

**Virginia Beach Flames Invitational
 Hosted by Virginia Beach Flames
 Landstown High School - 6/28/2008
 Results**

100 Meter Dash Primary Girls

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 Top 7 Advance by Time

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 Ross, Brayya	8	INSIDE TRACK	15.40	15.61q	4
2 Simmons, Cache	8	NORFOLK REAL DEA	15.00	16.16q	5
3 Bunch, Telina	8	EAST END FLYERS	15.90	16.44q	2
4 McNair, Kalyynn	8	MID CITY X-PRESS	17.04	16.73q	5
5 Harper, Brianna	8	TECHNIQUE TRACK	17.22	17.11q	5
6 Noel, E'Lian	8	NORFOLK EXTREMES		17.93q	2
7 Brown, Rayna	8	NORFOLK EXTREMES		17.97q	5
8 Harrell, Christina	8	LION'S DEN TRACK	15.55	18.05	3
9 Roe, Zayin	7	RICHMOND HEAT TR	16.68	18.09	4
10 White, Asia	6	NORFOLK REAL DEA		18.13	3
11 Green, Yasmine	8	INDIAN RIVER SPE	17.50	18.70	3
12 Candance, Kanney	8	CENTRAL VATRACK	17.30	18.76	4
13 Blair, Nayla	6	SPEED INC.	19.30	19.05	3
14 Rountree, Alexis	6	SUFFOLK STARS	19.80	19.53	5
15 Hinton, Jade	8	TRACK SERIOUS TR	18.00	19.56	1
16 Saunders, Janelle	5	INSIDE TRACK		20.34	1
17 Terrell, Aliya	7	COBRA TC	22.50	20.93	4
18 Rogers, Trara	8	TRI-CITY JETS TR		21.17	4
19 Clark, Alexis	6	CENTRAL VATRACK	19.30	21.36	4
20 Packer, TaCor'ya	6	INDIAN RIVER SPE		22.07	2
21 Snell, Nakori	7	SPEED INC.		23.03	4

100 Meter Dash Primary Girls

Name	Age	Team	Prelims	Finals	Points
Finals					
1 Ross, Brayya	8	INSIDE TRACK	15.61	15.59	
2 Simmons, Cache	8	NORFOLK REAL DEA	16.16	15.90	
3 Bunch, Telina	8	EAST END FLYERS	16.44	16.56	
4 McNair, Kalyynn	8	MID CITY X-PRESS	16.73	17.02	
5 Harper, Brianna	8	TECHNIQUE TRACK	17.11	18.10	
6 Noel, E'Lian	8	NORFOLK EXTREMES	17.93	18.14	
7 Brown, Rayna	8	NORFOLK EXTREMES	17.97	18.79	

200 Meter Dash Primary Girls

Name	Age	Team	Seed	Finals	H#	Points
1 Bunch, Telina	8	EAST END FLYERS	32.57	33.25	4	
2 Simmons, Cache	8	NORFOLK REAL DEA	34.00	35.14	4	
3 Brooks, Kerrice	8	GIDEONITES TC	34.00	35.83	4	
4 Harper, Brianna	8	TECHNIQUE TRACK	35.00	35.93	4	
5 Noel, E'Lian	8	NORFOLK EXTREMES		37.32	1	
6 Armstrong, Diamond	8	VIRGINIA BEACH F		37.75	2	
7 Roe, Zayin	7	RICHMOND HEAT TR	43.15	37.79	3	
8 Kittrell, Brielle	8	CENTRAL VATRACK	33.10	38.09	4	

9	Ricks, Ciani	7	TRACK 757		38.11	1
10	Harrell, Christina	8	LION'S DEN TRACK	37.95	38.63	3
11	Green, Yasmine	8	INDIAN RIVER SPE	41.00	39.39	3
12	Brown, Rayna	8	NORFOLK EXTREMES		41.25	2
13	Candance, Kanney	8	CENTRAL VATRACK	36.10	41.62	4
14	Hinton, Jade	8	TRACK SERIOUS TR	42.00	43.86	3
15	Blair, Nayla	6	SPEED INC.	45.40	44.01	2
16	Rogers, Trara	8	TRI-CITY JETS TR		45.81	2
17	Terrell, Aliya	7	COBRA TC	49.10	45.99	2
18	Packer, TaCor'ya	6	INDIAN RIVER SPE		46.72	2
19	Tisdale, Adia	8	CENTRAL VATRACK	39.20	47.14	3

400 Meter Dash Primary Girls

Name	Age Team	Seed	Finals	H#	Points	
1	Ross, Brayya	8	INSIDE TRACK	1:15.00	1:15.19	3
2	Parks, Skylar	8	EAST END FLYERS	1:16.45	1:16.50	3
3	Bunch, Telina	8	EAST END FLYERS	1:13.95	1:18.70	3
4	Phifer, Alexia	8	SPEED CITY CHARG	1:20.00	1:20.04	3
5	Jacobs, Amilriyana	8	INSIDE TRACK		1:26.57	1
6	Brown, Talieyah	8	TECHNIQUE TRACK	1:19.00	1:28.74	3
7	Brooks, Kerrice	8	GIDEONITES TC	1:23.00	1:28.98	2
8	Gurney, Cheyenne	8	VIRGINIA BEACH F		1:32.30	2
9	Gaston, Imani	7	EAST END FLYERS		1:33.98	1
10	Candance, Kanney	8	CENTRAL VATRACK	1:23.00	1:34.45	2
11	Usher, Jayla	7	TECHNIQUE TRACK		1:34.83	2
12	Terrell, Aliya	7	COBRA TC	1:45.00	1:48.28	2
--	Armstrong, Diamond	8	VIRGINIA BEACH F		DNF	1

800 Meter Run Primary Girls

Name	Age Team	Seed	Finals	Points	
1	Parks, Skylar	8	EAST END FLYERS	2:58.54	2:55.09
2	Phifer, Alexia	8	SPEED CITY CHARG	3:00.00	3:07.41
3	Brown, Talieyah	8	TECHNIQUE TRACK	3:15.00	3:17.66
4	Gurney, Cheyenne	8	VIRGINIA BEACH F		3:23.94
5	Brooks, Kerrice	8	GIDEONITES TC	3:20.00	3:29.68
6	Usher, Jayla	7	TECHNIQUE TRACK		3:31.26
7	Gaston, Imani	7	EAST END FLYERS	4:00.00	3:42.06
8	Rose, Michaela	7	AMBASSADORS	4:20.00	4:10.01

4x100 Meter Relay Primary Girls

Team	Seed	Finals	Points
1	CHURCHLAND TRAILBLAZERS 'A'	58.64	1:05.80
2	EAST END FLYERS 'A'	1:09.14	1:08.08

Long Jump Primary Girls

Name	Age Team	Seed	Finals	Points	
1	McNair, Kalynn	8	MID CITY X-PRESS	11-01.00	10-09.00
2	Brown, Rayna	8	NORFOLK EXTREMES		9-05.50
3	Brown, Talieyah	8	TECHNIQUE TRACK		9-05.00
4	Simmons, Cache	8	NORFOLK REAL DEA		8-06.25
5	Roe, Zayin	7	RICHMOND HEAT TR		8-06.00
6	Terrell, Ashley	8	SPEED INC.	7-07.00	8-03.00
7	Stratton, Bailey	8	LION'S DEN TRACK	7-00.00	8-02.00

8	Noel, E'Lian	8	NORFOLK EXTREMES		8-01.00
9	Davis, Mikayla	7	TECHNIQUE TRACK		8-00.00
10	Blair, Nayla	6	SPEED INC.	7-07.00	7-09.50
11	Tisdale, Adia	8	CENTRAL VATRACK	7-00.00	7-08.00
12	Rogers, Trara	8	TRI-CITY JETS TR		7-05.00
13	Blair, Jayla	8	SPEED INC.	7-02.00	6-10.00
14	Green, Yasmine	8	INDIAN RIVER SPE		6-07.50
15	Saunders, Janelle	5	INSIDE TRACK		6-03.00
15	Snell, Nakori	7	SPEED INC.		6-03.00
17	Clark, Alexis	6	CENTRAL VATRACK	6-00.00	5-09.00
18	Harrell, Christina	8	LION'S DEN TRACK	8-00.00	5-04.00
19	Gurney, Cheyenne	8	VIRGINIA BEACH F		5-02.00
20	Rountree, Alexis	6	SUFFOLK STARS	9-00.00	4-11.50
21	Packer, TaCor'ya	6	INDIAN RIVER SPE		4-10.00

Shot Put Primary Girls

Name	Age	Team	Seed	Finals	Points
1	Hinton, Jade	8 TRACK SERIOUS TR	13-03.00	14-09.00	
2	Brooks, Kerrice	8 GIDEONITES TC	17-00.00	14-05.00	
3	Blair, Jayla	8 SPEED INC.	10-00.00	10-11.00	
4	Stratton, Bailey	8 LION'S DEN TRACK	20-00.00	J10-11.00	

100 Meter Dash Bantam Girls

Top 7 Advance by Time

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1	Mitchell, Dashai	10 BOYS & GIRLS CLU	13.90	14.24q	6
2	Ward, Destiny	9 TRACK 757	14.80	14.94q	1
3	Haynesworth, Leila	10 RICHMOND HEAT TR	14.64	15.18q	2
4	Bailey, Shyloh	9 VIRGINIA BEACH F	13.87	15.20q	7
5	Rountree, Kiera	10 SUFFOLK STARS	14.90	15.25q	1
6	Hinton, Joyner	10 TRACK SERIOUS TR	15.50	15.28q	7
7	Carey, Zaliah	10 WEST END RICHMON	14.50	15.32q	3
8	Johnson, Erykah	9 VIRGINIA BEACH F	14.25	15.34	5
9	Cobbin, Tatyana	9 NORFOLK REAL DEA	16.01	15.36	1
10	Goodhope, Danyael	10 AMBASSADORS	16.50	15.37	4
10	Coker, Tyanna	10 RICHMOND HEAT TR	15.16	15.37	6
12	Coles, Trezure	10 TECHNIQUE TRACK	15.30	15.47	7
13	Williams, Victoria	9 TRACK 757	14.50	15.57	4
14	Stafford, Alexis	10 WEST END RICHMON		15.60	7
15	Johnson, Zanasia	9 TRACK 757	15.00	15.64	4
16	Travers, Thailiah	10 COBRA TC	14.95	16.08	3
17	Tisdale, Kayla	10 CENTRAL VATRACK	15.90	16.18	6
18	Ellison, Chadaya	10 CENTRAL VATRACK	16.01	16.26	2
19	Clark, Mercedes	10 CENTRAL VATRACK	17.50	16.35	7
20	Rawlings, Makeba	10 NORFOLK REAL DEA	16.45	16.37	3
21	Jemmott, Amaya	10 CENTRAL VATRACK	16.15	16.45	1
22	Faulkner, Eryn	10 COBRA TC	15.10	16.47	5
23	Maness, Makayla	9 MID CITY X-PRESS	16.37	16.53	2
24	Lewis, India	10 INSIDE TRACK		16.57	5
25	Hopkins, Avianna	9 TRACK 757		16.63	3
26	Steave, JaDyn	9 VIRGINIA BEACH F	16.50	16.70	5
27	Parker, Ariel	9 SUFFOLK STARS	16.00	16.88	5
28	Idlette, Joanna	9 UNATTACHED	17.00	17.42	7
29	Wallace, Rajeen	9 N-MOTION TC	16.70	17.61	6
30	Hill, Simone	9 TECHNIQUE TRACK		17.72	6
31	Kralik, Bryuana	10 INSIDE TRACK		17.75	3

32	Langley, Syncere	9	INSIDE TRACK		18.04	1
33	Murdock, Celesse	10	RICHMOND HEAT TR	18.00	18.72	6
34	Morelan, Rian	9	NORFOLK REAL DEA		18.84	7
--	Burton, Milan	10	RICHMOND HEAT TR	16.00	DNF	3

100 Meter Dash Bantam Girls

Name	Age	Team	Prelims	Finals	Points
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Finals

1	Mitchell, Dashai	10	BOYS & GIRLS CLU	14.24	14.35
2	Ward, Destiny	9	TRACK 757	14.94	15.01
3	Bailey, Shyloh	9	VIRGINIA BEACH F	15.20	15.17
4	Carey, Zaliah	10	WEST END RICHMON	15.32	15.42
5	Haynesworth, Leila	10	RICHMOND HEAT TR	15.18	15.43
6	Rountree, Kiera	10	SUFFOLK STARS	15.25	15.56
7	Hinton, Joyner	10	TRACK SERIOUS TR	15.28	16.91

200 Meter Dash Bantam Girls

Name	Age	Team	Seed	Finals	H#	Points
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1	Mitchell, Dashai	10	BOYS & GIRLS CLU	28.70	29.64	6
2	Leonard, Jaelan	10	NORFOLK REAL DEA	28.00	30.96	6
3	Toran, Dedra	10	INSIDE TRACK	32.00	31.16	5
4	Williams, Victoria	9	TRACK 757	31.00	31.68	6
5	Coker, Tyanna	10	RICHMOND HEAT TR	31.20	31.73	5
6	Lee, Tyshiana	10	NORFOLK REAL DEA	34.00	32.01	4
7	Travers, Thailiah	10	COBRA TC	32.70	32.38	5
7	Stafford, Alexis	10	WEST END RICHMON		32.38	2
9	Lee, Dayana	10	NORFOLK REAL DEA	33.00	32.74	4
10	Faulkner, Eryn	10	COBRA TC	32.80	32.89	5
11	Coles, Trezure	10	TECHNIQUE TRACK	31.00	32.94	6
12	Johnson, Erykah	9	VIRGINIA BEACH F	31.50	33.09	5
13	Johnson, Zanasia	9	TRACK 757	30.00	33.31	6
13	Hinton, Joyner	10	TRACK SERIOUS TR	35.00	33.31	4
15	Bailey, Shyloh	9	VIRGINIA BEACH F	32.89	33.67	4
16	Ellison, Chadaya	10	CENTRAL VATRACK	30.42	33.85	6
17	Roe, Ginger	10	RICHMOND HEAT TR	32.33	33.89	5
18	Rawlings, Makeba	10	NORFOLK REAL DEA	36.00	33.92	3
19	Mitchell, Amari	10	FLAMES SPEED FAC		33.97	1
20	Council, Jac'quazja	10	NORFOLK REAL DEA	33.00	34.74	4
21	Jemmott, Amaya	10	CENTRAL VATRACK	31.48	35.36	5
22	Steave, JaDyn	9	VIRGINIA BEACH F	37.20	36.47	3
23	Harris, Kyla	9	COBRA TC	34.30	36.61	4
24	Maness, Makayla	9	MID CITY X-PRESS	37.41	36.65	3
25	Harris, Michaela	9	WEST END RICHMON		37.93	1
26	Hill, Simone	9	TECHNIQUE TRACK	44.87	39.86	3
27	Sherrod, Mercedes	10	FLAMES SPEED FAC		40.46	1

400 Meter Dash Bantam Girls

Name	Age	Team	Seed	Finals	H#	Points
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1	Mitchell, Dashai	10	BOYS & GIRLS CLU	1:05.40	1:08.00	4
2	Leonard, Jaelan	10	NORFOLK REAL DEA	1:10.00	1:09.45	4
3	Ferrell, Bryana	9	CENTRAL VATRACK	1:13.20	1:11.60	3
4	Payne-Robinson, Nyckya	10	SPEED CITY CHARG	1:09.00	1:12.56	4
5	Ward, Destiny	9	TRACK 757	1:09.00	1:14.70	4
6	Toran, Dedra	10	INSIDE TRACK	1:12.00	1:14.76	4
7	Gilchrist, Mikayla	10	SUFFOLK STARS	1:22.00	1:18.39	3

8	Coles, Trezure	10	TECHNIQUE TRACK	1:15.00	1:20.06	3
9	Cobbin, Tatyana	9	NORFOLK REAL DEA	1:20.00	1:21.39	3
10	Lewis, India	10	INSIDE TRACK		1:21.72	1
11	Embe, Kimberly	9	RICHMOND HEAT TR	1:25.25	1:22.86	2
12	Johnson, Zanasia	9	TRACK 757	1:12.00	1:22.90	4
13	Johnson, Erykah	9	VIRGINIA BEACH F	1:01.36	1:23.31	4
14	Roe, Ginger	10	RICHMOND HEAT TR	1:22.35	1:28.66	3
15	Davis, Maila	10	COBRA TC	1:25.00	1:29.65	2
16	Wafawanka, Eleanor	10	WEST END RICHMON	1:25.00	1:30.40	2
17	Harris, Michaela	9	WEST END RICHMON	1:25.00	1:33.06	2
18	Kralik, Bryuana	10	INSIDE TRACK		1:33.61	1
19	Langley, Syncere	9	INSIDE TRACK		1:36.70	1
20	Riddick, De'Ja	9	VIRGINIA BEACH F	1:18.20	1:42.73	3
21	Sherrod, Mercedes	10	FLAMES SPEED FAC		1:45.19	1

800 Meter Run Bantam Girls

Name	Age	Team	Seed	Finals	Points
1	Payne-Robinson, Nyckya	10	SPEED CITY CHARG	2:48.00	2:56.66
2	Alexander, Cydney	10	VIRGINIA BEACH F	2:48.21	2:56.79
3	Cornelius, Heavenle	10	VIRGINIA BEACH F	2:51.36	3:01.04
4	Ferrell, Bryana	9	CENTRAL VATRACK	2:42.00	3:03.35
5	Embe, Kimberly	9	RICHMOND HEAT TR	3:22.94	3:21.99
6	Gilchrist, Mikayla	10	SUFFOLK STARS	3:19.35	3:22.47
7	Riddick, De'Ja	9	VIRGINIA BEACH F	3:12.87	3:44.75
8	Martin, Kaia	9	COBRA TC	3:25.00	3:50.88
9	Sherrod, Mercedes	10	FLAMES SPEED FAC		4:00.39

1500 Meter Run Bantam Girls

Name	Age	Team	Seed	Finals	Points
1	Alexander, Cydney	10	VIRGINIA BEACH F	5:49.20	6:15.66
2	Cornelius, Heavenle	10	VIRGINIA BEACH F	5:53.01	6:18.84
3	Martin, Kaia	9	COBRA TC	6:51.84	7:33.83

4x100 Meter Relay Bantam Girls

Team	Seed	Finals	Points
1	WEST END RICHMOND STRIDERS 'A'	1:02.40	1:02.09
2	CENTRAL VATRACK & FIELD CLUB 'A'	52.00	1:02.17
3	COBRA TC 'A'	1:02.90	1:03.16
4	INSIDE TRACK 'A'		1:07.58
--	VIRGINIA BEACH FLAMES 'A'	57.36	DQ

4x400 Meter Relay Bantam Girls

Team	Seed	Finals	Points
1	NORFOLK REAL DEAL 'A'	4:25.18	5:14.22
2	WEST END RICHMOND STRIDERS 'A'	5:13.10	5:24.30
3	RICHMOND HEAT TRACK & SPORTS 'A'	5:05.00	5:31.27
4	VIRGINIA BEACH FLAMES 'A'	4:58.36	5:31.33

High Jump Bantam Girls

Name	Age	Team	Seed	Finals	Points
1	Williams, Victoria	9	TRACK 757	3-06.00	

13	Greenlee, Ashley	11	TECHNIQUE TRACK	13.90	14.71	3
14	Ward, Nadiya	12	NORFOLK EXTREMES	18.23	14.73	3
15	Hankins, Diamond	11	TRACK SERIOUS TR	14.68	14.75	3
16	Lester, Dekeisha	12	MID CITY X-PRESS	14.89	14.85	5
17	Roe, Lachyna	11	RICHMOND HEAT TR	14.64	15.04	2
18	Butts, Lauren	12	TRACK SERIOUS TR	14.78	15.50	4
19	Boone, Brianna	11	VIRGINIA BEACH F	15.10	15.51	5
20	McQuay, Wynesha	11	TRI-CITY JETS TR		16.08	1
21	Lunsford, Domonique	11	GIDEONITES TC	15.60	16.37	4
22	Joyner, Juliana	11	TRI-CITY JETS TR		16.89	4
23	Chandler, Aliyah	11	TRACK SERIOUS TR	19.50	18.72	2

100 Meter Dash Midget Girls

Name	Age	Team	Prelims	Finals	Points
Finals					
1	Hill, Jaidlin	12	GIDEONITES TC	13.42	13.26
2	Glenn, Kyra	12	TRACK SERIOUS TR	13.28	13.31
3	Morris, Sidra	11	CENTRAL VATRACK	14.00	13.77
4	Lang, Naba	12	TRACK EXPRESS TC	13.96	13.81
5	Simmons, Mya	12	TRI-CITY JETS TR	13.94	13.98
6	Coker, Temea	12	RICHMOND HEAT TR	13.98	14.41
7	Parks, Milan	12	EAST END FLYERS	14.23	14.47

200 Meter Dash Midget Girls

Name	Age	Team	Seed	Finals	H#	Points
1	Wesson, Talia	12	EAST END FLYERS	26.02	26.55	5
2	Hill, Jaidlin	12	GIDEONITES TC	27.72	27.03	5
3	Morris, Ilissa	12	RICHMOND HEAT TR	30.02	27.85	3
4	Morris, Sidra	11	CENTRAL VATRACK	28.50	28.28	4
5	Philson, Jada	11	TECHNIQUE TRACK	28.00	28.43	5
6	Glenn, Kyra	12	TRACK SERIOUS TR	27.42	28.73	5
7	Simmons, Mya	12	TRI-CITY JETS TR	28.20	28.90	4
8	Greenlee, Ashley	11	TECHNIQUE TRACK	30.00	29.11	3
9	Cruz, Jamiah	11	BOOKER_STALLION_	29.54	29.26	4
10	Bunch, Ashaila	11	EAST END FLYERS	29.25	29.48	4
11	Towe, Morgan	11	VIRGINIA BEACH F	28.70	29.51	4
12	Sanford, Leah	12	VIRGINIA BEACH F	29.01	29.58	4
13	Jeter, LaTasha	12	GIDEONITES TC	33.00	30.11	2
14	Washington, Twanika	11	INSIDE TRACK	30.00	30.45	3
15	Hankins, Diamond	11	TRACK SERIOUS TR	30.87	30.80	3
16	Jackson, Tazhane	11	FLAMES SPEED FAC		31.08	1
17	Miner, Shaquora	11	RICHMOND HEAT TR		31.10	2
18	Bowlding, Candice	11	GIDEONITES TC	32.00	31.30	3
19	Lester, Dekeisha	12	MID CITY X-PRESS	30.56	31.36	3
20	Harris, Aja	12	FLAMES SPEED FAC		31.39	1
21	Boone, Brianna	11	VIRGINIA BEACH F	32.20	33.10	2
22	Blanton, Lacey	12	LION'S DEN TRACK	30.00	33.56	3
23	lewis, sydney	11	RICHMOND HEAT TR		34.58	1
24	McQuay, Wynesha	11	TRI-CITY JETS TR		34.83	2
25	Swain, Atiya	11	NORFOLK EXTREMES		35.00	1
26	Lewis, Asiah	12	EAST END FLYERS		35.32	1
27	Chandler, Aliyah	11	TRACK SERIOUS TR	39.00	39.08	2

400 Meter Dash Midget Girls

Name	Age	Team	Seed	Finals	H#	Points
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1	Wesson, Talia	12	EAST END FLYERS	59.87	1:01.46	5
2	White, Ebony	12	TRACK 757	1:03.00	1:03.09	5
3	Wilson, Taylor	11	TRACK 757	1:00.00	1:03.11	5
4	Bell, Deja	11	GIDEONITES TC		1:04.43	2
5	Morris, Ilissa	12	RICHMOND HEAT TR	1:06.79	1:05.69	4
6	Moore, Tyreka	12	EAST END FLYERS	1:07.56	1:05.94	4
7	Usher, Kitana	12	TECHNIQUE TRACK	1:08.00	1:06.54	4
8	Brown, Shavone	11	GIDEONITES TC	1:12.76	1:07.09	3
9	Young, Kayla	12	TECHNIQUE TRACK	1:06.00	1:08.02	4
10	Towe, Morgan	11	VIRGINIA BEACH F	1:00.23	1:08.33	5
11	Muhammad, Shakuraa	11	NORFOLK REAL DEA		1:09.38	1
12	Torain, Maya	12	PHASE II	1:04.00	1:09.82	5
13	Brown, Deja	12	NORFOLK REAL DEA	1:10.00	1:09.85	3
14	Tucker, Kayla	11	TRACK EXPRESS TC	1:06.00	1:09.97	4
15	Miner, Shaquora	11	RICHMOND HEAT TR	1:14.28	1:10.77	3
16	Greenlee, Ashley	11	TECHNIQUE TRACK	1:05.00	1:10.79	5
17	Washington, Twanika	11	INSIDE TRACK	1:08.00	1:10.85	4
18	Edwards, Briana	12	INSIDE TRACK	1:09.00	1:11.53	4
19	LeCadre, Todja	12	EAST END FLYERS	1:15.00	1:15.33	3
20	Lunsford, Domonique	11	GIDEONITES TC	1:18.00	1:17.30	2
21	Mansion, Mia	12	EAST END FLYERS	1:14.56	1:17.87	3
22	lewis, sydney	11	RICHMOND HEAT TR		1:18.74	2
23	Blanton, Lacey	12	LION'S DEN TRACK	1:15.00	1:19.42	3
24	Lewis, Asiah	12	EAST END FLYERS		1:21.39	2
25	Joyner, Juliana	11	TRI-CITY JETS TR		1:24.85	1
26	Brown, Kayla	11	TRACK SERIOUS TR	1:22.00	1:25.92	2
27	Thompson, Kyana	11	INSIDE TRACK		1:26.27	1
28	Wood, Maia	11	EAST END FLYERS		1:27.57	1
29	Harris, Aja	12	FLAMES SPEED FAC		1:31.78	1

800 Meter Run Midget Girls

Name	Age	Team	Seed	Finals	Points
1	White, Ebony	12	TRACK 757	2:27.00	2:34.76
2	Moore, Tyreka	12	EAST END FLYERS	2:41.26	2:42.39
3	Torain, Maya	12	PHASE II	2:40.00	2:43.84
4	Muhammad, Shakuraa	11	NORFOLK REAL DEA		2:44.06
5	Gary, Ieisha	11	SPEED CITY CHARG	2:40.00	2:45.15
6	Tucker, Kayla	11	TRACK EXPRESS TC	2:36.00	2:46.78
7	Young, Kayla	12	TECHNIQUE TRACK	2:45.00	2:48.15
8	Clark, Niya	12	NORFOLK REAL DEA	2:35.00	2:50.76
9	Roebuck, Cinqua	12	NORFOLK REAL DEA	3:13.00	2:51.70
10	Jackson, Ashanti	12	INSIDE TRACK	2:45.00	2:52.44
11	Girona, Alexis	12	EAST END FLYERS	2:52.54	2:54.15
12	Clarke, Kristiana	12	AMBASSADORS	2:49.70	2:54.97
13	Wyatt, Jade	12	VIRGINIA BEACH F	2:47.36	2:55.00
14	Brown, Shavone	11	GIDEONITES TC	2:49.00	2:55.70
15	Bullock, Kaliyah	11	INSIDE TRACK	2:50.00	2:55.71
16	Gordon, Domonique	12	GIDEONITES TC	3:20.70	2:57.11
17	Livingston, Marika	11	VIRGINIA BEACH F	2:51.36	2:58.08
18	Jeter, LaTasha	12	GIDEONITES TC	3:14.44	3:01.87
19	LeCadre, Todja	12	EAST END FLYERS	3:02.00	3:04.42
20	lewis, sydney	11	RICHMOND HEAT TR		3:11.92
21	Bilbrey, Abigail	11	INSIDE TRACK		3:15.03
22	Brown, Deja	12	NORFOLK REAL DEA		3:17.42
23	Dunwoodie, Ricki	12	EAST END FLYERS	3:08.00	3:21.01
24	Thompson, Kyana	11	INSIDE TRACK		3:25.30
25	McIntyre, Allyah	12	TRI-CITY JETS TR		3:25.80

1500 Meter Run Midget Girls

Name	Age	Team	Seed	Finals	Points
1 Gary, Ieisha	11	SPEED CITY CHARG	5:30.00	5:39.22	
2 Wyatt, Jade	12	VIRGINIA BEACH F	5:38.21	5:55.05	
3 Tucker, Kayla	11	TRACK EXPRESS TC	5:50.00	5:57.12	
4 Girona, Alexis	12	EAST END FLYERS	6:01.87	6:04.54	
5 Bowlding, Candice	11	GIDEONITES TC	6:25.24	6:07.01	
6 Grainger, Aleeya	11	NORFOLK REAL DEA		6:11.73	
7 Bullock, Kaliyah	11	INSIDE TRACK		6:15.51	
8 Clarke, Kristiana	12	AMBASSADORS	6:05.80	6:16.13	
9 Roebuck, Cinqua	12	NORFOLK REAL DEA	6:02.17	6:20.17	
10 Bilbrey, Abigail	11	INSIDE TRACK		7:06.14	

1500 Meter Race Walk Midget Girls

Name	Age	Team	Seed	Finals	Points
1 Gordon, Domonique	12	GIDEONITES TC	9:14.00	9:18.57	
2 Bowlding, Candice	11	GIDEONITES TC	9:54.20	9:18.61	
3 Pinto, Madison	11	TEAM FLASH	9:39.00	9:53.09	
4 Jeter, LaTasha	12	GIDEONITES TC	11:00.00	10:04.07	
5 Hamilton, Monaesha	11	SPEED CITY CHARG		10:57.66	
6 Brown, Deja	12	NORFOLK REAL DEA	10:49.81	11:21.27	
7 Roebuck, Cinqua	12	NORFOLK REAL DEA		11:32.70	

80 Meter Hurdles Midget Girls

Name	Age	Team	Seed	Finals	H#	Points
1 Bell, Deja	11	GIDEONITES TC		14.24		1
2 Edwards, Briana	12	INSIDE TRACK		14.43		1
3 Hill, Jaidlin	12	GIDEONITES TC	14.30	14.49		2
4 Sanford, Leah	12	VIRGINIA BEACH F	13.60	14.50		2
5 Dunwoodie, Ricki	12	EAST END FLYERS		16.99		1
6 Jackson, Ashanti	12	INSIDE TRACK		17.17		1
7 Livingston, Marika	11	VIRGINIA BEACH F	15.87	17.32		2
8 Lunsford, Domonique	11	GIDEONITES TC	17.00	17.66		2
9 Skinner, Shay	11	TRACK 757		18.64		1
10 Cleveland, Ashleigh	12	CAROLINA LIGHTNI	18.01	18.69		2

4x100 Meter Relay Midget Girls

Team	Seed	Finals	Points
1 EAST END FLYERS 'A'	53.62	53.87	
2 TECHNIQUE TRACK CLUB 'A'	53.00	54.15	
3 NORFOLK EXTREMES 'A'		56.18	
4 VIRGINIA BEACH FLAMES 'A'	56.36	57.55	

4x400 Meter Relay Midget Girls

Team	Seed	Finals	Points
1 GIDEONITES TC 'A'	4:57.00	4:28.83	
2 NORFOLK EXTREMES 'A'		4:39.44	
3 RICHMOND HEAT TRACK & SPORTS 'A'	5:05.00	4:41.86	
4 NORFOLK REAL DEAL 'A'	4:25.18	4:53.22	
5 INSIDE TRACK 'A'	4:38.00	4:57.87	

High Jump Midget Girls

Name	Age	Team	Seed	Finals	Points
1 Bell, Deja	11	GIDEONITES TC		4-08.00	
2 Gordon, Domonique	12	GIDEONITES TC	4-04.00	4-06.00	
3 Mansion, Mia	12	EAST END FLYERS	4-03.00	4-02.00	
4 Roe, Lachyna	11	RICHMOND HEAT TR		J4-02.00	
5 Cleveland, Ashleigh	12	CAROLINA LIGHTNI	4-00.00	4-00.00	
6 Wyatt, Jade	12	VIRGINIA BEACH F	3-08.00	J4-00.00	
7 Dunwoodie, Ricki	12	EAST END FLYERS	3-08.00	3-10.00	
8 Sanford, Leah	12	VIRGINIA BEACH F	4-00.00	3-08.00	
8 Clark, Niya	12	NORFOLK REAL DEA	11-01.75	3-08.00	

Long Jump Midget Girls

Name	Age	Team	Seed	Finals	Points
1 Morris, Sidra	11	CENTRAL VATRACK	14-05.00	14-00.50	
2 Cole, Ruby	12	NORFOLK EXTREMES		13-11.50	
3 Sanford, Leah	12	VIRGINIA BEACH F	15-00.00	13-08.50	
3 Parks, Milan	12	EAST END FLYERS	15-06.00	13-08.50	
5 Franklin, Jamilla	12	TECHNIQUE TRACK		13-04.00	
6 Livingston, Marika	11	VIRGINIA BEACH F	17-02.00	12-10.00	
7 Roe, Lachyna	11	RICHMOND HEAT TR		12-00.00	
8 Ferebee, Drew	12	NORFOLK EXTREMES		11-09.00	
9 Joyner, Juliana	11	TRI-CITY JETS TR		10-02.00	
-- McQuay, Wynesha	11	TRI-CITY JETS TR		ND	
-- Skinner, Shay	11	TRACK 757		ND	
-- Boone, Brianna	11	VIRGINIA BEACH F	16-02.00	ND	
-- Johnson, Nichele	12	EAST END FLYERS	13-05.00	ND	
-- Swain, Atiya	11	NORFOLK EXTREMES		ND	
-- Simmons, Mya	12	TRI-CITY JETS TR		ND	

Shot Put Midget Girls

Name	Age	Team	Seed	Finals	Points
1 Ragin, Hydeia	12	BOYS & GIRLS CLU		30-01.00	
2 Tinsley, Deonna	12	RICHMOND HEAT TR	28-00.00	28-04.50	
3 Embe, Maricela	12	RICHMOND HEAT TR	27-00.00	28-01.00	
4 Chandler, Aliyah	11	TRACK SERIOUS TR	24-04.00	27-09.50	
5 Glenn, Kyra	12	TRACK SERIOUS TR	25-03.00	27-05.00	
6 Usher, Kitana	12	TECHNIQUE TRACK		25-01.50	
7 Harris, Aja	12	FLAMES SPEED FAC	25-00.00	24-11.00	
8 Cole, Ruby	12	NORFOLK EXTREMES		23-10.00	
9 McIntyre, Allyah	12	TRI-CITY JETS TR		21-03.00	
10 Brown, Kayla	11	TRACK SERIOUS TR	19-04.00	20-05.00	
11 Cleveland, Ashleigh	12	CAROLINA LIGHTNI	19-00.00	19-03.00	
12 Johnson, McKenzie	12	EAST END FLYERS	18-06.00	17-11.00	
13 Tinsley, Leslie	11	RICHMOND HEAT TR		17-01.25	

Discus Throw Midget Girls

Name	Age	Team	Seed	Finals	Points
1 Embe, Maricela	12	RICHMOND HEAT TR	73-02	85-02	
2 Ragin, Hydeia	12	BOYS & GIRLS CLU		70-00	
3 Tinsley, Deonna	12	RICHMOND HEAT TR	55-00	52-02	
4 Tinsley, Leslie	11	RICHMOND HEAT TR		43-06	

100 Meter Dash Youth Girls

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 Top 7 Advance by Time

Name	Age Team	Seed	Prelims	H#
Preliminaries				
1 Taylor, Taranisha	14 NORFOLK REAL DEA	12.40	12.70q	4
2 Sharp, Olicia	14 CENTRAL VATRACK	12.70	13.11q	3
3 Melton, Erickina	14 NORFOLK EXTREMES		13.17q	2
4 Blackwell, Cayla	13 BOYS & GIRLS CLU	12.78	13.19q	2
5 Culver, Cierra	14 VIRGINIA BEACH M	13.00	13.38q	3
6 Bivins, Kiana	14 BOYS & GIRLS CLU	12.91	13.39q	2
7 Lester, Tierra	14 MID CITY X-PRESS	12.87	13.43q	1
8 Kearney, Khadeja	14 NORFOLK REAL DEA	13.00	13.55	4
9 Seward, Justice	14 TRACK SERIOUS TR	13.01	13.65	3
10 Harris, Tova	14 CENTRAL VATRACK	13.20	13.80	1
11 Knighten, Cierra	13 VIRGINIA BEACH M	13.00	13.91	4
12 Greene, Brya	14 BOOKER_STALLION_	13.11	13.94	1
13 Roberts, Chantel	14 SUFFOLK STARS	14.23	13.96	1
14 Williams, Brianna	14 NORFOLK REAL DEA	13.40	14.03	3
15 Francis, Shaquira	14 VIRGINIA BEACH F		14.05	4
16 Clark, Brittani	14 BOYS & GIRLS CLU		14.12	3
17 Jones, Tallia	14 CENTRAL VATRACK	13.10	14.14	2
18 Bowers, Bria	14 SUFFOLK STARS	14.13	14.20	1
19 Hicks, Ashley	13 NORFOLK REAL DEA	14.00	14.68	2
20 Hopson, Dorothy	13 TECHNIQUE TRACK	13.90	15.23	3
21 Cruz, Jana	14 BOOKER_STALLION_		16.15	1

100 Meter Dash Youth Girls

Name	Age Team	Prelims	Finals	Points
Finals				
1 Taylor, Taranisha	14 NORFOLK REAL DEA	12.70	12.30	
2 Sharp, Olicia	14 CENTRAL VATRACK	13.11	12.90	
3 Blackwell, Cayla	13 BOYS & GIRLS CLU	13.19	13.13	
4 Melton, Erickina	14 NORFOLK EXTREMES	13.17	13.14	
5 Culver, Cierra	14 VIRGINIA BEACH M	13.38	13.20	
6 Bivins, Kiana	14 BOYS & GIRLS CLU	13.39	13.30	
7 Lester, Tierra	14 MID CITY X-PRESS	13.43	13.44	

200 Meter Dash Youth Girls

Name	Age Team	Seed	Finals	H#	Points
1 Cuffee, Anise	14 TECHNIQUE TRACK	25.00	25.64	5	
2 Taylor, Taranisha	14 NORFOLK REAL DEA	26.37	25.94	5	
3 Sharp, Olicia	14 CENTRAL VATRACK	26.40	26.94	5	
4 Wheatley, Danielle	13 GIDEONITES TC	28.00	27.32	3	
5 Seward, Justice	14 TRACK SERIOUS TR	27.01	27.43	4	
6 Gregory, Jade	14 N-MOTION TC	28.04	27.44	3	
7 Allen, Destiny	14 GIDEONITES TC	28.00	27.47	3	
8 Kearney, Khadeja	14 NORFOLK REAL DEA	27.17	27.58	4	
9 Blackwell, Cayla	13 BOYS & GIRLS CLU	26.45	27.79	5	
10 Calhoun, Alanah	14 WESTERN BRANCH T	30.14	27.80	2	
11 Lester, Tierra	14 MID CITY X-PRESS	26.65	27.92	4	
12 Wilson, April	13 TRI-CITY JETS TR	27.00	27.93	4	
13 Culver, Cierra	14 VIRGINIA BEACH M	26.00	28.27	5	
14 Norrell, Erika	14 RICHMOND HEAT TR	28.00	28.62	3	
15 Greene, Brya	14 BOOKER_STALLION_	26.07	28.80	5	
16 Knighten, Cierra	13 VIRGINIA BEACH M	26.00	29.14	5	
17 Francis, Shaquira	14 VIRGINIA BEACH F		29.26	1	

18	Hicks, Ashley	13	NORFOLK REAL DEA	29.00	29.31	2
19	Bryant, Twanja	13	TRACK SERIOUS TR	30.78	29.38	2
20	Matais, Rebecca	13	WESTERN BRANCH T	28.94	30.10	3
20	Freeze, Sakeyi	14	VIRGINIA BEACH F	29.47	30.10	2
22	Golden, Rajah	14	GIDEONITES TC	31.00	30.13	1
23	White, Brianna	14	NORFOLK REAL DEA	27.00	30.74	4
24	Bogle, Jza'niece	14	TRI-CITY JETS TR		30.79	1
25	Henry, Alexxus	13	INSIDE TRACK		30.90	1
26	Mitchell, Devin	14	WESTERN BRANCH T	32.14	32.00	1
27	Myers, Tayor	13	BOYS & GIRLS CLU		33.10	1
28	Clemons, Jessica	14	SPEED INC.	30.00	33.15	2
29	Cruz, Jana	14	BOOKER_STALLION_		33.98	1

400 Meter Dash Youth Girls

Name	Age	Team	Seed	Finals	H#	Points
1	Moore, Maya	14	TECHNIQUE TRACK	57.00	59.27	5
2	Sharp, Olicia	14	CENTRAL VATRACK	1:03.00	1:01.85	4
3	Kearney, Khadeja	14	NORFOLK REAL DEA	59.00	1:02.13	5
4	Gregory, Jade	14	N-MOTION TC	1:02.67	1:02.46	4
5	Kassie, Loryn	14	SPEED INC.	1:03.00	1:02.56	4
6	Wilson, April	13	TRI-CITY JETS TR	59.90	1:03.85	5
7	Rogers, Brielyn	13	GIDEONITES TC	1:09.34	1:05.62	3
8	Allen, Destiny	14	GIDEONITES TC	1:12.00	1:05.67	3
9	Thomas, Jayme	13	TECHNIQUE TRACK	59.00	1:06.07	5
10	Hicks, Ashley	13	NORFOLK REAL DEA	1:10.00	1:07.81	3
11	Matais, Rebecca	13	WESTERN BRANCH T	1:09.44	1:09.42	3
12	Golden, Rajah	14	GIDEONITES TC	1:08.00	1:09.45	3
13	Culver, Cierra	14	VIRGINIA BEACH M	1:00.00	1:10.46	5
14	Knighten, Cierra	13	VIRGINIA BEACH M	1:00.00	1:10.51	5
15	Bell, Arielle	14	VIRGINIA BEACH F		1:10.54	1
16	Williams, Brianna	14	NORFOLK REAL DEA	1:05.00	1:11.83	4
17	Lee, Kayla	14	TRI-CITY JETS TR	1:00.00	1:12.93	5
18	Clark, Brittani	14	BOYS & GIRLS CLU		1:14.37	1
19	Tucker, Shayron	14	BOYS & GIRLS CLU	1:05.00	1:14.52	4
20	Henry, Alexxus	13	INSIDE TRACK	1:13.00	1:15.41	2
21	Freeze, Sakeyi	14	VIRGINIA BEACH F	1:14.50	1:15.49	2
22	Andrew, Zana	14	EAST END FLYERS		1:18.55	2
23	Mitchell, Devin	14	WESTERN BRANCH T	1:08.44	1:21.71	3
24	Myers, Tayor	13	BOYS & GIRLS CLU		1:21.91	1
25	Bivins, Kiana	14	BOYS & GIRLS CLU	1:10.00	1:30.20	3

800 Meter Run Youth Girls

Name	Age	Team	Seed	Finals	Points
1	Wilson, Samiiah	13	CAROLINA EAGLES	2:31.03	
2	Gregory, Jade	14	N-MOTION TC	2:35.08	2:31.83
3	Daniels, Brehanna	14	TRACK SERIOUS TR		2:40.74
4	Bell, Arielle	14	VIRGINIA BEACH F		2:43.63
5	Arthur, Ashli	13	CAROLINA LIGHTNI	2:45.00	2:44.37
6	Allen, Destiny	14	GIDEONITES TC	2:39.00	2:46.34
7	Tucker, Shayron	14	BOYS & GIRLS CLU	2:35.80	2:51.92
8	Hamilton, Sharnae'	13	BOYS & GIRLS CLU	2:35.90	2:53.38
9	Coleman, Corey	13	BOYS & GIRLS CLU	2:45.00	2:58.46
10	Smith, Briana	13	INSIDE TRACK	2:35.00	3:00.19
11	Cruz, Jana	14	BOOKER_STALLION_		3:02.08
12	Lane, Ashanti	14	VIRGINIA BEACH M		3:02.62
13	Myers, Tayor	13	BOYS & GIRLS CLU		3:16.13
14	Glover-Greaves, Bethani	13	EAST END FLYERS		3:33.99

15	Abdullah-Mohammed, Julya	13	EAST END FLYERS	3:35.87
16	Johnson, Morgan	14	EAST END FLYERS	3:41.15

1500 Meter Run Youth Girls

Name	Age	Team	Seed	Finals	Points
1	Wilson, Samiiah	13	CAROLINA EAGLES	5:28.35	
2	Conrad, Leia	13	GIDEONITES TC	5:40.00	5:46.60
3	Gregory, Jade	14	N-MOTION TC	5:26.91	5:56.28
4	Smith, Briana	13	INSIDE TRACK		6:09.66
5	Coleman, Corey	13	BOYS & GIRLS CLU	5:50.00	6:22.14
6	Lane, Ashanti	14	VIRGINIA BEACH M		7:07.13
7	Abdullah-Mohammed, Julya	13	EAST END FLYERS		8:28.91

3000 Meter Run Youth Girls

Name	Age	Team	Seed	Finals	Points
1	Conrad, Leia	13	GIDEONITES TC	13:00.00	11:04.47
2	Wilson, Samiiah	13	CAROLINA EAGLES		12:16.99

1500 Meter Race Walk Youth Girls

Name	Age	Team	Seed	Finals	Points
1	Golden, Rajah	14	GIDEONITES TC	10:50.00	9:44.09
2	Lyons, Brayannah	13	CHURCHLAND TRAIL		11:13.11

100 Meter Hurdles Youth Girls

Name	Age	Team	Seed	Finals	H#	Points
1	Daniels, Brehanna	14	TRACK SERIOUS TR		15.80	1
2	Rogers, Brielyn	13	GIDEONITES TC	17.00	18.37	2
3	Allen, Destiny	14	GIDEONITES TC	19.00	19.96	1
4	Roberts, Chantel	14	SUFFOLK STARS	18.79	20.14	2
5	Gould, Octavia	13	SUFFOLK STARS		20.25	1
6	Wheatley, Danielle	13	GIDEONITES TC	16.50	21.06	2
7	Carney, Kendall	14	SPEED INC.	18.00	23.05	2
8	Johnson, Morgan	14	EAST END FLYERS	23.10	23.78	1

4x100 Meter Relay Youth Girls

Team	Seed	Finals	Points
1 BOYS & GIRLS CLUB OF THE VIRGI 'A'	57.90	54.27	
2 NORFOLK EXTREMES 'A'		55.91	

4x400 Meter Relay Youth Girls

Team	Seed	Finals	Points
1 BOOKER_STALLION_EXPRESS 'A'	4:31.20	4:44.27	
2 BOYS & GIRLS CLUB OF THE VIRGI 'A'	4:31.70	4:45.43	
3 NORFOLK EXTREMES 'A'		4:58.29	

High Jump Youth Girls

Name	Age	Team	Seed	Finals	Points
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1 Calhoun, Alanah	14 WESTERN BRANCH T	5-00.50	4-10.00
2 Wheatley, Danielle	13 GIDEONITES TC		4-08.00
2 Daniels, Brehanna	14 TRACK SERIOUS TR	4-08.00	4-08.00
3 Rogers, Brielyn	13 GIDEONITES TC	5-01.00	J4-08.00
4 Kassie, Loryn	14 SPEED INC.	4-10.00	J4-08.00
6 Arthur, Ashli	13 CAROLINA LIGHTNI	4-04.00	4-04.00
7 Norrell, Erika	14 RICHMOND HEAT TR		4-02.00
8 Matais, Rebecca	13 WESTERN BRANCH T	4-01.25	4-00.00
8 Gould, Octavia	13 SUFFOLK STARS	4-00.00	4-00.00
-- Carney, Kendall	14 SPEED INC.	4-08.00	NH

Long Jump Youth Girls

Name	Age Team	Seed	Finals	Points
1 Wheatley, Danielle	13 GIDEONITES TC	17-00.00	16-05.00	
2 Norrell, Erika	14 RICHMOND HEAT TR		16-03.00	
3 Harris, Tova	14 CENTRAL VATRACK	15-04.00	15-03.00	
4 Burney, Kimani	14 SPEED INC.	14-09.00	15-00.50	
5 Calhoun, Alanah	14 WESTERN BRANCH T	13-01.50	14-02.50	
6 Williams, Brianna	14 NORFOLK REAL DEA		13-10.50	
7 Rogers, Brielyn	13 GIDEONITES TC	13-06.00	13-08.50	
8 Conrad, Leia	13 GIDEONITES TC	13-10.00	13-02.25	
9 Bowers, Bria	14 SUFFOLK STARS	12-07.00	13-01.50	
10 Lee, Kayla	14 TRI-CITY JETS TR		13-01.00	
10 Clark, Brittani	14 BOYS & GIRLS CLU		13-01.00	
12 Courtlandt, Shontahveon	13 NORFOLK EXTREMES		12-06.50	
13 Gould, Octavia	13 SUFFOLK STARS	11-00.00	12-00.00	
14 Roberts, Chantel	14 SUFFOLK STARS	13-07.50	11-08.00	
15 Freeze, Sakeyi	14 VIRGINIA BEACH F		10-09.50	
16 Bryant, Twanja	13 TRACK SERIOUS TR	13-04.00	10-09.00	
17 Mitchell, Devin	14 WESTERN BRANCH T	13-03.00	9-04.00	
-- Tonsall, Te'Asia	14 NORFOLK EXTREMES		ND	
-- Williams, Kej-dra	14 NORFOLK EXTREMES	7-05.25	ND	

Triple Jump Youth Girls

Name	Age Team	Seed	Finals	Points
1 Carney, Taira	14 CENTRAL VATRACK	34-00.00	34-10.00	
2 Roberts, Chantel	14 SUFFOLK STARS	26-07.00	30-07.00	
3 Harris, Tova	14 CENTRAL VATRACK	31-01.00	29-09.00	
4 Burney, Kimani	14 SPEED INC.	28-10.00	27-03.00	

Shot Put Youth Girls

Name	Age Team	Seed	Finals	Points
1 Hopson, Dorothy	13 TECHNIQUE TRACK		30-00.00	
2 Daniels, Brehanna	14 TRACK SERIOUS TR	27-00.00	27-04.00	
3 Bell, Cameron	14 EAST END FLYERS	25-01.00	26-02.00	
4 Thompson, Di'Yea	14 TRI-CITY JETS TR		24-03.00	
5 Lyons, Brayannah	13 CHURCHLAND TRAIL		23-10.00	
6 Ellis, Hyleah	13 EAST END FLYERS	22-09.00	23-05.00	
7 Johnson, Morgan	14 EAST END FLYERS	22-09.00	22-06.00	

Discus Throw Youth Girls

Name	Age Team	Seed	Finals	Points
1 Bell, Cameron	14 EAST END FLYERS	58-01	70-06	

2 Lyons, Brayannah	13 CHURCHLAND TRAIL	64-10
3 Thompson, Di'Yea	14 TRI-CITY JETS TR	57-08
4 Hopson, Dorothy	13 TECHNIQUE TRACK	55-05
5 Ellis, Hyleah	13 EAST END FLYERS	53-04 53-05
6 Noel, Lawren	14 NORFOLK EXTREMES	50-10
7 Williams, Kej-dra	14 NORFOLK EXTREMES	46-08

100 Meter Dash Intermediate Girls

Top 8 Advance by Time

Name	Age Team	Seed	Prelims	H#
Preliminaries				
1 Williams, Shakia	15 WESTERN BRANCH T	12.54	12.61q	4
2 Minkins, Tania	16 NORFOLK REAL DEA	12.30	12.65q	4
3 Morris, Ciarra	16 CENTRAL VATRACK	12.85	12.66q	3
4 Porter, Kiara	15 SPEED INC.	12.65	12.67q	4
5 Hankins, Jasmine	15 TRACK SERIOUS TR	12.59	12.84q	5
6 Jemmott, Katea	16 CENTRAL VATRACK	12.40	12.88q	3
6 Harris, Angela	15 CENTRAL VATRACK	12.50	12.88q	1
6 Brown, Qualitra	16 NORFOLK REAL DEA	12.50	12.88q	2
9 Roberts, Christen	16 VIRGINIA BEACH F	12.95	12.90	3
9 Pinnock, Marressa	16 WESTERN BRANCH T	12.94	12.90	2
11 Moore, Brianna	15 FLAMES SPEED FAC	12.50	12.95	3
12 Booker, Icess	16 BOOKER_STALLION_	12.60	12.99	5
13 Fulgham, Sarah	16 CENTRAL VATRACK	12.90	13.04	1
14 Ford-Holland, Siobhan	15 CENTRAL VATRACK	12.50	13.07	1
15 Langford, Keona	16 SPEED CITY CHARG	12.10	13.08	5
16 Ogwu, Nneka	16 VIRGINIA BEACH F		13.12	5
17 Hodge, Ravenne	16 VIRGINIA BEACH F	12.89	13.17	2
18 Lassiter, Shamia	15 WESTERN BRANCH T	13.94	13.30	2
19 Green, Tanisha	15 VIRGINIA BEACH F	12.97	13.33	4
20 Thomas, Ramona	15 WESTERN BRANCH T	13.84	13.39	2
21 Smith, Amina	16 GIDEONITES TC	13.90	13.47	1
22 Johnson, Courtney	15 TECHNIQUE TRACK	12.99	13.62	5
23 Atkins, Amber	15 WESTERN BRANCH T	14.44	13.78	4
24 Washington, Aleshia	15 TRACK SERIOUS TR	13.64	13.87	4
25 Tanner, Chantikqua	16 TRI-CITY JETS TR	13.50	14.31	5
26 Mitchell, Chelsea	15 NORFOLK EXTREMES		14.36	3
27 Ray, Jasmine	16 SUFFOLK STARS	15.29	14.76	5
28 Harris, Kelia	15 WESTERN BRANCH T		15.11	2
29 Odon, Niosha	16 TECHNIQUE TRACK	13.89	15.42	1
30 Parker, Chelsea	15 SUFFOLK STARS		15.75	4

100 Meter Dash Intermediate Girls

Name	Age Team	Prelims	Finals	Points
Finals				
1 Minkins, Tania	16 NORFOLK REAL DEA	12.65	12.36	
2 Williams, Shakia	15 WESTERN BRANCH T	12.61	12.45	
3 Harris, Angela	15 CENTRAL VATRACK	12.88	12.56	
4 Porter, Kiara	15 SPEED INC.	12.67	12.60	
5 Morris, Ciarra	16 CENTRAL VATRACK	12.66	12.66	
6 Jemmott, Katea	16 CENTRAL VATRACK	12.88	12.68	
7 Hankins, Jasmine	15 TRACK SERIOUS TR	12.84	12.69	
8 Brown, Qualitra	16 NORFOLK REAL DEA	12.88	12.89	

200 Meter Dash Intermediate Girls

Name	Age Team	Seed	Finals	H#	Points
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1	Saunders, Shakela	15	FLAMES SPEED FAC	24.90	24.99	6
2	Payne, Piarrah	16	FLAMES SPEED FAC	25.00	25.51	6
3	Williams, Monica	15	TRACK SERIOUS TR	25.52	25.83	5
4	Wesh, Diane	16	PHASEII		26.02	1
5	Harris, Angela	15	CENTRAL VATRACK	25.50	26.12	5
6	Hankins, Jasmine	15	TRACK SERIOUS TR	26.50	26.25	4
7	Pinnock, Marressa	16	WESTERN BRANCH T	26.44	26.36	5
8	Morris, Ciarra	16	CENTRAL VATRACK	26.10	26.37	5
9	Smitwrick, Shenise	16	PHASEII		26.39	1
10	Langford, Keona	16	SPEED CITY CHARG	25.25	26.53	6
11	Roberts, Christen	16	VIRGINIA BEACH F	26.60	26.62	4
12	Wise, Katharine	16	CENTRAL VATRACK	26.50	26.95	4
13	Ewing, Jessica	15	TRACK SERIOUS TR	27.63	27.08	3
14	Green, Tanisha	15	VIRGINIA BEACH F	26.50	27.28	4
15	Booker, Icess	16	BOOKER_STALLION_	25.33	27.47	6
16	Hinton, Jalen	15	TRACK SERIOUS TR	27.00	27.75	3
17	Lassiter, Shamia	15	WESTERN BRANCH T	28.14	27.90	2
18	Cox, Charisa	15	RICHMOND COMETS	28.10	28.59	2
19	Wyche, DeBresha	15	CENTRAL VATRACK	27.10	28.97	3
20	Atkins, Amber	15	WESTERN BRANCH T	30.14	29.03	2
21	Johnson, Za'mia	15	TRACK 757		29.75	1
22	Washington, Aleshia	15	TRACK SERIOUS TR	27.04	29.98	3
23	Harris, Kelia	15	WESTERN BRANCH T		33.86	2

400 Meter Dash Intermediate Girls

Name	Age	Team	Seed	Finals	H#	Points
1	Saunders, Shakela	15	FLAMES SPEED FAC	57.00	56.55	6
2	Robinson, Cydney	16	NORFOLK REAL DEA	57.00	58.35	6
3	Wesh, Diane	16	PHASEII		58.58	1
4	Ewing, Jessica	15	TRACK SERIOUS TR	1:00.10	59.36	4
5	Minkins, Tania	16	NORFOLK REAL DEA	58.30	59.72	6
6	Pinnock, Marressa	16	WESTERN BRANCH T	58.64	1:00.14	5
7	Brown, Qualitra	16	NORFOLK REAL DEA	1:01.00	1:00.69	4
8	Williams, Shakia	15	WESTERN BRANCH T	57.88	1:01.25	6
9	Ogwu, Nneka	16	VIRGINIA BEACH F	1:01.00	1:01.34	4
10	Woodley, Ashley	16	PHASEII		1:01.63	1
11	Daniel, Shanna	16	SUFFOLK STARS	58.00	1:02.21	6
12	Tyson, Keilah	16	NORFOLK REAL DEA	58.60	1:02.25	5
13	Harper, Amani	15	NORFOLK REAL DEA	1:00.00	1:03.11	4
14	Wise, Katharine	16	CENTRAL VATRACK	1:03.00	1:03.20	3
15	Payne, Piarrah	16	FLAMES SPEED FAC	59.00	1:03.34	5
16	Wyche, DeBresha	15	CENTRAL VATRACK	1:05.01	1:03.76	2
17	Forbes, Jazmine	15	TRI-CITY JETS TR	59.80	1:03.88	5
18	Cooper, Kinyata	16	VIRGINIA BEACH F	59.56	1:04.29	5
19	Rolax, Candace	16	TRACK SERIOUS TR	59.88	1:04.73	4
20	Bank, Ivory	16	CENTRAL VATRACK	1:04.00	1:05.17	3
21	Norman, Tiana	16	VIRGINIA BEACH F	1:03.00	1:05.63	3
22	Ford, TiYe	15	TRI-CITY JETS TR		1:06.02	1
23	Battle, Jasmine	15	RICHMOND HEAT TR	1:05.48	1:07.92	2
24	Ruff, Shea	16	NORFOLK REAL DEA	1:05.00	1:08.12	3
25	Heird, Taylor	15	CENTRAL VATRACK	1:02.65	1:08.50	3
26	Smith, Cheyeane	16	NORFOLK REAL DEA	1:02.00	1:09.00	3
27	Cooper, Kristin	16	MID CITY X-PRESS	1:08.00	1:10.05	2
28	Williams, Arianna	16	SPEED CITY CHARG	1:09.00	1:10.59	2
29	Cox, Charisa	15	RICHMOND COMETS	59.90	1:10.62	4
30	McMullen, Anna	16	COBRA TC	1:07.70	1:12.60	2
31	Odon, Niosha	16	TECHNIQUE TRACK	1:08.00	1:13.83	2
32	Cherdae, Kirkland	16	CENTRAL VATRACK	1:09.10	1:24.50	1

800 Meter Run Intermediate Girls

Name	Age Team	Seed	Finals	Points
1 Smith, Ariel	15 NORFOLK REAL DEA	2:26.00	2:30.69	
2 Cornell, Elizabeth	16 NORFOLK REAL DEA	2:25.00	2:31.71	
3 Ledbetter, Mekenna	16 LION'S DEN TRACK	2:35.00	2:42.04	
4 Thorpe, Raiven	15 RICHMOND HEAT TR	2:42.41	2:45.85	
5 McMullen, Anna	16 COBRA TC	2:35.40	2:49.11	
6 Heird, Taylor	15 CENTRAL VATRACK	2:42.32	2:55.83	
7 Bruckner, Keegan	15 CENTRAL VATRACK	2:49.51	2:55.84	
8 Ellick, Ashley	15 TRACK SERIOUS TR	2:38.30	2:57.18	
9 Gray, Brittney	15 NORFOLK REAL DEA	2:50.00	3:11.32	

1500 Meter Run Intermediate Girls

Name	Age Team	Seed	Finals	Points
1 Smith, Ariel	15 NORFOLK REAL DEA	5:05.00	5:26.45	
2 Cornell, Elizabeth	16 NORFOLK REAL DEA	5:18.00	5:30.91	
3 Ledbetter, Mekenna	16 LION'S DEN TRACK	5:35.00	5:51.12	
4 Bruckner, Keegan	15 CENTRAL VATRACK	6:28.21	6:12.76	
5 Lee, Siham	16 NORFOLK PACERS	6:00.00	6:21.93	
6 Woodley, Ashley	16 PHASEII		7:39.52	

100 Meter Hurdles Intermediate Girls

Name	Age Team	Seed	Finals	H#	Points
1 Porter, Johniqua	16 SUFFOLK STARS		16.05	1	
2 Harper, Amani	15 NORFOLK REAL DEA	15.80	16.30	2	
3 Whitties, Venus	16 NORFOLK REAL DEA	16.30	16.43	2	
4 Bailey, Eloria	16 CENTRAL VATRACK	17.85	19.76	2	
5 Washington, Aleshia	15 TRACK SERIOUS TR	18.77	20.17	1	
6 Hinton, Jalen	15 TRACK SERIOUS TR	17.68	20.27	2	
7 Cooper, Kristin	16 MID CITY X-PRESS	17.87	20.68	2	
8 Adams, Shanece	16 TECHNIQUE TRACK		21.90	1	
9 Ray, Jasmine	16 SUFFOLK STARS		22.75	1	

4x100 Meter Relay Intermediate Girls

Team	Seed	Finals	Points
1 FLAMES SPEED FACTORY 'A'	47.00	47.92	
2 CENTRAL VATRACK & FIELD CLUB 'A'	58.00	49.33	
3 VIRGINIA BEACH FLAMES 'A'	49.00	49.34	
4 NORFOLK REAL DEAL 'A'	48.00	49.77	

4x400 Meter Relay Intermediate Girls

Team	Seed	Finals	Points
1 TRACK SERIOUS TRACK AND FIELD 'A'	4:03.50	4:23.01	
2 TRI-CITY JETS TRACK CLUB 'A'		4:29.56	

High Jump Intermediate Girls

Name	Age Team	Seed	Finals	Points
1 Smith, Amina	16 GIDEONITES TC	5-10.00	5-06.00	

2	Tyson, Keilah	16	NORFOLK REAL DEA	5-04.00	5-02.00
3	Morris, Ciarra	16	CENTRAL VATRACK	5-00.00	5-00.00
4	Battle, Jasmine	15	RICHMOND HEAT TR		4-06.00
5	Thomas, Ramona	15	WESTERN BRANCH T	4-09.00	J4-06.00
--	McMillian-Wins, Asia	16	CENTRAL VATRACK	5-03.00	NH

Long Jump Intermediate Girls

Name	Age	Team	Seed	Finals	Points
1	Ford-Holland, Siobhan	15	CENTRAL VATRACK	18-01.00	17-03.50
2	Jemmott, Katea	16	CENTRAL VATRACK	18-02.00	16-03.50
3	Smith, Amina	16	GIDEONITES TC	16-04.00	16-02.50
4	Daniels, Dionna	16	CENTRAL VATRACK	16-04.00	16-01.50
5	Hinton, Jalen	15	TRACK SERIOUS TR	16-07.00	15-10.50
6	Atkins, Amber	15	WESTERN BRANCH T	14-00.00	15-05.50
6	Thorpe, Raiven	15	RICHMOND HEAT TR		15-05.50
8	Lassiter, Shamia	15	WESTERN BRANCH T	14-09.25	15-01.00
9	Porter, Johniqua	16	SUFFOLK STARS		14-10.50
10	Adams, Shanece	16	TECHNIQUE TRACK		14-06.50
11	Johnson, Courtney	15	TECHNIQUE TRACK		13-07.25
12	Moore, Sharita	16	GIDEONITES TC	14-11.00	13-05.25
13	Williams, Shakia	15	WESTERN BRANCH T	13-01.50	13-00.50
14	Payne, Piarrah	16	FLAMES SPEED FAC	17-00.75	12-08.00
15	Mitchell, Chelsea	15	NORFOLK EXTREMES		12-03.50
16	Ford, TiYe	15	TRI-CITY JETS TR	16-05.00	11-10.50
17	Parker, Chelsea	15	SUFFOLK STARS		11-07.50
18	Ray, Jasmine	16	SUFFOLK STARS	12-01.00	9-05.50
--	McMillian-Wins, Asia	16	CENTRAL VATRACK	17-00.00	ND
--	Tyson, Keilah	16	NORFOLK REAL DEA	17-09.00	ND

Triple Jump Intermediate Girls

Name	Age	Team	Seed	Finals	Points
1	Jemmott, Katea	16	CENTRAL VATRACK	36-07.00	34-11.25
2	Smith, Amina	16	GIDEONITES TC	33-00.00	34-07.50
3	Porter, Johniqua	16	SUFFOLK STARS		34-01.00
4	Forbes, Jazmine	15	TRI-CITY JETS TR		33-02.25
5	Daniel, Shanna	16	SUFFOLK STARS	30-00.00	31-02.00
6	Moore, Sharita	16	GIDEONITES TC	31-05.00	30-07.00
7	Bank, Ivory	16	CENTRAL VATRACK	33-01.00	30-02.50

Shot Put Intermediate Girls

Name	Age	Team	Seed	Finals	Points
1	Moore, Sharita	16	GIDEONITES TC	32-08.00	30-03.00
2	Tanner, Chantikqua	16	TRI-CITY JETS TR		24-07.00
3	Morelan, Rio	15	NORFOLK REAL DEA		23-09.00
4	Thorpe, Raiven	15	RICHMOND HEAT TR		20-05.00

Discus Throw Intermediate Girls

Name	Age	Team	Seed	Finals	Points
1	Moore, Sharita	16	GIDEONITES TC	98-10.50	90-08
2	Mitchell, Chelsea	15	NORFOLK EXTREMES		67-05
3	Tanner, Chantikqua	16	TRI-CITY JETS TR		62-11
4	Morelan, Rio	15	NORFOLK REAL DEA		60-00
5	Ford, TiYe	15	TRI-CITY JETS TR		51-05

100 Meter Dash Young Women

Top 7 Advance by Time

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 Wesh, Marlana	17	PHASE II		12.26q	3
2 Gaines, Jessie	18	WESTERN BRANCH T	12.17	12.33q	1
3 Townsend, Jazmend	17	FLAMES SPEED FAC	12.10	12.41q	2
4 Chandler, Tanay	17	NORFOLK REAL DEA	12.00	12.42q	3
5 Idlette, LaVonne	18	UNATTACHED	13.38	12.46q	1
6 Hutchins, Olivia	18	TRACK SERIOUS TR	12.32	12.48q	3
7 Claiborne, Shanneka	18	CENTRAL VATRACK		12.62q	1
8 Mitchell, Amber	18	WESTERN BRANCH T	12.34	12.64	4
9 Patron, Trisha	18	CENTRAL VATRACK	12.50	12.96	2
10 Mitchell, Tara	17	NORFOLK REAL DEA	12.80	13.01	3
11 Sumler, Monica	17	FLAMES SPEED FAC	12.60	13.16	1
12 Phillips, D'Ayrra	17	N-MOTION TC	13.18	13.50	2
13 Lester, Veronica	17	MID CITY X-PRESS	12.65	13.51	2
14 Beckles, Angelica	18	TRACK SERIOUS TR	13.01	13.59	3
15 Dickens, Logan	17	WESTERN BRANCH T	13.94	13.62	3
16 Clary, Kristen	18	CENTRAL VATRACK	12.51	13.67	1
17 Smith, Celina	17	WESTERN BRANCH T	13.44	13.70	2
18 Snell, Shatirra	17	SPEED INC.		13.87	2
19 Williams, Shanay	17	CENTRAL VATRACK	12.95	14.01	4
20 Clarke, cynthia	18	WESTERN BRANCH T	14.44	14.42	4
21 Cobb, Sydni	17	WESTERN BRANCH T		15.24	4

100 Meter Dash Young Women

Name	Age	Team	Prelims	Finals	Points
Finals					
1 Wesh, Marlana	17	PHASE II	12.26	11.98	
2 Gaines, Jessie	18	WESTERN BRANCH T	12.33	12.05	
3 Chandler, Tanay	17	NORFOLK REAL DEA	12.42	12.13	
4 Townsend, Jazmend	17	FLAMES SPEED FAC	12.41	12.35	
5 Hutchins, Olivia	18	TRACK SERIOUS TR	12.48	12.43	
6 Claiborne, Shanneka	18	CENTRAL VATRACK	12.62	12.45	

200 Meter Dash Young Women

Name	Age	Team	Seed	Finals	H#	Points
1 Wesh, Marlana	17	PHASE II		24.43	1	
2 Hunt, Ruth	17	TRACK SERIOUS TR	25.01	25.22	4	
3 Mitchell, Amber	18	WESTERN BRANCH T	25.54	25.66	4	
4 Butler, Emily	17	TRACK SERIOUS TR	25.57	25.77	4	
5 Gaines, Jessie	18	WESTERN BRANCH T	24.99	25.81	4	
6 Hutchins, Olivia	18	TRACK SERIOUS TR	25.40	26.05	4	
7 Thomas, Camille	17	WESTERN BRANCH T	26.44	26.29	3	
8 Sumler, Monica	17	FLAMES SPEED FAC	26.45	26.73	3	
9 Myrick, Keisha	17	WESTERN BRANCH T	28.44	27.17	2	
10 Lester, Veronica	17	MID CITY X-PRESS	26.82	27.38	3	
11 Phillips, D'Ayrra	17	N-MOTION TC	28.06	27.99	2	
12 Beckles, Angelica	18	TRACK SERIOUS TR	27.08	28.04	3	
13 Thomas, Delia	18	TRACK SERIOUS TR		28.22	1	
14 Smith, Celina	17	WESTERN BRANCH T	27.94	28.28	2	
15 Snell, Shatirra	17	SPEED INC.		28.63	1	
16 Dickens, Logan	17	WESTERN BRANCH T	27.94	29.06	2	

17 Farmer, Ciara	18 TRACK SERIOUS TR	29.45	29.28	1
18 Thomas, Chanise	17 TRACK EXPRESS TC	26.50	29.57	3
19 Clary, Kristen	18 CENTRAL VATRACK	25.32	30.38	4
20 Mosley, Lauren	17 TRACK EXPRESS TC	27.80	31.78	2

400 Meter Dash Young Women

Name	Age Team	Seed	Finals	H#	Points
1 Wesh, Marlena	17 PHASE II		55.89	1	
2 Belizaire, Marlene	18 NORFOLK REAL DEA	55.00	57.21	3	
3 Harris, Tiffany	17 NORFOLK REAL DEA	56.00	57.66	3	
4 Miles, Tylesia	17 NORFOLK REAL DEA	57.40	57.96	3	
5 Wilson, Raven	18 NORFOLK REAL DEA	57.80	58.86	3	
6 Chandler, Tanay	17 NORFOLK REAL DEA	58.31	59.96	3	
7 Mitchell, Tara	17 NORFOLK REAL DEA	1:00.00	1:00.93	2	
8 Cobbs, Jasmine	17 SPEED CITY CHARG	59.00	1:02.48	3	
9 Owens, Derica	17 TRACK SERIOUS TR	1:01.80	1:03.78	2	
10 Snell, Shatirra	17 SPEED INC.		1:06.55	1	
11 Thomas, Delia	18 TRACK SERIOUS TR		1:06.60	1	
12 Taylor, Whitney	17 CENTRAL VATRACK	1:00.00	1:08.67	2	
13 Phillips, D'Ayrre	17 N-MOTION TC	1:11.28	1:09.07	1	
14 Smith, Celina	17 WESTERN BRANCH T	1:04.24	1:10.05	1	

800 Meter Run Young Women

Name	Age Team	Seed	Finals	Points
1 Chowyok, Amira	18 TRACK SERIOUS TR	2:19.40	2:27.71	
2 Johnson, Samira	17 TRACK SERIOUS TR	2:19.00	2:30.54	
3 Clayton, Sierra	17 FLAMES SPEED FAC	2:23.00	2:34.40	
4 Dove, Shereece	18 CENTRAL VATRACK	2:42.00	2:47.39	
5 Bryceland, Shelby	18 LION'S DEN TRACK	2:47.00	2:47.45	
6 Farmer, Ciara	18 TRACK SERIOUS TR	2:35.10	2:57.06	

1500 Meter Run Young Women

Name	Age Team	Seed	Finals	Points
1 Bryceland, Shelby	18 LION'S DEN TRACK	5:45.00	6:03.13	
2 Dove, Shereece	18 CENTRAL VATRACK	6:14.00	6:17.17	
3 Georgiades, Kara	17 LION'S DEN TRACK	5:45.00	6:52.58	

3000 Meter Run Young Women

Name	Age Team	Seed	Finals	Points
1 Georgiades, Kara	17 LION'S DEN TRACK	12:25.00	14:32.44	

100 Meter Hurdles Young Women

Name	Age Team	Seed	Finals	H#	Points
1 Hutchins, Olivia	18 TRACK SERIOUS TR	14.89	14.99	2	
2 Perry, Chaneka	17 SPEED CITY CHARG	15.13	15.37	2	
3 Luedeke, Chantal	17 FLAMES SPEED FAC	14.60	15.75	2	
4 Thomas, Camille	17 WESTERN BRANCH T	15.84	15.80	1	
5 Morgan, Erika	17 WESTERN BRANCH T	15.84	17.91	1	
6 Geisman, Caitlyn	17 EAST END FLYERS		18.69	1	
7 Wilson, Victoria	17 CENTRAL VATRACK	15.91	19.48	1	
8 Cantwell, Alexandra	17 WESTERN BRANCH T		20.27	1	

4x100 Meter Relay Young Women

Team	Seed	Finals	Points
1 NORFOLK REAL DEAL 'A'	47.00	47.26	
2 TRACK SERIOUS TRACK AND FIELD 'A'	49.01	47.90	
3 WESTERN BRANCH TRACK CLUB 'A'	47.94	48.15	
4 FLAMES SPEED FACTORY 'A'	47.00	49.37	
5 SPEED CITY CHARGERS TC 'A'	50.00	51.42	
6 CENTRAL VATRACK & FIELD CLUB 'A'	52.00	52.24	

4x400 Meter Relay Young Women

Team	Seed	Finals	Points
1 TRACK SERIOUS TRACK AND FIELD 'A'	4:03.50	4:21.79	

High Jump Young Women

Name	Age Team	Seed	Finals	Points
1 Fair, ermisha	18 WESTERN BRANCH T	5-03.75	5-04.00	
2 Morgan, Erika	17 WESTERN BRANCH T	5-01.75	5-02.00	
3 Myrick, Keisha	17 WESTERN BRANCH T	5-01.75	4-10.00	
4 Gardner, Tiara	18 UNATTACHED		J4-10.00	

Long Jump Young Women

Name	Age Team	Seed	Finals	Points
1 Fair, ermisha	18 WESTERN BRANCH T	19-08.25	18-10.00	
2 Harris, Tiffany	17 NORFOLK REAL DEA	19-01.00	18-09.50	
3 Sheperd, Karimah	17 FLAMES SPEED FAC	19-08.25	18-04.50	
4 Townsend, Jazmend	17 FLAMES SPEED FAC	20-08.00	18-00.00	
5 Beard, Amanda	17 TRACK SERIOUS TR	17-01.00	17-11.75	
6 Mitchell, Tara	17 NORFOLK REAL DEA		17-08.00	
7 Clary, Kristen	18 CENTRAL VATRACK	18-03.00	17-05.00	
8 Gaines, Jessie	18 WESTERN BRANCH T	19-08.25	17-03.00	
9 Thomas, Camille	17 WESTERN BRANCH T	16-05.00	17-02.00	
10 Patron, Trisha	18 CENTRAL VATRACK	17-00.00	16-10.00	
11 Butler, Emily	17 TRACK SERIOUS TR	17-03.00	16-08.50	
11 Sumler, Monica	17 FLAMES SPEED FAC	17-00.75	16-08.50	
13 Cantwell, Alexandra	17 WESTERN BRANCH T		16-08.00	
14 Morgan, Erika	17 WESTERN BRANCH T	13-01.50	15-06.00	
15 Potter, Christine	18 LION'S DEN TRACK	10-00.00	12-00.00	

Triple Jump Young Women

Name	Age Team	Seed	Finals	Points
1 Sheperd, Karimah	17 FLAMES SPEED FAC	39-04.50	40-01.00	
2 Fair, ermisha	18 WESTERN BRANCH T	39-04.50	39-02.50	
2 Perry, Chaneka	17 SPEED CITY CHARG	38-06.00	39-02.50	
4 Beard, Amanda	17 TRACK SERIOUS TR	36-05.00	36-08.50	
5 Taylor, Whitney	17 CENTRAL VATRACK	34-00.00	31-01.00	
6 Cantwell, Alexandra	17 WESTERN BRANCH T		29-01.00	

Shot Put Young Women

Name	Age Team	Seed	Finals	Points
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1	Cobb, Sydni	17	WESTERN BRANCH T	36-01.25	37-09.00
2	Vanstory, Jasmine	18	CENTRAL VATRACK	35-01.00	33-11.00
3	King, Elise	18	TRI-CITY JETS TR	38-06.00	33-03.00
4	Clarke, cynthia	18	WESTERN BRANCH T	29-06.50	30-02.00
5	James, Kelley	17	SPEED INC.	28-10.00	30-00.00
6	Nichols, Natasha	17	N-MOTION TC	29-02.00	27-05.00
7	Thompson, Rachel	17	AMBASSADORS	28-07.00	26-06.00
8	Robinson, Markia	17	CENTRAL VATRACK	30-00.00	26-02.00
9	Potter, Christine	18	LION'S DEN TRACK	26-00.00	23-04.00

Discus Throw Young Women

Name	Age	Team	Seed	Finals	Points
1	Vanstory, Jasmine	18	CENTRAL VATRACK	115-03	112-00
2	Robinson, Markia	17	CENTRAL VATRACK	90-00	99-04
3	James, Kelley	17	SPEED INC.	81-11	93-11
4	Cobb, Sydni	17	WESTERN BRANCH T	11-06.75	90-03
5	Thompson, Rachel	17	AMBASSADORS	90-08	80-03
6	Clarke, cynthia	18	WESTERN BRANCH T	105-00	77-00
7	Potter, Christine	18	LION'S DEN TRACK	70-00	52-10
--	King, Elise	18	TRI-CITY JETS TR	98-05	ND

100 Meter Dash Primary Boys

Top 7 Advance by Time

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1	Maness, Malachi	8	MID CITY X-PRESS	16.98	16.33q 4
2	Carter, Jasper	8	NORFOLK REAL DEA	15.33	16.36q 5
3	Smith, Anthony	8	AMBASSADORS	16.20	16.43q 4
4	Blizzard, Trovel	7	BOYS & GIRLS CLU	15.90	16.48q 2
5	Boyd, Jaewan	8	RICHMOND COMETS	17.01	16.59q 3
5	Terrell, Vincent	6	SPEED INC.	16.23	16.59q 5
7	Lawrence, Isaiah	5	TRACK SERIOUS TR		16.78q 5
8	Brown, Tashawn	8	CHURCHLAND TRAIL	16.18	16.87 3
9	Terrell, Gionni	8	COBRA TC	14.98	16.90 7
10	Harris, Michai	8	WEST END RICHMON	14.30	16.92 8
11	Watson, Naeem	8	VIRGINIA BEACH F	16.40	16.98 8
12	Hurdle, Kendric	8	INDIAN RIVER SPE	16.70	17.12 7
13	Land, Tayvion	8	VIRGINIA BEACH F	16.80	17.27 6
14	Mansion, Shamar	6	EAST END FLYERS	17.24	17.45 1
14	webb, antonio	7	UNATTACHED	15.00	17.45 6
16	Packer Jr, Corey	8	INDIAN RIVER SPE	16.00	17.52 1
17	Jacobs, Jmilriyon	8	INSIDE TRACK		17.54 7
18	Hampton, Taishawn	6	TECHNIQUE TRACK		17.61 1
19	Wilson, A'Ryan	8	TRACK 757	15.70	17.62 4
20	Lawrence, DaShawn	8	VIRGINIA BEACH F		17.69 3
21	Goodson, Arlen	8	TECHNIQUE TRACK		17.72 7
22	Edwards, Antwan	7	INSIDE TRACK		17.98 6
23	Boyd, Jacques	7	RICHMOND COMETS	18.60	18.06 4
24	Walls, Javon	8	RICHMOND COMETS	17.90	18.08 1
25	Eaton, Devin	7	NORFOLK EXTREMES		18.27 1
26	Howard, Dezmen	8	NORFOLK REAL DEA	16.30	18.37 8
27	Jenkins, Jaiden	7	TECHNIQUE TRACK		18.45 4
28	Butts, Danarre	7	CHURCHLAND TRAIL	16.25	19.00 6
29	Beamon, Erin	7	GIDEONITES TC	18.00	19.08 2
30	Satterwhite, Lamontre	8	RICHMOND HEAT TR		19.63 8
31	Baldwin, Myles	8	TECHNIQUE TRACK		19.80 2

32	Harvey, Rayshard	7	NORFOLK EXTREMES		19.97	3
33	Cuffee, Kadari	7	VIRGINIA BEACH M		20.14	5
34	Bunch, Calvin	7	EAST END FLYERS	17.21	20.55	2
35	Bynum, Kavon	6	RICHMOND HEAT TR	21.10	21.15	6
36	Kittrell, Bryson	6	CENTRAL VATRACK	19.10	21.23	6
37	Bynum, Kevon	6	RICHMOND HEAT TR	20.16	21.44	7
38	Spence, Desmond	7	CAROLINA LIGHTNI	19.00	22.02	5
39	Pearl, Brandon	7	VIRGINIA BEACH M		22.38	2
40	Stravino, Foster	6	LION'S DEN TRACK	20.00	27.08	8

100 Meter Dash Primary Boys

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Name	Age Team	Prelims	Finals	Points
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Finals

1	Carter, Jasper	8	NORFOLK REAL DEA	16.36	15.95
2	Blizzard, Trovel	7	BOYS & GIRLS CLU	16.48	16.00
3	Maness, Malachi	8	MID CITY X-PRESS	16.33	16.10
4	Smith, Anthony	8	AMBASSADORS	16.43	16.66
5	Boyd, Jaewan	8	RICHMOND COMETS	16.59	16.81
6	Terrell, Vincent	6	SPEED INC.	16.59	17.24

200 Meter Dash Primary Boys

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Name	Age Team	Seed	Finals	H#	Points
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1	Bynum, Donte	8	RICHMOND HEAT TR	34.71	32.97	6
2	Foreman, Cameron	8	NORFOLK REAL DEA	31.36	33.04	7
3	Carter, Jasper	8	NORFOLK REAL DEA	31.85	33.15	7
4	Goode, Danavan	8	CENTRAL VATRACK		34.39	1
5	Mayers, Percy	8	RICHMOND HEAT TR	35.36	35.03	5
6	Maness, Malachi	8	MID CITY X-PRESS	36.95	35.36	5
7	Lawrence, Isaiah	5	TRACK SERIOUS TR		35.48	1
8	Land, Tayvion	8	VIRGINIA BEACH F	35.00	35.55	5
9	Armstrong, Romel	7	VIRGINIA BEACH F	34.20	36.13	6
10	McCain, Jeremiah	8	TRACK EXPRESS TC		36.55	1
11	Wilson, A'Ryan	8	TRACK 757	33.80	36.63	6
12	Blizzard, Trovel	7	BOYS & GIRLS CLU	35.00	36.83	5
12	Lawrence, DaShawn	8	VIRGINIA BEACH F		36.83	2
14	Brown, Tashawn	8	CHURCHLAND TRAIL	34.98	36.96	6
15	Howard, Dezmen	8	NORFOLK REAL DEA	32.00	37.39	7
16	Boyer, Simon	8	INSIDE TRACK	34.00	37.47	6
17	Hurdle, Kendric	8	INDIAN RIVER SPE	33.22	37.50	6
18	Hampton, Taishawn	6	TECHNIQUE TRACK		37.59	2
19	Goodson, Arlen	8	TECHNIQUE TRACK		37.72	2
20	Harris, Michai	8	WEST END RICHMON	33.00	38.06	7
21	Packer Jr, Corey	8	INDIAN RIVER SPE		38.87	3
22	Eaton, Devin	7	NORFOLK EXTREMES		38.94	3
23	Edwards, Antwan	7	INSIDE TRACK	33.00	39.07	7
24	Jacobs, Jmilriyon	8	INSIDE TRACK	35.00	39.39	5
25	Champion, Christopher	7	LION'S DEN TRACK	40.00	39.68	4
26	Beamon, Erin	7	GIDEONITES TC	39.00	39.72	4
27	Satterwhite, Lamontre	8	RICHMOND HEAT TR	47.17	39.74	4
28	Jenkins, Jaiden	7	TECHNIQUE TRACK		41.05	3
29	Wright, Zahmel	8	INSIDE TRACK		42.09	3
30	Baldwin, Myles	8	TECHNIQUE TRACK		42.38	1
31	DuBois, Christian	7	CHURCHLAND TRAIL	35.10	44.24	5
32	Jones, Joseph	8	VIRGINIA BEACH M		44.67	3
33	Cuffee, Kadari	7	VIRGINIA BEACH M		47.12	2
34	Harvey, Rayshard	7	NORFOLK EXTREMES		50.57	2
35	Pearl, Brandon	7	VIRGINIA BEACH M		52.27	1

400 Meter Dash Primary Boys

Name	Age Team	Seed	Finals	H#	Points
1 Bynum, Donte	8 RICHMOND HEAT TR	1:21.32	1:17.02	3	
2 Foreman, Cameron	8 NORFOLK REAL DEA	1:12.34	1:17.85	4	
3 Wilson, Dallas	8 CHURCHLAND TRAIL	1:21.68	1:19.56	3	
4 Mayers, Percy	8 RICHMOND HEAT TR	1:19.91	1:19.80	3	
5 Goode, Danavan	8 CENTRAL VATRACK		1:21.13	1	
6 Jones, Timon	8 NORFOLK REAL DEA	1:16.00	1:21.67	4	
7 Johns, Ronald	8 VIRGINIA BEACH F	1:18.20	1:22.80	4	
8 Jacobs, Jmilriyon	8 INSIDE TRACK	1:30.00	1:25.10	2	
9 Blizzard, Trovel	7 BOYS & GIRLS CLU	1:26.00	1:28.98	3	
10 Lewis, Jabril	7 VIRGINIA BEACH M	1:15.00	1:29.16	4	
11 Hampton, Taishawn	6 TECHNIQUE TRACK		1:29.78	1	
12 Edwards, Antwan	7 INSIDE TRACK	1:18.00	1:30.15	4	
13 Boyer, Simon	8 INSIDE TRACK	1:26.00	1:30.33	3	
14 Harris, Michai	8 WEST END RICHMON	1:14.00	1:31.53	4	
15 Jenkins, Jaiden	7 TECHNIQUE TRACK		1:32.07	1	
16 Goodson, Arlen	8 TECHNIQUE TRACK		1:32.40	1	
17 Ayala, Bryan	8 VIRGINIA BEACH F	1:32.14	1:32.68	2	
18 Wright, Zahmel	8 INSIDE TRACK		1:32.93	1	
19 Gurney, Mahulani	7 VIRGINIA BEACH F	1:25.69	1:38.19	3	
20 Beamon, Erin	7 GIDEONITES TC	1:36.00	1:39.68	2	
21 Butts, Danarre	7 CHURCHLAND TRAIL	1:27.40	1:41.85	3	
22 Cuffee, Kadari	7 VIRGINIA BEACH M		1:47.40	1	

800 Meter Run Primary Boys

Name	Age Team	Seed	Finals	Points
1 Foreman, Cameron	8 NORFOLK REAL DEA		3:01.01	
2 Mayers, Percy	8 RICHMOND HEAT TR	3:07.35	3:03.36	
3 Johns, Ronald	8 VIRGINIA BEACH F	2:56.23	3:03.55	
4 Lewis, Jabril	7 VIRGINIA BEACH M	2:55.00	3:15.63	
5 Capers, KeeShawn	8 TRI-CITY JETS TR	3:01.00	3:22.33	
6 Ayala, Bryan	8 VIRGINIA BEACH F		3:27.18	
7 Rose, Michael	7 AMBASSADORS	3:50.00	3:28.92	
8 Gurney, Mahulani	7 VIRGINIA BEACH F		3:34.82	
9 Beamon, Erin	7 GIDEONITES TC	3:45.00	3:53.53	
10 Dunwoodie, Connor	8 EAST END FLYERS	3:45.00	4:08.31	

4x100 Meter Relay Primary Boys

Team	Seed	Finals	Points
1 CHURCHLAND TRAILBLAZERS 'A'	1:05.78	1:03.71	
2 NORFOLK REAL DEAL 'A'	1:04.00	1:04.27	
3 VIRGINIA BEACH FLAMES 'A'	1:05.36	1:07.90	
4 INSIDE TRACK 'A'		1:12.29	
5 CHURCHLAND TRAILBLAZERS 'B'	1:07.01	1:15.03	
6 VIRGINIA BEACH MUSTANGS 'A'	53.00	1:19.77	

4x400 Meter Relay Primary Boys

Team	Seed	Finals	Points
1 AMBASSADORS 'A'		7:08.65	

Long Jump Primary Boys

Name	Age	Team	Seed	Finals	Points
1 Bynum, Donte	8	RICHMOND HEAT TR	9-00.00	11-09.00	
2 Carter, Jasper	8	NORFOLK REAL DEA	10-00.50	11-03.00	
3 Louris, Isaiah	8	MID CITY X-PRESS	9-06.00	10-08.00	
4 Jones, Timon	8	NORFOLK REAL DEA		10-07.00	
5 Wilson, A'Ryan	8	TRACK 757		10-04.00	
6 Boyd, Jaewan	8	RICHMOND COMETS	10-00.00	10-01.00	
7 Hurdle, Kendric	8	INDIAN RIVER SPE		9-07.00	
8 Maness, Malachi	8	MID CITY X-PRESS	9-04.00	9-04.00	
9 Walls, Javon	8	RICHMOND COMETS	8-00.00	9-02.00	
10 Terrell, Vincent	6	SPEED INC.	8-00.00	9-01.00	
10 Capers, KeeShawn	8	TRI-CITY JETS TR	10-01.00	9-01.00	
12 DuBois, Christian	7	CHURCHLAND TRAIL	9-10.00	8-09.00	
13 Boyd, Jacques	7	RICHMOND COMETS	9-10.00	8-07.00	
14 Packer Jr, Corey	8	INDIAN RIVER SPE		8-04.00	
15 Mansion, Shamar	6	EAST END FLYERS	9-01.00	8-02.00	
16 Lawrence, DaShawn	8	VIRGINIA BEACH F		8-00.75	
17 Lewis, Jabril	7	VIRGINIA BEACH M		8-00.00	
18 Satterwhite, Lamontre	8	RICHMOND HEAT TR		7-08.00	
19 Bynum, Kavon	6	RICHMOND HEAT TR		7-00.00	
20 Bynum, Kevon	6	RICHMOND HEAT TR		6-03.00	
-- Harvey, Rayshard	7	NORFOLK EXTREMES		ND	
-- Eaton, Devin	7	NORFOLK EXTREMES		ND	
-- Spence, Desmond	7	CAROLINA LIGHTNI	9-03.00	ND	

Shot Put Primary Boys

Name	Age	Team	Seed	Finals	Points
1 Gibson, Tyree	8	AMBASSADORS	17-10.00	20-05.00	
2 Howard, Dezmen	8	NORFOLK REAL DEA	15-03.00	17-06.00	
3 Jones, Timon	8	NORFOLK REAL DEA		13-10.00	

100 Meter Dash Bantam Boys

Top 7 Advance by Time

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 Boone, Noah	10	VIRGINIA BEACH F	12.90	13.81q	8
2 Capehart, Tahj	10	NORFOLK REAL DEA	13.00	14.03q	7
3 Davis, Taquan	9	BOYS & GIRLS CLU	14.70	14.34q	5
4 King, Isaiah	9	UNATTACHED	14.00	14.67q	5
4 Blair, Allen	9	SPEED INC.	14.60	14.67q	3
6 Blackley, Jahkwan	9	CHURCHLAND TRAIL	14.54	14.70q	2
7 Smith, Aaron	10	RICHMOND HEAT TR	14.07	14.77q	4
8 Lewis, Keon	10	RICHMOND COMETS	16.10	14.78	3
9 Harper, William	9	BOYS & GIRLS CLU	15.30	14.85	4
10 Adams, Wil	10	WEST END RICHMON		14.99	2
11 Butts, Malik	10	VIRGINIA BEACH M		15.03	6
12 Scott, Ty'Quez	9	VIRGINIA BEACH F	14.20	15.16	1
13 Drummond, Keon	9	EAST END FLYERS	15.85	15.18	1
14 Butts, Darran	9	CHURCHLAND TRAIL	15.20	15.20	6
14 Simmons, Christian	10	NORFOLK REAL DEA	15.00	15.20	8
16 Brown, Christian	10	RICHMOND COMETS	16.90	15.21	8
17 Bost, Jaylen	10	VIRGINIA BEACH M	14.70	15.26	6
18 Brown, Malik	10	NORFOLK EXTREMES		15.47	2
18 Morgan, Larry	10	EAST END FLYERS	14.87	15.47	7
20 Smith, Chase	10	TRACK SERIOUS TR	15.44	15.49	2

21	Melton, Eric	10	NORFOLK EXTREMES		15.54	4
22	Boyd, Frank	9	TRI-CITY JETS TR		15.77	3
23	Evans, John	10	RICHMOND COMETS	16.58	15.79	7
24	Frazier, Najee	10	TECHNIQUE TRACK		15.85	1
25	Rawlings, Kassim	9	NORFOLK REAL DEA	15.20	15.96	5
26	Sanderson, Quantrell	10	AMBASSADORS	16.02	16.33	2
27	Lee, Jaylon	10	EAST END FLYERS	16.40	16.35	6
28	Hill, Joshua	9	INSIDE TRACK		16.41	5
29	Hurdle, Kalan	10	INDIAN RIVER SPE	16.20	16.50	5
29	Ray, Jaylen	9	INSIDE TRACK		16.50	7
31	Salaam, William	10	NORFOLK EXTREMES		16.80	7
32	Eaton, Shamar	10	NORFOLK EXTREMES		16.89	8
33	Mitchell, Willie	9	UNATTACHED	15.00	17.35	8
34	Brooks, Justin	9	WEST END RICHMON		18.11	8
35	Innes, Collin	9	CAROLINA LIGHTNI	18.14	18.89	6
36	Parker, Aaron	9	SUFFOLK STARS	18.00	19.14	7

100 Meter Dash Bantam Boys

Name	Age	Team	Prelims	Finals	Points
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Finals

1	Capehart, Tahj	10	NORFOLK REAL DEA	14.03	13.70
2	Boone, Noah	10	VIRGINIA BEACH F	13.81	13.85
3	Smith, Aaron	10	RICHMOND HEAT TR	14.77	14.16
4	Davis, Taquan	9	BOYS & GIRLS CLU	14.34	14.30
5	Blair, Allen	9	SPEED INC.	14.67	14.71
6	Blackley, Jahkwan	9	CHURCHLAND TRAIL	14.70	14.74
7	King, Isaiah	9	UNATTACHED	14.67	15.01

200 Meter Dash Bantam Boys

Name	Age	Team	Seed	Finals	H#	Points
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1	Capehart, Tahj	10	NORFOLK REAL DEA	28.00	28.42	8
2	Freeze, Julian	10	VIRGINIA BEACH F	28.30	28.47	8
3	Williams, Anthony	10	TRACK 757	29.50	28.51	8
4	Pulley, Burnell	9	INSIDE TRACK	31.00	29.37	7
5	Boone, Noah	10	VIRGINIA BEACH F	28.40	29.80	8
6	Jackson, Andre	10	INSIDE TRACK	30.00	30.04	8
7	Mayers, Sylvester	10	RICHMOND HEAT TR	37.77	30.43	3
8	Clayton, Cordell	10	RICHMOND HEAT TR	31.07	30.56	7
9	Lewis, Keon	10	RICHMOND COMETS	30.90	30.64	7
9	Adams, Wil	10	WEST END RICHMON	29.00	30.64	8
11	Blair, Allen	9	SPEED INC.	33.00	31.03	5
12	Black, Jelani	10	COBRA TC	31.50	31.11	6
13	Smith, Aaron	10	RICHMOND HEAT TR	34.42	31.20	4
14	Morgan, Larry	10	EAST END FLYERS	31.26	31.22	6
15	Gillis, Deandre	10	INSIDE TRACK	32.00	31.39	6
16	Brown, Christon	10	RICHMOND COMETS	33.50	31.47	5
17	Scott, Ty'Quez	9	VIRGINIA BEACH F	31.40	31.71	6
18	Blackley, Jahkwan	9	CHURCHLAND TRAIL	33.10	31.72	5
19	King, Isaiah	9	UNATTACHED	30.00	31.78	7
20	Boyd, Frank	9	TRI-CITY JETS TR	32.10	31.86	6
21	Johnson, Marcus	10	TRACK 757		31.97	2
22	Smith, Chase	10	TRACK SERIOUS TR	31.88	32.02	6
23	McMullen, Brian	10	COBRA TC		32.03	1
24	Brown, Malik	10	NORFOLK EXTREMES		32.22	2
25	Simmons, Christian	10	NORFOLK REAL DEA	31.00	32.30	7
26	Williams, Jordan	10	EAST END FLYERS	32.50	32.57	5
27	Sessoms, Ta'von	10	N-MOTION TC	32.32	32.70	5

28	Butts, Malik	10	VIRGINIA BEACH M		33.31	1
29	Kindred, Michael	9	SUFFOLK STARS	31.00	33.48	7
30	Jelks, Ma'lon	10	INSIDE TRACK		33.50	1
31	Mitchell, III, Kevin	10	UNATTACHED	35.00	33.79	4
32	Frazier, Najee	10	TECHNIQUE TRACK		34.34	2
33	Hurdle, Kalan	10	INDIAN RIVER SPE	35.12	35.16	4
33	Butts, Cameron	10	VIRGINIA BEACH M		35.16	1
35	Bost, Jaylen	10	VIRGINIA BEACH M	29.50	35.18	8
36	Ray, Jaylen	9	INSIDE TRACK	34.00	35.43	4
37	Drummond, Keon	9	EAST END FLYERS	33.45	35.44	5
38	Melton, Eric	10	NORFOLK EXTREMES		35.46	1
39	Stoval, Antonio	9	TECHNIQUE TRACK	37.37	35.49	3
40	Hill, Joshua	9	INSIDE TRACK		35.72	2
41	Ansley, Trevon	9	TRACK EXPRESS TC		36.02	2
42	Rawlings, Kassim	9	NORFOLK REAL DEA	32.10	36.80	6
43	Eaton, Shamar	10	NORFOLK EXTREMES		38.65	2
44	Brooks, Justin	9	WEST END RICHMON		38.82	3
45	Parker, Aaron	9	SUFFOLK STARS	34.00	41.28	4

400 Meter Dash Bantam Boys

Name	Age	Team	Seed	Finals	H#	Points
1	Rucker, Jabari	9 RICHMOND HEAT TR	1:12.51	1:07.38	4	
2	Pulley, Burnell	9 INSIDE TRACK	1:06.00	1:07.99	6	
3	Morgan, Larry	10 EAST END FLYERS	1:05.14	1:08.49	6	
4	Crudup, Christopher	10 AMBASSADORS	1:09.40	1:09.21	5	
5	Adams, Wil	10 WEST END RICHMON	1:10.00	1:09.66	5	
6	Williams, Anthony	10 TRACK 757	1:08.00	1:10.81	6	
7	Muhammad, Rasul	10 VIRGINIA BEACH M	1:06.00	1:10.84	6	
8	Stills, Joshua	10 NORFOLK REAL DEA	1:12.27	1:12.27	4	
9	McMullen, Brian	10 COBRA TC	1:05.80	1:12.81	6	
10	Sessoms, Ta'von	10 N-MOTION TC	1:20.25	1:13.76	3	
11	King, Isaiah	9 UNATTACHED	1:07.00	1:13.96	6	
12	Jackson, Andre	10 INSIDE TRACK	1:07.00	1:14.06	6	
13	Jones, Tarin	10 EAST END FLYERS	1:13.54	1:15.22	4	
14	Gillis, Deandre	10 INSIDE TRACK	1:15.00	1:16.15	4	
15	Sanderson, Quantrell	10 AMBASSADORS	1:19.00	1:16.95	3	
16	Trotman, Jermaine	10 VIRGINIA BEACH F	1:09.20	1:17.07	5	
17	Johnson, Marcus	10 TRACK 757		1:17.25	2	
18	Jelks, Ma'lon	10 INSIDE TRACK		1:17.37	2	
19	Wiggins, Lonnel	10 CHURCHLAND TRAIL	1:13.81	1:17.57	4	
20	Black, Jelani	10 COBRA TC	1:12.00	1:17.71	5	
21	Blais, Cole	10 VIRGINIA BEACH M	1:10.00	1:17.77	5	
22	Mitchell, III, Kevin	10 UNATTACHED	1:27.20	1:17.91	3	
23	Freeze, Julian	10 VIRGINIA BEACH F	1:08.23	1:17.92	5	
24	Parron, Dallas	10 GIDEONITES TC	1:22.00	1:18.16	3	
25	Williams, Jordan	10 EAST END FLYERS	1:15.45	1:19.05	3	
26	Holton, Andrew	9 GIDEONITES TC	1:26.00	1:19.80	3	
27	Hill, Joshua	9 INSIDE TRACK		1:26.01	1	
28	Stoval, Antonio	9 TECHNIQUE TRACK	1:35.00	1:26.12	2	
29	Frazier, Najee	10 TECHNIQUE TRACK		1:26.76	2	
30	Brooks, Justin	9 WEST END RICHMON		1:27.05	1	
31	Rawlings, Kassim	9 NORFOLK REAL DEA	1:12.01	1:30.66	4	
32	Butts, Cameron	10 VIRGINIA BEACH M		1:33.74	2	
33	Butts, Darran	9 CHURCHLAND TRAIL	1:11.25	1:33.81	5	
34	Jasper, Justin	9 NORFOLK REAL DEA	1:18.50	1:40.64	3	

800 Meter Run Bantam Boys

Name	Age	Team	Seed	Finals	Points
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1	Pendleton, Tony	10	BOYS & GIRLS CLU	2:40.00	2:38.28
2	Martin, Eric	10	COBRA TC	2:35.00	2:40.73
3	Pulley, Burnell	9	INSIDE TRACK		2:40.76
4	Jackson, Andre	10	INSIDE TRACK		2:41.06
5	Muhammad, Rasul	10	VIRGINIA BEACH M	2:45.00	2:41.53
6	McNatt, Kalen	10	NORFOLK REAL DEA	2:50.00	2:43.86
7	Trotman, Jermaine	10	VIRGINIA BEACH F	2:38.21	2:47.77
8	Sessoms, Ta'von	10	N-MOTION TC	2:45.36	2:49.10
9	Moore, Gregory	9	BOYS & GIRLS CLU	2:44.00	2:50.45
10	Alexander, John	10	WEST END RICHMON	3:04.00	2:51.91
11	Hinton, Moses	10	VIRGINIA BEACH F		2:56.26
12	Spencer, Erik	9	VIRGINIA BEACH F	2:58.60	2:57.38
13	Holton, Andrew	9	GIDEONITES TC	3:15.00	3:01.57
14	Andrews, Louis	10	CHURCHLAND TRAIL	2:48.32	3:02.39
15	Gibson, Rashod	10	AMBASSADORS	3:20.00	3:02.44
16	Parron, Dallas	10	GIDEONITES TC	3:15.00	3:07.95
17	Stoval, Antonio	9	TECHNIQUE TRACK		3:17.09

1500 Meter Run Bantam Boys

Name	Age	Team	Seed	Finals	Points
1	Pendleton, Tony	10	BOYS & GIRLS CLU	5:18.00	5:24.23
2	Rucker, Jabari	9	RICHMOND HEAT TR		5:25.15
3	Martin, Eric	10	COBRA TC	5:21.23	5:33.08
4	McNatt, Kalen	10	NORFOLK REAL DEA	5:45.00	5:34.32
5	Moore, Gregory	9	BOYS & GIRLS CLU	5:27.00	5:42.68
6	Ramsawh, Josiah	10	VIRGINIA BEACH F	5:40.69	5:49.75
7	Sessoms, Ta'von	10	N-MOTION TC	5:42.80	5:59.33
8	Alexander, John	10	WEST END RICHMON	5:38.00	6:08.81
9	Hinton, Moses	10	VIRGINIA BEACH F		6:11.12
10	Spencer, Erik	9	VIRGINIA BEACH F		6:13.27
11	Holton, Andrew	9	GIDEONITES TC	6:00.00	6:17.17
12	Parron, Dallas	10	GIDEONITES TC	6:00.00	6:43.81
--	Ross, George	10	TRI-CITY JETS TR		DNF

1500 Meter Race Walk Bantam Boys

Name	Age	Team	Seed	Finals	Points
1	Stills, Joseph	10	NORFOLK REAL DEA	10:25.00	10:54.97
2	Andrews, Louis	10	CHURCHLAND TRAIL		11:14.43
3	Pinto, Anthony	10	TEAM FLASH	11:15.00	11:37.29

4x100 Meter Relay Bantam Boys

Team	Seed	Finals	Points
1	INSIDE TRACK 'A'	55.00	58.72
2	NORFOLK REAL DEAL 'A'	41.00	58.92
3	VIRGINIA BEACH FLAMES 'A'	1:01.36	58.95
4	VIRGINIA BEACH MUSTANGS 'A'	53.00	59.69
5	BOYS & GIRLS CLUB OF THE VIRGI 'A'	1:02.00	59.90
6	CHURCHLAND TRAILBLAZERS 'A'	1:05.78	1:09.79

4x400 Meter Relay Bantam Boys

Team	Seed	Finals	Points
1	VIRGINIA BEACH FLAMES 'A'	4:40.36	4:57.67

2	RICHMOND HEAT TRACK & SPORTS	'A'	4:53.40	4:58.35
3	BOYS & GIRLS CLUB OF THE VIRGI	'A'	4:48.00	4:59.67
4	CHURCHLAND TRAILBLAZERS	'A'	4:27.52	5:42.87
5	AMBASSADORS	'A'		5:56.33

High Jump Bantam Boys

Name	Age	Team	Seed	Finals	Points
1 Williams, Anthony	10	TRACK 757		4-02.00	
2 Trotman, Jermaine	10	VIRGINIA BEACH F	4-04.00	4-00.00	
3 Stills, Joshua	10	NORFOLK REAL DEA		3-10.00	
4 Ramsawh, Josiah	10	VIRGINIA BEACH F	3-06.00	3-08.00	
4 Bost, Jaylen	10	VIRGINIA BEACH M		3-08.00	
-- Blais, Cole	10	VIRGINIA BEACH M			NH

Long Jump Bantam Boys

Name	Age	Team	Seed	Finals	Points
1 Stills, Joseph	10	NORFOLK REAL DEA	12-00.00	14-09.50	
2 Stills, Joshua	10	NORFOLK REAL DEA	15-00.00	14-03.00	
3 Capehart, Tahj	10	NORFOLK REAL DEA		13-06.75	
4 Adams, Wil	10	WEST END RICHMON	12-09.00	13-02.50	
5 Blair, Allen	9	SPEED INC.	13-00.00	12-09.00	
6 Crudup, Christopher	10	AMBASSADORS	13-06.00	12-04.50	
6 Andrews, Louis	10	CHURCHLAND TRAIL		12-04.50	
8 Boyd, Frank	9	TRI-CITY JETS TR	10-05.00	11-10.50	
8 Boone, Noah	10	VIRGINIA BEACH F	14-00.00	11-10.50	
10 Lee, Jaylon	10	EAST END FLYERS	12-02.00	11-09.75	
11 Clayton, Cordell	10	RICHMOND HEAT TR	13-00.00	11-07.50	
12 Brown, Ronald	10	CHURCHLAND TRAIL	12-06.75	11-06.25	
13 Melton, Eric	10	NORFOLK EXTREMES		11-03.00	
14 McRae, Jevonn	9	SPEED CITY CHARG	11-00.00	11-02.50	
15 Wiggins, Lonnel	10	CHURCHLAND TRAIL		11-02.00	
16 Simmons, Christian	10	NORFOLK REAL DEA		10-07.25	
17 Salaam, William	10	NORFOLK EXTREMES		10-05.50	
18 Ray, Jaylen	9	INSIDE TRACK		8-10.00	
-- Butts, Malik	10	VIRGINIA BEACH M			ND
-- Innes, Collin	9	CAROLINA LIGHTNI	10-05.00		ND
-- Eaton, Shamar	10	NORFOLK EXTREMES			ND
-- Brown, Malik	10	NORFOLK EXTREMES			ND

Shot Put Bantam Boys

Name	Age	Team	Seed	Finals	Points
1 Williams, Anthony	10	TRACK 757		29-04.00	
2 Parron, Dallas	10	GIDEONITES TC	24-08.00	24-06.00	
3 Redmond, Allen	10	EAST END FLYERS	20-00.00	22-08.00	
4 Blais, Cole	10	VIRGINIA BEACH M		22-03.00	
5 Stills, Joseph	10	NORFOLK REAL DEA	22-05.00	21-11.00	
6 Ramsawh, Josiah	10	VIRGINIA BEACH F	24-02.00	21-09.00	
7 Wall Jr., Michael	10	RICHMOND COMETS	23-00.00	21-01.00	
8 Goodhope, Cory	10	AMBASSADORS	18-00.00	18-10.00	
9 Rawlings, Kassim	9	NORFOLK REAL DEA		18-06.00	
10 Butts, Cameron	10	VIRGINIA BEACH M		18-05.00	
11 Stills, Joshua	10	NORFOLK REAL DEA	20-00.00	18-03.00	
12 Innes, Collin	9	CAROLINA LIGHTNI	17-06.00	16-01.00	
13 Hurdle, Kalan	10	INDIAN RIVER SPE		15-06.00	
14 Eaton, Shamar	10	NORFOLK EXTREMES		14-09.00	

15	Hendrieth, Frederick	12	VIRGINIA BEACH F	27.20	28.80	5
15	Pressley Jr., Tyese	11	NORFOLK REAL DEA	28.92	28.80	3
17	Sudderth, Frank	11	BOYS & GIRLS CLU	28.95	28.81	3
18	Bagby, Tre'Quane	12	INDIAN RIVER SPE	29.60	30.17	3
19	Ford, Tyrell	12	TRI-CITY JETS TR		30.26	1
20	Harris, Anthony	15	VIRGINIA BEACH M	30.00	30.82	3
21	Branch, Omar	12	TRACK EXPRESS TC	27.00	31.14	5
22	Wilder, Nigel	11	WEST END RICHMON	32.00	31.75	2
23	Gilmore, Ty'rell	12	VIRGINIA BEACH F	31.54	32.57	2
24	Smith III, Richard	11	RICHMOND COMETS	32.10	33.00	2
25	Artis, Anfernee	11	SUFFOLK STARS	36.50	36.51	1

400 Meter Dash Midget Boys

Name	Age	Team	Seed	Finals	H#	Points
1	Demiel, Deonte	12	SUFFOLK STARS	1:01.92	1:01.01	4
2	Malone, Joshua	12	RICHMOND HEAT TR	1:01.46	1:02.16	4
3	Ball, Kawain	12	NORFOLK EXTREMES		1:02.73	1
4	Ellis, Abdul	12	INSIDE TRACK	1:00.00	1:04.05	4
5	McCain, Randy	12	TRACK EXPRESS TC	1:05.00	1:04.98	3
6	Sudderth, Frank	11	BOYS & GIRLS CLU	1:01.00	1:05.12	4
7	O'Neil, Brenden	11	VIRGINIA BEACH M		1:05.13	1
8	Griffin, Tramayne	11	NORFOLK REAL DEA		1:05.40	1
9	Pritchard, Konner	12	VIRGINIA BEACH M		1:05.68	1
10	Graham, Charles	11	INSIDE TRACK	1:04.00	1:06.28	3
11	White, Myles	12	TRACK SERIOUS TR	1:04.60	1:06.37	3
12	Little, Juan	12	NORFOLK REAL DEA	1:07.00	1:07.31	3
13	James, Kasaun	11	AMBASSADORS	1:04.00	1:07.86	4
14	Pressley Jr., Tyese	11	NORFOLK REAL DEA	1:04.00	1:08.24	3
15	Quillen, Jovonn	11	INSIDE TRACK	1:01.00	1:08.42	4
16	Zaryczny, David	11	CENTRAL VATRACK	1:10.00	1:09.53	2
17	Branch, Avery	12	TRACK EXPRESS TC	1:06.00	1:10.06	3
18	Bivins, Tyson	11	BOYS & GIRLS CLU	1:01.00	1:10.20	4
19	Freeman, Lewis	12	INSIDE TRACK	1:05.00	1:10.81	3
20	Jackson, Steven	12	VIRGINIA BEACH M		1:11.71	2
21	Wilder, Nigel	11	WEST END RICHMON	1:18.00	1:14.05	2
22	Smith III, Richard	11	RICHMOND COMETS	1:19.00	1:19.92	2
23	Lawrence, Justin	12	TRACK SERIOUS TR	1:11.00	1:32.24	2

800 Meter Run Midget Boys

Name	Age	Team	Seed	Finals	Points
1	Toomer, Roy	12	FLAMES SPEED FAC	2:26.21	2:36.86
2	Wiggins, Grant	12	UNATTACHED	2:29.00	2:38.13
3	Sudderth, Frank	11	BOYS & GIRLS CLU	2:40.00	2:38.27
4	Ellis, Abdul	12	INSIDE TRACK		2:38.41
5	Little, Juan	12	NORFOLK REAL DEA	2:37.09	2:40.42
6	Trotman, Tyriug	11	VIRGINIA BEACH F	2:27.50	2:40.84
7	Quillen, Jovonn	11	INSIDE TRACK		2:41.94
8	McCall, J'Son	12	EAST END FLYERS	2:35.68	2:42.26
9	Harris, Gabriel	12	VIRGINIA BEACH F	2:31.54	2:42.32
10	Thomas, De'von	11	SPEED CITY CHARG		2:42.48
11	Neighbors, Ryley	11	VIRGINIA BEACH F	2:29.20	2:47.24
12	Burris, Tayvon	12	FLAMES SPEED FAC	2:30.78	2:49.59
13	Harvey, James	12	TRACK 757		2:50.13
14	Freeman, Lewis	12	INSIDE TRACK	2:37.00	2:50.42
15	Jones, DaeQuan	12	VIRGINIA BEACH F	2:29.45	2:50.56
16	Moore, Jerrell	11	FLAMES SPEED FAC		2:52.51
17	Branch, Omar	12	TRACK EXPRESS TC	2:36.00	2:58.31

18 Bagby, Tre'Quane	12 INDIAN RIVER SPE	2:40.00	3:01.85
19 Spruill, Akil	11 TRI-CITY JETS TR		3:33.68

1500 Meter Run Midget Boys

Name	Age Team	Seed	Finals	Points
1 Maxson, Rosbert	12 UNATTACHED	5:13.00	5:19.77	
2 Burris, Tayvon	12 FLAMES SPEED FAC	5:15.45	5:30.03	
3 Toomer, Roy	12 FLAMES SPEED FAC	5:06.87	5:30.93	
4 Trotman, Tyriug	11 VIRGINIA BEACH F	5:15.30	5:33.82	
5 Jones, DaeQuan	12 VIRGINIA BEACH F		5:48.02	
6 Payne-Carter, Dominic	12 NORFOLK REAL DEA	5:56.12	5:51.03	
7 Harris, Gabriel	12 VIRGINIA BEACH F	5:24.36	5:55.67	
8 Branch, Avery	12 TRACK EXPRESS TC		6:11.17	
9 Caudill, Reid	11 WEST END RICHMON	5:58.00	6:34.01	
10 Little, Juan	12 NORFOLK REAL DEA	5:31.22	6:41.35	
11 Jackson, Steven	12 VIRGINIA BEACH M		6:58.36	
12 Lipscomb, Avaree	11 VIRGINIA BEACH F		7:06.09	
13 Spruill, Akil	11 TRI-CITY JETS TR		7:36.43	
-- Pruitt, Jordann	11 EAST END FLYERS	6:13.65	DNF	

3000 Meter Run Midget Boys

Name	Age Team	Seed	Finals	Points
1 Wiggins, Grant	12 UNATTACHED	10:45.00	11:08.48	

80 Meter Hurdles Midget Boys

Name	Age Team	Seed	Finals	H#	Points
1 Watts, Quincy	12 VIRGINIA BEACH F	14.17	13.92	2	
2 Graham, Charles	11 INSIDE TRACK	14.00	14.07	2	
3 Toomer, Roy	12 FLAMES SPEED FAC	13.90	14.19	2	
4 Neighbors, Ryley	11 VIRGINIA BEACH F	14.20	15.59	2	
5 Lawrence, Justin	12 TRACK SERIOUS TR	14.99	15.90	2	
6 Demiel, Deonte	12 SUFFOLK STARS	17.00	15.95	2	
7 Ward, Khamahri	11 TRACK 757		16.77	1	
8 Rountree, Gregory	12 SUFFOLK STARS	17.00	17.00	1	
9 Lipscomb, Avaree	11 VIRGINIA BEACH F		17.91	1	
10 Davis, Kevin	11 NORFOLK REAL DEA		17.98	1	

4x100 Meter Relay Midget Boys

Team	Seed	Finals	Points
1 TRACK SERIOUS TRACK AND FIELD 'A'	50.01	55.25	
2 VIRGINIA BEACH MUSTANGS 'A'	53.00	55.48	
3 VIRGINIA BEACH FLAMES 'A'	56.23	58.00	

4x400 Meter Relay Midget Boys

Team	Seed	Finals	Points
1 VIRGINIA BEACH MUSTANGS 'A'	4:20.00	4:29.00	
2 INSIDE TRACK 'A'	4:19.00	4:32.86	
3 VIRGINIA BEACH FLAMES 'A'	4:40.36	5:10.85	

High Jump Midget Boys

Name	Age Team	Seed	Finals	Points
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Name	Age	Team	Seed	Finals	Points
1 Golden, Malloy	12	EAST END FLYERS	4-08.00	4-08.00	
2 Neighbors, Ryley	11	VIRGINIA BEACH F		4-06.00	
-- Payne-Carter, Dominic	12	NORFOLK REAL DEA	4-00.00	NH	
-- Harvey, James	12	TRACK 757		NH	
-- Davis, Kevin	11	NORFOLK REAL DEA		NH	
-- Lipscomb, Avaree	11	VIRGINIA BEACH F		NH	
-- O'Neil, Brenden	11	VIRGINIA BEACH M		NH	
-- Branch, Avery	12	TRACK EXPRESS TC		NH	
-- Gilmore, Ty'rell	12	VIRGINIA BEACH F	4-00.00	NH	

Long Jump Midget Boys

Name	Age	Team	Seed	Finals	Points
1 Malone, Joshua	12	RICHMOND HEAT TR	16-00.00	17-04.00	
2 Griffin, Tramayne	11	NORFOLK REAL DEA		16-04.00	
2 Ball, Kawain	12	NORFOLK EXTREMES		16-04.00	
4 James, Kasaun	11	AMBASSADORS	15-07.00	15-07.00	
5 Golden, Malloy	12	EAST END FLYERS	14-08.00	15-03.00	
6 Hendrieth, Frederick	12	VIRGINIA BEACH F	21-06.00	14-11.00	
7 O'Neil, Brenden	11	VIRGINIA BEACH M		14-09.00	
8 McCain, Randy	12	TRACK EXPRESS TC		14-08.00	
9 Norwood, Timothy	12	VIRGINIA BEACH M		14-04.00	
9 Kanney, Micheal	12	CENTRAL VATRACK		14-04.00	
11 Bagby, Tre'Quane	12	INDIAN RIVER SPE		14-02.00	
12 Neighbors, Ryley	11	VIRGINIA BEACH F	20-06.00	14-00.00	
12 Jackson, Steven	12	VIRGINIA BEACH M		14-00.00	
14 Thomas, De'von	11	SPEED CITY CHARG		13-10.00	
15 Graves, Jontae'	11	TECHNIQUE TRACK	13-09.50	13-09.00	
16 Dixon, Montel	11	EAST END FLYERS	14-00.00	13-08.00	
17 Moore, Jerrell	11	FLAMES SPEED FAC		13-07.00	
18 Moten, Julius	11	TRI-CITY JETS TR	13-07.00	13-06.00	
19 Zaryczny, David	11	CENTRAL VATRACK	13-06.00	13-05.00	
20 McCall, J'Son	12	EAST END FLYERS	13-09.00	13-04.00	
21 Ford, Tyrell	12	TRI-CITY JETS TR	12-01.00	13-03.00	
22 Smith III, Richard	11	RICHMOND COMETS	11-05.00	13-01.00	
23 Artis, Anfernee	11	SUFFOLK STARS	10-05.00	11-03.00	
-- Little, Juan	12	NORFOLK REAL DEA	12-03.75	ND	

Shot Put Midget Boys

Name	Age	Team	Seed	Finals	Points
1 Neeley-Williams, Walt	12	UNATTACHED	39-00.00	41-06.00	
2 Culberson, Joshua	12	CHURCHLAND TRAIL		36-05.00	
3 Byrum, Christian	12	TRACK SERIOUS TR		35-07.00	
4 Rountree, Gregory	12	SUFFOLK STARS	25-00.00	28-08.00	
5 Green, Kyle	12	BOYS & GIRLS CLU		27-06.50	
6 Richardson, Jordan	11	COBRA TC	71-02.50	26-11.00	
7 Thompson, Jeremiah	11	TRI-CITY JETS TR	29-01.00	26-09.00	
8 Payne-Carter, Dominic	12	NORFOLK REAL DEA	26-04.00	26-07.00	
8 Pritchard, Konner	12	VIRGINIA BEACH M		26-07.00	
10 Bias, Michael	12	BOYS & GIRLS CLU		25-07.00	
11 Carter, Dallas	11	AMBASSADORS	21-07.00	25-02.00	
12 Davis, Kevin	11	NORFOLK REAL DEA		24-00.00	
13 Lyons, Joshua	11	CHURCHLAND TRAIL		23-11.50	
14 Lloyd, Isaiah	11	AMBASSADORS	22-02.00	23-00.00	
15 Harris, Anthony	15	VIRGINIA BEACH M		22-09.00	
16 Gardner, Sergio	11	TRACK 757		22-03.50	

17 Geisman, John	12 EAST END FLYERS	23-04.00	19-05.00
18 Langley, Mystor	11 INSIDE TRACK		19-01.00

Discus Throw Midget Boys

Name	Age Team	Seed	Finals	Points
1 Neeley-Williams, Walt	12 UNATTACHED	120-00	122-00	
2 Culberson, Joshua	12 CHURCHLAND TRAIL		91-00	
3 Parlow, Bradley	12 CENTRAL VATRACK	92-00	88-06	
4 Green, Kyle	12 BOYS & GIRLS CLU		76-01	
5 Payne-Carter, Dominic	12 NORFOLK REAL DEA	68-01	64-00	
6 Richardson, Jordan	11 COBRA TC	65-09	63-09	
7 Bias, Michael	12 BOYS & GIRLS CLU		62-06	
8 Lloyd, Isaiah	11 AMBASSADORS	54-07	59-10	
9 Thompson, Jeremiah	11 TRI-CITY JETS TR	68-03	54-03	
10 Carter, Dallas	11 AMBASSADORS	60-00	53-08	
11 Lyons, Joshua	11 CHURCHLAND TRAIL		52-08	
12 Geisman, John	12 EAST END FLYERS	60-00	51-10	
13 Langley, Mystor	11 INSIDE TRACK		42-08	

100 Meter Dash Youth Boys

Top 7 Advance by Time

Name	Age Team	Seed	Prelims	H#
Preliminaries				
1 Izegwire, Isaiah	14 TRACK EXPRESS TC	11.70	12.11q	5
2 Chandler, Nathan	14 TRACK SERIOUS TR	12.15	12.15q	6
3 Philson, Jason	14 TECHNIQUE TRACK	12.08	12.18q	5
4 McIntyre, Calvin	14 TRI-CITY JETS TR	11.90	12.32q	3
4 Rogers, Trevon	14 TRI-CITY JETS TR	12.00	12.32q	2
6 William-Price, Brandon	13 GIDEONITES TC	12.39	12.49q	5
7 Graves, Davon	14 TRACK EXPRESS TC	11.90	12.60q	1
8 Jacobs, Taivon	13 TRACK EXPRESS TC	11.90	12.71	2
9 Banks, Darius	13 BOYS & GIRLS CLU	12.43	12.74	4
10 Johnson, Cardon	13 BOYS & GIRLS CLU	12.00	12.77	3
11 Jones, Quincy	13 BOYS & GIRLS CLU	12.55	12.78	1
12 Monk-Macmillian, Jaquan	14 LION'S DEN TRACK	14.00	12.84	2
12 Stokes, Treyvon	13 EAST END FLYERS	12.36	12.84	6
14 Cheseman, Kebari	14 INSIDE TRACK		12.93	2
15 Saunders, Khari	13 AMBASSADORS	13.20	13.16	3
15 Kanney, Micheal	12 CENTRAL VATRACK	12.45	13.16	3
17 Bly Jr, Roderick	14 N-MOTION TC	13.32	13.21	6
18 Perry, Shamik	13 TRACK EXPRESS TC	12.50	13.29	1
19 Bradley, Brandon	13 GIDEONITES TC	13.24	13.31	5
20 Richardson, Justin	14 COBRA TC	13.00	13.45	2
21 Kelly, Marcious	14 VIRGINIA BEACH M		13.56	5
22 Quarles, Zachery	14 TRACK EXPRESS TC	12.00	13.58	4
23 Copper, Gavin	13 INDIAN RIVER SPE		13.75	6
24 Pierce, Clifton	14 N-MOTION TC	13.42	13.99	6
25 Joseph, Timothy	13 SPEED INC.	13.22	14.22	4
26 Chandler, Nathaniel	13 NORFOLK REAL DEA	14.00	14.26	3
27 Williams, Darius	13 INDIAN RIVER SPE		14.39	4
28 Travers, Devery	14 COBRA TC	13.50	15.45	5
29 Williams, Darien	13 INDIAN RIVER SPE		16.37	3

100 Meter Dash Youth Boys

Name	Age Team	Prelims	Finals	Points
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Finals

1	Izegwire, Isaiah	14	TRACK EXPRESS TC	12.11	11.80
2	Chandler, Nathan	14	TRACK SERIOUS TR	12.15	11.94
3	Philson, Jason	14	TECHNIQUE TRACK	12.18	12.02
4	McIntyre, Calvin	14	TRI-CITY JETS TR	12.32	12.07
5	Rogers, Trevon	14	TRI-CITY JETS TR	12.32	12.19
6	William-Price, Brandon	13	GIDEONITES TC	12.49	12.24
7	Graves, Davon	14	TRACK EXPRESS TC	12.60	12.26

200 Meter Dash Youth Boys

Name	Age	Team	Seed	Finals	H#	Points
1	Ford, Tajhi	14 TRI-CITY JETS TR	24.80	24.41	6	
2	Jacobs, Taivon	13 TRACK EXPRESS TC	24.80	24.59	6	
3	Chandler, Nathan	14 TRACK SERIOUS TR	25.39	24.60	5	
4	Monk-Macmillian, Jaquan	14 LION'S DEN TRACK	26.00	25.33	3	
5	Philson, Jason	14 TECHNIQUE TRACK	25.30	25.55	5	
6	clayton, cornelius	14 RICHMOND HEAT TR	25.66	25.61	4	
7	Rogers, Trevon	14 TRI-CITY JETS TR	24.50	25.65	6	
8	William-Price, Brandon	13 GIDEONITES TC	25.15	25.77	5	
9	McIntyre, Calvin	14 TRI-CITY JETS TR	25.00	25.98	5	
10	Dozier, Shamir	14 TRACK EXPRESS TC	24.80	26.22	6	
11	Perry, Shamik	13 TRACK EXPRESS TC	25.40	26.25	5	
12	Kanney, Micheal	12 CENTRAL VATRACK	25.90	26.31	4	
13	Turner, Carl	13 TRACK EXPRESS TC	25.80	26.32	4	
14	Bly Jr, Roderick	14 N-MOTION TC	27.86	26.63	3	
15	Charles, Denis	14 LION'S DEN TRACK	25.00	26.72	5	
15	Baxter, Jarvis	14 VIRGINIA BEACH F		26.72	2	
17	Lawrence, DaiQuan	13 VIRGINIA BEACH F	25.87	26.90	4	
18	Jones, Quincy	13 BOYS & GIRLS CLU	26.23	26.95	3	
19	Bradley, Brandon	13 GIDEONITES TC	27.46	27.15	3	
20	Stokes, Treyvon	13 EAST END FLYERS	25.87	27.30	4	
21	Kelly, Marcious	14 VIRGINIA BEACH M		27.69	1	
22	Copper, Gavin	13 INDIAN RIVER SPE		28.49	1	
23	Quarles, Zachery	14 TRACK EXPRESS TC	24.90	28.69	6	
24	Morelan, Jericho	13 NORFOLK REAL DEA	28.00	28.87	2	
25	Pierce, Clifton	14 N-MOTION TC	29.24	29.13	2	
26	Martin, Jordan	13 GIDEONITES TC	26.40	29.22	3	
27	Joseph, Timothy	13 SPEED INC.	29.00	29.74	2	
28	Monk, Dexter	13 TRACK EXPRESS TC	27.00	29.90	3	
29	Chandler, Nathaniel	13 NORFOLK REAL DEA	31.27	30.16	2	
30	Williams, Darius	13 INDIAN RIVER SPE		30.34	1	
31	Williams, Darien	13 INDIAN RIVER SPE		35.73	1	

400 Meter Dash Youth Boys

Name	Age	Team	Seed	Finals	H#	Points
1	Jenkins, Tyrone	14 COBRA TC	54.00	55.42	5	
2	Graves, Davon	14 TRACK EXPRESS TC	55.00	55.97	5	
3	Dozier, Shamir	14 TRACK EXPRESS TC	56.00	57.89	5	
4	Marsh, Dominek	13 BOYS & GIRLS CLU	55.89	58.33	5	
5	Roe, James	14 RICHMOND HEAT TR	1:00.07	58.89	4	
6	Johnson, Dominique	13 INSIDE TRACK	55.30	59.08	5	
7	Gibson, Tony	14 AMBASSADORS	58.70	59.41	4	
8	clayton, cornelius	14 RICHMOND HEAT TR	59.89	59.43	4	
9	Baxter, Jarvis	14 VIRGINIA BEACH F		1:00.43	2	
10	Guerrier, Javon	13 NORFOLK REAL DEA	1:02.00	1:02.47	3	
11	Bly Jr, Roderick	14 N-MOTION TC	1:04.33	1:02.66	3	
12	Flemings, Derrian	13 TECHNIQUE TRACK	58.00	1:03.02	4	

13 Moore, Malik	14 GIDEONITES TC	1:05.00	1:03.41	3
14 Lawrence, DaiQuan	13 VIRGINIA BEACH F		1:03.81	2
15 Cheseman, Kebari	14 INSIDE TRACK	57.00	1:03.88	4
16 Wolfe, Wyatt	13 VIRGINIA BEACH M	1:05.00	1:05.31	3
17 Cobbs, Justin	14 BOYS & GIRLS CLU		1:07.16	1
18 Morelan, Jericho	13 NORFOLK REAL DEA	1:05.00	1:08.72	3
19 Henley, KiJona	13 TECHNIQUE TRACK	1:07.93	1:08.91	2
20 Gray, Drew	13 NORFOLK REAL DEA	1:00.00	1:10.15	4
21 Pierce, Clifton	14 N-MOTION TC	1:04.75	1:11.07	3
22 Monk, Dexter	13 TRACK EXPRESS TC	1:05.00	1:11.65	2
23 Garnett, Brett	14 TECHNIQUE TRACK		1:16.83	1
24 Spruill, Khari	14 TRI-CITY JETS TR		1:17.37	2
25 Chandler, Nathaniel	13 NORFOLK REAL DEA	1:10.00	1:18.55	2

800 Meter Run Youth Boys

Name	Age Team	Seed	Finals	Points
1 Jenkins, Tyrone	14 COBRA TC	2:10.00	2:16.92	
2 Burns, Damond	13 VIRGINIA BEACH F	2:31.56	2:17.92	
3 Baxter, Jarvis	14 VIRGINIA BEACH F		2:21.75	
4 Johnson, Dominique	13 INSIDE TRACK		2:21.77	
5 Spence, Shakell	14 CAROLINA LIGHTNI	2:23.35	2:22.31	
6 Turner, Carl	13 TRACK EXPRESS TC	2:28.00	2:31.38	
7 Pope, Kyree	14 TRACK EXPRESS TC	2:30.00	2:31.74	
8 Guerrier, Javon	13 NORFOLK REAL DEA	2:28.40	2:32.34	
9 Charles, Denis	14 LION'S DEN TRACK	2:19.00	2:33.87	
10 Cobbs, Justin	14 BOYS & GIRLS CLU		2:37.75	
11 Cheseman, Kebari	14 INSIDE TRACK		2:37.76	
12 Wolfe, Wyatt	13 VIRGINIA BEACH M	2:30.00	2:40.11	
13 Flemings, Derrian	13 TECHNIQUE TRACK	2:33.38	2:43.23	
14 Segers, Ricky	14 UNATTACHED	2:43.00	2:44.86	
15 Blais, Chas	13 VIRGINIA BEACH M	2:51.49	2:46.08	
16 Fouch, Deonta	13 TRACK EXPRESS TC	2:50.00	2:46.48	
17 Gray, Drew	13 NORFOLK REAL DEA	2:40.00	2:46.78	
18 Moore, Malik	14 GIDEONITES TC	2:36.00	2:46.79	
19 Vaughan, Zhari	13 NORFOLK EXTREMES		2:49.80	
20 Monk, Dexter	13 TRACK EXPRESS TC	2:38.00	2:50.75	
21 Solomon, Thomas	14 EAST END FLYERS	2:47.26	2:51.96	
22 Brown, Raashad	13 TRACK SERIOUS TR		2:57.83	
23 Williams, Devante	13 VIRGINIA BEACH F		3:01.59	
24 Spruill, Khari	14 TRI-CITY JETS TR		3:02.71	
25 Guerrier, Davon	13 NORFOLK REAL DEA	2:43.88	3:10.62	

1500 Meter Run Youth Boys

Name	Age Team	Seed	Finals	Points
1 Reuben, Keanu	13 VIRGINIA BEACH F	4:50.63	5:02.93	
2 Guerrier, Javon	13 NORFOLK REAL DEA	5:05.41	5:27.12	
3 Woodridge, Gerard	14 GIDEONITES TC	6:00.00	5:39.24	
4 Blais, Chas	13 VIRGINIA BEACH M	5:20.00	5:50.28	
5 Guerrier, Davon	13 NORFOLK REAL DEA	5:43.00	6:31.65	
6 Johnson, Za-meir	13 TRACK 757		7:26.29	

3000 Meter Run Youth Boys

Name	Age Team	Seed	Finals	Points
1 Brown, William	14 TECHNIQUE TRACK	10:22.00	10:09.30	
2 Woodridge, Gerard	14 GIDEONITES TC	14:00.00	10:58.93	

3 Shannon, Patrick 14 TEAM FLASH 11:30.00 11:21.76

1500 Meter Race Walk Youth Boys

Name	Age Team	Seed	Finals	Points
1 Guerrier, Davon	13 NORFOLK REAL DEA		10:17.14	

100 Meter Hurdles Youth Boys

Name	Age Team	Seed	Finals	Points
1 Martin, Jordan	13 GIDEONITES TC	15.90	15.97	
2 Gilliam, Steven	13 GIDEONITES TC	16.19	17.70	
3 Carter, Andrew-Kwabena	13 GIDEONITES TC	16.59	18.34	
4 Reuben, Keanu	13 VIRGINIA BEACH F	18.50	19.97	
5 Brown, Raashad	13 TRACK SERIOUS TR		20.84	

4x100 Meter Relay Youth Boys

Team	Seed	Finals	Points
1 TRACK EXPRESS TC 'A'	46.00	47.05	
2 TRI-CITY JETS TRACK CLUB 'A'		47.06	
3 BOYS & GIRLS CLUB OF THE VIRGI 'A'	47.80	48.38	
4 GIDEONITES TC 'A'	49.00	49.43	
5 TRACK EXPRESS TC 'B'	48.00	51.07	

4x400 Meter Relay Youth Boys

Team	Seed	Finals	Points
1 TRACK EXPRESS TC 'A'	3:40.00	3:58.05	
2 BOYS & GIRLS CLUB OF THE VIRGI 'A'	3:59.80	4:03.97	
3 TRACK EXPRESS TC 'B'	3:56.00	4:13.74	
4 GIDEONITES TC 'A'	4:40.30	4:18.84	

High Jump Youth Boys

Name	Age Team	Seed	Finals	Points
1 Moore, Julius	14 CENTRAL VATRACK	5-08.00	5-02.00	
2 Martin, Jordan	13 GIDEONITES TC	5-00.00	5-00.00	
3 Roe, James	14 RICHMOND HEAT TR	4-06.00	J5-00.00	
4 Pope, Kyree	14 TRACK EXPRESS TC		4-08.00	
6 Charles, Denis	14 LION'S DEN TRACK	5-00.00	J4-06.00	
7 Wolfe, Wyatt	13 VIRGINIA BEACH M		J4-06.00	
7 Reuben, Keanu	13 VIRGINIA BEACH F	5-00.00	J4-06.00	
8 Brown, Raashad	13 TRACK SERIOUS TR		4-02.00	
9 Morelan, Jericho	13 NORFOLK REAL DEA		J4-02.00	
9 Carter, Andrew-Kwabena	13 GIDEONITES TC	4-06.00	J4-02.00	
11 Lawrence, DaiQuan	13 VIRGINIA BEACH F	4-02.00	4-00.00	
-- Fouch, Deonta	13 TRACK EXPRESS TC		NH	
-- Johnson, Za-meir	13 TRACK 757		NH	

Long Jump Youth Boys

Name	Age Team	Seed	Finals	Points
1 Boyd, LaFrank	14 TRI-CITY JETS TR	20-03.00	19-04.00	
2 Izegwire, Isaiah	14 TRACK EXPRESS TC		18-06.00	

3 Ford, Tajhi	14 TRI-CITY JETS TR	19-05.00	18-04.00
4 Moore, Julius	14 CENTRAL VATRACK	18-08.00	17-05.00
5 Martin, Jordan	13 GIDEONITES TC	17-00.00	17-02.00
5 Johnson, Cardon	13 BOYS & GIRLS CLU		17-02.00
7 Roe, James	14 RICHMOND HEAT TR		17-01.00
8 Banks, Darius	13 BOYS & GIRLS CLU		16-09.00
9 Wolfe, Wyatt	13 VIRGINIA BEACH M		16-07.00
10 Gilliam, Steven	13 GIDEONITES TC	15-06.00	16-04.00
11 Saunders, Khari	13 AMBASSADORS	15-10.00	15-09.00
12 Morelan, Jericho	13 NORFOLK REAL DEA		15-07.00
13 Jones, Quincy	13 BOYS & GIRLS CLU		15-03.00
14 Pope, Kyree	14 TRACK EXPRESS TC		15-02.00
15 Burns, Damond	13 VIRGINIA BEACH F		14-07.00
16 Henley, KiJona	13 TECHNIQUE TRACK	13-11.75	14-02.00
17 Vaughan, Zhari	13 NORFOLK EXTREMES		13-09.00
18 Williams, Darius	13 INDIAN RIVER SPE		13-06.00
19 Joseph, Timothy	13 SPEED INC.	14-00.00	12-05.00
20 Williams, Darien	13 INDIAN RIVER SPE		10-03.00
-- Copper, Gavin	13 INDIAN RIVER SPE	10-02.00	ND
-- Chandler, Nathaniel	13 NORFOLK REAL DEA		ND

Triple Jump Youth Boys

Name	Age Team	Seed	Finals	Points
1 Moore, Julius	14 CENTRAL VATRACK	35-02.00	35-09.50	
2 Brown, Robert	13 RICHMOND HEAT TR		28-11.50	

Shot Put Youth Boys

Name	Age Team	Seed	Finals	Points
1 Henry, Pierrysen	14 GIDEONITES TC	45-00.00	44-04.00	
2 Graves, Rashaun	14 TECHNIQUE TRACK	34-04.75	39-04.50	
3 Hutchins, Aaron	14 TRACK SERIOUS TR	35-01.25	38-09.00	
4 Boyd, LaFrank	14 TRI-CITY JETS TR	43-05.00	37-08.50	
5 Rogers, Trevon	14 TRI-CITY JETS TR		35-11.00	
6 Coles, Tykari	13 TECHNIQUE TRACK		33-06.00	
7 Monk-Macmillian, Jaquan	14 LION'S DEN TRACK	35-00.00	32-09.50	
8 Kelly, Marcious	14 VIRGINIA BEACH M		31-09.50	
9 Mcconnor, Myles	13 SPEED CITY CHARG	29-00.00	31-07.00	
9 Williams, Devante	13 VIRGINIA BEACH F	31-00.00	31-07.00	
11 Stills Jr., Desmond	14 NORFOLK REAL DEA	35-00.00	31-04.00	
12 Rountree, Devante	14 SUFFOLK STARS	30-00.00	26-09.00	
13 Segers, Ricky	14 UNATTACHED	29-11.00	26-05.00	
14 Brown, Robert	13 RICHMOND HEAT TR	22-00.25	25-05.00	
15 Travers, Devery	14 COBRA TC	28-09.00	24-06.00	
16 Adams, Deshawn	13 BOYS & GIRLS CLU		22-11.50	
17 Richardson, Justin	14 COBRA TC	30-05.00	22-10.50	
18 Fussell, Phillip	13 COBRA TC	25-05.00	22-05.50	
19 Hill, Devonte	14 VIRGINIA BEACH F	25-00.00	21-11.00	
20 Brown, Raashad	13 TRACK SERIOUS TR		19-08.00	
21 Spruill, Khari	14 TRI-CITY JETS TR		19-00.00	
21 Lowe, Jirani	14 CHURCHLAND TRAIL	23-06.00	19-00.00	

Discus Throw Youth Boys

Name	Age Team	Seed	Finals	Points
1 Graves, Rashaun	14 TECHNIQUE TRACK	40-10.75	142-02	
2 Stills Jr., Desmond	14 NORFOLK REAL DEA	130-04	126-08	

3	Henry, Pierrysen	14	GIDEONITES TC	128-00	125-00
4	Mcconnor, Myles	13	SPEED CITY CHARG	90-00	117-05
5	Hutchins, Aaron	14	TRACK SERIOUS TR	102-01	112-08
6	Segers, Ricky	14	UNATTACHED	104-07	104-03
7	Brown, Robert	13	RICHMOND HEAT TR	44-09.75	95-03
8	Williams, Devante	13	VIRGINIA BEACH F	92-00	94-01
9	Coles, Tykari	13	TECHNIQUE TRACK		93-05
10	Hill, Devonte	14	VIRGINIA BEACH F	85-00	86-03
11	Rountree, Devante	14	SUFFOLK STARS	70-00	84-09
12	Travers, Devery	14	COBRA TC	90-10	82-05
13	Richardson, Justin	14	COBRA TC	80-10	81-02
14	Monk-Macmillian, Jaquan	14	LION'S DEN TRACK	85-00	72-08
15	Adams, Deshawn	13	BOYS & GIRLS CLU		68-05
16	Fussell, Phillip	13	COBRA TC	80-03	60-02
17	Lowe, Jirani	14	CHURCHLAND TRAIL	38-10	33-10

100 Meter Dash Intermediate Boys

Top 7 Advance by Time

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1	Saunders, Ronald	16	TECHNIQUE TRACK	11.37	11.72q 1
2	Johnson, Rasaan	15	TRACK EXPRESS TC	11.20	11.77q 3
3	Harris, Anthony	15	VIRGINIA BEACH M	11.60	11.83q 4
4	Kimbrough, Dominique	15	NORFOLK REAL DEA	11.30	11.85q 1
5	Edwards, Jermaine	16	CENTRAL VATRACK	11.65	11.88q 3
6	Lanq, Tariq	16	TRACK EXPRESS TC	11.40	11.97q 3
7	Bateman, Jamar	15	NORFOLK REAL DEA	11.60	12.03q 4
8	Cook, Torez	16	TRACK EXPRESS TC	11.40	12.06 2
9	Mosby, Vince	16	NORFOLK REAL DEA	12.13	12.09 2
10	Rice, Winford	16	SUFFOLK STARS	11.26	12.17 2
11	Hutchins, Adam	16	TRACK SERIOUS TR		12.18 3
12	Hill, Joseph	15	NORFOLK REAL DEA	12.10	12.19 4
13	Williams, Marcellus	16	TECHNIQUE TRACK		12.32 4
14	Scott, Tory	15	CENTRAL VATRACK	12.10	12.66 3
15	Robinson, Chapri	16	TRACK SERIOUS TR	12.07	12.75 4
16	Branch, Alim	15	TRACK EXPRESS TC	12.00	12.89 3
17	Smith, Raisean	15	NORFOLK REAL DEA	13.50	12.92 2
18	Blount Jr, Jermaine	15	N-MOTION TC	12.52	13.03 1
19	Moorman, Garrick	15	CAROLINA LIGHTNI	12.88	13.06 1
20	Butler, David	16	TRACK SERIOUS TR		13.38 4

100 Meter Dash Intermediate Boys

Name	Age	Team	Prelims	Finals	Points
Finals					
1	Saunders, Ronald	16	TECHNIQUE TRACK	11.72	11.46
2	Johnson, Rasaan	15	TRACK EXPRESS TC	11.77	11.58
3	Kimbrough, Dominique	15	NORFOLK REAL DEA	11.85	11.66
4	Harris, Anthony	15	VIRGINIA BEACH M	11.83	11.75
5	Lanq, Tariq	16	TRACK EXPRESS TC	11.97	11.83
6	Bateman, Jamar	15	NORFOLK REAL DEA	12.03	11.88
7	Edwards, Jermaine	16	CENTRAL VATRACK	11.88	12.06

200 Meter Dash Intermediate Boys

Name	Age	Team	Seed	Finals	H#	Points
1	Mitchell, Walter	15	NORFOLK REAL DEA	22.30	22.76	6

2	Felton, Ta'Von	16	FLAMES SPEED FAC	22.80	23.12	6
3	Lanq, Tariq	16	TRACK EXPRESS TC	23.70	23.66	5
4	Johnson, Rasaan	15	TRACK EXPRESS TC	22.90	23.77	6
5	Cook, Torez	16	TRACK EXPRESS TC	23.50	23.97	5
6	Mosby, Vince	16	NORFOLK REAL DEA	24.10	24.01	4
7	Taliaferro, Brandon	16	TECHNIQUE TRACK		24.04	1
8	Hill, Joseph	15	NORFOLK REAL DEA	24.89	24.07	4
8	Smith, Keenan	16	WESTERN BRANCH T	24.14	24.07	4
10	Blair, William	16	SPEED INC.	23.11	24.09	5
11	Harris, Anthony	15	VIRGINIA BEACH M	24.20	24.72	4
12	Tate, Tony	15	NORFOLK REAL DEA	24.92	24.77	4
13	Rice, Winford	16	SUFFOLK STARS	22.90	25.04	6
14	Williams, Marcellus	16	TECHNIQUE TRACK		25.09	1
15	Camphor, Dedric	15	NORFOLK REAL DEA	24.00	25.10	5
16	Branch, Alim	15	TRACK EXPRESS TC	25.00	25.19	3
17	Thomas, Darion	15	FLAMES SPEED FAC		25.25	1
18	Glenn, Kahana	15	TRACK SERIOUS TR	25.92	25.43	2
19	Scott, Tory	15	CENTRAL VATRACK	25.00	25.50	3
20	Marriner, Isaiah	16	WESTERN BRANCH T	23.94	25.78	5
21	Brown, Kyle	16	LION'S DEN TRACK	26.00	25.91	2
22	Holmes, Jawan	15	TRACK SERIOUS TR	26.46	25.95	2
23	Blount Jr, Jermaine	15	N-MOTION TC	26.30	26.21	2
24	Hewston, Malek	15	WESTERN BRANCH T	24.54	26.41	4
25	Smith, Raisean	15	NORFOLK REAL DEA	27.00	29.64	1
26	Yusician, Joseph	16	WESTERN BRANCH T	24.84	30.14	4

400 Meter Dash Intermediate Boys

Name	Age	Team	Seed	Finals	H#	Points
1	Mitchell, Walter	15	NORFOLK REAL DEA	49.01	50.86	5
2	Henry, Sibron	16	NORFOLK REAL DEA	50.95	51.23	5
3	Hill, Joseph	15	NORFOLK REAL DEA	54.39	53.06	4
4	Johnson, Rasaan	15	TRACK EXPRESS TC	52.00	53.08	4
5	Bateman, Jamar	15	NORFOLK REAL DEA	53.00	53.81	4
6	Smith, Keenan	16	WESTERN BRANCH T	54.84	53.92	4
7	Lanq, Tariq	16	TRACK EXPRESS TC	52.00	54.65	5
8	Taliaferro, Brandon	16	TECHNIQUE TRACK		54.81	2
9	Mosby, Vince	16	NORFOLK REAL DEA	52.00	54.84	5
10	Thomas, Darion	15	FLAMES SPEED FAC		55.69	1
11	Branch, Alim	15	TRACK EXPRESS TC	57.00	56.61	3
12	Tate, Tony	15	NORFOLK REAL DEA	55.00	56.84	3
13	Glenn, Kahana	15	TRACK SERIOUS TR	55.43	58.86	3
14	Rinehardt, Marcus	16	LION'S DEN TRACK	57.00	59.73	3
15	Tabing, Justin	16	LION'S DEN TRACK	58.00	1:00.30	2
16	Woodley, Devin	15	CENTRAL VATRACK	1:02.00	1:00.56	1
17	Yusician, Joseph	16	WESTERN BRANCH T	57.44	1:04.57	3
18	Villegas, Albert	16	WESTERN BRANCH T		1:07.94	1
19	Brown, Kyle	16	LION'S DEN TRACK	59.00	1:08.37	2

800 Meter Run Intermediate Boys

Name	Age	Team	Seed	Finals	Points
1	Fanelty, Zack	16	LION'S DEN TRACK	2:07.00	2:08.43
2	Palomo, Asher	16	SPEED CITY CHARG	2:09.00	2:12.88
3	Thomas, Shawn	15	SPEED CITY CHARG	2:14.00	2:16.66
4	White, Denzel	15	TRACK 757	2:09.00	2:18.72
5	Rinehardt, Marcus	16	LION'S DEN TRACK	2:17.00	2:18.94
6	Tabing, Justin	16	LION'S DEN TRACK	2:17.00	2:19.66
7	Branch, Alim	15	TRACK EXPRESS TC	2:20.00	2:20.08

8	Carnes, Tyler	16	LION'S DEN TRACK	2:19.00	2:21.05
9	Wilson, Tyrique	15	CAROLINA EAGLES		2:22.34
10	Shank, Joseph	15	LION'S DEN TRACK	2:21.00	2:22.36
11	Moorman, Garrick	15	CAROLINA LIGHTNI	2:21.22	2:25.90
12	Nelson, Sam	16	LION'S DEN TRACK	2:19.00	2:26.42
13	Georgiades, Aaron	15	LION'S DEN TRACK	2:20.00	2:27.62
14	Rogers, Dontavius	15	TRI-CITY JETS TR		2:42.86
15	Spruill, Nigel	16	TRI-CITY JETS TR		2:46.34

1500 Meter Run Intermediate Boys

Name	Age	Team	Seed	Finals	Points
1	Lee, Ahmed	17	NORFOLK PACERS	4:15.00	4:46.45
2	Thomas, Shawn	15	SPEED CITY CHARG		5:02.31
3	Georgiades, Aaron	15	LION'S DEN TRACK	4:50.00	5:06.94
4	Inman, Zachary	15	TRACK 757	4:19.00	5:07.16
5	Palmer, Dekristopher	15	SPEED CITY CHARG		5:20.14
6	Henley, Kelvin	15	TECHNIQUE TRACK		5:23.29
7	Shank, Joseph	15	LION'S DEN TRACK	5:05.00	5:29.28
8	Spruill, Nigel	16	TRI-CITY JETS TR		6:12.05
9	Rogers, Dontavius	15	TRI-CITY JETS TR		6:17.05

3000 Meter Run Intermediate Boys

Name	Age	Team	Seed	Finals	Points
1	Lee, Ahmed	17	NORFOLK PACERS	9:20.00	9:48.17
2	Nelson, Sam	16	LION'S DEN TRACK	10:30.00	10:47.61

1500 Meter Race Walk Intermediate Boys

Name	Age	Team	Seed	Finals	Points
1	Webb, Garion	15	UNATTACHED	23:43.00	10:03.99

110 Meter Hurdles Intermediate Boys

Name	Age	Team	Seed	Finals	Points
1	Dancy, Daevon	16	GIDEONITES TC	15.39	15.21
2	Jeter, Justin	16	COBRA TC	14.90	16.09
3	Hewston, Malek	15	WESTERN BRANCH T	17.24	20.72
4	Marriner, Isaiah	16	WESTERN BRANCH T	17.24	20.78

4x100 Meter Relay Intermediate Boys

Team	Seed	Finals	Points
1 TRACK SERIOUS TRACK AND FIELD 'A'	51.01	48.45	

4x400 Meter Relay Intermediate Boys

Team	Seed	Finals	Points
1 SPEED CITY CHARGERS TC 'A'	3:50.00	3:53.34	
2 LION'S DEN TRACK CLUB 'A'	3:50.00	3:56.96	
3 WESTERN BRANCH TRACK CLUB 'A'	3:50.44	4:08.61	

High Jump Intermediate Boys

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Name	Age	Team	Seed	Finals	Points
1 Dancy, Daevon	16	GIDEONITES TC	6-02.00	6-02.00	
2 Garrett, Tyler	16	CENTRAL VATRACK	6-04.00	6-00.00	
3 Reid, Malcolm	15	TRACK 757		5-00.00	
4 Smith, Raisean	15	NORFOLK REAL DEA		4-10.00	
5 Harris, Anthony	15	VIRGINIA BEACH M		J4-10.00	
6 Smith, Damian	15	VIRGINIA BEACH M		4-06.00	

Long Jump Intermediate Boys

Name	Age	Team	Seed	Finals	Points
1 Rice, Winford	16	SUFFOLK STARS	21-00.00	21-11.00	
2 Blair, William	16	SPEED INC.	21-09.00	21-10.00	
3 Dancy, Daevon	16	GIDEONITES TC	20-10.00	21-05.00	
4 Garrett, Tyler	16	CENTRAL VATRACK	21-01.00	20-05.00	
5 Camphor, Dedric	15	NORFOLK REAL DEA		18-10.00	
6 Smith, Raisean	15	NORFOLK REAL DEA	14-05.00	J18-10.00	
7 Smith, Damian	15	VIRGINIA BEACH M		18-04.00	
8 Smith, Keenan	16	WESTERN BRANCH T		17-08.00	
9 Oliver, Travis	15	TECHNIQUE TRACK	21-00.00	17-05.00	
10 Holmes, Jawan	15	TRACK SERIOUS TR	16-10.00	16-11.00	
-- Scott, Tory	15	CENTRAL VATRACK	20-03.00		ND

Triple Jump Intermediate Boys

Name	Age	Team	Seed	Finals	Points
1 Dancy, Daevon	16	GIDEONITES TC	40-10.00	42-07.00	
2 Blair, William	16	SPEED INC.	42-03.00	41-06.00	
3 Jeter, Justin	16	COBRA TC	39-06.00	40-11.00	
4 Rice, Winford	16	SUFFOLK STARS		40-00.00	
5 Garrett, Tyler	16	CENTRAL VATRACK	40-11.00	39-04.00	
6 Scott, Tory	15	CENTRAL VATRACK	42-00.00	39-00.00	
7 Oliver, Travis	15	TECHNIQUE TRACK	37-07.25	36-10.00	
8 Marriner, Isaiah	16	WESTERN BRANCH T	32-09.75	34-03.25	

Shot Put Intermediate Boys

Name	Age	Team	Seed	Finals	Points
1 Thompson, Clifton	15	TRI-CITY JETS TR	40-00.00	40-02.00	
2 Butler, David	16	TRACK SERIOUS TR	37-00.50	38-02.50	
3 Lloyd, Nathaniel	15	AMBASSADORS	38-07.00	37-07.00	
4 Hutchins, Adam	16	TRACK SERIOUS TR	38-00.00	35-05.00	
5 Ward III, Earl	15	TRACK 757		34-03.00	
6 Spruill, Nigel	16	TRI-CITY JETS TR		26-02.50	

Discus Throw Intermediate Boys

Name	Age	Team	Seed	Finals	Points
1 Parlow, Sammy	16	UNATTACHED	155-00	135-10	
2 Butler, David	16	TRACK SERIOUS TR	86-01	117-00	
3 Thompson, Clifton	15	TRI-CITY JETS TR	145-01	110-00	
4 Lloyd, Nathaniel	15	AMBASSADORS	128-05	107-08	
5 Webb, Garion	15	UNATTACHED	272-04	107-03	
6 Hutchins, Adam	16	TRACK SERIOUS TR	85-05	91-09	
-- Spruill, Nigel	16	TRI-CITY JETS TR			ND

100 Meter Dash Young Men

Top 7 Advance by Time

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 Griffin, Kelvin	17	FLAMES SPEED FAC	10.70	10.74q	1
2 House, Earl	17	TECHNIQUE TRACK	10.80	11.06q	2
3 Walker, Quinten	18	TECHNIQUE TRACK	10.89	11.09q	3
3 Church, Anthony	18	TRACK SERIOUS TR	11.12	11.09q	1
5 Gregory, Tony	18	FLAMES SPEED FAC	10.65	11.16q	2
6 Washington, Darnell	18	CENTRAL VATRACK	10.89	11.17q	4
7 Roberts, Calvin	18	TECHNIQUE TRACK	10.90	11.22q	4
8 Baldwin, Julian	18	MID CITY X-PRESS	11.20	11.25	2
9 Broadnax, Chris	18	CENTRAL VATRACK	11.24	11.30	4
9 McCants, Jonathan	17	COBRA TC	11.16	11.30	1
11 Carlie, Anthony	18	CENTRAL VATRACK	11.10	11.39	2
12 rowe, jerelle	17	RICHMOND HEAT TR	11.50	11.42	2
12 McNair, Tavin	18	MID CITY X-PRESS	11.23	11.42	3
14 Jones, Brandon	18	TRACK SERIOUS TR		11.46	5
15 Thomas, Brandon	17	RICHMOND COMETS	10.98	11.47	3
16 Joyce, Nathan	18	COBRA TC	11.25	11.53	4
17 Nichols, Kevin	18	NORFOLK REAL DEA	10.70	11.57	1
18 Daniel, Jamaal	18	TRACK SERIOUS TR		11.72	5
19 Smith, Raquaam	17	CENTRAL VATRACK	11.37	11.77	2
20 Barclift, Michael	17	SPEED INC.		11.88	5
21 Staples, Matt	17	NORFOLK REAL DEA	11.70	12.06	5
22 Mockabe, Patrick	18	CENTRAL VATRACK	11.50	12.24	1
23 Smith, Laron	17	WESTERN BRANCH T	11.64	12.60	4
24 Easley, Corey	17	RICHMOND HEAT TR		12.69	5
24 Goins, Tyler	18	CENTRAL VATRACK	11.54	12.69	3

100 Meter Dash Young Men

Name	Age	Team	Prelims	Finals	Points
Finals					
1 Griffin, Kelvin	17	FLAMES SPEED FAC	10.74	10.71	
2 Walker, Quinten	18	TECHNIQUE TRACK	11.09	10.93	
3 House, Earl	17	TECHNIQUE TRACK	11.06	10.95	
4 Church, Anthony	18	TRACK SERIOUS TR	11.09	11.08	
5 Washington, Darnell	18	CENTRAL VATRACK	11.17	11.17	
6 Roberts, Calvin	18	TECHNIQUE TRACK	11.22	11.19	
7 Gregory, Tony	18	FLAMES SPEED FAC	11.16	11.33	

200 Meter Dash Young Men

Name	Age	Team	Seed	Finals	H#	Points
1 Roberts, Calvin	18	TECHNIQUE TRACK	21.80	21.82	6	
2 Jones, Brandon	18	TRACK SERIOUS TR		21.84	1	
3 Church, Anthony	18	TRACK SERIOUS TR	22.20	22.06	6	
4 Cuffee, Austin	17	TECHNIQUE TRACK	21.60	22.08	6	
5 Ndiaye, Joseph	18	UNATTACHED	23.17	22.13	3	
6 McCants, Jonathan	17	COBRA TC	22.25	22.20	5	
7 Artis, Jeffrey	18	WESTERN BRANCH T	22.24	22.28	5	
8 johnson, Charles	18	RICHMOND COMETS		22.46	1	
9 Carlie, Anthony	18	CENTRAL VATRACK	22.60	22.50	4	
10 Lewis, Jeffrey	17	WESTERN BRANCH T	22.94	22.61	4	
11 rowe, jerelle	17	RICHMOND HEAT TR	23.50	22.70	3	
12 Towe, Brennan	18	TRACK SERIOUS TR	22.88	22.87	4	

13	Joyce, Nathan	18	COBRA TC	22.56	23.00	5
14	Alston, Brandon	18	MID CITY X-PRESS	22.50	23.02	5
15	Smith, Dominic	17	TRACK SERIOUS TR	22.99	23.14	4
16	Broadnax, Chris	18	CENTRAL VATRACK	22.75	23.24	4
17	Bowie, Walter	17	WESTERN BRANCH T	23.24	23.57	3
18	Barclift, Michael	17	SPEED INC.		23.72	1
19	Valentine, Terrell	18	TECHNIQUE TRACK	22.50	23.87	5
20	Cipcic, Cameron	17	WESTERN BRANCH T	23.54	23.99	2
21	Bolton, Randy	18	WESTERN BRANCH T	22.54	24.03	5
22	Daniel, Jamaal	18	TRACK SERIOUS TR		24.19	1
23	Long, Khyiem	17	WESTERN BRANCH T	23.44	24.40	3
24	Moore, Deon	17	TECHNIQUE TRACK	24.00	24.53	2
25	Smith, Laron	17	WESTERN BRANCH T	23.94	25.18	2
26	Easley, Corey	17	RICHMOND HEAT TR	25.32	25.29	2
27	Mockabe, Patrick	18	CENTRAL VATRACK	22.90	25.91	4
28	Matais, George	18	WESTERN BRANCH T	24.14	26.17	2
29	Massenberg, Karl	18	CENTRAL VATRACK	22.10	26.22	6
30	Letterio, Richmond	18	LION'S DEN TRACK	26.90	28.14	1

400 Meter Dash Young Men

Name	Age	Team	Seed	Finals	H#	Points
1	Ricks, Keith	18 NORFOLK REAL DEA	47.40	47.54	5	
2	Brickhouse, Darryl	18 NORFOLK REAL DEA	48.90	48.71	5	
3	Speller, Thomas	18 NORFOLK REAL DEA	48.00	49.72	5	
4	johnson, Charles	18 RICHMOND COMETS		50.51	1	
5	Hurley, Edward	18 FLAMES SPEED FAC	49.80	50.52	5	
6	Towe, Brennan	18 TRACK SERIOUS TR	51.07	50.62	3	
7	McCants, Jonathan	17 COBRA TC	49.94	51.07	5	
8	Dudley, Aaron	18 FLAMES SPEED FAC	50.58	51.42	4	
9	Lewis, Jeffrey	17 WESTERN BRANCH T	50.84	51.56	3	
10	Bertrand, Christopher	17 FLAMES SPEED FAC	50.56	51.71	4	
11	Gaines, Rueben	18 CENTRAL VATRACK	50.68	51.75	3	
12	Gaston, Michael	18 EAST END FLYERS	51.26	51.77	3	
13	Valentine, Terrell	18 TECHNIQUE TRACK	50.00	52.02	4	
14	Comfort, Brandon	17 COBRA TC	49.95	52.24	4	
15	Cipcic, Cameron	17 WESTERN BRANCH T	52.24	52.71	2	
16	Stanley, Willie	18 NORFOLK REAL DEA	48.00	53.09	5	
17	Bowie, Walter	17 WESTERN BRANCH T	53.44	53.60	1	
18	Hunter, Adam	17 NORFOLK REAL DEA	52.00	53.61	3	
19	McIntyre, Andre	17 NORFOLK REAL DEA	53.00	54.10	2	
20	Barclift, Michael	17 SPEED INC.		54.82	1	
21	Matais, George	18 WESTERN BRANCH T	53.34	55.13	2	
22	Stephens, Wesley	17 COBRA TC	58.20	59.40	2	

800 Meter Run Young Men

Name	Age	Team	Seed	Finals	Points
1	Dudley, Aaron	18 FLAMES SPEED FAC	1:57.00	2:00.65	
2	Stanley, Willie	18 NORFOLK REAL DEA	1:56.00	2:03.44	
3	Hunter, Adam	17 NORFOLK REAL DEA	2:01.00	2:03.60	
4	Womack, David	18 NORFOLK REAL DEA	2:00.00	2:04.41	
5	McIntyre, Andre	17 NORFOLK REAL DEA	2:00.00	2:05.72	
6	Bertrand, Anderson	17 CENTRAL VATRACK	2:01.00	2:08.93	
7	Wiley, Philip	18 FLAMES SPEED FAC		2:11.31	
8	Gaines, Rueben	18 CENTRAL VATRACK	2:02.76	2:17.96	
9	Stephens, Wesley	17 COBRA TC	2:16.00	2:21.70	
10	Mitchell, John	17 CENTRAL VATRACK	2:04.56	2:23.96	

1500 Meter Run Young Men

Name	Age Team	Seed	Finals	Points
1 Thompson, Bruce	17 FLAMES SPEED FAC	4:55.00	4:11.36	
2 Watkins, James	18 FLAMES SPEED FAC	4:45.00	4:16.29	
3 Mann, Trae	17 CENTRAL VATRACK	4:21.00	4:36.35	
4 Bertrand, Anderson	17 CENTRAL VATRACK	6:01.00	4:43.16	
5 Pope, Bobby	17 LION'S DEN TRACK	5:00.00	5:36.73	

3000 Meter Run Young Men

Name	Age Team	Seed	Finals	Points
1 Leavitt, Brenden	18 NORFOLK REAL DEA	8:55.00	9:48.11	

110 Meter Hurdles Young Men

Name	Age Team	Seed	Finals	H#	Points
1 Massenberg, Karl	18 CENTRAL VATRACK	13.94	14.35	2	
2 Bolton, Randy	18 WESTERN BRANCH T	15.25	15.42	2	
3 Alston, Brandon	18 MID CITY X-PRESS	15.09	15.55	2	
4 Smith, Dominic	17 TRACK SERIOUS TR	14.83	15.74	2	
5 Long, Khyiem	17 WESTERN BRANCH T	15.44	16.16	1	
6 Cipcic, Cameron	17 WESTERN BRANCH T	16.94	16.70	1	
7 Letterio, Richmond	18 LION'S DEN TRACK	19.00	18.29	1	

4x100 Meter Relay Young Men

Team	Seed	Finals	H#	Points
1 FLAMES SPEED FACTORY 'A'	41.80	41.34	2	
2 TECHNIQUE TRACK CLUB 'A'	42.00	41.55	2	
3 NORCOM ALUM 'A'	41.70	43.92	2	
4 CENTRAL VATRACK & FIELD CLUB 'B'	43.01	43.98	1	
5 TRI-CITY JETS TRACK CLUB 'A'		44.27	1	
6 COBRA TC 'A'	42.75	44.63	2	
7 TECHNIQUE TRACK CLUB 'B'	42.50	45.15	2	
8 CENTRAL VATRACK & FIELD CLUB 'A'	42.85	47.77	2	

4x400 Meter Relay Young Men

Team	Seed	Finals	Points
1 FLAMES SPEED FACTORY 'A'	3:20.00	3:29.76	
2 CENTRAL VATRACK & FIELD CLUB 'A'	3:20.69	3:38.77	

High Jump Young Men

Name	Age Team	Seed	Finals	Points
1 Nichols, Kevin	18 NORFOLK REAL DEA	6-06.00	6-08.00	
2 Black, Ronnie	18 NORFOLK REAL DEA	6-08.00	6-04.00	
3 Henderson, Caleb	17 FLAMES SPEED FAC	6-10.75	J6-04.00	
4 Duff, Tashan	18 CENTRAL VATRACK	6-00.00	6-02.00	
-- Woods, Marlon	18 NORFOLK REAL DEA		NH	
-- Johnson, Aaron	18 FLAMES SPEED FAC	5-07.00	NH	

Long Jump Young Men

Name	Age Team	Seed	Finals	Points
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Name	Age	Team	Seed	Finals	Points
1 Woods, Marlon	18	NORFOLK REAL DEA		24-10.00	
2 Nichols, Kevin	18	NORFOLK REAL DEA	23-00.00	23-04.50	
3 Griffin, Kelvin	17	FLAMES SPEED FAC	24-11.25	23-03.50	
4 Wallace, Brian	18	NORFOLK REAL DEA		22-10.00	
5 Artis, Jeffrey	18	WESTERN BRANCH T	23-11.50	22-04.50	
6 Smith, Wesley	18	NORFOLK REAL DEA	24-07.00	22-03.50	
7 Benitez, Wesley	17	CENTRAL VATRACK	23-04.00	22-00.00	
8 Johnson, Aaron	18	FLAMES SPEED FAC	17-08.75	21-09.50	
8 Boyd, Franklin	18	TRI-CITY JETS TR	23-01.00	21-09.50	
10 Duff, Tashan	18	CENTRAL VATRACK	21-09.00	21-02.50	
10 rowe, jerelle	17	RICHMOND HEAT TR	20-00.00	21-02.50	
12 Bolton, Randy	18	WESTERN BRANCH T	22-11.75	21-00.00	
13 Gaston, Michael	18	EAST END FLYERS	21-09.00	20-10.00	
14 Simmons, William	18	TRI-CITY JETS TR	22-05.00	20-09.00	
15 McNair, Tavin	18	MID CITY X-PRESS	22-01.00	20-08.00	
16 Gaines, Rueben	18	CENTRAL VATRACK	21-10.00	20-04.50	
17 Fonville, Darius	18	MID CITY X-PRESS	21-10.00	19-09.00	
18 Johnson, Christopher	18	FLAMES SPEED FAC	17-08.75	19-05.00	
19 Valentine, Terrell	18	TECHNIQUE TRACK		18-06.50	
20 Easley, Corey	17	RICHMOND HEAT TR	19-03.00	18-05.00	
21 Cipcic, Cameron	17	WESTERN BRANCH T	19-00.00	18-03.50	
22 Matthews, Kenny	18	NORCOM ALUM	21-00.00	18-00.00	
23 Long, Khyiem	17	WESTERN BRANCH T	18-04.50	17-05.00	
24 Letterio, Richmond	18	LION'S DEN TRACK	16-00.00	16-02.50	
-- Vann, Troy	18	TRACK SERIOUS TR	19-08.00		ND
-- Hines, Mike	18	NORCOM ALUM	22-07.25		ND

Triple Jump Young Men

Name	Age	Team	Seed	Finals	Points
1 Jones, Brandon	18	TRACK SERIOUS TR		50-01.50	
2 Artis, Jeffrey	18	WESTERN BRANCH T	48-04.75	47-08.25	
3 Johnson, Christopher	18	FLAMES SPEED FAC	39-04.50	45-09.50	
4 McNair, Tavin	18	MID CITY X-PRESS	43-11.00	44-00.50	
5 Duff, Tashan	18	CENTRAL VATRACK	44-01.00	42-08.00	
6 Bolton, Randy	18	WESTERN BRANCH T	45-11.25	42-06.50	
7 Gaston, Michael	18	EAST END FLYERS	41-00.00	40-04.50	
8 Fulgham, Quintin	17	CENTRAL VATRACK	43-08.00	39-07.50	
9 Smith, Raquaam	17	CENTRAL VATRACK	40-11.00	39-02.00	
-- Benitez, Wesley	17	CENTRAL VATRACK	46-00.00		ND
-- Vann, Troy	18	TRACK SERIOUS TR	41-04.00		ND

Shot Put Young Men

Name	Age	Team	Seed	Finals	Points
1 Spellman, Frede	18	NORFOLK REAL DEA	61-00.00	57-06.00	
2 Kearney, Darien	18	UNATTACHED		53-07.00	
3 davis, Sheldon	18	UNATTACHED		38-10.00	

Discus Throw Young Men

Name	Age	Team	Seed	Finals	Points
1 Spellman, Frede	18	NORFOLK REAL DEA	157-00	141-11	
2 Richardson, Kendrick	18	UNATTACHED		136-00	
3 Vogler, Robbie	18	FLAMES SPEED FAC	147-08	135-00	

