

## Technique Relays 2008

Hosted by Technique Track Club  
Darling Stadium Hampton, VA - 5/17/2008  
Results

### 100 Meter Dash Sub-Bantam Girls

Name	Year Team	Seed	Finals	H#	Points
1 Ross, Brayya	INSIDE TRACK	16.00	15.63	6	
2 Crocker, Asia	CHURCHLAND T	16.22	15.92	6	
3 Roach, Mahagony	TECHNIQUE TC	16.47	16.20	6	
4 Simmons, Cache	NORFOLK REAL	15.00	16.25	6	
5 Bunch, Telina	EAST END FLY	15.76	16.47	6	
6 Skinner, Shaila	VIRGINIA BEA	16.23	16.49	6	
7 Parks, Skylar	EAST END FLY	15.89	16.56	6	
8 Atwater, Mariah	TRI-CITY REL	17.00	16.84	5	
9 Parham, Naria	TECHNIQUE TC	16.48	17.03	5	
10 Carter, Koriana	BOYS AND GIR	17.00	17.08	5	
11 Sterling, Jazmine	INSIDE TRACK		17.16	3	
12 Pope, Tamyia	TECHNIQUE TC	17.00	17.25	5	
13 Harper, Brianna	TECHNIQUE TC	17.00	17.45	5	
14 Armstrong, Diamond	VA BEACH FLA	15.45	17.54	6	
15 Pierce, Braila	SURRY PR YOU	17.49	17.65	4	
16 Scott, Trebreh	CHURCHLAND T	18.59	17.96	4	
17 Jacobs, Brooklynn	VIRGINIA BEA		18.14	2	
18 Noel, Elian	NORFOLK EXTR		18.19	1	
19 Washington, Shirell	VA BEACH FLA	17.20	18.22	5	
20 Kittrell, Brielle	CENTRAL VA T	18.10	18.33	4	
21 Dyer, Danielle	TRACK EXPRES		18.48	1	
22 Terrell, Ashley	SPEED INC	20.56	18.65	3	
23 Westshort, Kennedy	WEST END RIC		18.69	2	
24 Utley, Tiara	EAST END FLY	18.00	18.75	4	
25 Hinton, Jade	TRACK SERIOU	18.25	18.77	4	
25 Green, Yasmine	INDIAN RIVER		18.77	1	
27 Jacobs, Amilriyana	INSIDE TRACK		18.84	1	
28 Johnson, Carleah	BOYS AND GIR	19.00	18.93	3	
29 Mackey, Arianna	VIRGINIA BEA	19.00	19.13	4	
30 Brown, Neecole	SUFFOLK STAR	18.00	19.15	4	
31 Harper, Sommer	BOYS AND GIR		19.53	2	
32 Blair, Jayla	SPEED INC		19.60	2	
33 Tukpah, Nailah	TRACK EXPRES		19.90	1	
33 Tisdale, Adia	CENTRAL VA T		19.90	2	
35 Gaston, Imani	EAST END FLY		20.19	2	
36 Massie, Kennedy	CHURCHLAND T	19.09	20.73	3	
37 King, Erika	PARK PLACE L	17.00	21.14	5	
38 Boone, Mya	SUFFOLK STAR	19.00	21.20	4	
39 Hopkins, London	WEST END RIC		21.37	2	
40 Tucker, Madalyn	SUFFOLK STAR	21.00	25.74	3	

### 800 Meter Run Sub-Bantam Girls

Name	Year Team	Seed	Finals	Points
1 Parks, Skylar	EAST END FLY	3:05.00	2:58.54	
2 Phifer, Alexia	SPEED CITY C		3:09.49	

3	Brown, Talieyah	TECHNIQUE TC	3:15.00	3:17.43
4	Smith, Temani	SPEED CITY C		3:18.09
5	Bunch, Telina	EAST END FLY	3:06.00	3:28.17
6	Gurney, Cheyenne	VA BEACH FLA	3:03.00	3:31.69
7	Moore, Kaela	TRI-CITY REL	3:19.22	3:37.09
8	Usher, Jayla	TECHNIQUE TC		3:50.53
9	Jennings, Alexis	TECHNIQUE TC		3:56.09
10	Scott, Trebreh	CHURCHLAND T	3:26.05	3:58.97
11	Davis, Mikayla	TECHNIQUE TC		4:14.66

4x100 Meter Relay Sub-Bantam Girls

Team	Seed	Finals	H#	Points
1 TECHNIQUE TC 'A'	1:08.00	1:09.59	2	
2 INSIDE TRACK 'A'		1:13.13	1	
3 CHURCHLAND TRAILBLAZERS 'A'	1:14.16	1:13.61	2	
4 EAST END FLYERS TC 'A'		1:13.78	1	
5 SPEED CITY CHARGERS 'A'		1:13.86	1	
6 TRI-CITY RELAYS 'A'	1:07.00	1:14.18	2	
7 TECHNIQUE TC 'B'	1:18.00	1:16.62	2	
8 VIRGINIA BEACH PATHFINDERS TRA 'A'	1:19.00	1:18.46	2	
9 TRACK-757 'A'		1:20.41	1	
10 SUFFOLK STARS 'A'	1:23.00	1:25.36	2	

4x200 Meter Relay Sub-Bantam Girls

Team	Seed	Finals	Points
1 TECHNIQUE TC 'A'	2:20.00	2:28.23	
2 TRI-CITY RELAYS 'A'		2:39.03	
3 CHURCHLAND TRAILBLAZERS 'A'	2:38.69	2:46.06	
4 TECHNIQUE TC 'B'	2:30.00	2:50.92	
5 TRACK-757 'A'		2:57.35	
6 VIRGINIA BEACH PATHFINDERS TRA 'A'		3:02.29	

4x400 Meter Relay Sub-Bantam Girls

Team	Seed	Finals	Points
1 SPEED CITY CHARGERS 'A'		5:58.53	
2 TECHNIQUE TC 'A'	5:38.00	6:23.89	

800 Sprint Medley Sub-Bantam Girls

Team	Seed	Finals	Points
1 INSIDE TRACK 'A'		2:41.97	
2 SPEED CITY CHARGERS 'A'		2:45.71	
3 CHURCHLAND TRAILBLAZERS 'A'	2:43.61	2:46.14	
4 TECHNIQUE TC 'A'	2:45.00	2:55.24	
5 BOYS AND GIRLS CLUB OF THE VIR 'A'	3:00.00	2:55.32	
6 TRACK-757 'A'		3:17.72	

Long Jump Sub-Bantam Girls

Name	Year Team	Seed	Finals	Points
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1	Davis, Mikayla	TECHNIQUE TC		8-05.50	2.57m
2	Sterling, Jazmine	INSIDE TRACK		7-11.25	2.41m
3	Gurney, Cheyenne	VA BEACH FLA		7-04.25	2.24m
4	Usher, Jayla	TECHNIQUE TC		6-07.50	2.01m
5	King, Niah	PARK PLACE L	7-00.00	6-05.50	1.96m
6	Washington, Shirell	VA BEACH FLA		6-05.00	1.95m
7	Jennings, Alexis	TECHNIQUE TC		6-04.50	1.94m
8	Tisdale, Adia	CENTRAL VA T	10-00.00	6-01.75	1.87m
9	Pierce, Braila	SURRY PR YOU		6-01.50	1.86m
10	Boone, Mya	SUFFOLK STAR	6-00.00	6-00.50	1.84m
11	Kittrell, Brielle	CENTRAL VA T	9-00.00	6-00.00	1.82m
12	Terrell, Ashley	SPEED INC	6-07.50	5-10.50	1.79m
13	Simmons, Cache	NORFOLK REAL	10-00.00	5-09.00	1.75m
14	Victoria, Seymore	TRACK-757		5-04.50	1.63m
15	Blair, Jayla	SPEED INC		5-03.50	1.61m
15	Mccrary, Destinee	CHURCHLAND T		5-03.50	1.61m
17	Goodman, Solis	SUFFOLK STAR	6-00.00	5-03.00	1.60m
18	Tucker, Madalyn	SUFFOLK STAR	7-00.00	5-00.50	1.53m
19	King, Erika	PARK PLACE L	5-03.00	4-09.50	1.46m
20	Birden, Imani	TECHNIQUE TC		4-09.00	1.44m
--	Westshort, Kennedy	WEST END RIC		ND	
--	Dyer, Danielle	TRACK EXPRES		ND	
--	Atwater, Mariah	TRI-CITY REL	8-00.00	ND	
--	Moore, Kaela	TRI-CITY REL	9-07.00	ND	
--	Noel, Elian	NORFOLK EXTR		ND	
--	Green, Yasmine	INDIAN RIVER		ND	
--	Brown, Neecole	SUFFOLK STAR	10-00.00	ND	
--	Epps, Aniya	TRACK-757		ND	

Shot Put Sub-Bantam Girls

Name	Year Team	Seed	Finals	Points
1	Hopkins, London	WEST END RIC	10-11.00	3.32m
2	King, Niah	PARK PLACE L	6-00.00	2.62m
3	King, Erika	PARK PLACE L	7-00.00	2.57m
4	Noel, Elian	NORFOLK EXTR	6-06.00	1.98m
5	Dyer, Danielle	TRACK EXPRES	6-01.50	1.86m
--	Westshort, Kennedy	WEST END RIC		ND

100 Meter Dash Bantam Girls

Name	Year Team	Seed	Finals	H#	Points
1	Mitchell, Dashai	BOYS AND GIR	13.82	14.12	7
2	Ward, Destiny	TRACK-757	14.40	14.90	7
3	Johnson, Ashley	TECHNIQUE TC	14.99	14.98	6
4	Perry, Lauren	TRACK EXPRES		15.04	2
5	Mcday, Tia	TRI-CITY REL		15.05	1
6	Lee, Dayana	NORFOLK REAL	14.00	15.15	7
7	Johnson, Erykah	VA BEACH FLA	14.12	15.20	7
8	Cobbin, Tatyana	NORFOLK REAL	14.00	15.21	7
9	Toran, Dedra	INSIDE TRACK	15.00	15.28	6
10	Blount, Kori-Madisyn	N-MOTION TC	14.89	15.38	6
11	Macklin, Keausha	TECHNIQUE TC	15.01	15.45	6
12	Mitchell, Amari	VA BEACH FLA	14.20	15.46	7

13	Bailey, Shyloh	VA BEACH FLA	14.54	15.50	7
14	Blackwell, Nijeria	INDIAN RIVER		15.52	1
15	Rountree, Kiera	SUFFOLK STAR	14.70	15.54	7
16	Ellison, Chadaya	CENTRAL VA T		15.59	1
17	Carey, Zaliah	WEST END RIC		15.64	2
18	Hinton, Zykeara	CHURCHLAND T	15.44	15.75	6
19	Edwards, Nia	TECHNIQUE TC	15.01	15.79	6
20	Coles, Trezure	TECHNIQUE TC	15.01	15.81	6
20	Hinton, Joyner	TRACK SERIOU	15.85	15.81	5
22	Jemmott, Amaiya	CENTRAL VA T	17.60	15.86	4
23	Simmons, Aliyah	VIRGINIA BEA		15.96	3
24	Jacobs, Ericka	VIRGINIA BEA		16.12	2
25	Banks, Aleya	CHURCHLAND T	14.87	16.16	6
26	Stafford, Alexis	WEST END RIC		16.19	3
27	Clark, Mercedes	CENTRAL VA T	17.80	16.24	4
28	Thomas, Rashaundra	WEST END RIC		16.35	1
29	Tisdale, Kayla	CENTRAL VA T		16.53	2
30	Hill, Tianna	SURRY PR YOU	17.12	16.55	5
31	Rawlings, Makeba	NORFOLK REAL	16.75	16.57	5
32	Burns, Destiny	VA BEACH FLA	16.07	16.63	5
33	High, Miquira	CHURCHLAND T	22.36	16.64	4
34	Washington, Christina	VIRGINIA BEA	17.00	16.78	5
35	Parker, Ariel	SUFFOLK STAR		16.86	2
36	Wallace, Raejean	N-MOTION TC	17.50	16.88	4
37	Franklin, Armani	SURRY PR YOU	17.17	16.90	4
38	Homes-Spencer, Baliey	VIRGINIA BEA		16.91	2
39	Harston, Jaelynne	EAST END FLY	17.20	16.98	4
40	Purnell, Karena	TRACK-757		17.03	3
41	Kralik, Bryauna	INSIDE TRACK		17.47	3
42	Courtlandt, Andrea	NORFOLK EXTR		17.49	2
43	Moore, Kenyada	BOYS AND GIR		17.77	3
44	Chapman, Tyerra	WEST END RIC		17.87	1
45	Langley, Syncere	INSIDE TRACK		17.89	1
46	Staton, Ashlee	UNATTACHED		19.07	3
47	Washington, Erica	CHURCHLAND T	19.33	19.29	4

#### 800 Meter Run Bantam Girls

Name	Year Team	Seed	Finals	Points
1	Keith, Asia	NORFOLK REAL	2:40.00	2:53.93
2	Saunders, Maya	WEST END RIC		2:57.05
3	Alexander, Cydney	VA BEACH FLA	2:56.08	3:00.34
4	Ferrell, Bryana	CENTRAL VA T	2:48.00	3:00.42
5	Cornelius, Heavenle	VA BEACH FLA	3:01.00	3:05.42
6	Buster, Jasmin	NORFOLK REAL	3:00.00	3:07.73
7	Wilson, Azariel	UNATTACHED	3:19.00	3:08.21
8	Blackwell, Nijeria	INDIAN RIVER		3:16.39
9	Perry, Lauren	TRACK EXPRES		3:17.18
10	Gilchrist, Mikayla	SUFFOLK STAR	3:20.00	3:19.35
11	Riddick, Deja	VA BEACH FLA		3:27.53
12	brown, Amber	TRI-CITY REL		3:28.80
13	Mcday, Tia	TRI-CITY REL		3:29.62
14	Burrell, Mariah	TECHNIQUE TC		3:40.76
15	Watts, Ashlie	WEST END RIC		3:44.27
16	Luster, Jaylin	TRI-CITY JET		3:57.70
17	Smith, Nakeya	TRI-CITY JET		4:07.00

18	Washington, Erica	CHURCHLAND T	3:04.16	4:56.00
--	Chapman, Tyerra	WEST END RIC		DNF
--	Holmes, Camila	WEST END RIC		DNF

1500 Meter Run Bantam Girls

Name	Year Team	Seed	Finals	Points
1 Alexander, Cydney	VA BEACH FLA	5:58.50	6:11.45	
2 Buster, Jasmin	NORFOLK REAL	6:00.00	6:17.86	
3 Cornelius, Heavenle	VA BEACH FLA	6:10.00	6:22.46	
4 Henley, Kelsy	TECHNIQUE TC		8:16.47	

1500 Meter Race Walk Bantam Girls

Name	Year Team	Seed	Finals	Points
1 Brockington, Dasia	TECHNIQUE TC		11:28.91	

4x100 Meter Relay Bantam Girls

Team	Seed	Finals	H#	Points
1 TRACK-757 'A'	58.00	1:02.36	2	
2 NORFOLK REAL DEAL TC 'A'	1:00.00	1:03.20	2	
3 TECHNIQUE TC 'A'	1:01.00	1:03.32	2	
4 WEST END RICHMOND STRIDERS 'A'		1:03.81	1	
5 SPEED CITY CHARGERS 'A'		1:03.88	1	
6 VA BEACH FLAMES TC 'A'	1:02.36	1:05.67	2	
7 CENTRAL VA TRACK FIELD CLUB 'A'	59.10	1:05.77	2	
8 INSIDE TRACK 'A'		1:08.26	1	
9 CHURCHLAND TRAILBLAZERS 'A'	59.16	1:08.76	2	
10 VIRGINIA BEACH PATHFINDERS TRA 'A'		1:08.79	1	
11 SURRY PR YOUTH TC 'A'		1:08.82	1	
12 TECHNIQUE TC 'B'	1:06.00	1:10.79	1	
13 NORFOLK REAL DEAL TC 'B'	1:05.00	1:16.52	2	

4x200 Meter Relay Bantam Girls

Team	Seed	Finals	H#	Points
1 NORFOLK REAL DEAL TC 'A'	1:30.00	2:06.51	2	
2 TECHNIQUE TC 'A'	2:03.00	2:09.91	2	
3 TRACK-757 'A'	1:59.00	2:10.77	2	
4 WEST END RICHMOND STRIDERS 'A'		2:16.47	1	
5 CENTRAL VA TRACK FIELD CLUB 'A'	1:54.10	2:19.65	2	
6 VA BEACH FLAMES TC 'A'	2:26.00	2:20.82	1	
7 NORFOLK REAL DEAL TC 'B'	2:11.00	2:21.98	1	
8 SUFFOLK STARS 'A'	2:00.00	2:21.99	2	
9 CHURCHLAND TRAILBLAZERS 'A'	2:09.07	2:27.48	2	
10 VA BEACH FLAMES TC 'B'	2:30.56	2:29.16	1	
11 VIRGINIA BEACH PATHFINDERS TRA 'A'		2:29.19	1	

4x400 Meter Relay Bantam Girls

Team	Seed	Finals	H#	Points
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1	NORFOLK REAL DEAL TC 'A'	5:00.00	5:06.78	2
2	TECHNIQUE TC 'A'	5:19.00	5:23.58	2
3	WEST END RICHMOND STRIDERS 'A'		5:48.88	1
4	SUFFOLK STARS 'A'	4:00.00	5:55.45	2
5	TECHNIQUE TC 'B'	5:30.00	6:12.38	1
6	VA BEACH FLAMES TC 'A'	5:38.27	6:17.29	1

800 Sprint Medley Bantam Girls

Team	Seed	Finals	Points
1 NORFOLK REAL DEAL TC 'A'		2:13.23	
2 SPEED CITY CHARGERS 'A'		2:17.84	
3 TRACK-757 'A'		2:21.92	
4 WEST END RICHMOND STRIDERS 'A'		2:28.72	
5 CHURCHLAND TRAILBLAZERS 'A'	2:10.86	2:37.70	
6 VA BEACH FLAMES TC 'A'	5:38.06	2:40.41	
7 TECHNIQUE TC 'A'	2:30.00	2:40.47	

Long Jump Bantam Girls

Name	Year Team	Seed	Finals	Points
1 Mitchell, Amari	VA BEACH FLA	13-07.00	12-04.50	3.77m
2 Wilson, Azariel	UNATTACHED	10-03.00	11-02.50	3.41m
3 Macklin, Keausha	TECHNIQUE TC		10-11.25	3.33m
4 Leonard, Jaelan	NORFOLK REAL	13-00.00	10-06.25	3.20m
5 Rountree, Kiera	SUFFOLK STAR	12-00.00	10-02.50	3.11m
5 Clark, Mercedes	CENTRAL VA T	11-00.00	10-02.50	3.11m
7 Watts, Michiah	WEST END RIC		10-02.00	3.09m
7 Blackwell, Nijeria	INDIAN RIVER		10-02.00	3.09m
9 Jones, Ahrea	WEST END RIC		10-00.00	3.04m
10 Mcday, Tia	TRI-CITY REL		9-10.25	3.00m
11 Riddick, Deja	VA BEACH FLA		9-05.50	2.88m
12 Hopkins, Avianna	TRACK-757		9-05.00	2.87m
12 Goodman, Raven	SUFFOLK STAR	9-00.00	9-05.00	2.87m
14 Johnson, Erykah	VA BEACH FLA		8-11.50	2.73m
15 Adkins, Erica	NORFOLK REAL		7-11.00	2.41m
16 Tisdale, Kayla	CENTRAL VA T	11-00.00	7-10.25	2.39m
17 Hill, Tianna	SURRY PR YOU		7-04.50	2.24m
18 Steave, Jady	VA BEACH FLA		7-04.25	2.24m
19 Morelan, Rian	NORFOLK REAL	10-00.00	7-02.50	2.19m
20 Thomas, Rashaundra	WEST END RIC		7-02.00	2.18m
20 Luster, Jaylin	TRI-CITY JET		7-02.00	2.18m
22 Jemmott, Amaiya	CENTRAL VA T	11-00.00	5-11.00	1.80m
23 Smith, Nakeya	TRI-CITY JET		5-07.00	1.70m
24 Chapman, Tyerra	WEST END RIC		2-08.00	0.81m
-- Courtlandt, Andrea	NORFOLK EXTR		ND	
-- Purnell, Karena	TRACK-757		ND	
-- Davis, Gerene	SURRY PR YOU		ND	

Shot Put Bantam Girls

Name	Year Team	Seed	Finals	Points
1 Staton, Ashlee	UNATTACHED		19-03.50	5.88m
2 Keith, Asia	NORFOLK REAL	20-00.00	18-10.75	5.75m

3	Moten, Kayla	TRI-CITY JET		18-03.25	5.56m
4	Brockington, Dasia	TECHNIQUE TC		16-07.00	5.05m
5	Hopkins, Avianna	TRACK-757		16-06.50	5.04m
6	Williams, Victoria	TRACK-757		15-02.00	4.62m
7	Morelan, Rian	NORFOLK REAL		13-10.50	4.22m
8	Perkins-Graves, Deenijza	EAST END FLY		10-05.75	3.19m
9	Smith, Nakeya	TRI-CITY JET		10-05.50	3.18m
10	Luster, Jaylin	TRI-CITY JET		9-09.00	2.97m
11	Watts, Ashlie	WEST END RIC		9-05.00	2.87m
12	Wallace, Raejean	N-MOTION TC	11-07.00	9-03.00	2.81m

100 Meter Dash Midget Girls

Name	Year	Team	Seed	Finals	H#	Points
1		Ray, Chantel	INSIDE TRACK	13.20	13.25	6
2		Snipes, Gabrielle	SUFFOLK STAR	13.60	13.48	6
3		Wedlock, Penchell	NORFOLK REAL	13.40	13.66	6
4		Hilliard, Shaquwana	TECHNIQUE TC	13.00	13.67	6
5		Morrison, Erin	TRI-CITY REL	13.70	13.93	5
6		Parks, Milan	EAST END FLY	12.90	13.98	6
7		Byrom, Ciani	TRI-CITY REL	13.68	14.11	5
8		Bunch, Ashaila	EAST END FLY	13.50	14.18	6
9		Towe, Morgan	VA BEACH FLA		14.25	3
10		Coleman, Sydney	NORFOLK REAL	14.10	14.32	5
11		Hanks, Micah	SPEED INC		14.40	3
12		Williams, Sloan	TRI-CITY REL	14.50	14.51	5
13		Edwards, Briana	INSIDE TRACK		14.85	3
14		McLaughlin, Alanis	N-MOTION TC	13.80	14.97	5
15		Brown, Deja	NORFOLK REAL	14.00	15.00	5
16		Rountree, Tori	SUFFOLK STAR	14.90	15.10	4
17		Williams, Khyla	NORFOLK EXTR		15.15	1
18		Harris, Aja	VA BEACH FLA		15.22	2
19		Hill, Bryonna	SURRY PR YOU	15.61	15.59	4
20		Garnett, Kelcie	TECHNIQUE TC	13.40	15.60	6
21		Mcquay, Wynesha	TRI-CITY JET		15.91	2
22		Boone, Briana	VA BEACH FLA	14.45	15.93	5
23		Cleveland, Ashleigh	CAROLINA LIG		15.94	1
24		Lumpkins, Chelsi	INSIDE TRACK		15.96	1
25		Moore, Lacalar	BOYS AND GIR		15.97	1
26		Brithwaite, Ariana	BOYS AND GIR		16.02	2
27		Randolph, Jessica	SURRY PR YOU	16.34	16.44	4
28		Brown, Kayla	TRACK SERIOU	16.35	16.69	4
29		Copeland, Deion	CHURCHLAND T	16.60	16.75	4
30		Bilbrey, Abigail	INSIDE TRACK		16.85	3
31		Thornton, Jessica	CAROLINA LIG		16.87	2
32		Brown, Keyara	SUFFOLK STAR		17.04	3
33		Ellis, Dejah	SURRY PR YOU	17.20	17.10	4
34		Swain, Atiya	NORFOLK EXTR		17.24	1
35		Patterson, Desiree	SUFFOLK STAR	16.95	17.42	4
36		Courtlandt, Tiffany	NORFOLK EXTR		18.03	2
37		Tarrer, Kennedy	TRI-CITY JET		18.07	3

800 Meter Run Midget Girls

Name	Year	Team	Seed	Finals	Points
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1	Dance, Jahnisha	EAST END FLY	2:50.00	2:51.47
2	Morris, Illisa	RICHMOND HEA		2:51.49
3	Jackson, Ashaunti	INSIDE TRACK		2:51.69
4	Muhammad, Shakuraa	NORFOLK REAL	2:40.00	2:57.49
5	Girona, Alexis	EAST END FLY	2:52.00	2:58.49
6	Roebuck, Cinqua	NORFOLK REAL	3:00.00	3:00.19
7	Dunwoodie, Rickijo	EAST END FLY		3:03.48
8	Robinson, Lauryn	INSIDE TRACK		3:11.65
9	Greenlee, Ashley	TECHNIQUE TC	2:50.00	3:12.24
10	Mcgee, Maya	TRI-CITY REL		3:14.06
11	Bullock, Kaliyah	INSIDE TRACK		3:14.55
12	Moody, Dastaija	TECHNIQUE TC	2:55.00	3:28.90
13	Thompson, Kyana	INSIDE TRACK		3:30.07
14	Cleveland, Ashleigh	CAROLINA LIG	3:33.00	3:31.04
15	Gurney, Irienne	VA BEACH FLA		3:35.52
16	Courtlandt, Tiffany	NORFOLK EXTR		3:55.81
17	Staton, Iamme	UNATTACHED		4:01.30
18	Johnson, Mckenzie	EAST END FLY	3:25.00	4:17.40
--	O'Brien, Jazmyne	VIRGINIA BEA	4:00.00	DNF

#### 1500 Meter Run Midget Girls

Name	Year Team	Seed	Finals	Points
1	Baker, Jackeitha	TRI-CITY REL	5:13.14	5:47.14
2	Girona, Alexis	EAST END FLY	5:50.00	5:53.40
3	Wyatt, Jade	VA BEACH FLA	6:09.00	6:01.76
4	Roebuck, Cinqua	NORFOLK REAL	6:00.00	6:07.17
5	Hughes, Celina	VA BEACH FLA		6:44.11
6	Woods, Maia	EAST END FLY		7:49.91
7	Staton, Iamme	UNATTACHED		8:45.80

#### 1500 Meter Race Walk Midget Girls

Name	Year Team	Seed	Finals	Points
1	Pinto, Madison	UNATTACHED	9:45.04	
2	Patterson, Ryana	SPEED CITY C	10:29.91	
3	Moody, Dastaija	TECHNIQUE TC	10:37.21	
4	Welch, Samiah	SPEED CITY C	11:01.44	
5	Preayer, Breona	SPEED CITY C	11:11.71	
6	Bilbrey, Abigail	INSIDE TRACK	11:14.78	
7	Garnett, Kelcie	TECHNIQUE TC	11:29.52	
8	Thompson, Kyana	INSIDE TRACK	11:29.54	

#### 4x100 Meter Relay Midget Girls

Team	Seed	Finals	H#	Points
1	EAST END FLYERS TC 'A'	53.47	55.13	2
2	TRI-CITY RELAYS 'A'	55.32	55.47	2
3	TECHNIQUE TC 'A'	53.00	55.97	2
4	TRI-CITY RELAYS 'B'	56.00	56.20	2
5	TRACK-757 'A'	53.00	57.71	2
6	NORFOLK EXTREMES TC 'A'	58.08	57.96	1
7	VA BEACH FLAMES TC 'A'	56.21	59.73	2
8	CHURCHLAND TRAILBLAZERS 'A'	56.59	59.87	2

9	BOYS AND GIRLS CLUB OF THE VIR 'A'	57.00	1:00.50	1
10	TECHNIQUE TC 'B'	56.00	1:01.33	2
11	INSIDE TRACK 'A'		1:01.42	1
12	SPEED CITY CHARGERS 'A'		1:06.13	1
13	SURRY PR YOUTH TC 'A'	1:06.80	1:08.79	1
14	CHURCHLAND TRAILBLAZERS 'B'	59.24	1:08.94	1
15	SUFFOLK STARS 'A'	1:10.00	1:10.43	1

#### 4x200 Meter Relay Midget Girls

Team	Seed	Finals	H#	Points
1 EAST END FLYERS TC 'A'	1:55.00	1:54.19	2	
2 TRI-CITY RELAYS 'A'	1:48.00	1:58.15	2	
3 TECHNIQUE TC 'A'	1:00.00	1:58.59	2	
4 NORFOLK EXTREMES TC 'A'		1:59.63	1	
5 TRACK-757 'A'	1:58.00	1:59.88	1	
6 NORFOLK REAL DEAL TC 'A'	1:55.00	2:01.16	2	
7 TRI-CITY RELAYS 'B'	1:50.00	2:05.68	2	
8 CHURCHLAND TRAILBLAZERS 'A'	1:57.49	2:05.78	2	
9 VA BEACH FLAMES TC 'A'	2:15.00	2:07.62	1	
10 BOYS AND GIRLS CLUB OF THE VIR 'A'	2:10.00	2:08.92	1	
11 SPEED CITY CHARGERS 'A'		2:09.59	1	
12 CHURCHLAND TRAILBLAZERS 'B'	1:59.81	2:19.80	1	

#### 4x400 Meter Relay Midget Girls

Team	Seed	Finals	H#	Points
1 TRI-CITY RELAYS 'A'	4:34.00	4:35.24	2	
2 NORFOLK REAL DEAL TC 'A'	4:45.00	4:45.32	2	
3 EAST END FLYERS TC 'A'	4:49.00	4:45.82	2	
4 TRACK-757 'A'	4:30.00	4:46.80	2	
5 NORFOLK EXTREMES TC 'A'	4:54.09	4:50.69	2	
6 TECHNIQUE TC 'A'		4:57.23	1	
7 TRI-CITY RELAYS 'B'	4:45.00	5:09.35	2	
8 CHURCHLAND TRAILBLAZERS 'A'	5:00.92	5:12.68	1	
9 BOYS AND GIRLS CLUB OF THE VIR 'A'	5:00.00	5:14.03	1	
10 INSIDE TRACK 'A'	4:45.00	5:21.14	2	
11 EAST END FLYERS TC 'B'	5:09.00	5:33.04	1	
12 CHURCHLAND TRAILBLAZERS 'B'	5:02.32	6:19.21	1	

#### 4x800 Meter Relay Midget Girls

Team	Seed	Finals	Points
1 EAST END FLYERS TC 'A'		11:37.90	
2 SPEED CITY CHARGERS 'A'		11:46.91	
3 NORFOLK REAL DEAL TC 'A'	11:30.00	11:58.79	
4 VA BEACH FLAMES TC 'A'		12:03.25	
5 VA BEACH FLAMES TC 'B'		14:16.00	

#### 1600 Sprint Medley Midget Girls

Team	Seed	Finals	H#	Points
1 TRI-CITY RELAYS 'A'	4:38.00	4:55.05	2	

2	TRACK-757 'A'		5:02.76	1
3	INSIDE TRACK 'A'		5:09.04	1
4	TECHNIQUE TC 'A'	4:40.00	5:11.31	2
5	CHURCHLAND TRAILBLAZERS 'A'	5:01.27	5:13.05	2
6	EAST END FLYERS TC 'A'	5:00.00	5:14.21	2
7	TRI-CITY RELAYS 'B'	4:50.00	5:26.37	2
8	VA BEACH FLAMES TC 'A'	4:30.50	5:32.14	2
9	INSIDE TRACK 'B'		5:56.93	1
10	CHURCHLAND TRAILBLAZERS 'B'	5:03.86	6:10.17	1

#### Long Jump Midget Girls

Name	Year Team	Seed	Finals	Points
1 Snipes, Gabrielle	SUFFOLK STAR	14-04.00	14-02.25	4.32m
2 Parks, Milan	EAST END FLY	15-05.00	14-01.00	4.29m
3 Roberts, Makaila	TRI-CITY REL	13-00.00	13-05.00	4.08m
4 Johnson, Nichele	EAST END FLY	12-00.00	12-08.00	3.86m
5 Wyatt, Jade	VA BEACH FLA	13-07.00	12-07.50	3.84m
6 Mumford, Ila	TRI-CITY REL	11-04.00	11-11.00	3.63m
7 Davis, Sydney	NORFOLK REAL	13-00.00	11-06.50	3.51m
8 Franklin, Jamilla	TECHNIQUE TC		11-05.50	3.49m
9 Rountree, Tori	SUFFOLK STAR		11-03.50	3.44m
10 Hanks, Micah	SPEED INC	14-05.00	11-01.00	3.37m
11 Mcquay, Wynesha	TRI-CITY JET		10-10.00	3.30m
12 Boone, Briana	VA BEACH FLA		10-06.50	3.21m
13 Cleveland, Ashleigh	CAROLINA LIG	10-08.00	10-02.75	3.11m
14 Patterson, Desiree	SUFFOLK STAR	10-10.00	9-09.00	2.97m
15 Muhammad, Shakuraa	NORFOLK REAL		9-04.50	2.85m
16 Hill, Bryonna	SURRY PR YOU		9-04.25	2.85m
17 Atwater, Marie	TRI-CITY REL		9-02.75	2.81m
18 Thornton, Jessica	CAROLINA LIG		7-02.50	2.19m
19 Swain, Atiya	NORFOLK EXTR		7-01.00	2.15m
20 Cram, Alyssa	SURRY PR YOU		6-10.75	2.10m
-- Williams, Khyla	NORFOLK EXTR		ND	
-- Cotman, Tadaja	SUFFOLK STAR		ND	
-- Courtlandt, Tiffany	NORFOLK EXTR		ND	
-- Copeland, Deion	CHURCHLAND T		ND	
-- Morris, Illisa	RICHMOND HEA		ND	

#### Shot Put Midget Girls

Name	Year Team	Seed	Finals	Points
1 Cole, Ruby	NORFOLK EXTR		25-04.00	7.72m
2 Usher, Kitana	TECHNIQUE TC		23-01.50	7.04m
3 Williams, Lakisha	NORFOLK EXTR		22-00.00	6.70m
3 Staton, Iamme	UNATTACHED		22-00.00	6.70m
5 Harris, Aja	VA BEACH FLA		21-07.00	6.57m
6 Wedlock, Penchell	NORFOLK REAL		20-07.75	6.29m
7 McLaughlin, Alanis	N-MOTION TC		19-11.50	6.08m
8 Dunwoodie, Rickijo	EAST END FLY		18-06.00	5.63m
9 Ferebee, Drew	NORFOLK EXTR		18-03.50	5.57m
10 Johnson, Mckenzie	EAST END FLY		17-06.50	5.34m
11 Cleveland, Ashleigh	CAROLINA LIG	12-03.00	15-11.00	4.85m
12 Tarrer, Kennedy	TRI-CITY JET	25-00.00	15-08.50	4.78m
13 Doherty, Olivia	CAROLINA LIG		15-04.00	4.67m

14	Ward, Nadiya	NORFOLK EXTR		14-04.00	4.36m
--	Wilkerson, Deja	WEST END RIC		ND	
--	Jarrett, Tahtiana	TRI-CITY REL		ND	
--	Brown, Kayla	TRACK SERIOU	17-07.00	ND	
--	Thetford, Alyxandra	TRI-CITY REL		ND	
--	Ragin, Hydeia	BOYS AND GIR		ND	

Discus Throw Midget Girls

Name	Year Team	Seed	Finals	Points
1 Mclaughlin, Alanis	N-MOTION TC		49-11	15.21m
2 Williams, Lakisha	NORFOLK EXTR		45-07	13.89m
3 Doherty, Olivia	CAROLINA LIG		45-05	13.84m
4 Tarrer, Kennedy	TRI-CITY JET		32-03	9.82m
5 Johnson, Mckenzie	EAST END FLY		31-01	9.47m
6 Williams, Khyla	NORFOLK EXTR		25-04	7.72m
7 Garnett, Kelcie	TECHNIQUE TC		22-01	6.73m
8 Harris, Aja	VA BEACH FLA		20-11	6.37m
9 Swain, Atiya	NORFOLK EXTR		9-11	3.02m

100 Meter Dash Youth Girls

Name	Year Team	Seed	Finals	H#	Points
1 Taylor, Taranisha	NORFOLK REAL	12.40	12.70	6	
2 Scott, Shandell	PARK PLACE L	12.75	12.90	6	
3 Cuffee, Anise	TECHNIQUE TC	12.30	12.91	6	
4 sharp, Olecia	CENTRAL VA T		12.97	2	
5 Gregory, Jade	N-MOTION TC	13.76	13.40	5	
6 Bruce, Nakyrarah	TRI-CITY JET	12.90	13.52	6	
7 Stevens, Chelsie	TRACK EXPRES		13.58	1	
8 Roberts, Chantel	SUFFOLK STAR		13.62	2	
8 Moore, Alexia	NORFOLK REAL	13.95	13.62	5	
8 Moore, Deja	TECHNIQUE TC	13.00	13.62	6	
11 Whitney, Ciara	N-MOTION TC	13.68	13.63	5	
12 Carney, Taira	CENTRAL VA T		13.79	2	
13 Smith, Fatasia	TECHNIQUE TC	12.40	13.98	6	
14 Smith, Sade	VIRGINIA BEA	16.00	14.07	4	
15 Gould, Octavia	SUFFOLK STAR		14.13	2	
16 Brown, Ronicia	CHURCHLAND T	14.21	14.23	5	
17 Marshall, Ivana	SURRY PR YOU	13.89	14.36	5	
18 Hatton, Kanitra	CHURCHLAND T	14.47	14.37	4	
19 Thompson, Diyea	TRI-CITY JET	12.50	14.39	6	
20 Jones, Tallia	CENTRAL VA T	14.45	14.41	5	
21 Henry, Alexxus	INSIDE TRACK	14.20	14.44	5	
22 Pace, Cortni	WEST END RIC		14.53	3	
23 Dubois, Brandy	CHURCHLAND T	14.67	14.60	4	
24 Jones, Mashea	CHURCHLAND T	14.87	14.84	4	
25 Tucker, Shayron	BOYS AND GIR		14.85	3	
26 Vanegas, Kamah	SPEED CITY C		14.90	2	
27 Bullock, Avery	WEST END RIC		14.91	2	
28 Cornick, Alexis	SURRY PR YOU	15.42	14.99	4	
29 Smith, Briana	INSIDE TRACK		15.07	1	
30 Marrow, Kimberly	INSIDE TRACK		15.23	1	
31 Reese, Shaundrayia	CAROLINA LIG	14.00	15.43	5	
32 Myers, Taylor	BOYS AND GIR		15.70	1	

33	Clemons, Jessica	SPEED INC		15.72	3
34	Lawrence, Larita	SURRY PR YOU	15.31	16.65	4
35	Evans, Delonda	SURRY PR YOU		17.14	3
36	Courtlandt, Shontahveon	NORFOLK EXTR		19.19	1

800 Meter Run Youth Girls

Name	Year	Team	Seed	Finals	Points
1	Wilson, Samiiah	UNATTACHED	2:30.00	2:29.90	
2	Gregory, Jade	N-MOTION TC	2:30.44	2:36.37	
3	Wright, Chelsea	NORFOLK REAL		2:38.61	
4	Saab, Gabrielle	TRI-CITY REL	2:39.00	2:39.55	
5	Powell, Divonnie	TRI-CITY REL	2:39.00	2:50.89	
6	Edwards, Jnai	TECHNIQUE TC	2:35.00	2:56.41	
7	Edwards, Somora	TRI-CITY REL	2:37.00	2:57.60	
8	Scott, Shandell	PARK PLACE L	2:50.00	2:58.57	
9	Bullock, Avery	WEST END RIC		2:59.80	
10	Davis, Leighanne	CAROLINA LIG	2:59.69	3:05.27	
11	Barrow, Katrice	TECHNIQUE TC	2:40.00	3:05.43	
12	Craig, Chavanti	WEST END RIC		3:06.31	
13	Perry, Makala	NORFOLK REAL		3:08.01	
14	Smith, Briana	INSIDE TRACK		3:11.05	
15	Collins, Alicia	NORFOLK REAL		3:15.78	
16	Viney, Imani	TECHNIQUE TC		3:17.95	
17	Marrow, Kimberly	INSIDE TRACK		3:18.11	
18	Whitney, Ciara	N-MOTION TC	3:10.75	3:27.87	
19	Abdullah-Mohammed, Julya	EAST END FLY		3:29.36	
20	Pace, Cortni	WEST END RIC		4:10.18	

1500 Meter Run Youth Girls

Name	Year	Team	Seed	Finals	Points
1	Wilson, Samiiah	UNATTACHED	5:16.00	5:16.99	
2	Wright, Chelsea	NORFOLK REAL		5:34.41	
3	Powell, Divonnie	TRI-CITY REL	5:33.00	5:43.55	
4	Gregory, Jade	N-MOTION TC	5:28.84	5:46.53	
5	Smith, Briana	INSIDE TRACK		6:01.44	
6	Davis, Leighanne	CAROLINA LIG	6:13.39	6:09.43	
7	Coleman, Corey	BOYS AND GIR	5:50.00	6:18.85	
8	Craig, Chavanti	WEST END RIC		6:44.42	

1500 Meter Race Walk Youth Girls

Name	Year	Team	Seed	Finals	Points
1	Dubois, Brandy	CHURCHLAND T		11:04.20	
2	Brock, Iesha	SPEED CITY C		11:09.39	
3	Courtlandt, Shontahveon	NORFOLK EXTR		11:10.17	
4	Everson, Alexis	SPEED CITY C		11:10.94	
5	Lyons, Brayannah	CHURCHLAND T		11:58.22	
6	Viney, Imani	TECHNIQUE TC		12:25.32	

4x100 Meter Relay Youth Girls

Team	Seed	Finals	Points
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1	TECHNIQUE TC 'A'	49.00	51.95
2	CENTRAL VA TRACK FIELD CLUB 'A'	55.65	52.82
3	BOYS AND GIRLS CLUB OF THE VIR 'A'	52.80	54.33
4	SUFFOLK STARS 'A'	56.29	56.48
5	NORFOLK EXTREMES TC 'A'	57.11	56.88
6	INSIDE TRACK 'A'		57.16
7	CHURCHLAND TRAILBLAZERS 'A'	50.87	57.17
8	TRACK-757 'A'	51.00	59.54

#### 4x200 Meter Relay Youth Girls

Team	Seed	Finals	Points
1	CENTRAL VA TRACK FIELD CLUB 'A'	1:51.01	1:47.80
2	TECHNIQUE TC 'A'	1:50.00	1:48.49
3	NORFOLK REAL DEAL TC 'A'	1:45.00	1:53.95
4	BOYS AND GIRLS CLUB OF THE VIR 'A'	1:55.00	1:56.47
5	CHURCHLAND TRAILBLAZERS 'A'	1:48.38	2:00.43
6	NORFOLK EXTREMES TC 'A'		2:01.15
7	TRACK-757 'A'	1:31.00	2:01.40
8	SUFFOLK STARS 'A'		2:06.45

#### 4x400 Meter Relay Youth Girls

Team	Seed	Finals	Points
1	BOYS AND GIRLS CLUB OF THE VIR 'A'	4:38.00	4:39.74
2	CHURCHLAND TRAILBLAZERS 'A'	4:20.53	4:51.79
3	BOYS AND GIRLS CLUB OF THE VIR 'B'	5:00.00	5:04.43
4	EAST END FLYERS TC 'A'		5:17.54
5	TECHNIQUE TC 'A'		5:31.31

#### 4x800 Meter Relay Youth Girls

Team	Seed	Finals	Points
1	BOYS AND GIRLS CLUB OF THE VIR 'A'	13:00.00	12:24.05
2	TECHNIQUE TC 'A'		13:13.38

#### 1600 Sprint Medley Youth Girls

Team	Seed	Finals	Points
1	TECHNIQUE TC 'A'	4:30.00	4:40.97
2	NORFOLK REAL DEAL TC 'A'	4:35.00	4:48.50
3	TRI-CITY RELAYS 'A'	4:36.00	4:54.54
4	CHURCHLAND TRAILBLAZERS 'A'	4:39.32	5:01.55
5	TRI-CITY RELAYS 'B'	4:42.00	5:04.85
6	SPEED CITY CHARGERS 'A'		5:09.66
7	EAST END FLYERS TC 'A'		5:54.71

#### Long Jump Youth Girls

Name	Year Team	Seed	Finals	Points
1	Shufford, Jenira	TECHNIQUE TC	14-04.00	4.36m

2	Roberts, Chantel	SUFFOLK STAR	13-07.00	13-03.00	4.03m
3	Gould, Octavia	SUFFOLK STAR		12-07.50	3.84m
4	Williams, Breanna	NORFOLK EXTR		12-05.50	3.79m
5	Lee, Kayla	TRI-CITY JET	16-00.00	12-05.00	3.78m
6	Bruce, Nakyrarah	TRI-CITY JET	15-00.00	12-04.50	3.77m
7	Bullock, Avery	WEST END RIC		12-03.50	3.74m
7	Dubois, Brandy	CHURCHLAND T		12-03.50	3.74m
9	Clark, Brittani	BOYS AND GIR		12-01.50	3.69m
10	Hopson, Dorothy	TECHNIQUE TC		12-01.00	3.68m
11	Tonsall, Teasia	NORFOLK EXTR		12-00.00	3.65m
12	Perry, Makala	NORFOLK REAL		10-06.75	3.21m
--	Bivins, Kiana	BOYS AND GIR		ND	
--	Tucker, Shayron	BOYS AND GIR		ND	
--	Melton, Erickina	NORFOLK EXTR		ND	
--	Courtlandt, Shontahveon	NORFOLK EXTR		ND	
--	Pace, Cortni	WEST END RIC		ND	
--	Moore, Alexia	NORFOLK REAL	14-00.00	ND	

#### Shot Put Youth Girls

Name	Year Team	Seed	Finals	Points	
1	Gray, Kierra	HAMPTON BLAZ	35-02.00	34-00.50	10.37m
2	Hopson, Dorothy	TECHNIQUE TC		29-11.50	9.13m
3	Barrow, Katrice	TECHNIQUE TC		27-03.50	8.31m
4	Noel, Lawren	NORFOLK EXTR		25-08.00	7.82m
5	Reese, Shaundrayia	CAROLINA LIG	27-00.00	25-05.00	7.74m
6	Davis, Leighanne	CAROLINA LIG	27-07.25	25-00.50	7.63m
7	Lyons, Brayannah	CHURCHLAND T		24-04.25	7.42m
8	Washington, Kathleen	TRACK-757		23-03.50	7.09m
9	Everson, Alexis	SPEED CITY C		22-04.00	6.80m
10	Ellis, Hyleah	EAST END FLY	34-00.00	21-10.00	6.65m
11	Johnson, Morgan	EAST END FLY		21-03.25	6.48m

#### Discus Throw Youth Girls

Name	Year Team	Seed	Finals	Points	
1	Gray, Kierra	HAMPTON BLAZ	72-01	73-08	22.45m
2	Lyons, Brayannah	CHURCHLAND T		67-02	20.47m
3	Hopson, Dorothy	TECHNIQUE TC		59-05.25	18.11m
4	Ellis, Hyleah	EAST END FLY	60-00	52-01	15.87m
5	Reese, Shaundrayia	CAROLINA LIG	56-00	47-02.50	14.38m
6	Everson, Alexis	SPEED CITY C		42-01	12.82m
7	Andrew, Zana	EAST END FLY	37-00	37-08.50	11.49m

#### 4x200 Meter Relay Intermediate Girls

Team	Seed	Finals	Points
1	TECHNIQUE TC 'A'	1:50.00	1:50.92
2	CHURCHLAND TRAILBLAZERS 'A'	1:56.38	1:52.35
3	TRI-CITY JETS TC 'A'		1:52.40
4	VIRGINIA BEACH PATHFINDERS TRA 'A'		1:53.96

#### 1600 Sprint Medley Intermediate Girls

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Team	Seed	Finals	Points
1 TECHNIQUE TC 'A'	4:30.00	4:49.23	

100 Meter Dash Primary Girls

Name	Year Team	Seed	Finals	H#	Points
1 Nicholson, Janiah	NORFOLK EXTR		17.56	2	
2 Hinton, Ahzyah	CHURCHLAND T	18.10	18.75	3	
3 Bruce, Nyah	TRI-CITY JET		19.03	1	
4 Blair, Nayla	SPEED INC		19.41	1	
5 Kelly, Neondra	SURRY PR YOU	20.01	19.62	3	
6 Rountree, Alexis	SUFFOLK STAR	20.00	19.65	3	
7 Bell, Genesis	TRACK-757		20.05	2	
8 Harris, Makiah	INSIDE TRACK		20.42	1	
9 Saunders, Janelle	INSIDE TRACK		20.76	1	
10 Slaughter, Desire	VIRGINIA BEA	25.00	21.52	2	
11 Packer, Tacorya	INDIAN RIVER		22.22	1	
12 Fuller, Naiya	TRI-CITY REL	18.00	22.82	3	
13 Cannon, Tatiyana	TRI-CITY REL	16.00	22.86	3	
14 Moore, Lauryn	BOYS AND GIR	21.10	23.27	3	
15 Clark, Alexis	CENTRAL VA T		23.42	2	
16 Stevens, Hunter	TRI-CITY JET		24.39	2	
17 Goodman, Zenia	SUFFOLK STAR		24.56	2	
18 Martin, Grace	VIRGINIA BEA		25.30	1	
19 Massie, Caroline	CHURCHLAND T	20.01	26.28	3	
20 Birden, Toni	TECHNIQUE TC		26.53	2	

100 Meter Dash Intermediate Women

Name	Year Team	Seed	Finals	H#	Points
1 Combs, Rashaun	TECHNIQUE TC	12.30	12.73	3	
2 Langford, Keona	SPEED CITY C		13.23	1	
3 James, Shkemea	TECHNIQUE TC	12.40	13.30	3	
4 Richard, Jamesha	CHURCHLAND T	13.34	13.37	2	
5 Smalley, Takera	CHURCHLAND T	13.23	13.41	3	
6 Lott, Jasmine	TECHNIQUE TC		13.46	2	
7 Forbes, Jazmine	TRI-CITY JET	12.50	13.48	3	
8 Wyche, Debresha	CENTRAL VA T	13.20	13.71	3	
9 Green, Gabrielle	VIRGINIA BEA	15.00	13.76	2	
10 Tanner, Chantikqua	TRI-CITY JET		13.79	1	
11 Smith, Sydney	VIRGINIA BEA	14.67	13.87	2	
12 Smith, Melina	CHURCHLAND T	14.32	13.91	2	
13 Cleveland, Rachelle	CAROLINA LIG	13.00	14.06	3	
14 Hinton, Dariel	CHURCHLAND T	14.60	14.12	2	
15 Johnson, Shannon	TRI-CITY JET	12.90	14.31	3	
16 Ellis, Nashelle	SURRY PR YOU	15.00	14.57	2	
17 Mitchell, Chelsea	NORFOLK EXTR		14.72	1	
18 Stockton, Aysia	TRI-CITY JET		14.75	1	
19 Odom, Niosha	TECHNIQUE TC		15.00	1	
20 Ray, Jasmine	SUFFOLK STAR		15.29	1	

800 Meter Run Intermediate Women

Name	Year Team	Seed	Finals	Points
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1	Langford, Keona	SPEED CITY C		2:40.05
2	Tavenier, Alex	CAROLINA LIG	2:40.00	2:43.11
3	Pelzer, Chantice	TRI-CITY REL		2:44.06
4	Cleveland, Rachelle	CAROLINA LIG	2:53.00	3:02.44

#### 1500 Meter Run Intermediate Women

Name	Year Team	Seed	Finals	Points
1	Augins, Nicole	NORFOLK REAL	5:15.00	5:23.57
2	Tavenier, Alex	CAROLINA LIG	5:25.00	5:33.43

#### 4x100 Meter Relay Intermediate Women

Team	Seed	Finals	Points
1	TECHNIQUE TC 'A'	51.00	52.68
2	CHURCHLAND TRAILBLAZERS 'A'	48.29	53.25
3	VIRGINIA BEACH PATHFINDERS TRA 'A'	55.00	54.43
4	TRI-CITY JETS TC 'A'		55.86

#### 4x400 Meter Relay Intermediate Women

Team	Seed	Finals	Points
1	CHURCHLAND TRAILBLAZERS 'A'	4:00.29	4:48.38

#### Long Jump Intermediate Women

Name	Year Team	Seed	Finals	Points
1	Richard, Jamesha	CHURCHLAND T	14-09.00	4.49m
2	Cleveland, Rachelle	CAROLINA LIG	15-00.00	4.43m
3	Mitchell, Chelsea	NORFOLK EXTR	14-05.50	4.40m
4	Forbes, Jazmine	TRI-CITY JET	17-00.00	4.36m
5	Stockton, Aysia	TRI-CITY JET	15-00.00	3.72m
6	Ray, Jasmine	SUFFOLK STAR	12-01.50	3.69m

#### Shot Put Intermediate Women

Name	Year Team	Seed	Finals	Points
1	Oliver, Danielle	TRI-CITY JET	30-03.00	9.22m
2	Barrow, Terrika	TECHNIQUE TC	27-05.00	8.35m
3	Cross, Christina	SUFFOLK STAR	23-03.50	7.82m
4	Mitchell, Chelsea	NORFOLK EXTR	25-01.00	7.64m
5	Cleveland, Rachelle	CAROLINA LIG	27-00.00	7.21m

#### Discus Throw Intermediate Women

Name	Year Team	Seed	Finals	Points
1	Oliver, Danielle	TRI-CITY JET	102-00	26.21m
2	Mitchell, Chelsea	NORFOLK EXTR	57-04	17.47m
3	Barrow, Terrika	TECHNIQUE TC	52-05.50	15.98m
4	Cross, Christina	SUFFOLK STAR	52-00	15.77m

100 Meter Dash Sub-Bantam Boys

Name	Year	Team	Seed	Finals	H#	Points
1 Goode, Donovan		CENTRAL VA T		15.41	1	
2 Forman, Cameron		NORFOLK REAL	16.00	15.44	6	
3 Fogle, Ethan		TRACK EXPRES		15.66	2	
4 Johnson, Jermaine		TRACK EXPRES		15.71	3	
5 Moore, Jalen		NORFOLK REAL	15.82	15.81	6	
6 Purvy, Blanton		CHURCHLAND T	16.44	15.89	5	
7 Mcmillian, Jaquan		TRI-CITY REL	16.78	15.98	5	
8 Carter, Jasper		NORFOLK REAL	15.95	16.14	6	
9 Midgett, Keyonte		CHURCHLAND T	16.42	16.47	5	
10 Howard, Dezmen		NORFOLK REAL	16.30	16.50	5	
11 Brown, Tashawn		CHURCHLAND T	16.25	16.59	6	
12 Land, Tayvion		VA BEACH FLA	15.29	16.96	6	
13 Tarrer, Isaiah		TRI-CITY JET		17.01	1	
14 Webb, Antonio		PARK PLACE L	16.60	17.03	5	
15 Woods, Yosef		CHURCHLAND T	17.10	17.16	5	
16 Dosunmu, Semisemiu		TRACK EXPRES		17.19	3	
17 Lewis, Jabril		VIRGINIA BEA	17.09	17.24	5	
18 Packer, Corey		INDIAN RIVER		17.33	4	
18 Lewisiii, Rodney		SURRY PR YOU	17.75	17.33	5	
20 Harris, Michai		WEST END RIC		17.52	1	
21 Blow, Tyshawn		INDIAN RIVER		17.53	1	
22 Boyer, Simon		INSIDE TRACK		17.60	3	
23 Henderson, Tavion		SPEED CITY C		17.71	4	
24 Jackson, Marcus		WEST END RIC		17.88	2	
25 Wilson, Jaedun		NORFOLK EXTR		17.89	2	
26 Edwards, Antwan		INSIDE TRACK		17.96	4	
27 Hicks, Christian		TRI-CITY REL	18.56	17.99	4	
28 Hurdle, Kendric		INDIAN RIVER		18.00	2	
29 Jacobs, Jmilriyon		INSIDE TRACK		18.01	3	
30 Goodson, Arlen		TECHNIQUE TC		18.15	1	
31 Love, Christopher		SUFFOLK STAR	18.00	18.18	4	
32 Wright, Zahmel		INSIDE TRACK		18.27	3	
33 Jenkins, Jaiden		TECHNIQUE TC		18.72	1	
34 Eaton, Devin		NORFOLK EXTR		18.85	2	
35 Moody, Jathniel		TECHNIQUE TC		19.29	2	
36 Timite, Housman		TRACK EXPRES		19.36	3	
37 Baldwin, Myles		TECHNIQUE TC		19.70	2	
38 Harold, Myles		INDIAN RIVER		19.92	4	
39 Bunchiii, Calvin		EAST END FLY		20.50	3	

800 Meter Run Sub-Bantam Boys

Name	Year	Team	Seed	Finals	Points
1 Wilson, Dallas		CHURCHLAND T	3:10.15	3:15.36	
2 Daniel, Cedrin		NORFOLK REAL	3:50.00	3:17.38	
3 Goode, Donovan		CENTRAL VA T	3:00.00	3:18.24	
4 Webb, Antonio		PARK PLACE L	4:00.00	3:30.12	
5 Lewis, Jabril		VIRGINIA BEA		3:30.38	
6 Stevens, William		TRI-CITY JET		3:43.16	
7 Moore, Jalen		NORFOLK REAL	3:35.00	3:44.60	
8 Jackson, Marcus		WEST END RIC		3:45.71	

9	Johns, Ronald	VA BEACH FLA		3:49.99
10	Dunwoodie, Connor	EAST END FLY	3:45.00	3:53.84
11	Butts, Danarre	CHURCHLAND T	3:04.56	3:57.09
12	Harris, Michai	WEST END RIC		3:57.94
13	Tarrer, Isaiah	TRI-CITY JET		3:58.50
14	Washington, Brian	CHURCHLAND T	3:21.12	4:05.62
15	Hoffmann, Tyler	INDIAN RIVER		4:20.03

4x100 Meter Relay Sub-Bantam Boys

Team	Seed	Finals	H#	Points
1 NORFOLK REAL DEAL TC 'A'	1:04.00	1:05.90	2	
2 TRACK EXPRESS TC 'A'	1:04.00	1:06.64	2	
3 VA BEACH FLAMES TC 'A'		1:10.03	1	
4 CHURCHLAND TRAILBLAZERS 'A'	1:10.46	1:11.71	2	
5 TRI-CITY RELAYS 'A'	1:08.00	1:12.73	2	
6 CHURCHLAND TRAILBLAZERS 'B'	1:11.26	1:12.78	1	
7 BOYS AND GIRLS CLUB OF THE VIR 'A'	1:15.00	1:15.30	1	
8 TECHNIQUE TC 'A'	1:14.00	1:18.66	1	
9 TRACK-757 'A'	1:09.00	1:18.71	2	
10 INDIAN RIVER SPEED 'A'		1:20.48	1	

4x200 Meter Relay Sub-Bantam Boys

Team	Seed	Finals	H#	Points
1 NORFOLK REAL DEAL TC 'A'	2:35.00	2:20.79	2	
2 TRACK EXPRESS TC 'A'	2:30.00	2:26.18	2	
3 CHURCHLAND TRAILBLAZERS 'A'	2:36.83	2:28.21	2	
4 BOYS AND GIRLS CLUB OF THE VIR 'A'	2:40.00	2:31.91	1	
5 CHURCHLAND TRAILBLAZERS 'B'	2:40.10	2:36.34	1	
6 VA BEACH FLAMES TC 'A'		2:36.37	1	
7 TECHNIQUE TC 'A'	2:00.00	2:53.51	2	
8 CHURCHLAND TRAILBLAZERS 'C'	2:55.20	3:00.50	1	
9 TRACK-757 'A'		3:04.77	1	

4x400 Meter Relay Sub-Bantam Boys

Team	Seed	Finals	Points
1 NORFOLK REAL DEAL TC 'A'	6:20.00	5:46.78	
2 CHURCHLAND TRAILBLAZERS 'A'	6:27.68	6:42.88	
3 CHURCHLAND TRAILBLAZERS 'B'	6:35.26	7:24.42	

800 Sprint Medley Sub-Bantam Boys

Team	Seed	Finals	Points
1 NORFOLK REAL DEAL TC 'A'	2:40.00	2:25.53	
2 TRACK EXPRESS TC 'A'	2:20.00	2:30.49	
3 CHURCHLAND TRAILBLAZERS 'A'	2:38.51	2:36.80	
4 VA BEACH FLAMES TC 'A'		2:41.63	
5 TRACK-757 'A'		2:58.86	
6 CHURCHLAND TRAILBLAZERS 'B'	2:40.19	3:10.16	
7 TECHNIQUE TC 'A'	2:50.00	3:10.18	

Long Jump Sub-Bantam Boys

Name	Year Team	Seed	Finals	Points
1 Lewisiii, Rodney	SURRY PR YOU		9-09.00	2.97m
2 Carter, Jasper	NORFOLK REAL	9-00.00	9-06.00	2.89m
3 Packer, Corey	INDIAN RIVER		8-11.00	2.71m
4 Forman, Cameron	NORFOLK REAL		8-06.00	2.59m
5 Lewis, Jabril	VIRGINIA BEA		8-05.00	2.56m
5 Dubois, Christian	CHURCHLAND T		8-05.00	2.56m
5 Bell, Geordin	TRACK-757		8-05.00	2.56m
8 Jones, Timon	NORFOLK REAL		8-01.00	2.46m
9 Harris, Michai	WEST END RIC		8-00.00	2.43m
10 Blow, Tyshawn	INDIAN RIVER		7-07.00	2.31m
11 Goode, Donvan	CENTRAL VA T	11-00.00	7-02.00	2.18m
12 Cousins, Dominique	CHURCHLAND T		7-00.00	2.13m
13 Boyer, Simon	INSIDE TRACK		6-11.00	2.10m
14 Love, Christopher	SUFFOLK STAR	8-00.00	6-10.00	2.08m
15 Mcleod, Christian	NORFOLK REAL		6-07.00	2.00m
16 Washington, Brian	CHURCHLAND T		6-03.00	1.90m
17 Hoffmann, Tyler	INDIAN RIVER		6-01.00	1.85m
18 Hurdle, Kendric	INDIAN RIVER		6-00.00	1.82m
19 Ayala, Bryan	VA BEACH FLA		5-08.00	1.72m
20 Webb, Antonio	PARK PLACE L	9-00.00	5-05.00	1.65m
21 Jacobs, Jmilriyon	INSIDE TRACK		5-04.00	1.62m
22 Jackson, Marcus	WEST END RIC		4-08.00	1.42m
23 Hicks, Christian	TRI-CITY REL	9-06.00	2-08.00	0.81m

Shot Put Sub-Bantam Boys

Name	Year Team	Seed	Finals	Points
1 Carter, Jasper	NORFOLK REAL		15-11.00	4.85m
2 Howard, Dezmen	NORFOLK REAL		15-07.50	4.76m
3 Tarrer, Isaiah	TRI-CITY JET		13-00.00	3.96m
4 Jones, Elijah	CHURCHLAND T		11-10.50	3.61m
5 Mcleod, Christian	NORFOLK REAL		11-03.00	3.42m
6 Jones, Timon	NORFOLK REAL		10-03.00	3.12m
7 Stevens, William	TRI-CITY JET		10-00.00	3.04m
8 Eaton, Devin	NORFOLK EXTR		9-04.00	2.84m
9 Daniel, Cedrin	NORFOLK REAL		7-08.50	2.34m
10 Wilson, Jaedun	NORFOLK EXTR		7-06.50	2.29m
11 Harold, Myles	INDIAN RIVER		6-07.50	2.01m
12 Gasant, Winston	INDIAN RIVER		5-04.50	1.63m

100 Meter Dash Bantam Boys

Name	Year Team	Seed	Finals	H#	Points
1 Capehart, Tahj	NORFOLK REAL	13.80	13.93	8	
2 Smith, Tyain	TRACK-757	14.01	14.16	8	
3 Faulk, Shuan	NORFOLK REAL	14.10	14.17	8	
4 Stills, Joshua	NORFOLK REAL	14.20	14.19	8	
5 Boone, Noah	VA BEACH FLA	13.04	14.23	8	
6 Hines, Ira	TECHNIQUE TC	14.60	14.34	7	
7 Braswell, Christian	TRACK EXPRES	15.00	14.39	6	
8 King, Isaiah	PARK PLACE L	15.06	14.48	6	

9	Robinson, William	TECHNIQUE TC	14.67	14.62	7
10	Blackley, Jahkwan	CHURCHLAND T	14.78	14.68	7
11	Freeze, Julian	VA BEACH FLA	13.00	14.73	8
12	Gillis, Deandre	INSIDE TRACK		14.76	1
13	Pulley, Burnell	INSIDE TRACK		14.77	3
14	Muhammad, Rasul	VIRGINIA BEA	14.36	14.87	7
14	Mcmillian, Jayshawn	TRI-CITY REL	15.20	14.87	5
16	Adams, William	WEST END RIC		14.89	2
17	Mcfarland, Anthony	TRACK EXPRES	14.50	14.96	7
18	Blair, Allen	SPEED INC	15.20	15.02	5
19	Scott, Tyquez	VA BEACH FLA	13.41	15.14	8
20	Butts, Darren	CHURCHLAND T	14.99	15.20	6
21	Frazier, Najee	TECHNIQUE TC	14.82	15.35	6
21	Boyd, Gabe	BOYS AND GIR	15.80	15.35	5
23	Hasan, Isaac	SUFFOLK STAR	15.00	15.40	6
24	Smith, Jerrell	TECHNIQUE TC	14.82	15.44	7
25	Oliphunt, Anthony	SUFFOLK STAR	15.00	15.46	6
26	Mcrae, Jevonn	SPEED CITY C		15.49	2
27	Kindred, Michael	SUFFOLK STAR	15.10	15.52	6
28	Watford-Twiggs, Jaren	EAST END FLY	15.26	15.61	5
29	Melton, Eric	NORFOLK EXTR		15.64	1
29	Drummond, Keon	EAST END FLY	15.60	15.64	5
31	Williams, Jaylen	TRI-CITY REL	16.21	15.86	4
32	Boyd, Alon	BOYS AND GIR	16.00	15.97	4
33	Marrero, Nazir	CHURCHLAND T	14.25	15.99	7
34	Jasper, Justin	NORFOLK REAL	14.55	16.02	7
35	Devone, Edrice	CHURCHLAND T	15.25	16.11	5
36	Parker, Shawn	TECHNIQUE TC		16.20	2
37	Danehy, Dezmin	EAST END FLY	16.20	16.21	4
38	Jelks, Malon	INSIDE TRACK		16.23	3
39	Stockton, Jalen	TRI-CITY JET		16.70	1
40	Hurdle, Kalan	INDIAN RIVER		17.05	2
40	Johnson, Sheneir	BOYS AND GIR		17.05	4
40	Redmond, Allen	EAST END FLY		17.05	2
43	Eaton, Shamar	NORFOLK EXTR		17.13	1
44	Purvis, Braxton	TRACK-757		17.64	2
45	Redd, Justin	INSIDE TRACK		17.73	3
46	Brooks, Justin	WEST END RIC		18.08	1
47	Gassant, Patrick	INDIAN RIVER		18.10	3
48	Parker, Aaron	SUFFOLK STAR	18.00	18.26	4
49	Johnson, Noah	TRI-CITY JET		20.93	1

800 Meter Run Bantam Boys

Name	Year Team	Seed	Finals	Points
1	Jackson, Andre		2:47.24	
2	Taylor, Kellon	2:35.00	2:48.90	
3	Rosiii, George	2:30.00	2:52.30	
4	Andrews, Louis	2:50.33	2:55.77	
5	Muhammad, Rasul		2:56.02	
6	Ramsawh, Josiah	2:40.06	2:59.69	
7	Sessoms, Tavon	2:45.25	3:02.34	
8	Hinton, Moses	3:01.00	3:02.95	
9	Adams, William		3:03.04	
10	Watson, Isaiah	2:50.00	3:05.02	
11	King, Isaiah	4:00.00	3:05.03	

12	Currie, Isaiah	VA BEACH FLA		3:09.11
13	Frazier, Najee	TECHNIQUE TC		3:19.79
14	Stovall, Antonio	TECHNIQUE TC		3:22.51
15	Mitchell, Willie	PARK PLACE L	4:00.00	3:23.75
16	Collins, Daveion	NORFOLK REAL		3:26.95
17	Bangura, Farama	TRACK EXPRES	3:10.00	3:27.93
18	Danehy, Dezmin	EAST END FLY		3:29.91
19	Brooks, Justin	WEST END RIC		3:42.59
20	Innes, Collin	CAROLINA LIG	3:46.48	3:43.80
21	Moore, Wesley	TRI-CITY REL	3:41.56	3:44.82

1500 Meter Run Bantam Boys

Name	Year Team	Seed	Finals	Points
1	Pendleton, Tony	BOYS AND GIR	5:23.50	5:33.48
2	Moore, Gregory	BOYS AND GIR	5:30.00	5:42.05
3	Rosiiii, George	TRI-CITY JET		5:46.01
4	Ramsawh, Josiah	VA BEACH FLA	5:30.07	5:48.19
5	Mcnatt, Kalen	NORFOLK REAL	5:40.10	5:50.96
6	Hinton, Moses	VA BEACH FLA	6:02.00	6:00.88
7	Sessoms, Tavon	N-MOTION TC		6:07.44
8	Spencer, Erik	VA BEACH FLA		6:20.86
9	Mitchell, Willie	PARK PLACE L	8:00.00	6:50.47

1500 Meter Race Walk Bantam Boys

Name	Year Team	Seed	Finals	Points
1	Stills, Joseph	NORFOLK REAL		10:30.60
2	Pinto, Anthony	UNATTACHED		10:31.08
3	Outlaw, Wilbert	CHURCHLAND T		10:57.27
4	Johnson, Marcus	PARK PLACE L	10:00.00	10:57.77
5	Johnson, Noah	TRI-CITY JET		10:58.05
6	Andrews, Louis	CHURCHLAND T		11:00.97
7	Everson, Nicholas	SPEED CITY C		12:00.85
8	Viney, Robert	TECHNIQUE TC		13:13.17
9	Washington, Alexander	CHURCHLAND T		13:18.50

4x100 Meter Relay Bantam Boys

Team	Seed	Finals	H#	Points
1	TRACK EXPRESS TC 'A'	56.00	58.98	2
2	TECHNIQUE TC 'A'	59.00	59.31	2
3	TRACK-757 'A'	56.00	59.51	2
4	VA BEACH FLAMES TC 'A'	57.20	1:01.32	2
5	NORFOLK REAL DEAL TC 'A'	58.00	1:01.34	2
6	TRACK EXPRESS TC 'B'	1:00.00	1:01.44	1
7	EAST END FLYERS TC 'A'	57.00	1:02.26	2
8	CHURCHLAND TRAILBLAZERS 'A'	1:00.31	1:02.52	1
9	TRI-CITY RELAYS 'A'	59.00	1:04.78	2
10	BOYS AND GIRLS CLUB OF THE VIR 'A'	58.00	1:04.82	2
11	SUFFOLK STARS 'A'	1:20.00	1:05.14	1
12	TRACK-757 'B'	1:03.00	1:05.69	1
13	NORFOLK REAL DEAL TC 'B'	1:05.00	1:06.09	1
14	TRACK EXPRESS TC 'C'	1:03.00	1:06.80	1

4x200 Meter Relay Bantam Boys

Team	Seed	Finals	H#	Points
1 TRACK EXPRESS TC 'A'	1:50.00	2:03.10	3	
2 TRACK-757 'A'	2:34.00	2:05.69	1	
3 VA BEACH FLAMES TC 'A'	2:10.10	2:07.98	2	
4 NORFOLK REAL DEAL TC 'A'	2:10.00	2:09.34	3	
5 CHURCHLAND TRAILBLAZERS 'A'	2:06.59	2:10.99	3	
6 INSIDE TRACK 'A'		2:11.50	1	
7 EAST END FLYERS TC 'A'		2:14.07	1	
8 BOYS AND GIRLS CLUB OF THE VIR 'A'	2:15.00	2:15.19	2	
9 NORFOLK REAL DEAL TC 'B'	2:20.00	2:17.60	2	
10 TRI-CITY RELAYS 'A'	2:01.00	2:18.50	3	
11 TECHNIQUE TC 'A'	2:08.00	2:19.05	3	
12 TRACK-757 'B'	2:40.00	2:22.04	1	
13 CHURCHLAND TRAILBLAZERS 'B'	2:12.10	2:23.71	2	
14 TRACK EXPRESS TC 'C'	2:00.00	2:29.43	3	
15 SUFFOLK STARS 'A'	2:17.00	2:35.98	2	
16 TRACK EXPRESS TC 'B'	1:58.00	3:00.00	3	

4x400 Meter Relay Bantam Boys

Team	Seed	Finals	H#	Points
1 CHURCHLAND TRAILBLAZERS 'A'	5:31.52	5:06.85	1	
2 EAST END FLYERS TC 'A'	5:09.00	5:08.18	1	
3 BOYS AND GIRLS CLUB OF THE VIR 'A'	4:55.00	5:12.51	2	
4 VA BEACH FLAMES TC 'A'	5:05.00	5:26.04	2	
5 TRACK-757 'A'	4:43.00	5:26.82	2	
6 TECHNIQUE TC 'A'	5:00.00	5:29.12	2	
7 TRACK EXPRESS TC 'A'	6:00.00	5:33.68	1	
8 NORFOLK REAL DEAL TC 'A'	5:06.00	5:34.93	1	
9 TRACK EXPRESS TC 'B'	6:15.00	6:07.62	1	
10 CHURCHLAND TRAILBLAZERS 'B'	5:55.25	6:27.37	1	

800 Sprint Medley Bantam Boys

Team	Seed	Finals	H#	Points
1 TRACK EXPRESS TC 'A'	2:00.00	2:11.21	2	
2 TRACK-757 'A'		2:15.72	1	
3 INSIDE TRACK 'A'		2:19.28	1	
4 VA BEACH FLAMES TC 'A'	4:00.00	2:23.35	1	
5 TRACK EXPRESS TC 'B'	2:10.00	2:25.51	2	
6 CHURCHLAND TRAILBLAZERS 'A'	2:13.56	2:29.07	2	
7 TECHNIQUE TC 'A'	2:20.00	2:29.56	2	
8 EAST END FLYERS TC 'A'	5:15.00	2:31.53	1	
9 TRACK-757 'B'		2:32.03	1	
10 NORFOLK REAL DEAL TC 'A'	2:20.00	2:37.29	2	
11 TRACK EXPRESS TC 'C'	2:20.00	2:38.10	2	

Long Jump Bantam Boys

Name	Year Team	Seed	Finals	Points
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1	Hines, Ira	TECHNIQUE TC		15-00.00	4.57m
2	Capehart, Tahj	NORFOLK REAL	14-00.00	14-03.00	4.34m
3	Stills, Joshua	NORFOLK REAL	13-00.00	13-10.00	4.21m
4	Adams, William	WEST END RIC		12-01.00	3.68m
5	Blair, Allen	SPEED INC	12-06.00	12-00.00	3.65m
6	Currie, Isaiah	VA BEACH FLA	11-04.00	11-11.00	3.63m
6	Jackson, Andre	INSIDE TRACK		11-11.00	3.63m
6	Scott, Tyquez	VA BEACH FLA		11-11.00	3.63m
9	Faulk, Shuan	NORFOLK REAL	13-00.00	11-09.00	3.58m
10	Brown, Ronald	CHURCHLAND T		11-07.00	3.53m
11	Stills, Joseph	NORFOLK REAL	13-00.00	11-06.00	3.50m
12	Ray, Lamont	TRACK EXPRES		11-04.00	3.45m
12	Pulley, Burnell	INSIDE TRACK		11-04.00	3.45m
14	Love, Joshua	SUFFOLK STAR	11-00.00	10-11.00	3.32m
15	Freeze, Julian	VA BEACH FLA		10-10.00	3.30m
16	Muhammad, Rasul	VIRGINIA BEA		10-09.00	3.27m
17	Marrero, Nazir	CHURCHLAND T		10-07.00	3.22m
18	Mcmillian, Jayshawn	TRI-CITY REL		10-05.00	3.17m
18	Mcrae, Jevonn	SPEED CITY C		10-05.00	3.17m
20	Waters, Kion	SUFFOLK STAR	11-00.00	10-03.00	3.12m
20	Jackson, Kyree	TRACK EXPRES		10-03.00	3.12m
22	Boyd, Alon	BOYS AND GIR		10-02.00	3.09m
23	Melton, Eric	NORFOLK EXTR		10-01.00	3.07m
23	Eaton, Shamar	NORFOLK EXTR		10-01.00	3.07m
23	Jones, Tarin	EAST END FLY	10-05.00	10-01.00	3.07m
23	Outlaw, Wilbert	CHURCHLAND T		10-01.00	3.07m
27	King, Isaiah	PARK PLACE L	8-00.00	9-09.00	2.97m
28	Kindred, Michael	SUFFOLK STAR	12-00.00	9-08.00	2.94m
28	Semore, Vincent	TRACK-757		9-08.00	2.94m
30	Ray, Jaylen	INSIDE TRACK		9-05.00	2.87m
31	Stockton, Jalen	TRI-CITY JET		9-02.00	2.79m
32	Washington, Alexander	CHURCHLAND T		9-00.00	2.74m
33	Mitchell, Willie	PARK PLACE L	7-00.00	8-08.00	2.64m
34	Everson, Nicholas	SPEED CITY C		8-00.00	2.43m
35	Moore, Wesley	TRI-CITY REL		7-11.00	2.41m
36	Innes, Collin	CAROLINA LIG	7-00.00	7-08.00	2.33m
--	Estep, Dajon	TRACK EXPRES		ND	
--	Purvis, Braxton	TRACK-757		ND	
--	Parker, Aaron	SUFFOLK STAR	9-00.00	ND	
--	Gassant, Patrick	INDIAN RIVER		ND	
--	Moore, Gregory	BOYS AND GIR		ND	

#### Shot Put Bantam Boys

Name	Year Team	Seed	Finals	Points	
1	Williams, Anthony	TRACK-757	29-07.00	9.01m	
2	Oliphunt, Anthony	SUFFOLK STAR	20-00.00	6.65m	
3	Winston, Devonte	TRACK EXPRES		18-04.50	5.60m
4	Redmond, Allen	EAST END FLY		18-02.75	5.55m
5	Jasper, Justin	NORFOLK REAL		17-05.00	5.30m
6	Ramsawh, Josiah	VA BEACH FLA	19-02.00	17-03.75	5.27m
7	Watford-Twiggs, Jaren	EAST END FLY		16-11.25	5.16m
8	Redd, Justin	INSIDE TRACK		16-10.75	5.14m
9	Ellis, Deandre	SURRY PR YOU		16-10.50	5.14m
10	Viney, Robert	TECHNIQUE TC		16-04.25	4.98m
11	Stills, Joseph	NORFOLK REAL	19-06.00	15-11.00	4.85m

12	Moore, Wesley	TRI-CITY REL	19-00.00	15-01.00	4.59m
13	Innes, Collin	CAROLINA LIG	12-07.00	15-00.00	4.57m
13	Stockton, Jalen	TRI-CITY JET		15-00.00	4.57m
15	Washington, Alexander	CHURCHLAND T		14-07.50	4.45m
16	Hurdle, Kalan	INDIAN RIVER		14-03.00	4.34m
17	Ansley, Trevon	TRACK EXPRES		14-01.00	4.29m
18	Thompson, Tyreke	TRACK EXPRES		13-07.50	4.15m
19	Overbey, James	TRACK-757		13-04.00	4.06m
20	Thomas, Isaiah	INSIDE TRACK		12-05.00	3.78m
21	Everson, Nicholas	SPEED CITY C		12-04.75	3.77m
22	Eaton, Shamar	NORFOLK EXTR		12-03.00	3.73m
23	Johnson, Marcus	PARK PLACE L	12-11.00	12-01.50	3.69m
24	Collins, Daveion	NORFOLK REAL		11-09.75	3.60m
25	Johnson, Noah	TRI-CITY JET		10-06.00	3.20m
26	Malone, Darren	TRACK EXPRES		8-05.50	2.57m
--	Outlaw, Wilbert	CHURCHLAND T		ND	

100 Meter Dash Midget Boys

Name	Year	Team	Seed	Finals	H#	Points
1		Ball, Kawain		12.99	1	
2		Payne, Dandre	12.50	13.01	8	
3		Preston, Marcelle	12.50	13.03	8	
4		Pennyfeather, Isiah	12.70	13.04	8	
5		Gould, Andrew	13.07	13.20	7	
6		Burton, Kyree	13.63	13.23	6	
7		Bivins, Tyson	12.80	13.34	8	
8		Jenkins, Preston	13.30	13.37	7	
9		Demiel, Deonte	13.62	13.51	6	
10		Blackley, Joell	13.18	13.55	7	
11		Graham, Charles	13.20	13.62	7	
11		Griffin, Tramayne	12.80	13.62	8	
13		Summerville, Eugene	13.22	13.72	7	
14		Hinton, Justice	13.57	13.77	6	
15		Hudson, Brian	13.00	13.79	8	
16		Lewis, Christopher	13.89	13.84	6	
17		Quillen, Jovonn	13.40	13.85	7	
18		Ellis, Ashton	13.86	14.04	6	
19		King, Davonte	14.25	14.12	5	
20		Thomas, Ramone		14.16	1	
21		Norwood, Timothy	13.89	14.24	6	
21		Hendrieth, Fred	13.25	14.24	7	
23		Zaryczny, David	14.44	14.30	5	
24		Pressley, Tyese	13.60	14.31	6	
25		Mccall, Json	14.05	14.49	5	
25		Stokley, Jordan		14.49	4	
27		Arrington, Demitri		14.51	1	
28		Bagby, Trequane		14.55	2	
28		Barrow, Alex	13.90	14.55	5	
30		Robinson, Jaquan	13.00	14.57	7	
31		White, Daeron	13.90	14.58	5	
32		Hopkins, Colin	15.47	14.59	5	
33		Moore, Jerell		14.75	3	
34		Nipper, Devyn	12.00	14.76	8	
35		Johnson, Justyn		14.79	3	
36		Thomas, Devon		14.84	1	

37	Young, Xavier	WEST END RIC		15.12	3
38	Allen, Randy	BOYS AND GIR		15.19	2
39	Green, Kyle	BOYS AND GIR		15.20	2
40	Dosunmu, Mubarak	TRACK EXPRES		15.22	2
41	Marshjr, Timothy	SURRY PR YOU	15.74	15.36	4
42	Keyes, Xavier	EAST END FLY		15.37	1
43	Brown, Malik	TRACK EXPRES		15.38	3
44	Moten, Julius	TRI-CITY JET		15.53	2
45	Wilder, Nigel	WEST END RIC		15.54	3
46	Harris, Allen	INSIDE TRACK		15.63	3
47	Underwood, Justin	SPEED INC		15.67	3
48	Freitag, Bradley	CAROLINA LIG	16.08	15.86	4
49	Watts, Quincy	VA BEACH FLA		15.90	1
50	Freitag, Brent	CAROLINA LIG	16.11	15.94	4
51	Mitchell, Adonis	VA BEACH FLA		16.02	1
52	White, Quimani	VIRGINIA BEA	17.00	16.10	4
53	Joyner, Favian	NORFOLK REAL	13.00	16.93	8
54	Artis, Anfernee	SUFFOLK STAR	16.50	17.32	4
55	Hoffmann, Jeremy	INDIAN RIVER		17.36	2

#### 800 Meter Run Midget Boys

Name	Year Team	Seed	Finals	Points
1	Davis, Stanley	NORFOLK REAL	2:25.00	2:32.42
2	Spencer, Malcolm	TECHNIQUE TC	2:30.00	2:34.07
3	Ellis, Abdul	INSIDE TRACK	2:30.00	2:41.31
4	Cabean, Miles	TRI-CITY REL	2:40.00	2:46.72
5	Harris, Gabriel	VA BEACH FLA	2:45.75	2:47.46
6	Trotman, Tyriug	VA BEACH FLA		2:49.88
7	Bagby, Trequane	INDIAN RIVER		2:51.26
8	Davis, Kevin	NORFOLK REAL	2:50.00	2:54.38
9	Zaryczny, David	CENTRAL VA T	3:06.00	2:55.53
10	Freeman, Lewis	INSIDE TRACK		3:04.40
11	King, Davonte	PARK PLACE L	3:06.00	3:05.62
12	Mason, Delroy	EAST END FLY	2:50.00	3:06.65
13	Allen, Randy	BOYS AND GIR		3:06.85
14	Graves, Jontae	TECHNIQUE TC	2:40.00	3:12.58
15	Pruitt, Jordan	EAST END FLY	2:45.00	3:13.31
16	Cannon, Tashawn	TRI-CITY REL	3:03.25	3:13.55
17	Lipscomb, Avaree	VA BEACH FLA		3:23.86
18	Spruill, Akil	TRI-CITY JET		3:37.21

#### 1500 Meter Run Midget Boys

Name	Year Team	Seed	Finals	Points
1	Davis, Stanley	NORFOLK REAL	5:12.25	
2	Toomer, Roy	VA BEACH FLA	5:10.50	5:19.97
3	Maxson, Rosbert	UNATTACHED	5:25.00	5:22.39
4	Trotman, Tyriug	VA BEACH FLA	5:28.74	5:36.23
5	Harris, Gabriel	VA BEACH FLA	5:43.21	5:45.62
6	Davis, Kevin	NORFOLK REAL	5:45.00	5:46.47
7	Neighbors, Ryley	VA BEACH FLA		5:52.21
8	Pruitt, Jordan	EAST END FLY		6:15.09
9	Rountree, Gregory	SUFFOLK STAR		6:29.78
10	Mason, Delroy	EAST END FLY		6:30.73

11 Spruill, Akil	TRI-CITY JET	6:58.54
12 Hoffmann, Jeremy	INDIAN RIVER	7:05.04

1500 Meter Race Walk Midget Boys

Name	Year Team	Seed	Finals	Points
1 Graves, Jontae	TECHNIQUE TC		10:23.93	
2 Morant, Dvonte	TECHNIQUE TC		10:29.75	
3 Cross, Napoleon	SUFFOLK STAR		11:47.32	
4 Artis, Anfernee	SUFFOLK STAR		12:17.58	
5 Ward, Duwaun	CHURCHLAND T		14:23.56	
-- Worthington, Carl	TECHNIQUE TC		DNF	

4x100 Meter Relay Midget Boys

Team	Seed	Finals	H#	Points
1 TRACK EXPRESS TC 'A'	58.00	52.20	1	
2 TECHNIQUE TC 'A'	53.00	54.51	2	
3 INSIDE TRACK 'A'	53.00	54.80	2	
4 CHURCHLAND TRAILBLAZERS 'A'	52.29	55.29	2	
5 VIRGINIA BEACH MUSTANGS 'A'	54.00	55.50	2	
6 SUFFOLK STARS 'A'	54.49	56.27	1	
7 TRACK-757 'A'	52.00	56.72	2	
8 BOYS AND GIRLS CLUB OF THE VIR 'A'	55.00	58.59	1	
9 VA BEACH FLAMES TC 'A'	54.36	59.14	2	
10 EAST END FLYERS TC 'A'	56.00	59.33	1	
11 CHURCHLAND TRAILBLAZERS 'B'	53.16	1:01.19	2	
12 WEST END RICHMOND STRIDERS 'A'		1:03.99	1	
13 NORFOLK REAL DEAL TC 'A'	55.00	1:04.66	1	

4x200 Meter Relay Midget Boys

Team	Seed	Finals	H#	Points
1 TRACK EXPRESS TC 'A'	1:50.00	1:49.48	2	
2 CHURCHLAND TRAILBLAZERS 'A'	1:50.48	1:54.81	2	
3 VIRGINIA BEACH MUSTANGS 'A'		1:55.31	1	
4 VA BEACH FLAMES TC 'A'	2:03.00	1:58.07	1	
5 SUFFOLK STARS 'A'		1:59.19	1	
6 TECHNIQUE TC 'A'	1:00.00	1:59.40	2	
7 TRACK-757 'A'	1:50.00	2:01.04	2	
8 TRACK EXPRESS TC 'B'	2:00.00	2:06.10	2	
9 WEST END RICHMOND STRIDERS 'A'		2:06.85	1	
10 EAST END FLYERS TC 'A'		2:06.90	1	
11 NORFOLK REAL DEAL TC 'A'	2:00.00	2:06.96	1	
12 CHURCHLAND TRAILBLAZERS 'B'	1:52.56	2:09.71	2	
13 BOYS AND GIRLS CLUB OF THE VIR 'A'	2:10.00	2:11.58	1	
14 VA BEACH FLAMES TC 'B'	1:59.70	2:14.64	2	

4x400 Meter Relay Midget Boys

Team	Seed	Finals	H#	Points
1 TRACK EXPRESS TC 'A'	4:25.00	4:26.00	1	
2 NORFOLK REAL DEAL TC 'A'	4:20.00	4:32.77	2	

3 VIRGINIA BEACH MUSTANGS 'A'	4:20.00	4:34.31	2
4 CHURCHLAND TRAILBLAZERS 'A'	4:17.61	4:40.51	2
5 TECHNIQUE TC 'A'	4:00.00	4:41.65	2
6 BOYS AND GIRLS CLUB OF THE VIR 'A'	4:43.00	4:50.13	1
7 TRACK-757 'A'	4:00.00	4:58.08	2
8 INSIDE TRACK 'A'	4:39.00	5:06.80	1
9 CHURCHLAND TRAILBLAZERS 'B'	4:20.25	5:11.42	1
10 VA BEACH FLAMES TC 'A'	4:50.00	5:38.41	1

#### 4x800 Meter Relay Midget Boys

Team	Seed	Finals	Points
1 VA BEACH FLAMES TC 'A'		11:13.78	
2 TRACK EXPRESS TC 'A'	11:00.00	11:35.05	
3 NORFOLK REAL DEAL TC 'A'	11:23.00	12:03.25	
4 TECHNIQUE TC 'A'		13:01.54	

#### 1600 Sprint Medley Midget Boys

Team	Seed	Finals	Points
1 TECHNIQUE TC 'A'	4:40.00	4:35.90	
2 NORFOLK REAL DEAL TC 'A'	4:40.00	4:45.72	
3 VA BEACH FLAMES TC 'A'	3:30.05	5:00.26	
4 TRACK-757 'A'		5:00.90	
5 TRACK EXPRESS TC 'A'	4:00.00	5:06.63	
6 TRI-CITY JETS TC 'A'		6:04.37	

#### Long Jump Midget Boys

Name	Year Team	Seed	Finals	Points
1 McCain, Randy	TRACK EXPRES		15-01.00	4.59m
2 Summerville, Eugene	CHURCHLAND T	15-04.75	14-08.50	4.48m
3 Hightower, John	TRACK EXPRES		14-06.00	4.41m
4 Demiel, Deonte	SUFFOLK STAR		14-00.00	4.26m
5 Hendrieth, Fred	VA BEACH FLA	14-06.00	13-09.50	4.20m
6 Graves, Jontae	TECHNIQUE TC		13-08.50	4.17m
7 Bagby, Trequane	INDIAN RIVER		13-03.50	4.05m
8 Neighbors, Ryley	VA BEACH FLA		13-02.00	4.01m
9 Davis, Kevin	NORFOLK REAL	13-00.00	13-00.00	3.96m
10 Nipper, Devyn	NORFOLK REAL	14-00.00	12-10.00	3.91m
11 Lewis, Christopher	CHURCHLAND T	14-11.00	12-09.00	3.88m
12 Thomas, Devon	SPEED CITY C		12-07.50	3.84m
13 Reed, William	TRI-CITY JET		12-06.00	3.81m
14 Thomas, Ramone	WEST END RIC		12-05.50	3.79m
15 Hopkins, Colin	VIRGINIA BEA	12-00.00	12-05.00	3.78m
15 Young, Xavier	WEST END RIC		12-05.00	3.78m
15 Moten, Julius	TRI-CITY JET		12-05.00	3.78m
18 Zaryczny, David	CENTRAL VA T	10-00.00	12-03.00	3.73m
19 Trotman, Tyriug	VA BEACH FLA		12-02.50	3.72m
20 Marshjr, Timothy	SURRY PR YOU	11-06.75	12-00.00	3.65m
20 McCall, Json	EAST END FLY	12-05.00	12-00.00	3.65m
22 Ellis, Ashton	EAST END FLY	13-09.00	11-10.50	3.61m
23 Arrington, Demitri	INSIDE TRACK		11-10.00	3.60m
23 Dixon, Montel	EAST END FLY		11-10.00	3.60m

25	Sudderth, Frank	BOYS AND GIR		11-09.50	3.59m
26	Quillen, Jovonn	INSIDE TRACK		11-08.00	3.55m
26	Freitag, Bradley	CAROLINA LIG	11-09.00	11-08.00	3.55m
28	Stewart, Dayvan	BOYS AND GIR		11-07.00	3.53m
29	White, Daeron	TRI-CITY REL	14-09.00	11-06.00	3.50m
30	Johnson, Justyn	SPEED CITY C		11-05.00	3.47m
31	Barrow, Alex	TRI-CITY REL	14-03.00	11-04.00	3.45m
31	Cabean, Miles	TRI-CITY REL	11-07.00	11-04.00	3.45m
33	Stokley, Jordan	SUFFOLK STAR	13-02.00	11-02.00	3.40m
34	Joyner, Favian	NORFOLK REAL	13-00.00	11-00.50	3.36m
35	Geismanjr, John	EAST END FLY	10-06.00	10-11.00	3.32m
36	Gilmore, Tyrell	VA BEACH FLA		10-09.00	3.27m
37	Underwood, Justin	SPEED INC		10-08.00	3.25m
37	Wilder, Nigel	WEST END RIC		10-08.00	3.25m
39	Freitag, Brent	CAROLINA LIG	12-06.00	10-05.50	3.18m
40	Cross, Napoleon	SUFFOLK STAR	10-09.00	10-00.00	3.04m
41	Bruce, Diontae	TRI-CITY JET		9-10.00	2.99m
42	Brown, Malik	TRACK EXPRES		9-06.00	2.89m
43	Artis, Anfernee	SUFFOLK STAR	10-05.50	9-04.50	2.85m
44	King, Davonte	PARK PLACE L	14-00.00	9-00.00	2.74m
45	Shears, Osaze	SURRY PR YOU		8-08.00	2.64m
45	Hoffmann, Jeremy	INDIAN RIVER		8-08.00	2.64m
--	Dockett, Deondre	TRACK EXPRES		ND	
--	Ball, Kawain	NORFOLK EXTR		ND	

#### Shot Put Midget Boys

Name	Year	Team	Seed	Finals	Points
1	Neeley-Williams, Walter	CHURCHLAND T		38-11.50	11.87m
2	Culberson, Joshua	CHURCHLAND T		32-01.00	9.77m
3	Rountree, Gregory	SUFFOLK STAR		28-09.00	8.76m
4	Thompson, Jeremiah	TRI-CITY JET	28-00.00	27-10.25	8.48m
5	Mitchell, Adonis	VA BEACH FLA	23-00.00	27-09.00	8.45m
6	Branch, Omar	TRACK EXPRES		25-10.50	7.88m
7	Ball, Kawain	NORFOLK EXTR		25-08.00	7.82m
8	Payne-Carter, Dominic	NORFOLK REAL	26-00.00	24-09.00	7.54m
9	Ward, Khamahri	TRACK-757		24-08.00	7.51m
10	Reed, William	TRI-CITY JET		23-08.25	7.21m
11	Green, Kyle	BOYS AND GIR		22-03.00	6.78m
12	Tennessee, Ronald	TRACK-757		21-06.50	6.56m
13	Lyons, Joshua	CHURCHLAND T		21-06.00	6.55m
14	Freitag, Brent	CAROLINA LIG	15-00.00	21-01.50	6.43m
15	Dockett, Deondre	TRACK EXPRES		20-11.00	6.37m
16	Geismanjr, John	EAST END FLY	19-00.00	20-04.75	6.21m
17	Ward, Duwaun	CHURCHLAND T		20-01.00	6.12m
18	Freitag, Bradley	CAROLINA LIG	14-06.00	19-02.50	5.85m
19	Cannon, Tashawn	TRI-CITY REL		18-11.50	5.77m
20	Mystor, Langley	INSIDE TRACK		18-11.00	5.76m
21	Taylor, Darnell	TRACK EXPRES		10-01.50	3.08m

#### Discus Throw Midget Boys

Name	Year	Team	Seed	Finals	Points
1	Neeley-Williams, Walter	CHURCHLAND T		120-00.25	36.58m
2	Lyons, Joshua	CHURCHLAND T		62-00	18.89m

3	Tennessee, Ronald	TRACK-757		56-08.50	17.28m
4	Mitchell, Adonis	VA BEACH FLA	52-00	51-05	15.67m
5	Geismanjr, John	EAST END FLY	55-00	50-09	15.46m
6	Payne-Carter, Dominic	NORFOLK REAL	62-00	47-06.50	14.49m
7	Ball, Kawain	NORFOLK EXTR		44-09.50	13.65m
8	Mystor, Langley	INSIDE TRACK		32-09	9.98m
9	Ward, Duwaun	CHURCHLAND T		31-05	9.57m
10	Shears, Osaze	SURRY PR YOU		27-01	8.25m
--	Culberson, Joshua	CHURCHLAND T		ND	

100 Meter Dash Youth Boys

Name	Year	Team	Seed	Finals	H#	Points
1		Coleman, Joel				
2		Izegwire, Isaiah				
3		Keith, Austin				
4		Marriner, Joshua				
5		Green, Darius				
6		Philson, Jason				
7		McIntyre, Calvin				
8		Foster, Antonio				
9		Boyd, Lafrank				
10		Booker, Devon				
11		Jacobs, Taivon				
12		Payne, Evonte				
13		Johnson, Brison				
14		Stokes, Treyvon				
15		Cheseman, Kebari				
16		Jones, Quincy				
17		Johnson, Dominique				
18		Love, Cameron				
19		Pulley, James				
20		Copeland, Calvin				
21		Smith, Jacorey				
22		Staton-Jr, Richie				
23		Williams, Tracy				
24		Lawrence, Daiquan				
25		Arneaud, Trevor				
25		Cooper, Gavin				
27		Cutler, Bomoni				
28		Brown, Raashad				
29		Smith, Partrick				
30		Stockton, Hasaan				
31		Davis, Gary				
32		Watkins, Marcus				
33		Joseph, Timothy				
34		Williams, Devante				
35		Hill, Devonte				
36		Spruill, Khari				

800 Meter Run Youth Boys

Name	Year	Team	Seed	Finals	Points
1		Brown, William			
2		Page, Champ			

3 Taylor, Seth	VIRGINIA BEA	2:25.00	2:21.41
4 Cabean, Perry	TRI-CITY REL		2:24.32
5 Cannon, Terrence	TRI-CITY REL	2:21.00	2:27.22
6 Spence, Shakell	CAROLINA LIG	2:25.31	2:33.73
7 Green, George	CHURCHLAND T	2:38.12	2:35.40
8 Stowe, Stephen	TRI-CITY REL	2:26.30	2:36.10
9 Wilson, Dejuane	SURRY PR YOU		2:41.47
10 Cheseman, Kebari	INSIDE TRACK	2:30.00	2:45.13
11 Bailey, Derick	SURRY PR YOU		2:47.32
12 Cutler, Bomoni	VA BEACH FLA	2:51.00	2:53.80
13 Spence, Taeshawn	TRI-CITY REL	2:33.70	2:55.44
14 Henley, Kijona	TECHNIQUE TC		3:04.74
15 Greer, Samuel	BOYS AND GIR		3:11.86
16 Lowe, Jirani	CHURCHLAND T	3:14.61	3:17.26
17 Garnett, Brett	TECHNIQUE TC		3:18.78
18 Brockington, Morris	TECHNIQUE TC		3:50.98

1500 Meter Run Youth Boys

Name	Year Team	Seed	Finals	Points
1 Brown, William	TECHNIQUE TC	4:40.00	4:46.22	
2 Taylor, Seth	VIRGINIA BEA	4:50.00	4:48.54	
3 Spence, Shakell	CAROLINA LIG	4:47.21	4:52.28	
4 Cabean, Perry	TRI-CITY REL	4:49.00	4:52.52	
5 Colebaugh, Nick	TRI-CITY REL	4:51.00	5:03.98	
6 Guerrier, Javon	NORFOLK REAL	5:20.00	5:34.16	
7 Craig, Devanti	WEST END RIC		5:39.69	
8 Guerrier, Davon	NORFOLK REAL	5:25.00	5:40.96	
9 Jones, Franklin	UNATTACHED		5:56.96	
10 Spence, Taeshawn	TRI-CITY REL		5:57.72	
11 Love, Cameron	SUFFOLK STAR		6:04.67	

1500 Meter Race Walk Youth Boys

Name	Year Team	Seed	Finals	Points
1 James, Akeme	TECHNIQUE TC		10:03.21	
2 Henley, Kijona	TECHNIQUE TC		10:28.17	
3 Brockington, Morris	TECHNIQUE TC		10:32.07	
4 Garnett, Brett	TECHNIQUE TC		10:35.64	

4x100 Meter Relay Youth Boys

Team	Seed	Finals	H#	Points
1 TECHNIQUE TC 'A'	1:00.00	47.90	1	
2 BOYS AND GIRLS CLUB OF THE VIR 'A'	47.80	49.45	2	
3 CHURCHLAND TRAILBLAZERS 'A'	47.75	49.47	2	
4 CHURCHLAND TRAILBLAZERS 'B'	49.23	52.88	2	
5 TECHNIQUE TC 'B'		53.19	1	
6 TRACK EXPRESS TC 'A'	56.00	53.47	1	
7 SURRY PR YOUTH TC 'A'	1:47.19	53.69	1	
8 NORFOLK REAL DEAL TC 'A'	49.60	54.14	2	

4x200 Meter Relay Youth Boys

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Team	Seed	Finals	H#	Points
1 NORFOLK REAL DEAL TC 'A'	1:40.00	1:37.28	2	
2 TECHNIQUE TC 'A'	1:40.00	1:39.74	2	
3 CHURCHLAND TRAILBLAZERS 'A'	1:41.05	1:42.19	2	
4 BOYS AND GIRLS CLUB OF THE VIR 'A'	1:46.00	1:43.19	2	
5 INSIDE TRACK 'A'		1:47.68	1	
6 EAST END FLYERS TC 'A'		1:50.68	1	
7 CHURCHLAND TRAILBLAZERS 'B'	1:43.12	1:52.30	2	
8 BOYS AND GIRLS CLUB OF THE VIR 'B'	1:55.00	1:52.34	1	
9 TRACK-757 'A'	1:40.00	1:52.54	2	
10 TRACK EXPRESS TC 'A'	1:36.00	1:57.38	2	
11 CHURCHLAND TRAILBLAZERS 'C'	1:50.10	1:59.65	1	
12 SURRY PR YOUTH TC 'A'		2:05.06	1	

#### 4x400 Meter Relay Youth Boys

Team	Seed	Finals	H#	Points
1 NORFOLK REAL DEAL TC 'A'	3:55.00	3:55.88	2	
2 TRACK EXPRESS TC 'A'	4:00.00	4:05.53	1	
3 CHURCHLAND TRAILBLAZERS 'A'	3:51.01	4:09.31	2	
4 BOYS AND GIRLS CLUB OF THE VIR 'A'	4:15.00	4:17.95	1	
5 CHURCHLAND TRAILBLAZERS 'B'	3:55.23	4:27.52	2	
6 TECHNIQUE TC 'A'	4:00.00	4:57.50	2	

#### 4x800 Meter Relay Youth Boys

Team	Seed	Finals	Points
1 TRI-CITY RELAYS 'A'	9:40.00	9:45.87	
2 TRACK EXPRESS TC 'A'	10:00.00	10:25.21	
3 NORFOLK REAL DEAL TC 'A'	10:16.00	10:49.55	
4 TECHNIQUE TC 'A'		13:14.84	

#### 1600 Sprint Medley Youth Boys

Team	Seed	Finals	H#	Points
1 TECHNIQUE TC 'A'	4:00.00	4:06.57	2	
2 TRACK EXPRESS TC 'A'	3:40.00	4:12.30	2	
3 CHURCHLAND TRAILBLAZERS 'A'	4:12.71	4:28.20	2	
4 VA BEACH FLAMES TC 'A'	3:15.20	4:29.47	2	
5 VIRGINIA BEACH PATHFINDERS TRA 'A'		4:32.88	1	
6 NORFOLK REAL DEAL TC 'A'	4:20.00	4:40.53	1	
7 BOYS AND GIRLS CLUB OF THE VIR 'A'	4:30.00	4:41.09	1	
8 EAST END FLYERS TC 'A'	4:40.00	4:54.57	1	

#### Long Jump Youth Boys

Name	Year Team	Seed	Finals	Points
1 Izegwire, Isaiah	TRACK EXPRES		20-04.00	6.19m
2 Coleman, Joel	NORFOLK REAL		19-00.00	5.79m
3 Boyd, Lafrank	TRI-CITY JET	19-00.00	18-04.00	5.58m
3 Moore, Julius	CENTRAL VA T		18-04.00	5.58m
5 Marriner, Joshua	CHURCHLAND T		18-03.00	5.56m

6	Shufford, Tevon	TECHNIQUE TC		17-11.00	5.46m
7	Foster, Antonio	NORFOLK REAL	18-00.00	17-09.00	5.41m
8	McIntyre, Calvin	TRI-CITY JET		17-08.50	5.39m
9	Dozier, Shmar	TRACK EXPRES		16-05.50	5.01m
10	Dyer, Jonathan	TRACK EXPRES		16-03.00	4.95m
11	Johnson, Dominique	INSIDE TRACK	17-00.00	15-11.50	4.86m
11	Banks, Darius	BOYS AND GIR		15-11.50	4.86m
13	Smith, Jacorey	NORFOLK REAL		15-01.50	4.61m
14	Elijah, Simmons	CHURCHLAND T		14-10.00	4.52m
15	Phillips, Keonta	CHURCHLAND T		14-08.50	4.48m
16	Jones, Quincy	BOYS AND GIR	16-00.00	14-07.00	4.44m
17	Arneaud, Trevor	TECHNIQUE TC		14-05.00	4.39m
17	Cutler, Bomoni	VA BEACH FLA		14-05.00	4.39m
19	Morelan, Jericho	NORFOLK REAL	14-00.00	14-00.50	4.27m
20	Watkins, Marcus	SPEED INC	14-09.25	13-11.00	4.24m
20	Lawrence, Daiquan	VA BEACH FLA	14-06.00	13-11.00	4.24m
22	James, Akeme	TECHNIQUE TC		13-05.00	4.08m
23	Monk, Dexter	TRACK EXPRES		12-10.50	3.92m
24	Cooper, Gavin	INDIAN RIVER		12-01.00	3.68m
25	Scott, Antonn	INDIAN RIVER		11-02.00	3.40m
26	Spruill, Khari	TRI-CITY JET	14-00.00	9-05.50	2.88m
--	Johnson, Cardon	BOYS AND GIR		ND	
--	Stockton, Hasaan	TRI-CITY JET	15-00.00	ND	

#### Shot Put Youth Boys

Name	Year Team	Seed	Finals	Points	
1	Boyd, Lafrank	TRI-CITY JET	38-00.00	39-09.00	12.11m
2	Staton-Jr, Richie	UNATTACHED		36-02.00	11.02m
3	Coles, Tykhari	TECHNIQUE TC		35-05.50	10.80m
4	Peters, Andrew	NORFOLK REAL		34-01.00	10.38m
5	James, Jordan	TRACK-757		33-09.50	10.29m
6	Stills, Desmond	NORFOLK REAL	35-00.00	33-09.00	10.28m
7	Anderson, Aaron	SURRY PR YOU	28-04.00	30-04.50	9.25m
8	Perry, Shamik	TRACK EXPRES		27-11.75	8.52m
9	Stevens, Craig	TRI-CITY JET	34-00.00	27-10.25	8.48m
10	Johnson, Brison	TECHNIQUE TC		26-11.50	8.21m
11	Williams, Devante	VA BEACH FLA	31-00.00	26-03.00	8.00m
12	Doherty, Michael	CAROLINA LIG		25-09.75	7.86m
13	Marsh, Dominek	BOYS AND GIR		24-04.00	7.41m
14	Watson, Andre	BOYS AND GIR		24-00.50	7.32m
15	C., Shaun	TRACK EXPRES		21-08.50	6.61m
16	Stockton, Hasaan	TRI-CITY JET		21-02.75	6.47m
17	Scott, Antonn	INDIAN RIVER		20-03.25	6.17m
18	Turner, Carl	TRACK EXPRES		19-08.00	5.99m
19	Hill, Devonte	VA BEACH FLA	23-03.00	19-03.25	5.87m
20	Dyer, Jonathan	TRACK EXPRES		17-10.25	5.44m
21	Purnell, Kevon	TRACK-757		17-05.25	5.31m
22	Monk, Dexter	TRACK EXPRES		17-01.00	5.20m
23	Spruill, Khari	TRI-CITY JET	29-00.00	16-08.75	5.09m
--	Graves, Rashaun	TECHNIQUE TC		ND	

#### Discus Throw Youth Boys

Name	Year Team	Seed	Finals	Points
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1 Graves, Rashaun	TECHNIQUE TC		132-04	40.33m
2 Stills, Desmond	NORFOLK REAL	105-00	100-02.50	30.54m
3 Coles, Tykhari	TECHNIQUE TC		92-06	28.19m
4 Taylor, Seth	VIRGINIA BEA	98-00	84-05.50	25.74m
5 Stevens, Craig	TRI-CITY JET	100-00	77-00.50	23.48m
6 Williams, Devante	VA BEACH FLA	75-00	69-00.50	21.04m
7 Doherty, Michael	CAROLINA LIG		66-06.50	20.28m
8 Childs, Jordan	NORFOLK REAL		66-03.50	20.20m
9 Hill, Devonte	VA BEACH FLA	80-00	64-11	19.78m
10 Perry, Shamik	TRACK EXPRES		63-04.25	19.31m
11 C., Shaun	TRACK EXPRES		51-10	15.79m
12 Gee, Daquan	CHURCHLAND T		50-02	15.29m
13 Purnell, Kevon	TRACK-757		46-10	14.27m
-- Anderson, Aaron	SURRY PR YOU	74-07	ND	

#### 4x200 Meter Relay Intermediate Boys

Team	Seed	Finals	Points
1 VIRGINIA BEACH PATHFINDERS TRA 'A'		1:35.86	
2 CHURCHLAND TRAILBLAZERS 'A'	1:18.20	1:39.43	
3 NORFOLK REAL DEAL TC 'A'	1:30.00	1:41.48	
4 TRACK-757 'A'	1:30.00	1:43.39	

#### 1600 Sprint Medley Intermediate Boys

Team	Seed	Finals	Points
1 TRACK-757 'A'		4:06.11	
2 CHURCHLAND TRAILBLAZERS 'A'	3:57.05	4:13.57	
3 SPEED CITY CHARGERS 'A'		4:18.40	
4 TECHNIQUE TC 'A'	4:20.00	4:31.20	
5 NORFOLK REAL DEAL TC 'A'	4:00.00	4:33.33	

#### 100 Meter Dash Primary Boys

Name	Year Team	Seed	Finals	H#	Points
1 Terrell, Vincent	SPEED INC	17.82	17.08	4	
2 Gray, Dashaun	CHURCHLAND T	17.57	17.32	4	
3 Midgett, Keyandre	CHURCHLAND T	17.89	17.68	4	
4 Mansion, Shamar	EAST END FLY	17.98	17.73	4	
5 Peters, Alyjah	NORFOLK REAL	17.95	18.01	4	
6 Fletcher, Tylee	TRI-CITY REL	16.44	18.98	4	
7 Lowther, Tyreik	SUFFOLK STAR	20.00	19.78	3	
8 Cherry, Elijah	CHURCHLAND T	19.81	19.84	3	
9 Bruce, Dasani	TRI-CITY JET		20.03	1	
10 Washington, Willie	HAMPTON BLAZ	19.90	20.15	3	
11 Slocumb, Akie	INDIAN RIVER		20.20	1	
12 Odum, Keshon	TECHNIQUE TC		20.55	1	
13 Artis, Deryan	SUFFOLK STAR	19.00	21.10	4	
14 Hinton, William	VIRGINIA BEA		21.77	2	
15 Davis, Jalan	INDIAN RIVER		22.93	1	
16 Kittrell, Bryson	CENTRAL VA T		23.60	2	
17 Tucker, Zakary	SUFFOLK STAR	20.00	24.39	3	
18 Macklin, Kameron	TECHNIQUE TC		26.95	2	
19 Williams, Hasad	TRI-CITY REL	26.00	31.21	3	

100 Meter Dash Intermediate Men

Name	Year Team	Seed	Finals	H#	Points
1 Thomas, Joshua	CHURCHLAND T	11.56	11.50	3	
2 Saunders, Ronald	TECHNIQUE TC		11.52	2	
3 Meredith, Douglas	VIRGINIA BEA	11.78	11.53	3	
4 Williams, Matthew	VIRGINIA BEA		11.62	1	
5 Morris, Ernest	CENTRAL VA T	12.50	12.00	3	
6 Tate, Tony	NORFOLK REAL	12.10	12.38	3	
7 Wingate, Jerome	N-MOTION TC	11.47	12.50	3	
8 Camphor, Dedric	NORFOLK REAL	12.00	12.51	3	
9 Blount, Jermaine	N-MOTION TC	12.90	12.52	2	
10 Bivines-Reed, Anthony	TRI-CITY JET	11.30	12.53	3	
11 Wallace, Connor	SPEED INC		12.73	2	
12 Carroll-Roye, Warren	TRACK EXPRES		12.87	1	
13 Moorman, Garrick	CAROLINA LIG	12.88	12.88	2	
14 Defreicas, Tyquan	SURRY PR YOU		12.98	2	
15 Simms, Stevon	NORFOLK REAL	12.95	13.03	2	
16 Jackson, Deon	CHURCHLAND T	12.98	13.18	2	
17 Spruill, Antoine	CHURCHLAND T		13.20	1	
18 Keyes, Shaquille	EAST END FLY	13.50	13.35	2	

800 Meter Run Intermediate Men

Name	Year Team	Seed	Finals	Points
1 Morris, Ernest	CENTRAL VA T	2:40.00	2:15.90	
2 Kinslow, Ajani	CENTRAL VA T	2:00.00	2:19.47	
3 Wilson, Tyrique	UNATTACHED	2:18.00	2:20.19	
4 Moorman, Garrick	CAROLINA LIG	2:40.00	2:22.16	
5 Wallace, Connor	SPEED INC		2:28.48	
6 Spruill, Antoine	CHURCHLAND T	2:06.93	2:29.60	
7 Carroll-Roye, Warren	TRACK EXPRES		2:31.04	
8 Henley, Kelvin	TECHNIQUE TC		2:32.20	
9 Branch, Alim	TRACK EXPRES		2:35.07	
10 Jackson, Deon	CHURCHLAND T	2:06.05	2:38.23	
11 Keyes, Shaquille	EAST END FLY	2:45.00	2:44.46	
12 Spruill, Nigel	TRI-CITY JET		2:47.62	
13 Smith, Raisean	NORFOLK REAL	2:12.00	2:47.80	

1500 Meter Run Intermediate Men

Name	Year Team	Seed	Finals	Points
1 Payne, Khaaliq	TECHNIQUE TC		5:19.38	
2 Henley, Kelvin	TECHNIQUE TC		5:21.38	
3 Spruill, Nigel	TRI-CITY JET		5:48.25	

4x100 Meter Relay Intermediate Men

Team	Seed	Finals	Points
1 CHURCHLAND TRAILBLAZERS 'A'	45.89	47.03	
2 VIRGINIA BEACH PATHFINDERS TRA 'A'	54.00	47.59	
3 TRI-CITY JETS TC 'A'		48.75	

4 TRACK-757 'A' 43.00 49.74

4x400 Meter Relay Intermediate Men

Team	Seed	Finals	Points
1 VIRGINIA BEACH PATHFINDERS TRA 'A'	4:00.00	3:53.09	
2 CHURCHLAND TRAILBLAZERS 'A'	3:49.20	4:01.46	
3 TRACK-757 'A'	3:40.00	4:10.14	
4 SPEED CITY CHARGERS 'A'		4:11.30	

4x800 Meter Relay Intermediate Men

Team	Seed	Finals	Points
1 SPEED CITY CHARGERS 'A'		9:57.48	

Long Jump Intermediate Men

Name	Year Team	Seed	Finals	Points
1 Brown, Kierre	TRI-CITY REL	21-01.00	20-07.00	6.27m
2 Bivines-Reed, Anthony	TRI-CITY JET	18-00.00	19-03.00	5.86m
3 Saunders, Ronald	TECHNIQUE TC		18-10.00	5.74m
4 Spruill, Antoine	CHURCHLAND T		18-00.00	5.48m
5 Wooley, Devin	CENTRAL VA T		17-08.00	5.38m
6 Smith, Raisean	NORFOLK REAL	16-00.00	16-07.00	5.05m
7 Jackson, Deon	CHURCHLAND T		16-00.00	4.87m
8 Troupe, Marcus	NORFOLK REAL		15-09.00	4.80m
9 Simms, Stevon	NORFOLK REAL		15-04.00	4.67m
10 Speaks, Sidney	TRI-CITY REL		15-03.00	4.64m
11 Spruill, Nigel	TRI-CITY JET	19-00.00	13-09.50	4.20m

Shot Put Intermediate Men

Name	Year Team	Seed	Finals	Points
1 Thompson, Clifton	TRI-CITY JET	41-00.00	34-09.00	10.59m
2 Ward, Earl	TRACK-757		31-09.75	9.69m
3 Speaks, Sidney	TRI-CITY REL		31-08.50	9.66m
4 Bivines-Reed, Anthony	TRI-CITY JET	38-00.00	30-00.50	9.15m
5 Troupe, Marcus	NORFOLK REAL	30-00.00	25-08.00	7.82m
6 Payne, Khaaliq	TECHNIQUE TC		23-06.75	7.18m
7 Moorman, Garrick	CAROLINA LIG		23-00.50	7.02m
8 Spruill, Nigel	TRI-CITY JET	37-00.00	22-08.00	6.90m
9 Evans, Demonte	SURRY PR YOU	30-05.00	22-04.50	6.81m

Discus Throw Intermediate Men

Name	Year Team	Seed	Finals	Points
1 Thompson, Clifton	TRI-CITY JET	150-00	125-03	38.17m
2 Moore, Dymond	TECHNIQUE TC		83-04	25.40m
3 Troupe, Marcus	NORFOLK REAL		77-02.50	23.53m
4 Payne, Khaaliq	TECHNIQUE TC		76-02	23.21m
5 Evans, Demonte	SURRY PR YOU	70-08	53-02.50	16.21m

