VIRGINIA BEACH F		43-00.50	8
3 Bailey, Charles	18	UNATTACHED	45-03.00	42-05.00	6
4 Massenbourg, Aramis	18	CENTRAL VATRACK	44-08.00	42-00.00	4
5 Cooper, Algernon	19	UNATTACHED	45-05.00	41-11.00	2
6 Johnson, Aaron	17	VIRGINIA BEACH F		41-06.00	1
7 Duff, Tashan	17	CENTRAL VATRACK	40-05.00	40-07.00	
8 Evans-Chase, Alonzo	17	ROCKVILLE STRIDE	42-03.00	39-04.00	
-- Gaston, Michael	18	EAST END FLYERS	41-00.00	ND	
-- Collins, Christian	17	CENTRAL VATRACK	39-08.00	ND	
-- Harris, Keith	18	D.C. CAPITOL TRA	44-09.75	ND	

Men Shot Put Young

Name	Age	Team	Seed	Finals	Points
1 Drinkard, Davin	17	PLEASANTVILLE		45-05.00	10
2 Richardson, Kendrick	18	CENTRAL VATRACK	48-02.00	45-01.00	8
3 Kearney, Darien	18	WESTERN BRANCH T	57-06.50	44-01.00	6
4 Boatman, Cory	17	ROCKVILLE STRIDE	43-05.00	41-02.00	4
5 Davis, Sheldon	17	TECHNIQUE TRACK		37-05.00	2
-- blackett, victor	17	UNATTACHED	6-04.50	ND	

Men Discus Throw Young

Name	Age	Team	Seed	Finals	Points
1 Richardson, Kendrick	18	CENTRAL VATRACK	148-04	160-11	10
2 Kearney, Darien	18	WESTERN BRANCH T	64-00.75	133-09	8
3 Spellman, Frede	17	NORFOLK REAL DEA	157-00	126-03	6
4 Drinkard, Davin	17	PLEASANTVILLE		120-06	4
5 Letterio, Richmond	17	LION'S DEN TRACK	80-00	62-04	2

Women - Primary - Team Rankings - 6 Events Scored

1) VIRGINIA BEACH FLAMES	32	2) Central VATrack & Field C	30
3) Mid City X-Press Track Clu	24	4) Dynamite Johnsons	20
5) Hampton City Elite	16	6) Richmond Heat Track & Spo	12
6) Carolina Lightning	12	8) Churchland Trailblazers	9
9) Cobra TC	8	10) Norfolk Extremes	4
11) East End Flyers	1	11) Inside Track	1
11) Hampton Blazers Track Club	1		

Women - Bantam - Team Rankings - 11 Events Scored

1) VIRGINIA BEACH FLAMES	58	2) Technique Track Club	43
3) Pleasantville Striders	30	3) Carolina Lightning	30
5) Track Serious	25	6) Churchland Trailblazers	22
7) Indian River Speed	18	8) Central VATrack & Field C	16
9) Inside Track	13	10) Team Flash	10
10) East End Flyers	10	12) Richmond Heat Track & Spo	8

13) Hampton Blazers Track Club	6	13) Virginia Beach Pole Vault	6
13) Norfolk Real Deal	6	13) Boys & Girls Club of the	6
17) Norfolk Extremes	2	17) Lion's Den Track Club	2

Women - Midget - Team Rankings - 14 Events Scored

1) East End Flyers	59	2) Inside Track	41
3) VIRGINIA BEACH FLAMES	37.50	4) Norfolk Real Deal	32
5) Southern Maryland Striders	29	6) Team Flash	28
7) Technique Track Club	26	8) Richmond Heat Track & Spo	23
9) N-Motion TC	20	9) Hampton Blazers Track Clu	20
9) Pleasantville Striders	20	12) Cobra TC	16
12) Boys & Girls Club of the V	16	14) Churchland Trailblazers	15
15) Indian River Speed	11	16) Norfolk Extremes	8
17) Lion's Den Track Club	6	18) Faith In Action Athletic	4
18) PHASE II	4	20) Hampton City Elite	1.50
21) Carolina Lightning	1		

Women - Youth - Team Rankings - 15 Events Scored

1) Technique Track Club	80	2) Central VATrack & Field C	61
3) Norfolk Real Deal	47	4) Carolina Lightning	42
5) Track Serious	29	6) Team Flash	28
7) VIRGINIA BEACH FLAMES	18	8) PHASE II	16
9) N-Motion TC	14	9) East End Flyers	14
9) Track Serious Track and Fi	14	12) Churchland Trailblazers	12
13) Speed Inc.	6	14) Lion's Den Track Club	4
14) Pleasantville Striders	4	14) Norfolk Extremes	4
17) Cobra TC	2	18) Richmond Heat Track & Spo	1
18) Western Branch TC	1		

Women - Intermediate - Team Rankings - 14 Events Scored

1) Central VATrack & Field Cl	68	2) Norfolk Real Deal	58
3) VIRGINIA BEACH FLAMES	49	4) Speed City Chargers TC	39
5) Western Branch TC	38	6) PHASE II	30
7) Lion's Den Track Club	28	8) Technique Track Club	23
9) Pleasantville Striders	18	10) Speed Inc.	12
11) LAZERS TRACK CLUB	11	12) Track Serious Track and F	8
13) N-Motion TC	4	14) Indian River Speed	3

Women - Young - Team Rankings - 14 Events Scored

1) Central VATrack & Field Cl	92	2) Western Branch TC	68
3) Norfolk Real Deal	45	4) Rockville Striders Youth	36
5) Lion's Den Track Club	28	6) Track Serious Track and F	19
7) Speed City Chargers TC	18	8) Mid City X-Press Track Cl	14
8) Faith In Action Athletic	14	10) LAZERS TRACK CLUB	6
11) Hampton City Elite	2		

Men - Primary - Team Rankings - 7 Events Scored

1) Inside Track	36	2) Technique Track Club	32
3) Carolina Lightning	20	4) Speed Inc.	18
4) Boys & Girls Club of the V	18	4) Churchland Trailblazers	18
7) Faith In Action Athletic	13.50	8) Norfolk Real Deal	11
9) Henrico Pacers	10	10) Trailblazers	6
11) Mid City X-Press Track Clu	4	12) Indian River Speed	2
12) VIRGINIA BEACH FLAMES	2	14) Richmond Heat Track & Spo	1.50
15) Lion's Den Track Club	1	15) Rockville Striders Youth	1
15) East End Flyers	1		

Men - Bantam - Team Rankings - 11 Events Scored

1) VIRGINIA BEACH FLAMES	79.50	2) Inside Track	45
3) Technique Track Club	44.50	4) Churchland Trailblazers	33.50
5) Rockville Striders Youth T	20	6) Faith In Action Athletic	18
7) N-Motion TC	16.50	8) Boys & Girls Club of the	12
9) Central VTrack & Field Cl	10	9) Speed City Chargers TC	10
11) Norfolk Extremes	8	12) Team Flash	6
13) Indian River Speed	4	13) Henrico Pacers	4

Men - Midget - Team Rankings - 14 Events Scored

1) VIRGINIA BEACH FLAMES	76	2) Richmond Heat Track & Spo	40
3) Boys & Girls Club of the V	38	4) Churchland Trailblazers	37
5) Speed City Chargers TC	36	6) Norfolk Real Deal	35
7) Track Serious	30	8) Technique Track Club	29
9) LAZERS TRACK CLUB	16	10) East End Flyers	14
11) Western Branch TC	12	12) PHASE II	8
12) Track Serious Track and Fi	8	14) Faith In Action Athletic	6
14) Carolina Lightning	6	16) Norfolk Extremes	5
17) Team Flash	4	18) Inside Track	1

Men - Youth - Team Rankings - 14 Events Scored

1) Norfolk Real Deal	83	2) Technique Track Club	49
3) Central VTrack & Field Cl	41	4) Lion's Den Track Club	33
5) Faith In Action Athletic	22	6) Churchland Trailblazers	20
7) Indian River Speed	19	8) Hampton Blazers Track Clu	17
9) Richmond Heat Track & Spor	14	10) Rockville Striders Youth	9
11) Track Serious Track and Fi	8	12) VIRGINIA BEACH FLAMES	7
13) Team Flash	6	14) Track Serious	4
15) East End Flyers	2	15) N-Motion TC	2

Men - Intermediate - Team Rankings - 13 Events Scored

1) Central VTrack & Field Cl	52	2) Western Branch TC	42
3) VIRGINIA BEACH FLAMES	31	4) Richmond Heat Track & Spo	27
5) Inside Track	24	6) Beast Boyz	22
7) Pleasantville Striders	20	7) LAZERS TRACK CLUB	20
7) Indian River Speed	20	10) Rockville Striders Youth	19
11) Technique Track Club	16	11) Speed Inc.	16
13) PHASE II	12	14) Cobra TC	10
14) Track Serious Track and Fi	10	16) Lion's Den Track Club	9
17) Norfolk Extremes	3		

Men - Young - Team Rankings - 14 Events Scored

1) Norfolk Real Deal	72	2) Central VTrack & Field C	71
3) Western Branch TC	56	4) VIRGINIA BEACH FLAMES	45
5) Lion's Den Track Club	30	6) Pleasantville Striders	19
7) Virginia Beach Pole Vault	18	8) Rockville Striders Youth	14
9) Track Serious Track and Fi	10	10) Mid City X-Press Track Cl	6
11) East End Flyers	4	12) Technique Track Club	3
13) Speed City Chargers TC	2	14) Speed Inc.	1